

JANUARY 2025

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Official Newsletter of Saulteau First Nations

Saulteau First Nations Opens New Cree-ative Wonders Childcare Facility

Saulteau First Nations (SFN) has officially opened part of its new Cree-Active Wonders Childcare building, with the toddler program moving into the new space this week. The preschool program remains in the existing building for now. While there are some adjustments to be made, the move marks a significant step in expanding early childhood services for local families.

The new facility, which received its operating license just before Christmas, can accommodate 24 infant/toddler spaces and 28 preschool spots. The infant section is equipped with a nap room and washroom, separated by a half-wall from the toddler area, ensuring a calm environment for the youngest children.

SFN is currently working on hiring more staff to meet growing demand. The daycare follows strict staffing ratios to ensure quality care for children, and the program is open to both SFN members and the wider public, with a \$10/day fee for non-members.

In addition to daycare services, the program is expanding its Land-Based Program, focusing on outdoor activities and Cree language teachings to preserve cultural traditions. Future plans include building playgrounds, decking, and landscaping in the spring, with a grand opening once exterior work is complete.

Families interested in enrollment can contact Melanie to schedule start times. The program can eventually serve up to 52 children, and while it is currently closed on Fridays, SFN plans to assess the need for care on that day in the future.

The Cree-Active Wonders program is an exciting new resource for the community, with SFN aiming to create a fully operational facility in the coming months.

We are currently taking interest in childcare spaces. These spaces will open slowly to allow for children to have the time to adjust and new clients will be scheduled for starting times. Priority will go to members of Saulteau First Nations.

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Saulteau First Nations' Cree-ative Childcare

New Spaces Building has opened.

We are currently taking interest in childcare spaces. These spaces will open slowly to allow for children to have the time to adjust and new clients will be scheduled for starting times. Priority will go to members of Saulteau First Nations.

Contact Mwilliams @saulteau.com to get more information

- Toddler Program—under aged 3
- Preschool Program—aged 3-5

At this time all children must be up to date or in process of getting the routine immunizations.

Cost to non-Saulteau members are part of our \$10/day program

At this time Child Care fees for Saulteau Members is covered for them.

Our location is 1709 Boucher Lake Rd, Moberly Lake, BC

250-788-3911 (phone)

Current Hours of operation—7:45-4:45 Monday to Thursday. We are closed when the band is closed.

***Spaces are limited at this time and will increase as we hire certified staff to cover new positions.

We are a fully licensed child care program under Northern Health and have operated for over 25 years.

Program focuses include Cultural teachings, Cree Language teachings and exposure, development of outdoor and land-based learning is in progress. Every Child is loved and nurtured and we believe in having the child feel like this is a second home for them.

CHIEF & COUNCIL UPDATE



HAPPY NEW YEAR SAULTEAU CITIZENS AND COMMUNITY MEMBERS!

We hope your Christmas holiday was enjoyable and that it was a good time for reflection and restoration. The Chief and Council leadership team has a full schedule for this month of January. We have the annual Natural Resources Forum to attend in Prince George and the annual BC Cabinet and First Nations Leaders' Gathering in Vancouver. Both events are an opportunity to get informed and have meaningful conversations with Industry and Ministers in Government. We have our ongoing Treaty 8 Chiefs meeting to attend in FSJ at the Treaty 8 office. Treaty 8 Nations continue to gather and work together towards initiatives that help us as a collective. We are also meeting with our Nations internal teams, Managers of all departments and staff, to discuss the direction we are taking as a Nation through Strategic Planning sessions. We are coming into the New Year with a busy schedule and look forward to a great future within our Nation. Enjoy your month in January and we will keep you updated as we move along with business in the office. We wish you a healthy prosperous and safe New Year!

Council Contacts

Rudy Paquette
Desjarlais Family - Chief
rpaquette@saulteau.com

Justin Gauthier
Gauthier Family Councilor
justin.gauthier@saulteau.com

Colleen Totusek
Davis Family Councilor
ctotusek@saulteau.com

Donovan Cameron
Courtoreille Family Councilor
dcameron@saulteau.com

Juritha Owens
Napoleon Family Councilor
jowens@saulteau.com

SFN Strategic Planning Sessions

Watch for these upcoming Community Engagement Opportunities!



Community Meetings



Listening Sessions



Workshops



Online Surveys

We want to hear from you as we plan for the future of OUR Nation!





Housing - January 2025

Emergency Repairs

An EMERGENCY repair is considered any accident, break or defect in interior plumbing, heating or safety feature in any part of the home.

If you require emergency repairs please call the Housing office.

236-364-2019

Home Inspections

As the New Year rolls around, we will be starting up our annual home inspections and assessments of the rental units. A conditions report will be prepared to record the condition of the unit and property, which will be used to determine the need for repairs. This will just be a brief walk through of the home.

Propane Checks

Please make sure to check and order your propane. Delivery times vary and we want to ensure you do not run out in the cold weather

Update Agreements

Over the next month, the Housing Department will be sending out letters for tenants and home owners to update their rental agreement or maintenance agreement. The purpose is to keep our records as up to date, as possible. Once a letter has been received, please call to set up a time. This appointment will only take a few minutes and you will be on your way.



As a pet owner, it is your responsibility to keep your animals contained in your yard. There are daily reports of animals running free, entering other people's yards and causing damage to people's property. Please be mindful of your pets and your neighbors.

Department Contacts

Manager Assets Capital Projects

Shane Reynolds
(sreynolds@saulteau.com)

Asset & Capital Project Administrator

Falon Gauthier
(fgauthier@saulteau.com)

Housing Operations Manager

Cindy O'Brien
(cindy@saulteau.com)

Tenant Relations Supervisor

Marci Doonan
(mdoonan@saulteau.com)

Public Works & Facilities Manager

Ronda Lalonde-Auger
(rlalonde@saulteau.com)

Happy
New Year!

GARBAGE COLLECTION

GARBAGE COLLECTION DAYS:

MONDAY- LAKEVIEW, LAKEVIEW SUB PH 1 & 2, RIVERSIDE, HWY 29, S. MOBERLY LAKE ROAD.

TUESDAY- BOUCHER LAKE RD, ONION HILL SUB PH 1 & 2, MUSKOCHEE SUB.

THURSDAY- LAKEVIEW, LAKEVIEW SUB PH 1 & 2, RIVERSIDE, HWY 29, S. MOBERLY LAKE ROAD.

FRIDAY-BOUCHER LAKE RD, ONION HILL SUB PH 1 & 2, MUSKOCHEE SUB

SFN PET SPAY/NEUTER PROGRAM

Did you know that Saulteau has a FREE Pet Spay/Neuter program for on-reserve Members? That's right! You can get your furry friend a vet appointment by contacting Niki Ghostkeeper nghostkeeper@saulteau.com.

Did you know: Spaying female dogs and cats can prevent uterine infection and reduce the risk of breast cancer!



CULTURE, HERITAGE, & RECREATION



Beads Crafting Workshop

Join our Bead Crafting Workshop and discover the joy of creating beautiful, one-of-a-kind pieces!

1st class we will Brainstrom ideas



Free Entry!

