

SAULTEAU FIRST NATIONS NEWSLETTER

OCTOBER 2024



FEATURED COMMUNITY NEWS

SAULTEAU TO HOST THE HEALING THE LAND CONFERENCE OCTOBER 7-10!

Register now to join us in the upcoming Healing the Land Conference from October 7-10, hosted by SFN and the TREP Department! This pivotal event is not only an opportunity to engage with pressing environmental issues but also a chance to reconnect with our culture and strengthen community ties.

Why Should Saulteau Members Attend?

1. **Reconnect with Tradition:** The conference offers a unique platform to delve into our cultural heritage. Engage with Elders and knowledge keepers who will share traditional teachings and practices, reinforcing our connection to the land and our ancestors.
2. **Empowerment Through Knowledge:** Attending workshops and discussions led by Indigenous experts will equip you with valuable skills and knowledge. Topics such as land management, sustainable practices, and the impact of climate change on our territories will be explored, helping us advocate for our land and rights more effectively.
3. **Strengthen Community Bonds:** This conference is a gathering of our people and allies. It's an opportunity to share experiences, forge new relationships, and deepen existing ones. By coming together, we can foster a sense of unity that is vital for our collective strength.
4. **Be Part of the Movement:** As Saulteau members, your voices and experiences are crucial in shaping the conversation around our lands. By attending, you can contribute to discussions about land stewardship, Indigenous rights, and environmental justice, ensuring that our community's perspectives are heard and valued.

This is more than just a conference; it's a gathering for our community to engage in meaningful dialogue about the future of our land and culture. Your participation is vital in continuing the legacy of our ancestors and nurturing the land for future generations.

Registration Details: SFN Member and non-member registration is still open - to secure your spot, please visit www.healingthelandconference.ca

Join us in this important journey of healing and reconnection at the Healing the Land Conference. Together, let's honor our heritage and work towards a sustainable future for our community and the lands we cherish.





RECLAIM. RESTORE. RECOVER.

October 7-10, 2024

Moberly Lake, BC

2024 Speaker Lineup

DISCOVER THE SPEAKER LINEUP TODAY

healingthelandconference.ca



HEALING THE LAND CONFERENCE CONTEST WINNERS!

CONGRATULATIONS TO THE
WINNERS OF THE HEALING THE
LAND CONFERENCE CONTEST!
WE ENJOYED ALL OF YOUR
SUBMISSIONS.



For more info on the conference
healingthelandconference.ca

CONFERENCE DATES
OCTOBER 7-10, 2024

WINNERS:

- CORRINE GAUTHIER
- STELLA GAUTHIER
- ETHAN CAMERON
- PENNY BERG
- YVONNE TUPPER
- JONAH DEMEULEMEESTER
- RHODA PAQUETTE
- STARR GAUTHIER
- JUSTIN NAPOLEON
- BRANDON CAMERON

To Register: Contact Naomi
nowens-beek@saulteau.com



Band General

Wednesday
October 2nd, 2024



Meeting will
be streamed
on Zoom

OPEN TO
THE SFN
CITIZENS

WHERE: SFN CULTURAL CENTRE
TIME: 5:30 DINNER
6:00 MEETING

*Chief and Council
want to hear from the
SFN Citizenship!*

THE ZOOM LINK WILL BE EMAILED OUT TO ALL CITIZENS
PRIOR TO THE MEETING. PLEASE MAKE SURE YOUR
CONTACT INFORMATION ON RECORD IS CURRENT.

For Questions: communications@saulteau.com

EASY WAYS TO KEEP UP WITH WHAT'S HAPPENING AT SAULTEAU



Tips from your SFN Communications Coordinator

DOWNLOAD THE SFN APP

**Available on the App Store or
Google Play Store!**

Did you know we have a Saulteau First Nations App? Download the app and you'll be able to easily view events, job postings, and the latest news about what's happening in the Nation! You can even add events directly from the app to your phone calendar with one simple tap!

SUBSCRIBE TO THE EVENTS CALENDAR ON THE WEBSITE

**We now have an interactive
Calendar of Community Events!**

Have you checked out the interactive Calendar on the SFN Website? You can filter events by day, month, as a list, and by which Department is hosting! Go to <https://www.saulteau.com/events/> to check it out. You can even synch the calendar to your calendar on your phone or computer!

MAKE SURE YOUR EMAIL IS UPDATED

**Do we have your most up-
to-date email?**

The most common reason why SFN members miss out on important, member-only information is because we don't have your most recent email address. If you've changed your email recently, please make sure you email communications@saulteau.com and we will update your records.

FOLLOW SFN ON SOCIAL MEDIA!

Follow us!

Did you know that we are now on Facebook, Instagram, and Linked In? Our most active group (Members Only) is the SFN Communications group on Facebook. Just fill out the New Member questionnaire to join the group and you'll be able to connect directly with SFN Communications, and other members!

READ THE SFN NEWSLETTER

Don't love social media?

We have a solution for you! Our SFN Newsletter goes out monthly and we work hard to make sure it includes all of the upcoming SFN events, job opportunities, and news from within the Nation! Live on-reserve and want a paper copy? Email communications with your name and on-reserve address and we will make sure you are added to the delivery list! Want to save paper? We email it out to all members monthly and post it to the SFN website under "Newsletters"