- 📅 January 25/2025
- 🕒 1:00 pm to 4:00pm
- 📍 SFN Cultural Centre training room

📞 250-401-1580

🌐 tpaquette@saulteau.com

📍 Cultural and Heritage Building

Cultural Centre Staff

Manager, Culture & Heritage

Jamie Kristoffy

(jkristoffy@saulteau.com)

Cultural Connection Coordinator

Tylene Paquette

(tpaquette@saulteau.com)

Community Events Coordinator

Carlee Westgate

(cwestgate@saulteau.com)

Recreation Coordinator

Montana Fuller

(mfuller@saulteau.com)

contact: Tylene Paquette
tpaquette@saulteau.com

Community Project

Beading Moose Hide Mural
Jan: 21st, 23rd, 27th, and 30th
SFN Cultural Centre/Training Rm
open 10am-4:00pm



SAULTEAU FIRST NATIONS

HEALING OUR FAMILIES ROUND DANCE

FRIDAY, JANUARY 17TH - CULTURAL CENTRE



CREE CONFEDERATION



FAWN WOOD



MASTER MC HAL
EAGLE TAIL

SPECIAL GUESTS SCHEDULE

4:00 pm - Pipe Ceremony

5:00 pm - Feast

(please provide your own take out containers)

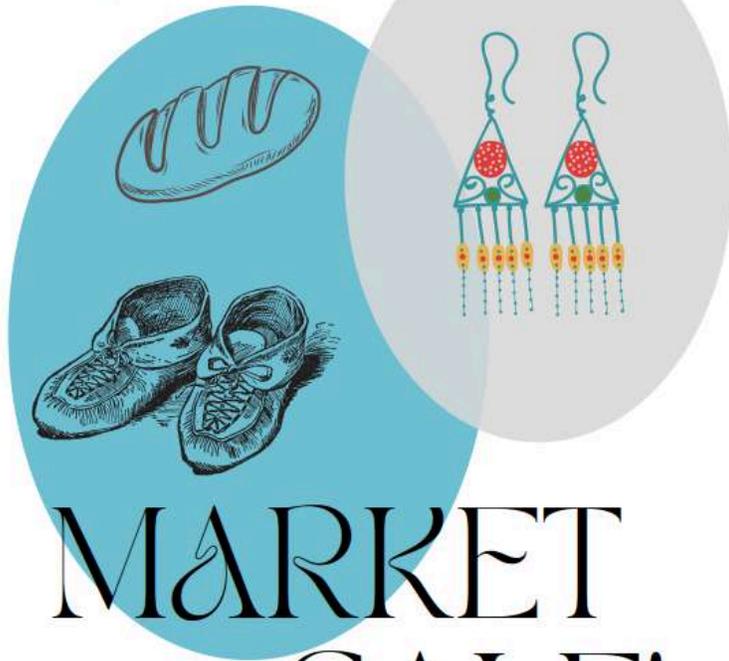
6:00 pm - Round Dance

10:00 pm - GIVEAWAY

11:00 PM - 1:00 AM - Door Prizes, 50/50, Midnight Snack, Ribbon
Shirt and Skirt Special, Apple Dance

HEALING OUR FAMILIES ROUND DANCE

JANUARY 17TH 2024 4:00 - 8:00 PM



MARKET SALE!

PLEASE SEND AN EMAIL TO TPAQUETTE@SAULTEAU.COM IF YOU WOULD LIKE A TABLE! Please note you or someone must be present at your table the entire time. Mussy!



CALLING ALL DRUM MAKERS

We are seeking a skilled drum maker to custom-create three unique drums (30 inches each) that will double as stunning light fixtures for our healing room.



Please email our Traditional Wellness Coordinator nicole@nnwc.ca to discuss this creative opportunity!

PEMMICAN SUGGESTION MEETING

Tuesday, Feb 4th 10:00 am - 12:00pm

CULTURE CENTRE - TRAINING ROOM
COFFEE & MUFFINS PROVIDED

WE ARE WANTING TO HEAR YOUR SUGGESTIONS FOR THIS YEARS 2025 PEMMICAN DAYS!

PLEASE REMEMBER NOT ALL RECOMMENDATIONS CAN HAPPEN, BUT WE WANT TO HEAR YOUR INPUT

NOTE THIS IS NOT A COMMITTEE MEETING

EVERYONE IS WELCOME!

IF YOU HAVE ANY QUESTIONS PLEASE EMAIL
CARLEE AT CWESTGATE@SAULTEAU.COM

CULTURE CAMP SUGGESTION MEETING

Tuesday, Feb 18th 10:00 am - 12:00pm

CULTURE CENTRE - TRAINING ROOM
COFFEE & MUFFINS PROVIDED

WE ARE WANTING TO HEAR YOUR SUGGESTIONS FOR THIS YEARS 2025 CULTURE DAYS!

PLEASE REMEMBER NOT ALL RECOMMENDATIONS CAN HAPPEN, BUT WE WANT TO HEAR YOUR INPUT

NOTE THIS IS NOT A COMMITTEE MEETING

EVERYONE IS WELCOME!

IF YOU HAVE ANY QUESTIONS PLEASE EMAIL
CARLEE AT CWESTGATE@SAULTEAU.COM

Call 250-788-3955 - extension 1007 or email mfuller@saulteau.com to be added to the list for any event.
Please note dates and/or times are subject to change, thank you.

JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8 SWIM NIGHT 6:30 – 8:30PM	9	10	11
12 VBALL/BBALL 5:00 – 7:00PM	13 KIDS ZONE 3:00 – 5:00PM	14	15 KIDS ZONE 3:00 – 5:00PM	16 ELDERS WATERFIT 2:00 – 3:00PM	17 ROUND DANCE 4:00PM – 1:00AM	18
19	20 KIDS ZONE 3:00 – 5:00PM	21 ELDERS WATERFIT 2:00 – 3:00PM	22	23	24 SWIM NIGHT 6:30 – 8:30PM	25
26 VBALL/BBALL 5:00 – 7:00PM	27 KIDS ZONE 3:00 – 5:00PM	28	29	30 ELDERS WATERFIT 2:00 – 3:00PM	31	FEB 1 ICE FISHING 1:00 – 4:00PM

EVENTS

SWIM NIGHTS

When you get to the Rec Centre let them know you are there to swim with Saulteau. Ages 10+ unless accompanied by an adult. Road conditions permitting.

WATER FIT FOR ELDERS

Transportation provided if needed.

KIDS ZONE

Join me at the band hall for games, crafts, snacks and laughs. Ages 5+ unless accompanied by a guardian.

ICE FISHING

Lunch provided. Some poles and tackle provided. Dress warm. Weather permitting. Ages 10+ unless accompanied by an adult.



EXCITING NEWS!

THE NEW WEIGHTROOM
WILL OPEN

TUESDAY JANUARY 7TH

A WAIVER AND POLICY REVIEW
WILL NEED TO BE SIGNED BY EACH
INDIVIDUAL BEFORE USE. PLEASE
NOTE THE 24 HOUR ACCESS WILL
BE AVAILABLE IN THE NEW YEAR



ARCTIC SPORTS

2025 Provincial
Athlete Camps

Open to Indigenous Youth
(First Nations, Métis & Inuit)
ages 10-18.