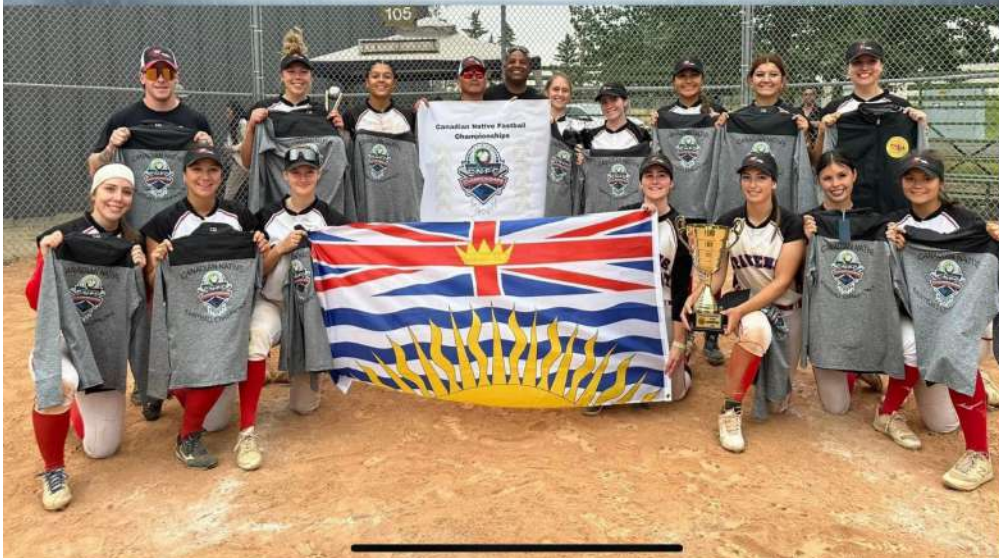
*We want you to be the most
informed Nation!*

• • •
• • •
• • •

JOIN ME IN
CONGRATULATING SFN
MEMBER BROOKLYN MUNCH
AND WMFN MEMBER JADA
BROWN IN TAKING HOME

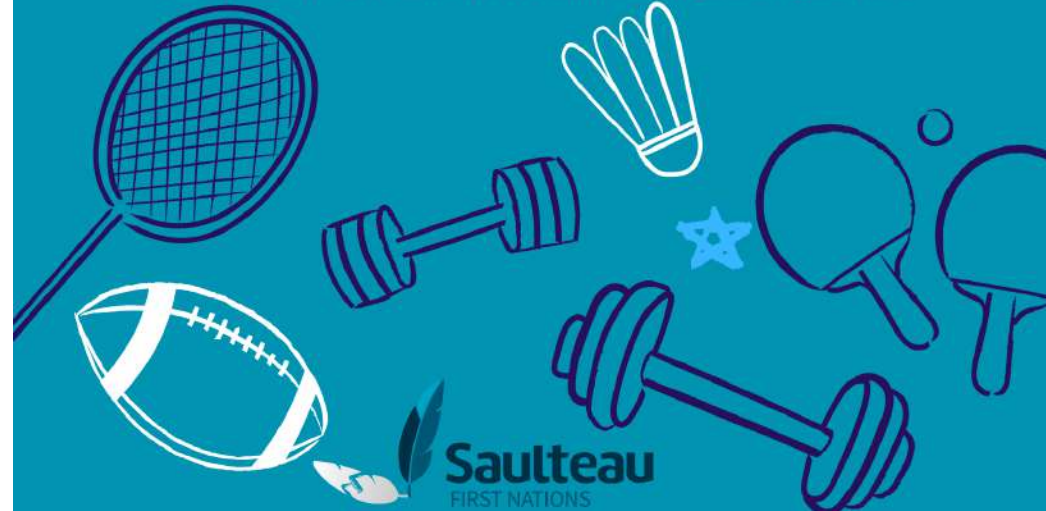
GOLD

IN THE WOMENS SENIOR
CANADIAN FASTBALL
CHAMPIONSHIPS! YOU HAVE
MADE OUR NATION PROUD.



AS A PROUD NATION WE WOULD LOVE TO RECONGNIZE OUR YOUTH!
PLEASE SEND IN THE ACHIEVEMENTS OF YOUR YOUTH SO WE CAN SHARE
THEIR ACCOMPLISHMENTS AND CONGRATULATE THEM AS A WHOLE.

PLEASE SEND A DESCRIPTION TO MFULLER@SAULTEAU.COM





EVERY CHILD MATTERS

National Day of Truth and Reconciliation

September 30th

5:00 - 8:00 pm

SFN DANCE GROUP WOULD LIKE TO INVITE YOU TO
WALK THE TALK
DANCE IN HONOUR
AND THEN EAT

WE WILL WALK FROM CROWFEATHERS TO THE PUMP HOUSE (BOUCHER LAKE TRUN OFF) AND BACK TO CROWFEATHERS ONCE EVERYONE IS AT THE SFN MAIN BUILDING, WE WILL HAVE THE DANCERS DANCE IN HONOUR OF THOSE WHO DIDN'T MAKE IT HOME AND FOR THE SURVIVORS, AND FOR ALL THAT DON'T UNDERSTAND THEN WE WILL EAT.



Funded by the
Government
of Canada

Financé par le
gouvernement
du Canada

Canada



SEPTEMBER 30TH

NATIONAL DAY FOR
**TRUTH AND
RECONCILIATION**

The SFN Offices will be closed Monday, September 30th



OCTOBER 2024

MUSKOTI LEARNING CENTRE EVENT CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8 Culture Day Beaded bracelets 	9	10	11	12
13	14 Thanksgiving MLC Closed	15	16 MLC Meet & Greet Join us for pizza! 3:30 pm - 5:30 pm	17	18	19
20	21	22 Culture Day Paint by numbers 	23	24 Pro D Day MLC Closed	25	26
27	28	29	30	31 Halloween 		

Notes:

You can register with MLC to achieve Adult Dogwood or upgrade courses at any time in the school year.

MLC offers after school homework help for students under 18. Contact us to register.

MLC has a Culture Day every 2nd Tuesday. We have a variety of cultural crafts available to anyone who would like to make a cultural craft.

MUSKOTI LEARNING CENTRE

MEET & GREET

- ➔ Meet the MLC Staff
- ➔ See the MLC Classroom
- ➔ Learn about courses we offer and how you can continue your education

Continuing Education

OCTOBER 16
3:30-5:30PM
SFN BANDHALL

- **Join us for pizza and learn how you can register to be a MLC student or register for after school homework help!**

GET TO KNOW MLC!