TEAMBC

January 25, 2025

Chalo School
Fort Nelson, BC

www.ISPARC.ca



SCAN TO



REGISTER

Cultural and Heritage Building
Weightroom Policy

- All users must sign a waiver stating that you are aware that this facility is used at your own risk.
- All users must sign in and out during each use.
- Please report any weight room related injury or equipment issues.
- Hours of operation are Monday-Thursday 8:30am to 4:30pm unless you have 24hr access. Do not share your after-hours access fob with anyone or your fob will be suspended. Please note there will be a fee for the after-hours fob.
- Children are prohibited from playing in the weightroom. Any youth under the age of 12 must be accompanied by an adult.
- An orientation is required for teens 13-18 years old and recommended for all.
- Horseplay is not acceptable.
- All users should use proper indoor footwear to keep our facility clean. No bare feet due to proper hygiene practices.
- Please return all weights and plates to their proper place.
- Use each piece of equipment for its intended purpose. Misuse of equipment may lead to serious injury. Photos and instructions are provided on the equipment, or you can ask our Recreation Coordinator for help.
- Do not slam the weights or be unnecessarily rough with the equipment. This is both dangerous and can damage the equipment.
- Wipe down the equipment after each use with provided disinfectants.
- SFN is not responsible for the personal belongings of members that are lost or stolen.
- Follow appropriate weight room safety and etiquette practices, demonstrate courtesy to others at all times.
- Please respect our staff, if you have any questions or concerns; they would be happy to help!
- Please do not use this facility if you are under the influence of drugs or alcohol, if you are suspect to be under the influence you will be asked to leave.
- Failure to follow the rules, misuse of equipment, or breach of the SFN weightroom policy may result in loss of gym facility privileges.

ELDERS WATERFIT

JANUARY 2025 DATES:

THURSDAY THE 16TH
TUESDAY THE 21ST
THURSDAY THE 30TH

PLEASE NOTE: THERE IS DROP-IN WATERFIT ON
SUNDAYS FOR PEOPLE WHO CANNOT MAKE
THESE PRIVATE CLASSES.

2:00 - 3:00PM

TRANSPORTATION PROVIDED FOR 6
PEOPLE TO THE CHETWYND REC CENTRE

PLEASE EMAIL
MFULLER@SAULTEAU.COM OR
CALL 250-788-3955 TO BE PICKED
UP OR MEET US AT THE REC
CENTRE FOR 1:45PM



JOIN ME FOR FUN ACTIVITIES!
JANUARY 13, 15, 20, 27
3:00 - 5:00PM

CRAFTS · SPORTS
GAMES · LEARNING

FOR MORE INFORMATION EMAIL
MFULLER@SAULTEAU.COM

LOCATED IN THE BANDHALL GYM

8 & 24
OF
JANUARY

SWIM NIGHT

JOIN US FOR PUBLIC SWIM!
6:30 - 8:30 PM

YOUTH UNDER THE AGE OF 10 NEED
TO BE ACCOMPANIED BY A
GUARDIAN.
EMAIL MFULLER@SAULTEAU.COM
OR CALL 250-788-3955 FOR A SPOT

VBALL OR BBALL

JANUARY 12TH & 26TH
SUNDAYS

5:00 - 7:00PM
SNACKS PROVIDED
AGES 12+





I-SPARC
Move | Play | Compete

Indigenous Sport,
Physical Activity &
Recreation Council



Sport for Life

QUINSAM CENTRE
2005 EAGLE DRIVE

CAMPBELL RIVER

AGE: 15Y+

January 16, 2025
10am - 4:30pm

Indigenous Communities: Active For Life

Full-day workshop with the purpose of establishing culturally tailored resources that inspires community leaders to deliver programs that promote the holistic development of their participants.

The resource and workshop support community leaders and individual champions as they embark on a journey to develop and provide abundance in a quality sport & physical activity program, build collaborative relationships, and re-engage their community members into active and healthy lifestyle.

For More Information:

Shelby Ordano: sordano@isparc.ca
Vancouver Island Region Coordinator

Kim Leming: kleming@isparc.ca
Manager, Participant Pathways & Cultural Safety Training

Register Here



Sport for Life

VIRTUAL: INTRODUCTION TO PHYSICAL LITERACY

An Indigenous Lens

Workshop attendees will be introduced to the concept of the Holistic Model and the Indigenous Long-Term Participant Development Pathway and how it ties into physical literacy and supporting participants to becoming Active for Life.

Workshop

Physical activity is a lot more fun when you are physically literate. Now more than ever, physical literacy is being recognized as an important component of best practices in the sport, recreation, health, and education sectors.

Through interactive group discussion, and sharing of ideas and resources, attendees will gain insight as to how some Indigenous communities have incorporated physical literacy into their programming while ensuring that mental, emotional, physical, and spiritual needs of participants are being met in support of healthy lifestyles and positive outcomes.

February 13 | 9:30am - 1:00pm
Virtual Workshop

Kim Leming,

Manager, Participant Pathways & Cultural Safety Training

kleming@isparc.ca www.isparc.ca



Indigenous Sport,
Physical Activity &
Recreation Council



I-SPARC
Move | Play | Compete

Indigenous Sport,
Physical Activity &
Recreation Council



Request Your Unique
Code to Access eLearning



Sport for Life

Stepping Stones to Indigenous Sport and Physical Activity Participation

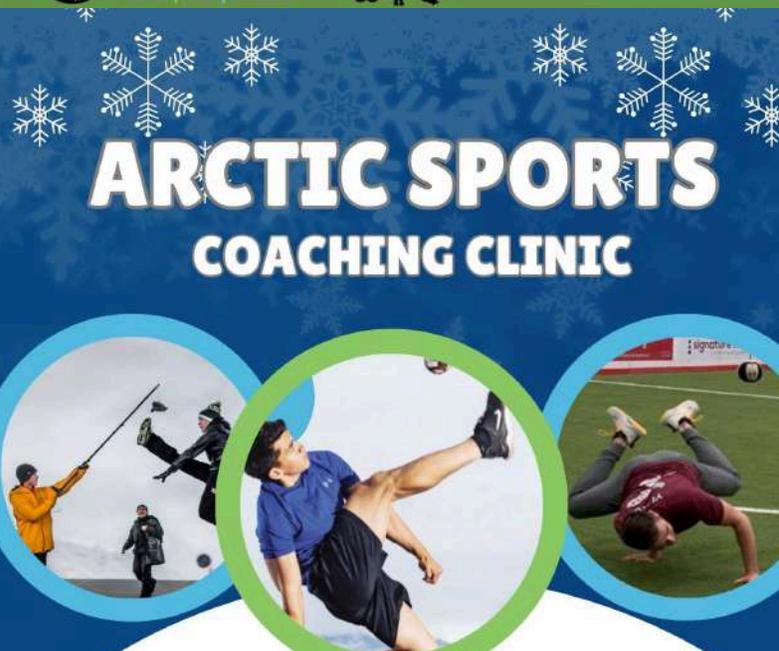
The Stepping Stones to Indigenous Sport and Physical Activity Participation E-Learning Course has been designed for coaches and sport leaders.

The purpose of this training is to:

- Increase your knowledge of the stages of the Indigenous Long-Term Participant Development Pathway.
- Help you better understand the needs of Indigenous participants and athletes, including First Nations, Inuit and Métis peoples.
- Enhance your ability to run developmentally and holistically appropriate programs for Indigenous participants and athletes.

Kim Leming, Manager
Participant Pathways & Indigenous Cultural Safety Training
kleming@isparc.ca

This project was funded by, or funded in part by, a grant from viaSport BC, the Province of British Columbia and the Government of Canada.



ARCTIC SPORTS COACHING CLINIC

JANUARY 23, 2025

Chalo School - Fort Nelson, BC

Curious about these traditional games?