At the Muskoti Learning Centre we assist adult SFN members to :

- Achieve Adult Dogwood Diploma
- Upgrade course grades on highschool transcripts
- Take new courses to add to highschool transcripts

➔ We also offer after school homework help sessions for students under 18

DRUM MAKING CLASS

INSTRUCTOR - TYLENE PAQUETTE

NOVEMBER 2ND - 10:00 AM - 1:00 PM
CULTURE CENTRE - TRAINING ROOM

20 SPOTS LIMITED

PLEASE EMAIL CARLEE AT
CWESTGATE@SAULTEAU.COM TO
SECURE YOUR SPOT.
SERIOUS INQUIRIES ONLY



**INDIGENOUS FOCUSING ORIENTED THERAPY
INDIVIDUAL SESSION – OCT 3rd & 4th 2024**

**Location : HEALTH CENTER OFFICE – 1712 Civic Core RD
To Call and book an appointment, please Contact : MELVA at 250-788-7280**

**WORKING WITH & TRANSFORMING
STRESS, ANXIETY, DEPRESSION WORKSHOP
OCT 5th & 6th 2024 (10am to 4pm)**

**Understanding Stress, Collective Stress & Trauma
Stress as an Ally**

**Transforming & Breaking Free from Anxiety & Depression
Working with Indigenous grounding Tools**

**Location : NBH
Contact : Melva 250-788-7280**

**INDIGENOUS FOCUSING ORIENTED THERAPY
INDIVIDUAL SESSION – OCT 7th & 8th 2024**

**Location : HEALTH CENTER OFFICE – 1712 Civic Core RD
To Call and book an appointment, please Contact : MELVA at 250-788-7280**

ARE YOU INTERESTED IN TAKING YOUR ABT

(APPLIED BUSINESS TECHNOLOGY)

LOOKING FOR 6 STUDENTS

THE APPLIED BUSINESS TECHNOLOGY OFFICE ASSISTANT CERTIFICATE PREPARES STUDENTS TO WORK IN BUSINESS, GOVERNMENT, AND INDUSTRY OFFICES. THIS PROGRAM TEACHES CURRENT ADMINISTRATIVE SKILLS IN WORD PROCESSING, KEYBOARDING, AND SPREADSHEETS. STUDENTS WILL LEARN HOW TO USE UP-TO-DATE MICROSOFT OFFICE SOFTWARE AND OFFICE PROCEDURES COURSES TO DEVELOP THE SOFT SKILLS NECESSARY FOR SUCCESS IN TODAY'S OFFICES.

CAREER OPTIONS GRADUATES WITH THE OFFICE ASSISTANT CERTIFICATE GAIN EMPLOYMENT IN A VARIETY OF BUSINESS SETTINGS IN THE PUBLIC AND PRIVATE SECTORS, SUCH AS:

RECEPTIONIST / SWITCHBOARD

OFFICE ASSISTANT

DATA ENTRY CLERK

RECORDS MANAGEMENT CLERK

course will be located at the Chetwynd campus in-person 50% and 50% online

CONTACT GINETTE OR STACY TO GET YOUR NAME ON THE INTEREST LIST AT 250-788-3955

PRIORITY IS GIVEN TO SAULTEAU FIRST NATIONS MEMBERS



life skills boys group

Come join me for a leather stamping class at the New Beginnings House

When: October 18th 2024

Time: 3:30-6:30

Snacks and refreshments will be provided.

For ages 9 and up, while those under 9 need to be accompanied by an adult. Please contact shay @ 250-874-7441 to sign up

Life skills girls' groups

Please come join me for a beaded earring class at The New Beginnings House. Snacks and refreshments provided.



For ages 9 and above. Those under 9 need to be accompanied by an adult. Please call Shay to sign up at 874-7441.

📅 October 11th 2024

🕒 3:30-6:30

📍 New Beginnings House

📞 250-874-7441

🌐 sgarbitt@saulteau.com

📍 New Beginnings House



Carbon Lake

Spent a beautiful Saturday with 9 youth at Carbon Lake. We fished off the dock, out of the boats and ate our catches. One of our youth demonstrated how to prep a fish for cooking. We played games, explored the land and of course, laughed a lot.

Cant wait for our next adventure.



Christmas Committee Meeting

TRAINING ROOM - CULTURAL CENTRE

OCT 15 - 9:00 AM - 12:00 PM



Reminder

Income & Disability Assistance Clients Declaration Week

October 14-17th, 2024

Payment Date

October 23, 2024

Job search activity & necessary utility bills must be submitted with declarations during declaration week for clients required to do so

Please contact Falon Gauthier at 250-788-7286 or email fgauthier@saulteau.com for any questions or concerns.

Wildfire Mitigation is a Year-Round Effort!

While we enjoy the beautiful fall color's and seasonal changes - now is a great time to make your home more fire safe for the Winter ahead!

AVOID STACKING FIREWOOD AGAINST YOUR HOME - KEEP WOOD PILES AT LEAST 10 FEET BACK FROM THE EXTERIOR OF YOUR HOME.

RAKE UP LEAVES AND DRY GRASSES - KEEPING THIS SMALL KINDLING AT LEAST 10 FEET FROM YOUR HOME.

REMEMBER TO NEVER LEAVE A FIRE UNATTENDED - INCLUDING COOKING FIRES, CANDLES, AND OPEN FIRE PLACES WITHIN THE HOME.



BRITISH COLUMBIA
FireSmart

OCTOBER AND NOVEMBER 2024 MENTAL WELLNESS WORKSHOPS AND TRAININGS

Facilitated by Traditional Knowledge Keepers Bev Hope (Cree) and Frank Hope (Dene)



Understanding and Identifying Intergenerational Trauma in Your Life + Releasing and Recovering from Trauma - Friday, October 25th to Tuesday, October 29th + Friday, November 1st to Tuesday November 5th

Life Promotion, Suicide Intervention/Prevention Training - Friday November 8th and Saturday November 9th

Cultural Awareness Training for Service Providers - Tuesday, November 12th to Thursday, November 14th

Healing Swing Teachings Saturday, November 16th and Sunday, November 17th + Individual Healing Swing Sessions Monday, November 18th to Thursday, November 21st



Text or call the Mental Wellness and Substance Abuse Counsellor 250-401-7616 to register or for more information.



IT'S GETTING DARKER OUT - HAVE YOU ADJUSTED?

Please slow down in the early morning
and evenings - low light conditions can
make it hard to see kids waiting for the
bus, pedestrians, wildlife,
or other road users.

If you are using trails that cross people's
driveways, please slow down and check
for vehicles before crossing!

Are you interested in Self Defence Classes?

Linda Krystina Housing Society is looking
for committed women interested in
attending all 5 sessions.

Classes are scheduled to start October 6, 2024
2:00PM-3:00PM

Please email, call/text information provided below to
express your interest.



LINDA KRISTINA
HOUSING SOCIETY

WOMEN'S SELF DEFENSE

IN PARTNERSHIP WITH WHITE KNUCKLE BOXING ACADEMY



ALalonde@saulteau.com

2504017085

October 2024

New Beginnings House events

4
oct

Co-ed group charcuterie
board making @NBH

3:30pm-6:30pm

11
oct

Girls' group beaded
earring class @ NBH

3:30pm-6:30 pm

18
oct

Boys group leather
stamping @NBH

3:30pm-6:30pm

25
oct

Intergenerational trauma
workshop with Bev & Frank.
Contact Annie at (250) 401-7616
to sign up.

please call shay @(250)874-7441 to sign
up for events

CHARCUTERIE BOARDS

Come join me for a co-ed life skills charcuterie
board-making class at the New Beginning
House.

WHEN: OCTOBER 4TH
TIME: 3:30-6:30



THIS ACTIVITY IS SUITABLE FOR INDIVIDUALS AGED 9 AND
OLDER; HOWEVER, THOSE UNDER THE AGE OF 9 MUST BE
ACCOMPANIED BY AN ADULT. PLEASE CONTACT SHAY @
250-874-7441 TO SIGN UP

Where to get services after Nurse Heather leaves SFN.

Chetwynd Primary Care Clinic 250 788 7300

- Tb Screening,
- Flu, Covid, Pneumonia vaccines
- Routine infant and child vaccines
- Catch up for missing adult/ teenager vaccines
- Vaccine records
- Support for new parents

Either local pharmacy can do flu, covid, shingrix, pneumonia vaccines. Speak to the pharmacist for details. Some vaccines need to be prescribed by a Doctor first.

Travel vaccines – Amani Travel Health Clinic in FSJ 778 804 8061

FNHA benefits information 1-855-550-5454

HPV (self pap test) cervical cancer screening – call 1 877-702-6566 for info and to order a kit.

Narcan kits are available at either pharmacy – take expired kits to pharmacy as well.

811 - available 24/7 – Free - Call 811 when you:

- Need health advice
- need help navigating the health care system or finding health services across the province
- Registered Nurses can help you with non-emergency health concerns, discuss symptoms and procedures, and recommend whether you should see a health care provider in person.
- Registered Dietitians can answer your healthy eating and nutrition questions.
- Qualified Exercise Professionals can answer your physical activity and exercise questions. They can prescribe physical activity and provide exercise advice or guidance to individuals of all ages and abilities. They also provide specialized services for pediatric and bariatric.
- Pharmacists can answer your medication questions.
- aren't sure whether a condition would warrant an ER visit

911-available 24/7 – BC ambulance will come and transport you to the nearest open ER

- Stroke symptoms
- Heart attack symptoms
- Bleeding that can't be controlled
- Head injuries
- Breathing problems
- Rape or assault
- Car accidents
 - Work accidents
 - Burns
 - Seizures
 - Asthma attack
 - Poisoning (you can also call Poison Control at 1-800-567-8911.
 - Babies and children with ANY signs of severe illness

WEBINAR!

Delicious Nutrition For Kidney Health

Friday, October 4, 2024
12:00 – 1:30 pm (PT)



Nourishing your Kidneys: Patient and Dietitian Partnerships



Tired of the same meals? Interested in ways to introduce more variety while considering your kidney health?

Let **Dietitian Dani Renouf** and our **Patient Partners Tamara and Don** provide you with practical tips about choosing and preparing food. It's time to put the joy back into eating!

How can I join?

You can join using a computer, tablet or smartphone. If you do not have a computer or your computer does not have an internet connection, you can join by telephone.

Canada: +1 833 955 1088 (Toll-free)

Webinar ID: 689 6711 8809

Password: 209162

Please register for this session in advance.

1. Click this link: <https://bit.ly/4bTgenh> or scan the QR code
2. After you register, you will receive an email which will tell you how to join the session.



Questions?

Email us here



WEBINAR!

Kidney Transplant

Friday, October 18, 2024
1:00 – 3:00 pm (PT)



You and your family/friends are invited to a province-wide webinar!

Kidney Transplant

- Transplant as a treatment option
- Process for those wishing to pursue a kidney transplant
- Process for those wishing to pursue being a living donor

Speakers will include staff working in the Transplant Centre at Vancouver General Hospital. Also speaking will be a person who has had a kidney transplant and a person who donated their kidney to someone else.

How can I join?

You can join using a computer, tablet or smartphone. If you do not have a computer or your computer does not have an internet connection, you can join by telephone.

Canada: +1 833 955 1088 (Toll-free)

Webinar ID: 636 1231 1260

Password: 635966

Please register for this session in advance.

1. Click on this link: <https://bit.ly/3VCQh1h> or scan the QR code
2. After you register, you will receive an email which will tell you how to join the session.



Scan the QR code to register!

Questions? Email us here



CHRONIC WASTING DISEASE

HOW TO SUBMIT YOUR DEER HEAD FOR TESTING

Step 1

Cut off antlers and neck.

If saving head for a European mount, remove top portion of skull, submit the lower jaw and tissues at the back of the throat.



Step 2

Fill out CWD Ear Card and attach to the sample.

Ear cards, pens, zap-straps, and bags are provided at freezer locations.