Did you know that Arctic Sports will be a trial sport at the
2027 North American Indigenous Games in Alberta?

Here's your chance to learn from the best, as arctic sports specialist Kyle Worl will be running a clinic for prospective coaches. Here's your opportunity to develop your knowledge and learn all about Arctic Sports! Register today as space is limited.

Contact: Tammy Watson - twatson@isparc.ca



Indigenous Sport,
Physical Activity &
Recreation Council



Scan to register



Congratulations

**Dianne Paquette, Kaylin Watson
and Manjit Kaur for completing
their ECE Certification Training!**

This has been a 2 year program requiring them to do full time studies while working full time at Cree-ative Wonder's Childcare Center.

The dedication and work ethics of all 3 has been commendable. They will now enter into the roles as certified ECE in our center and each one is registered to take the 4 month program this spring to become certified Infant Toddler teachers.

I would like to thank Melanie Williams for taking on the extra work as their mentor – without you they would not have been able to do the program, Mussi

If you see them please let them know how proud of them you are because we at the center certainly are. Our children are really lucky to have such loving and caring people in their lives.

Jerri Lynn

Education Contacts

Manager, Education
Audrey Norris
(anorris@saulteau.com)

Education Supervisor
Cheri Koenig
(ckoenig@saulteau.com)

Adult Education Teacher
Brendon Conrad
(bconrad@saulteau.com)

Muskoti Principal
Cody Schlamp
(cschlamp@saulteau.com)

Muskoti Elementary
Call (250) 788-7361

Muskoti Learning Centre
Call (250) 788-7368

MUSKOTI LEARNING CENTRE

After School Homework Help

The Muskoti Learning Centre offers after school homework help for SFN school students

Register at any time!

Available hours:

**Monday -Thursday
3:00pm - 4:30pm**

Get in contact with us:

MLC Teacher - Brendon Conrad

In Person: Stop by the MLC classroom

Email: bconrad@saulteau.com

Phone: 250-788-7368



MUSKOTI LEARNING CENTRE

MLC works with students to create their own unique course selection and work schedule

At MLC you can:

- ✓ Achieve Adult Dogwood / Dogwood Diploma Graduation
- ✓ Upgrade course grades on your highschool transcript
- ✓ Take new courses to add to your highschool transcript

Students will earn a \$1000 completion incentive for every earned credited course!



We offer over 30 courses in Language Arts, Mathematics, Sciences, Social Studies, and other Electives!

If you are interested in continuing your education you can register with MLC at any time in the school year!

Contact Us:

Brendon Conrad - Adult Ed. Teacher

 250-788-7368

 bconrad@saulteau.com

Our mission is to provide a high quality education with a healthy balance of curricular and cultural learning opportunities in a safe and inviting environment. We strive to prepare all students to become responsible citizens and lifelong learners who are ready to meet the challenges of the future.

JANUARY 2025

MUSKOTI LEARNING CENTRE EVENT CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
	Winter Break	Winter Break	1 Winter Break	2 Winter Break	3 End of Winter Break	4
5	6 MLC open	7	8	9	10	11
12	13	14 Culture Day Beaded Lanyard	15 Chaga Walk	16	17	18
19	20	21	22 Bannock Making	23	24	25
26	27	28 Culture Day Mini Keychain	29	30 Last Day for Reading Challenge entries	31	

Notes:

The MLC will be closed for Winter Break from December 23, 2024 to January 3, 2025. The MLC will reopen on January 6, 2025.

MLC offers after school homework help for students under 18. Contact us to register.

MLC has a Culture Day every 2nd Tuesday. We have a variety of cultural crafts available to anyone who would like to make a cultural craft.

★ For event info. please phone (250-788-7368), email bconrad@saulteau.com, or check in the classroom - dates & times may vary ★

MUSKOTI LEARNING CENTRE JANUARY ADULT READING CHALLENGE

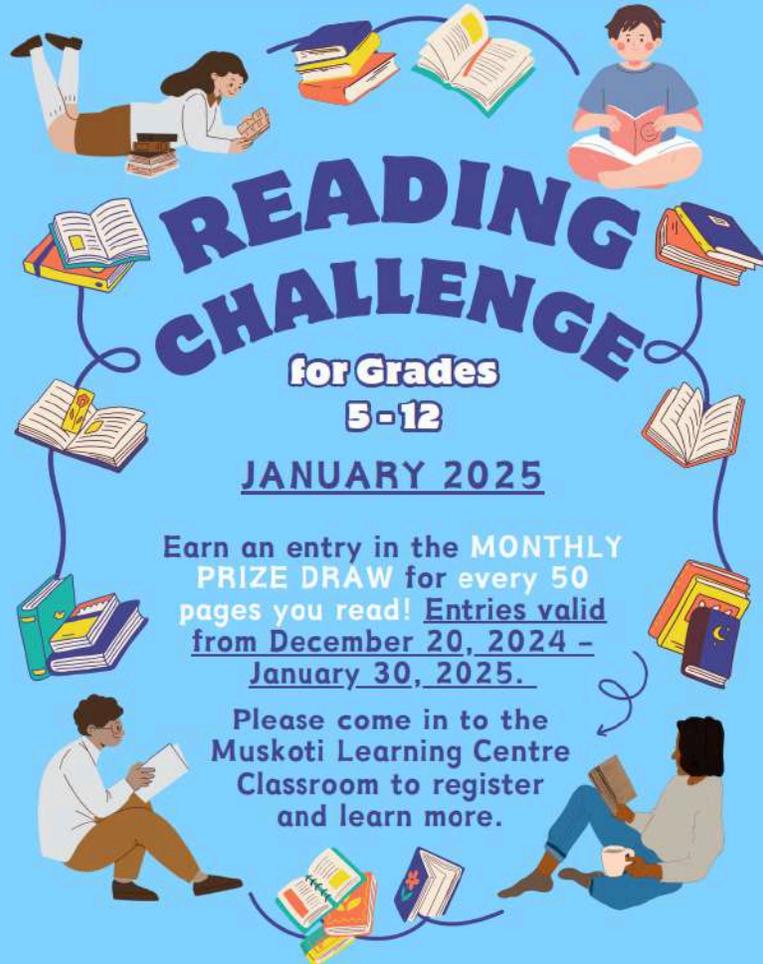


Earn an entry in the Monthly Draw for every book you have read from December 20, 2024 - January 30, 2025!