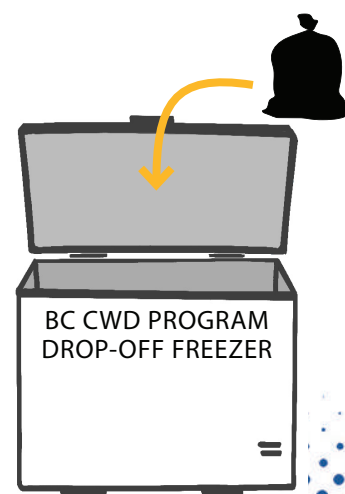
CWD-1250 Eartag	NAME: <u>Jane Doe</u>
	PHONE: <u>XXX-XXX-XXX</u>
	FWID # <u>XXX XXX XXX</u>
	SPECIES (check one): <input checked="" type="checkbox"/> Mule Deer <input type="checkbox"/> Elk <input type="checkbox"/> Caribou <input type="checkbox"/> White-tailed Deer <input type="checkbox"/> Moose <input type="checkbox"/> Other: _____
	SEX: <input checked="" type="checkbox"/> M <input type="checkbox"/> F AGE CLASS: YR/LG (ADULT) AGE ESTIMATE: <u>2+</u>
	KILL DATE: <u>09-October-2023</u>
	KILL LOCATION (MU &/or describe): <u>M.U. 5-2</u> <u>Williams Lake</u>
	HOW KILLED: <input checked="" type="radio"/> Hunted <input type="radio"/> Other (describe): _____
	Was this animal normal? <input checked="" type="radio"/> YES <input type="radio"/> NO
	If no, describe signs: _____

REMINDER: Take a photo of your CWD Ear Card to look up your results online.

Step 3

Place bagged and tagged sample in freezer.

CWD drop-off locations can be found on our website.



Hunters are vital to CWD management.

Be part of the solution and submit samples from harvested deer, elk, and moose.

FOR MORE INFORMATION:

- ✉ CWD@gov.bc.ca
- ☎ (250) 751-7246
- 🌐 www.gov.bc.ca/chronicwastingdisease

Going hunting in B.C.?

Aim your phone camera at the QR Code below or visit www.gov.bc.ca/CWDdropoff to find out how and where to submit samples.



STOP CHRONIC WASTING DISEASE

Do Not Import
Intact Deer Carcasses
Keep B.C. Wildlife Healthy



**ENTER TO WIN
\$500**



**The Guardians are Sampling
for Chronic Wasting Disease**

- We need **Moose, Elk, and Deer** heads from this year's hunting season
- Bring the head to the TREP building & fill out an ear tag

**Your name will be entered in
a draw for a \$500 gift card
from Corlane's**



Questions? Call/Email 250 788 3955 ext. 2118 / jeastman@saulteau.com

Letter Of Interest Request

**Help shape the continued growth and
development of our guardian program!**

**4 meetings a year with the Indigenous
Guardian Working Group
In person or virtual attendance**

**Looking for:
Youth Rep (15-29yrs)
Honorarium provided**

Send letters of Interest or Questions to jeastman@saulteau.com



Cultural Heritage Preservation

What is Cultural Heritage?

Cultural Heritage is tangible and intangible artifacts, stories, events, that are inherited from past generations that inform our identity and can serve as a touchstone for connecting people of the past and today. Highlighting community stories from these places' fosters pride, unity, and a deeper appreciation of our cultural legacy.

Why is cultural heritage protection important?

It's important to recognize that if the goal of cultural heritage protection is to preserve the objects and places that give peoples' lives meaning and which connect them to their histories and heritage; protecting sites that are meaningful for local people is as critical as protecting famous, museum-worthy ancient sites.

Why is preserving our heritage important?

We preserve our identity: Locations reveal unique stories telling of how our people came to be, how these areas were used, what they mean to us today. They add character and beauty to our people, fostering a sense of home and community, and serving as a reminder to each of us that our community's history belongs to all of us together. These sites and stories have been passed down to us, we must preserve them for future generations.

Why is it important for Saulteau First Nations to embrace the past for the future?

Prioritizing preservation ensures authenticity, inclusivity, and relevance of landmarks and traditions. The planned preservation of our historical and cultural resources is very important for planners and residents alike.

How will Saulteau First Nations begin to embark on this Preservation Project?

Saulteau First Nations holds many sacred sites on reserve that tell a story of our past and who we are as a people. The preservation of these sacred sites & trails hold the stories of our past, the stories of our ancestors and guides us to who we are now as a people, a community! Preserving this knowledge and these stories will guide us to preserve our traditions and culture and allow us to remember our past, our people, our story!

What locations have been prioritized for this project?

[Litte Peoples Hill, Drum Hill, Onion Hill, Pack Trails, Wagon Trails, Horse trails](#)

What can the Nation do to preserve these locations?

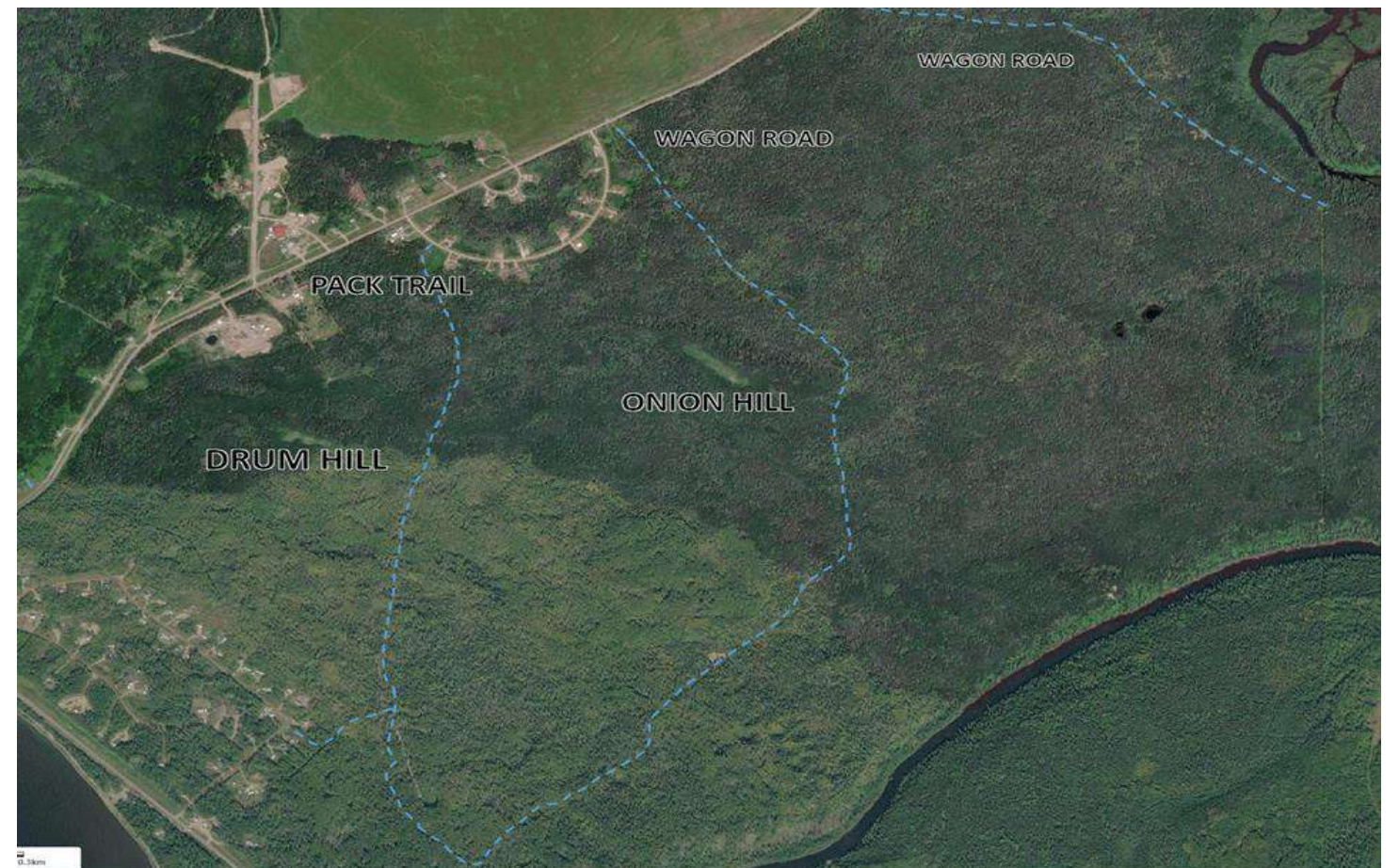
Preservation of these sites and locations require the assistance of membership and community to be successful. To ensure we know and understand the meaning and value of these sites and the history behind them. To ensure we follow the same rules and respectfully use these sites and locations to continually enjoy and share their cultural & spiritual importance which provide our cultural identity.

Speak to our families & children to relay the stories behind them & the importance of preserving these sites & stories.

How can the Nation begin to implement Cultural Heritage Preservation?

Erect fencing and post signs at significant locations.

Are there any sacred sites other than those listed that you would like to see preserved within the Nation?



Little Peoples Hill

Area between Jim Apsassin and Bea Gauthier's residences.



Lands Department Staff

Lands Manager – Mary Doyle (mduoye@saulteau.com)

Lands Use Planner – Jenine Campbell-Cove (jcampbell-cove@saulteau.com)

Lands Officer – Brooke Walker (bwalker@saulteau.com)

Lands Executive Assistant – Crystal Lalonde (clalonde@saulteau.com)



Waterways



As a Nation, we cherish and enjoy the beauty and bounty of our waterways—our lakes, rivers, streams, and ponds—we acknowledge that these precious bodies of water are vital not only to us but to all living things that depend on them for survival. As Indigenous peoples, we hold a sacred obligation to protect and care for these waters and all the beings that thrive in and around them. Our traditional laws teach us to honor and respect every form of life—whether it is a bird, mammal, fish, or even the insects that play a vital role in the ecosystem.

As a Nation, we will begin to work towards aligning these obligations with our sacred responsibilities toward protection over our waterways. This duty guides our stewardship over our lands and waters, ensuring we continue to fulfill our role as caretakers for all living beings—our “big brothers and sisters,” as we refer to the animals, birds, fish, and all creatures that rely on these environments. Our laws will reflect our deep understanding and respect for the natural cycles of life that have sustained us and all our relations for generations.

We recognize the importance of enjoying these waterways, whether through kayaking, canoeing, boating, or other activities. However, we also understand that these activities must be balanced with our duty to protect the natural life cycles that occur in and around these waters. For example, ungulates gather near water during birthing seasons, birds nest along the banks, fish spawn in quiet areas, and beavers build their dams and homes.

To honor these cycles, our laws will aim to minimize the impact of our activities during critical periods. This may involve setting guidelines or restrictions for certain areas or times of the year to ensure we do not cause undue stress to the creatures that depend on these environments. For instance, river jet boats and other motorized vessels may need to slow down or avoid certain parts of our waterways during sensitive times.

Our goal is not to exclude or limit enjoyment but to foster a deep respect and understanding of our shared responsibility for these precious waters and their inhabitants. By following these guidelines, we aim to create a harmonious balance where all beings—human and non-human—can continue to thrive.

We invite all who use these waterways to join us in this commitment, to respect the natural rhythms and cycles of life, and to ensure that these waters remain a source of life and enjoyment for generations to come.

Submitted by Stewart Cameron – Elder (SFN)

Current SFN Developments concerning the protection of our Drinking Water Source – (The Pristine & beautiful Moberly Lake) lead by TREP & Lands.

1) Source Water Protection Plan (SWPP) Technical Working Committee

The Moberly Watershed is part of Treaty 8 territory and is vitally important to Treaty 8 Nations. Watershed protection initiatives have been advanced by WMFN, SFN, Moberly Lake Community Association, and the Peace River Regional District (PRRD), expressing concerns with respect to, but not limited to, water quality issues, cumulative impacts from resource-focused activities, and climate change effects.