Please come in to the MLC Adult Classroom to register and learn more

☎ 250-788-7368 ✉ bconrad@saulteau.com

MUSKOTI LEARNING CENTRE



☎ 250-788-7368 ✉ bconrad@saulteau.com

January *kisé-pisim* The Great (Cold) Moon

2025

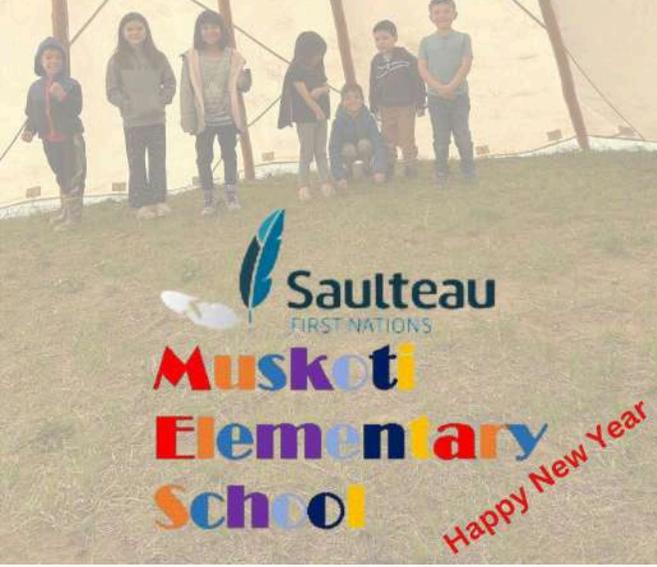


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 NEW YEARS STAT	2	3	4
5	6 SCHOOL REOPENS	7	8 PHE SKATING	9	10	11
12	13 PHE SKATING	14	15 PHE SKATING	16	17	18
19	20 PHE SKATING	21	22 PHE SKATING	23	24	25
26	27 PHE SKATING	28	29 PHE SKATING	30 DRESS LIKE KÔHKOM/ MOSOM DAY	31 PRO D NID	



Notes:
PLEASE
REMEMBER
PROPER OUTSIDE
CLOTHING FOR
ALL DAYS.

We are looking for knowledge keepers to come in and share some stories with us over the winter months. Please call the school at 250-788-7361. Honorariums will be provided.



Do you or someone you know have a child turning 4 by December 31, 2025, or entering Kindergarten, Grade 1, 2, or 3 in September? If so, please contact us for registration forms; or they can be found on our SFN website under Education and submitted to cschlamp@saulteau.com. Registration for full-day K4, Kindergarten, Grade 1, 2, or 3 opens in January for the following school year. We limit class sizes to provide the best quality of education we can; so, it is best to register early.

We have a strong cultural and language program that is continuing to flourish nêhiawi-kiskinwahamâkosiwak (they learn Cree, Cree ways). We also offer units on skating, snowshoeing, swimming, gymnastics, and so much more for your students to learn. Our fieldtrips and local bussing enhance our program.

If you have any questions, please feel free to contact our teacher/principal Cody Schlamp at 250-788-7361.

Education is so important, and the BC First Nations Schools are striving for excellence and achieving greatness for our students. Kinanâskomitinân (we give thanks to you).

EMPLOYMENT & TRAINING OPPORTUNITIES



CANADIAN ARMED FORCES-INDIGENOUS PROGRAMS PRESENTATION JANUARY 13, 2025 SFN GYM 9:30 AM- 11:00 AM AGES 16 & UP

MIKE RICHTER IS A PETTY OFFICER 2ND CLASS ROYAL CANADIAN NAVAL COOK WITH THE CANADIAN ARMED FORCES RECRUITING CENTER IN VICTORIA, BC.

MIKE WILL BE HERE IN JANUARY AND WILL COMMENCE A CAMPAIGN FOR APPLICANTS TO JOIN OUR INDIGENOUS PROGRAMS OFFERED BY THE CAF. I AM THE DIVERSITY RECRUITER FOR CAMPAIGNS WITH THE CAF FROM THE VICTORIA RECRUITING CENTER, AND MY DUTY AS THE DIVERSITY RECRUITER IS TO PLAN OUR RECRUITING DRIVE FOR THE INDIGENOUS PROGRAMS.

PRIMARILY, WE WILL BE FOCUSING ON THE CANADIAN ARMED FORCES INDIGENOUS SUMMER PROGRAM (CAFISP), WHICH YOU MAY KNOW AS THE RAVEN PROGRAM (LOCATION ESQUIMALT) OR BOLD EAGLE (ALBERTA).

Employment & Training Contacts

Employment & Training Coordinator
Ginette Lapierre (glapierre@saulteau.com)

Employment & Training Assistant
Stacy McMillian
(smcmillian@saulteau.com)

Applying for Jobs at Saulteau

All open job applications with SFN are available on our website:
saulteau.com/employenet

ARE YOU A MEMBER
BUT DON'T HAVE
SOME OF THE
QUALIFICATIONS?
WE CAN TRAIN YOU!

BC PARKS STUDENT RANGER PROGRAM



Would you like to learn more about park management?

Do you enjoy working in the outdoors?

[JOIN OUR TEAM!](#)



DETAILS

- Work term is from approximately the end of April until the end of August
- Applications available online. Visit the student ranger page (QR code on the right) for a link to apply
- Positions available across B.C. - from the coast to the northern regions
- Learn new skills, camp outdoors, and contribute to meaningful projects in parks and protected areas

PROGRAM AREAS

- Recreation
- Conservation
- Public outreach
- Indigenous relations

Learn more about the program and application requirements:



APPLY ONLINE BEFORE JANUARY 13



SEND YOUR QUESTIONS TO:
Park_StudentRanger@bc.ca



We are
HIRING

E-mail your resume
to admin@nnwc.ca

- Medical Office Assistant
- Indigenous Social Navigator
- Traditional Wellness Coordinator

EMPLOYMENT & TRAINING OPPORTUNITIES



SFN CAREER OPPORTUNITIES

- SEASONAL CARIBOU GUARDIAN X 2
- COMMUNITY HEALTH NURSE
- HOME CARE LICENSED PRACTICAL NURSE
- CASUAL RECEPTIONIST – BAND HALL
- CAUSAL RECEPTIONIST- HEALTH CENTRE
- CLINICAL MENTAL WELLNESS & SUBSTANCE ABUSE COUNSELLOR
- EARLY CHILDHOOD EDUCATOR – INFANT TODDLER SPECIALIST OR WILLING TO TRAIN TOWARDS

APPLY TODAY!
JOBS@SAULTEAU.COM

NEW HIRES AT SAULTEAU

- CHRISTIAN LARSEN – START DATE JAN 6, 2025 – FACILITIES MAINTENANCE SUPERVISOR
- FREDERIC TOLMIE - START DATE JAN 6, 2025 – MANAGER OF FINANCIAL SERVICES
- LEE-ANNA GIBSON - START DATE JAN 6, 2025 – GIS TECHNICIAN
- WINONA LETENDRE - START DATE JAN 6, 2025 – MEDICAL OFFICE ASSISTANT
- RANDIE TESTAWICH - START DATE JAN 6, 2025 – MENTAL HEALTH COMMUNITY OUTREACH & PREVENTION WORKER
- TYLER WATSON - START DATE JAN 13, 2025 - BUILDING MAINTENANCE WORKER



ASKI RECLAMATION CAREER OPPORTUNITIES

- OPERATIONS MANAGER
- SENIOR PROJECT MANAGEMENT LEAD
- PROJECT ADMINISTRATOR
- GIS TECHNICIAN



Professional Development Skills Week – Virtual Delivery

Financial Accounting Basics

March 5 - 7, 2025



Register by February 23



Professional Development Skills Week – Virtual Delivery

Minute Taking & Meeting Planning

March 10 - 11, 2025



Register by March 1



**Info session
on January
15th at 6 PM**

Next Steps: Empowering Your Recovery Journey

Life After Treatment—Stay Connected, Stay Supported.

Coming out of treatment can be both exciting and overwhelming. This group offers a safe place to share your experiences, challenges, and victories as you rebuild your life.

Expand strategies for staying sober, avoiding triggers, and building routines that support your recovery.

Connect with others who understand what you're going through.

Build a network of support to help you face everyday challenges and reduce the risk of relapse.

Virtual group sessions begin on January 22, 2025, at 6 PM. Join us from the comfort of your home.

Register today to join our weekly support group, a 5-week journey of connection and support

**For registration email mentalhealth@saulteau.com
or call 236-364-2009**

Receive participation prizes and certification upon completion



Booking Appointments:

Health Centre Reception

Melva Sorell

Call 250-788-7266

Email melvas@saulteau.com

Locations:

Monday, Tuesday, Wednesday

SFN Health Center

1712 Civic Road, Moberly Lake

Thursday and Friday

Next door to IDA Pharmacy

5016 50th Ave, Chetwynd

Health Centre Contacts

Operations Manager

Ashely Gauthier

(ashely.gauthier@saulteau.com)

Administrative Assistant

Kayla Macdonald

(kmacdonald@saulteau.com)

Community Health Nurse

POSITION OPEN

Community Health Representative

Chelsea Gauthier

(cgauthier@saulteau.com)

Life Skills Program Facilitator

Shay Garbitt

(sgarbitt@saulteau.com)

Mental Health & Wellness Manager

Annie Kingston Miller

(akingstonmiller@saulteau.com)



Hope & Healing: A Group for Parents of Adult Children in Addiction

Parental Guidance and Support:

Connect with other parents facing similar struggles and learn ways to support your adult child while caring for yourself.



Understanding Addiction:

Learn about substance use from a parent's perspective, including setting boundaries, fostering open communication, and managing your emotions.



Who's It For?

Parents who need a space to talk, listen, and receive advice from others who understand the complexities of loving an adult child struggling with substance use.



Strengthening Family Bonds:

- Tips on maintaining a loving relationship while addressing the challenges of addiction.
- Discover how to manage feelings of fear, frustration, guilt, and hope.

Info session
on January 13
@ 6pm

You're not alone—join us for a space of understanding, hope, and healing. Virtual group sessions begin January 20, 2025, at 6pm and run weekly for 5 weeks.

For registration email mentalhealth@saulteau.com or call 236-364-2009

POSITIVE DISCIPLINE PARENTING COURSE

01.22.2025
New Beginnings House
4:30pm-6:30pm
Snack and refreshments
provided

with
Sherlane



SIGN UP TODAY!
LESTEBAN@SAULTEAU.COM

MENTAL HEALTH FIRST AID COURSE

**JANUARY 15, 2025
WEDNESDAY | 8:30 AM-4:30 PM
NEW BEGINNINGS HOUSE**

FEATURED SPEAKER: SARAH DAY

***DON'T MISS THIS OPPORTUNITY TO
LEARN FROM HER EXPERTISE!***

**TO REGISTER PLEASE EMAIL:
LESTEBAN@SAULTEAU.COM**

PARENT AND TOTS GROUP (CLOUD DOUGH MAKING)



January 28, 2025
10 - 11:30 AM
New Beginnings House

**To register, please contact
lesteban@saulteau.com
250-219-1279**

WELCOME TO THE TEAM!

TASHA LALONDE MENTAL HEALTH OUTREACH & PREVENTION WORKER

jTansi, niya siskikason Tasha Lalonde, I am a member of the Gauthier family. I am excited and honoured to be working in a frontline human service role with Saulteau First Nations as a Mental Health Outreach and Prevention Worker, where I have the opportunity to apply skills developed through certification in Indigenous Human Services and Life Skills Coaching.

In this role, I provide holistic, non-judgemental care to community members impacted by mental health challenges including problematic alcohol and substance use. Working in collaboration with other Mental Wellness staff, from a strength-based, trauma informed, and harm reduction focus, I support members through referrals, transportation, crisis support, service navigation, advocacy and program facilitation.

I value the opportunity to hear from community about ideas for future programming and supports. As a longtime resident and community member, I strive to do my best to serve my Nation. Please reach me at TLalonde@Saulteau.com or at 250-874-8408 with any requests for support or general program inquiries.



Contact info

tlalonde@saulteau.com
(250) 874-8408



Hi, I'm Lisette

I am honoured to offer free virtual counseling services to the Saulteau First Nation community as part of my practicum with Yorkville University. All sessions will be supervised by a licensed therapist to ensure the highest quality of care. I also recognize the privilege of living and working in Abbotsford, which rests on the traditional, ancestral, and unceded territories of the Stó:lō Nation, including the Matsqui, Sumas, and other Stó:lō communities.

My approach is grounded in the belief that you are the expert in your own life, and therapy is a collaborative process where we work together to achieve your goals. Whether you're healing from past trauma or focusing on building a brighter future, I'm here to support you on your journey.

Trauma Informed Counselling Services

- Healing and Growth: Provide space to process and heal from past trauma at your own pace.
- Empowerment and Focus: Collaboratively set and work toward your goals, building a positive future.
- Compassionate Support: Receive care in a non-judgmental, empathetic, and understanding environment.
- Confidential and Safe: Your privacy and trust are a priority in every session.

Availability Starting January:

Monday - Thursday
Mornings and Evenings
Book your free virtual session today!

Experience In:
Solution Focused Brief Therapy
Person-Centered Therapy
Trauma-focused Therapy

Please contact mentalhealth@saulteau.com or call 236-364-2009



Equine Therapy

with Peace Equine Connection

Discover the transformative power of horses with our Equine Assisted Learning program! This program uses horses to foster personal growth, self-awareness, and emotional healing. Key benefits include developing self-confidence, enhancing communication skills, managing emotions, improving leadership and teamwork abilities, and promoting mindfulness through the calming presence of horses.

Join us to unlock the unique potential of equine assisted learning and experience profound personal growth.

Youth

Ages 8-18

Mondays 5-8pm

- January 6th
- January 13th
- January 20th
- January 27th
- February 3rd
- February 10th
- February 17th

Adult

Ages 19+

Saturdays 5-8pm

- January 11th
- January 18th
- January 25th
- February 1st
- February 8th
- February 15th
- February 22nd

*Ride assistance available
on Mondays*

Register with Bonnie at

peaceequineconnection@gmail.com



Saulteau
FIRST NATIONS

For individuals who are uncomfortable with riding, or are over the 250lb weight restriction, we offer many beneficial ground activities that provide the full benefits of the Equine Assisted Learning program

YOUTH CO-ED

sliding day

WHEN: JANUARY 24TH, 2025

TIME: 3:30-6:30

WHERE: NEW BEGINNING HOUSE



Snacks and refreshments, as well as rides, will be provided. Please dress warmly.

Please contact Shay at 250-874-7441 for sign-up. For ages 9 and up, those under 9 must be accompanied by an adult.

JOIN US FOR COMMUNITY ENGAGEMENT

Craft Making With Della

JANUARY 27, 2024

10 AM - 11:30 AM

ADULTS & SENIORS ARE WELCOME

NEW BEGINNINGS HOUSE

SNACKS AND REFRESHMENTS AVAILABLE

PLEASE CONTACT:

LESTEBAN@SAULTEAU.COM

250 219 1279

PARENT & TOTS

FINGER PAINTING

January 14, 2025

10-11:30 AM

New Beginnings House

To register, please contact:

lesteban@saulteau.com / 250-219-1279

Baby Welcoming 2024!

We are gathering information on all babies
born in 2024 to start preparation for SFN
Baby Welcoming!

The following information is requested:

First and last name of newborn

Birthdate

Gender

First and last name of parents

A photo of baby!

Where you are currently living

Phone number that you can be reached at.