A SWPP is intended to document how to protect source water quality and quantity, by utilizing a community-specific approach that engages interested parties in watershed protection. The SWPP will inventory potential contamination sources and actions to mitigate or reduce source water contamination risks by human activity and natural processes. Development of the SWPP will involve assessment of Moberly Lake and the Moberly River watershed upstream of the lake.

Concerns typically considered are:

Natural factors:

- Wildlife
- Changes to the natural environment (wildfire, storms, flooding, erosion)
- Factors that may be amplified by human activities (e.g., more potential for erosion as a result of forestry activities)

Human activities:

- Past and present land use activities
- Residential activities (domestic animals, sewage, landfills, lawn care, road salts and other pollutants)
- Past and present commercial and industrial activities

2) Foreshore Application and Upcoming Park Design Study – Spencer Tuck Park

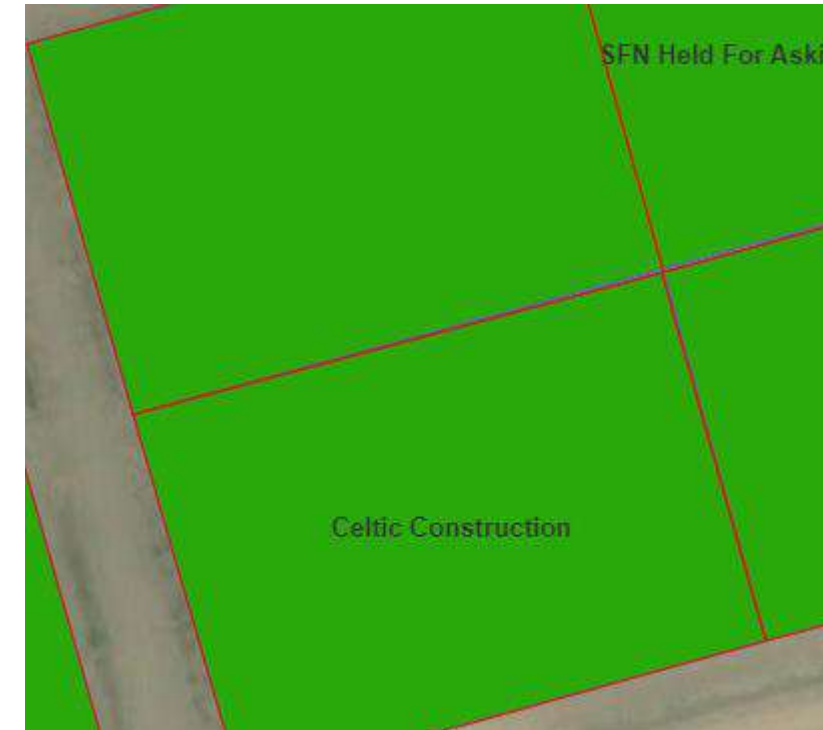
The Peace River Regional District will be preparing an application for a foreshore license at Spencer Tuck Regional Park to investigate the possibility of either repairing the existing boat launch, decommissioning it, or replacing it completely. As part of this process, they have reached out to provide the opportunity to SFN, to share any available information or ask questions regarding the forthcoming application as SFN has traditional and ongoing use, as well as cultural significance of the lands surrounding Moberly Lake.

The park design study will likely include several opportunities for public input, and when the time comes, we would like to invite community members to provide your valuable feedback about the future design of the park.

For questions related to the following initiatives, please feel free to contact Mary Doyle, SFN Lands Manager via email at mdoyle@saulteau.com or directly at 236-364-2012.

From the Land Use Planner- Jenine Campbell-Cove

The Industrial Park (IP) will be seeing new occupants in the coming months, Celtic Construction has a lot in the I.P to better serve their construction of the 10 new homes in the nation.



The Industrial Park will be re-graded and sprayed for weed control to accommodate a few short-term (6 months max) rentals on the frontage lots facing the highway.

Currently rent rates are \$1000 per acre and lot sizes vary, please contact the Lands Department to inquire about availability.