Deadline for submission: January 30, 2025

Please email information to:

cgauthier@saulteau.com

1 (250) 788-7262

CO-ED YOUTH GROUP NATIONAL HOT CHOCOLATE DAY

31

JANUARY

3:30PM-6:30PM
NEW BEGINNINGS HOUSE

AGES 9 AND ABOVE
CHILDREN UNDER 9 MUST BE
ACCOMPANIED BY AN ADULT

SNACKS AND REFRESHMENTS
WILL BE PROVIDED

TO REGISTER, CONTACT:
SHAY-SGARBITT@SAULTEAU.COM
LOVELY-LESTEBAN@SAULTEAU.COM

FSJ CANCER SOCIETY INFORMATION SESSION

When: January 15, 2025
Where: New Beginnings House
Time: 6:30-7:30

Please Contact us to sign up
Shay (250)- 874-7441
Lovely -lesteban@saulteau.com
250-219-1279

JOIN US FOR COMMUNITY ENGAGEMENT

BOOK READING WITH DELLA

January 20, 2024 @10-11:30 am
New Beginnings House

Adults & seniors welcome to join
Snacks & Refreshments Provided



To register, please email:
lesteban@saulteau.com
250-219-1279

PARENT AND TOTS

EGG CARTON ACTIVITY



JANUARY 21, 2025
10 - 11:30 AM
NEW BEGINNINGS HOUSE

TO REGISTER, PLEASE
CONTACT:

lesteban@saulteau.com
250-219-1279



ELDERS & QUILTING & SEWING CLUB

Elders Fundraising
Join us in quilting and sewing together to sell for Elders Trip Fundraising.

All sewing machines, fabric and supplies provided.

JANUARY 14TH, 15TH, 16TH 2025

JANUARY 28TH, 29TH 2025

FEBRUARY 4TH, 5TH 2025

9:00AM - 3:00PM

NEW CULTURAL CENTER ELDERS LOUNGE ROOM

Snacks & Refreshments Provided.

CONTACT:
250-788-72620
cgauthier@sautteau.com



Join Us in Making Ribbon Skirts

Join us for a 3 day workshop of making ribbon skirts.

Limit of 6 people per class available.

All material, machines and supplies available.

Lunch Provided.

Classes will be held on the following dates:

Class 1:

- January 9, 2025 - 5:00pm - 8:00pm
- January 10, 2025 - 9:00am - 3:00pm
- January 11, 2025 - 9:00am - 4:00pm

Class 2:

- January 23, 2025 - 5:00pm - 8:00pm
- January 24, 2025 - 9:00am - 3:00pm
- January 25, 2025 - 9:00am - 4:00pm



To Sign up Please Contact:
cgauthier@sautteau.com
(250) 788-7262



Tansi & Happy New Year!

We at the Lands Department hope each and everyone of you had a restful, stress-free & exciting holiday season, full of laughter and cheer!



We are in the midst of planning a few engagement sessions with membership in the Spring & continuing the development of our ongoing projects within the Nation. We hope to have new developments for you in the February Newsletter Submission. This month, we will be working on the development of our new fiscal year budgets with Finance, our Annual Workplan and updating our Annual Reports for the upcoming fiscal year audit. We have been busy planning agriculture meetings, discussing food security and sovereignty initiatives, watershed protection, community trail network planning and sign development for various trails on reserve. Your input and participation is always appreciated in our various programs & projects and will be welcome in the upcoming months, stay tuned for more information.



K'ómoks First Nation Appoints Dr. Marion Buller as First Justice of the Peace – A Historic Milestone in First Nation Land Governance

K'ómoks, BC – December 4, 2024/KFN/LAB/RC – K'ómoks First Nation has announced the appointment of Dr. Marion Buller as the Nation's first Justice of the Peace. This groundbreaking achievement is historic, as K'ómoks is the first land code First Nation in Canada to appoint a Justice of the Peace. The appointment is a powerful expression of self-determination and a cornerstone in K'ómoks First Nation's justice process, which prioritizes cultural appropriateness, accessibility and community safety.

The K'ómoks Justice Process was created out of necessity to fill the gaps in federal and provincial enforcement support. K'ómoks First Nation is surrounded by a large urban centre, made up of the various communities of the Comox Valley. Despite this proximity, K'ómoks does not have access to the same level of enforcement support as its municipal neighbors. RCMP services are bound by the scope of the RCMP Act, which protects the laws of Canada, the provinces, and municipalities with contracts for policing. However, the RCMP Act does not acknowledge First Nations laws. This gap leaves First Nation communities vulnerable, as criminal activity can seek refuge on reserve lands. (Continued on next page...)

Lands Department Staff

Lands Manager – Mary Doyle
(mdoyle@saulteau.com)

Lands Use Planner – Jenine Campbell-Cove
(jcampbell-cove@saulteau.com)

Lands Officer – Brooke Walker
(bwalker@saulteau.com)

Lands Executive Assistant – Crystal Lalonde
(clalonde@saulteau.com)

How to Stay Informed About Lands

Follow us on facebook!

www.facebook.com/groups/sfnlands/

Check out our webpage:

<https://www.saulteau.com/departments-and-services/lands/>

ATTENTION MEMBERS

LOOKING FOR MORE LANDS INFO?

There is important Information in the Members-Only Portal of the SFN Website.
www.saulteau.com

If you accessed the old SFN website, then you can access the new one with your previous login name & password.

If you are new to accessing the website, click the "Register" button and fill in the information.

Need assistance?
Email:
communications@saulteau.com

To protect their people and lands, K'ómoks First Nation has taken the lead in bridging this enforcement gap, ensuring accessibility to justice, and aligning traditional practices like restorative justice and healing with the Canadian legal system. While current barriers to support by the Canadian legal system and policing bodies can make enforcing First Nation laws difficult, the K'ómoks First Nation Justice Process is implementing an innovative solution that can serve as a model for other First Nations across Canada who are strengthening their enforcement systems...



Press Conference News Articles:

Financial Post: *K'ómoks First Nation Appoints Dr. Marion Buller as First Justice of the Peace – A Historic Milestone in First Nation Land Governance*

Chek News: *'Historic milestone': K'ómoks First Nation appoints first-ever justice of the peace*

Comox Valley Record: *K'ómoks First Nation appoints Justice of the Peace, as part of new justice process*

Raven Country News: *K'ómoks First Nation Appoints Dr. Marion Buller As First Justice Of The Peace*

Radio Interviews:

CBC Listen : *K'ómoks First Nation appoints Marion Buller as Justice of the Peace*



New Memorandum of Understanding Leads to More Support for Communities to Manage Their Own Lands

May 1, 2024 — Ottawa, unceded traditional Algonquin territory, Ontario — Lands Advisory Board and Indigenous Services Canada.



Today, Chief Robert Louie, Chairman of the Lands Advisory Board (LAB), Austin Bear, Chair of the First Nations Land Management Resource Centre, and the Honourable Patty Hajdu, Minister of Indigenous Services, signed a Memorandum of Understanding securing further funding for First Nations land management. With this new five-year funding agreement, part of the \$187 million of funding over five years and over \$34 million ongoing provided in Budget 2023, the LAB and the First Nations Land Management Resource Centre will support First Nations in governing their lands and creating economic and social opportunities for their communities. Communities with operational land codes will receive an increase in funding to govern their lands—up to 21% for most First Nations. Funding to support communities seeking to also opt out of the relevant sections of the Indian Act and develop their own land codes will be increased by 50%. In addition, up to 50 more First Nations will be supported to become signatories to this historic agreement over the next five years. ...