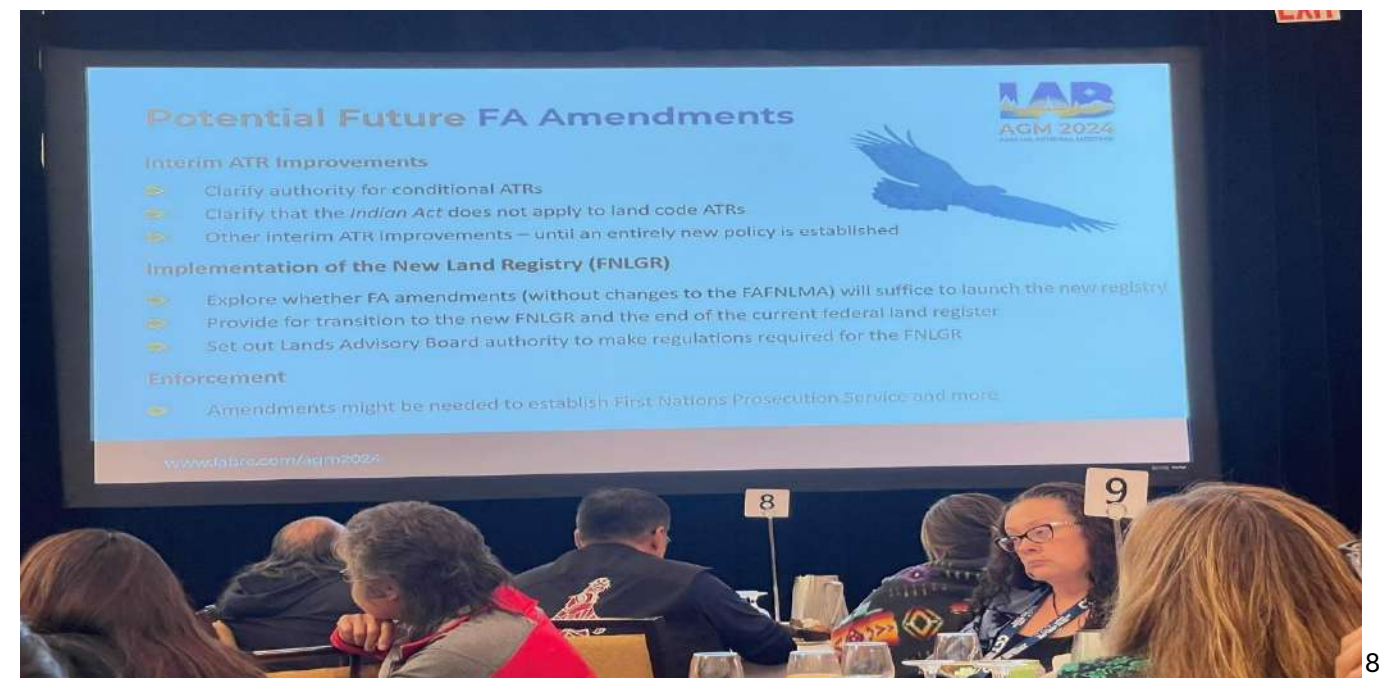
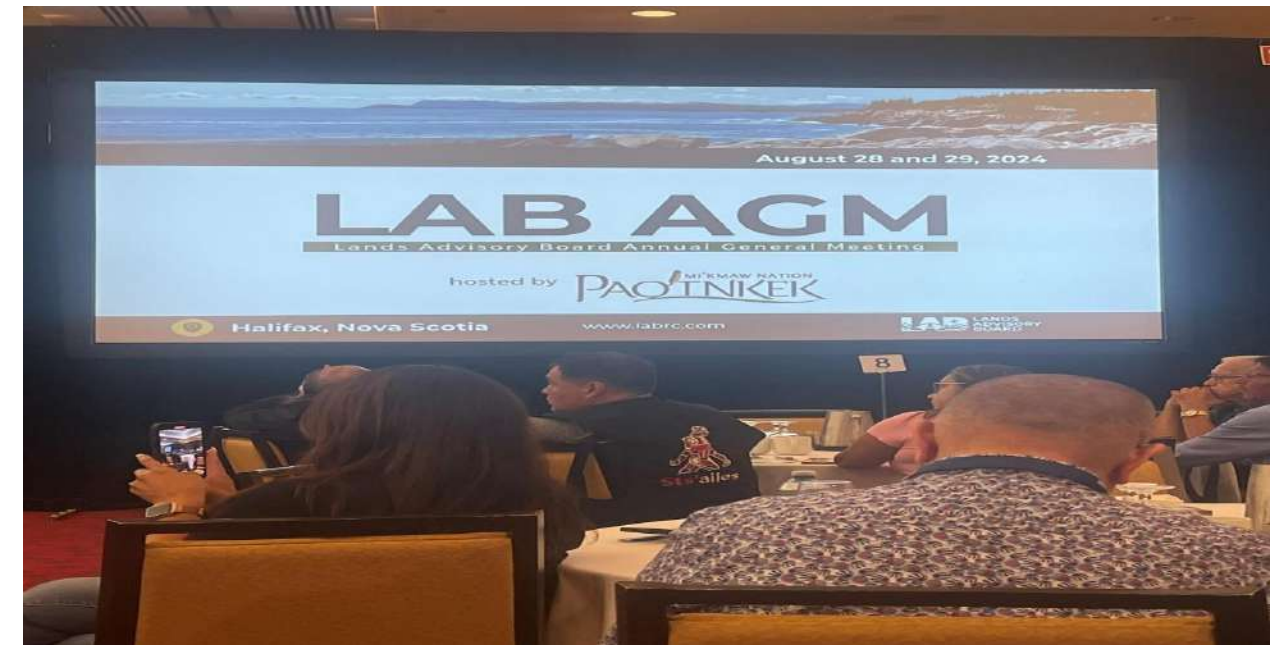
Halifax

The Lands Department, Elder Advisors from the Land Code Committee and Councilor Donovan Cameron recently went to Halifax Nova Scotia to attend the Lands Advisory Board Annual General Meeting. It is held in different locations every year and the presentations review any changes in legislation, announcements, and any pertinent information to Land Code.



This year it was hosted by Paqtneke a Mi'kMaw Nation, they performed their traditional dance and drumming called Ko'jua and it was absolutely beautiful.

The room is filled with Chiefs/Councilors/Staff/members of First Nations across the country who are under the framework agreement, ISC staff, law teams, Lands Advisory, and the Lands Advisory Resource Center Staff. It is an incredible event for networking but also for awareness and education. Various topics, obstacles, and victories are talked about or presented, allowing the room to engage and provide feedback or solutions that helped them overcome those obstacles and we collectively celebrated their victories. It provides us (Saulteau) insight to ensure that we are mindful of those obstacles so we can avoid them and do our best to set up our land code as best we can right from the start, if that is the direction Our Nation decides to move forward with.



Naturally, we all embraced the local seafood availability!



Some of us even got to meet the Prime Minister!





New Road Names Update

SFN Lands Department say thank you to the 66 respondents who completed our survey!

We are excited that this was a discussion, and we've heard the oral history of that area.

- We talked in-person to the longtime neighborhood folks in the Flats area and got their input
- We sent out a survey to all members for naming the previous, "Muskochees Subdivision" and changing it to the, "**Muskoti Subdivision.**"

We will be ordering signs for:

- Saddleblanket Road (Melvin Davis nickname)
- Moose Hide Road (in memory of Martha Davis)
- Elmer Lane (in memory of Elmer Davis)

We have yet to finish the Lakeview road names but will keep the nation posted.



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- EXECUTIVE DIRECTOR
- COMMUNITY HEALTH NURSE
- RFP: HUMAN RESOURCE CONSULTANT SERVICES
- EARLY CHILDHOOD EDUCATOR INFANT TODDLER SPECIALIST
- CASUAL ON-CALL RECEPTIONIST
- MEDICAL OFFICE ASSISTANT
- MENTAL HEALTH COMMUNITY OUTREACH & PREVENTION WORKER
- CLINICAL CHILD & YOUTH MENTAL HEALTH COUNSELLOR
- CLINICAL MENTAL WELLNESS AND SUBSTANCE ABUSE COUNSELLOR



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