Land Code and Trespassing Laws

A Lower Nicola Indian Band Story

Jenine Cambell-Cove



A Land Code is a document the community creates to replace the land management parts of the Indian Act. It outlines the basic laws for managing reserve lands and resources on reserve.

Once a signatory to the Framework Agreement on First Nation Land Management, a First Nation can create a Land Code that outlines how the community will work together to develop laws and policies for governing and managing their reserve lands and resources.

What Happened

Lower Nicola Indian Band members voted and approved the LNIB Land Code in August 2016 and the Land Code came into effect on December 1, 2016. LNIB's land code establishes offences that may be prosecuted in accordance with summary conviction procedures under the Criminal Code and authorizes courts to enforce them

September 20th, 2022 - because of their Land Code the Lower Nicola Indian Band were able to create a trespassing law within it. Then they passed a BCR (Band Council Resolution) "prohibiting people from using RVs as a residence on LNIB lands. Unless the person receives authorization from the Lands Dept. Manager" as a bylaw under their trespassing law.

Despite the laws created, a couple of non-members decided to take up residence in their RV unlawfully on LNIB reserve lands and their residency is believed to have started since at least October 5th, 2023. The individuals refused to leave, Crown prosecutors and police refused to assist. As a result, LNIB brought an application to privately prosecute them in BC provincial court.

The Honorable Judge R.D Phillips of the Provincial Court held LNIB to proceed with its prosecution on the basis that its land code created enforceable laws and he ordered a peace officer to serve documents on the accused, forcing them to attend court to answer the charges.

“The Framework Agreement and Land Code have the force of Law”

- Honorable Judge RD Phillips

Why it's important

The Crown has a long track record of denying the existence and legitimacy of Indigenous Peoples' laws, including by refusing to enforce them.

Over one hundred First Nations are revitalizing and implementing their laws on reserve pursuant to their land codes, but the Crown is not enforcing them when they are violated. This poses a serious barrier to First Nations meaningfully exercising jurisdiction over their lands because it creates a situation where Indigenous governments are passing laws Crown governments will not enforce. It also perpetuates the lie that Indigenous laws are somehow less legitimate than those enacted by other governments.

The Provincial Court's decision in Lower Nicola Indian Band marks an advance in the building body of case law supporting First Nations' ability to govern their reserve lands pursuant to their laws by confirming they can enforce their land code laws in court.



ATTENTION



IMPORTANT INFORMATION

Recently, Peace River Regional District reached out to Saulneau Lands Department to change road names on-reserve with the emergency provincial database for 9-11 civic addresses. We had multiple postings including surveys and door-to-door discussions. **As voted, we now have: *Elmer Lane*, *Saddleblanket Road* and *Moose Hide Road*.**

Below is a map of the new road names in Muskoti Subdivision (historically know as “Flats”).

Note: If you have an emergency, please tell 9-11 services BOTH your Civic Number & your Road Name!!



Questions can go to
mdoyle@saulneau.com or
bwalker@saulneau.com

MEMBER SERVICES



WELCOME TO THE TEAM!



LAURELLE WATSON DIRECTOR OF PROGRAMS AND SERVICES



Tansi! My name is Laurelle Watson, and I have recently been hired with Saulteau as the Programs and Services Director. I have been with my husband, Jonathan Watson for over 30 years and we have three children and three beautiful grandchildren. The departments that are under my umbrella are the Daycare, Education and Post Secondary, Member Services, and the newly established Culture and Recreation Department.

I made the decision to return to Saulteau once I realized how much the organization has grown in the last few years, and I really wanted to be involved in the great things that are coming for the Nation.

I value community involvement and membership input and believe that with love, kindness and understanding we can overcome anything and break down any barrier that is put in front of us. I look forward to working with everyone on the upcoming strategic plan and can't wait to hear everyone's ideas and visions for their future.

Contact info

lwatson@saulteau.com
(250) 788-3955
EXT: #1011

If you have any questions or concerns regarding my position or departments, please reach out to me!



Member Services Staff

Manager – Tonia Richter
(trichter@saulteau.com)

Patient Travel Administrator
Barb Loberg
(bloberg@saulteau.com)

Band Social Development Worker – POSITION OPEN

Indigenous Registry & Membership Administrator
Norma Gauthier
(ngauthier@saulteau.com)

NEED TO UPDATE YOUR INFORMATION?
CONTACT NORMA
NGAUTHIER@SAULT
EAU.COM

CONTROL OF DOGS



Dogs have been roaming the community causing many problems. If you cannot keep your dogs contained in your yard, further measures will be taken. The safety of the children, people and other animals is important. Please, be respectful and responsible with your dogs!!

HAPPY NEW YEAR

2025

pê-pîkiskwêw



ALL COMMUNITY MEMBERS ARE WELCOME TO COME AND ENJOY A COFFEE, DONUT AND HAVE A VISIT WITH MEMBERSHIP SERVICES EVERY THURSDAY AT 8:30AM
LOCATION: BAND HALL

WE STRIVE TO WORK WITH ALL COMMUNITY MEMBERS TO DELIVER A SERVICE THAT LIVES UP TO THE NAME OF THE DEPARTMENT MEMBER SERVICES WITH EMPATHY, HUMILITY, TRUST AND HONESTY!

KA NESOHKAMATIN
(I WILL HELP YOU!)

REMINDER

SOCIAL ASSISTANCE CLIENTS
DECLARATION WEEK:
JANUARY 6-9, 2025

SA PAYMENT DAY
JANUARY 15, 2025

JOB SEARCH ACTIVITY & NECESSARY UTILITY BILLS MUST BE SUBMITTED WITH DECLARATIONS FOR APPLICANTS REQUIRED TO DO SO

PLEASE CONTACT TONIA RICHTER
236-364-2008 or email
trichter@saulteau.com
FOR ANY QUESTIONS OR CONCERNS



2025 Income & Disability Assistance Payment Schedule

Payment Date	for the month of	Declarations Due
January 15, 2025	February 2025	January 6-9, 2025
February 19, 2025	March 2025	February 10-13, 2025
March 19, 2025	April 2025	March 10-13, 2025
April 16, 2025	May 2025	April 7-10, 2025
May 21, 2025	June 2025	May 12-15, 2025
June 25, 2025	July 2025	June 16-19, 2025
July 23, 2025	August 2025	July 14-17, 2025
August 27, 2025	September 2025	August 18-21, 2025
September 24, 2025	October 2025	September 11-14, 2025
October 22, 2023	November 2025	October 13-16, 2025
November 19, 2025	December 2025	November 10-13, 2025
December 17, 2025	January 2025	December 8-11, 2025

The above dates are aligned with the BC Ministry of Social Development and Poverty Reduction payment dates.
If required, there will be advanced notice for any changes to the dates above through newsletter or SFN social media outlets.

***Job search activity and other requests must be submitted with declarations for applicants required to do so.**

Social Assistance Clients

Rights and Responsibilities of Applicants and Recipients

Applicants have the right to:

- Apply if they believe they are in need
- Have their information treated as personal and confidential
- Receive prompt, courteous and efficient service
- Receive all the assistance and benefits they are entitled to
- Appeal decisions concerning an application or provision of benefits

Applicants have the responsibility to:

- Disclose all information required to determine eligibility for assistance
- (if employable) Seek work/be available for work at all times and participate in employability programs and training
- Use all available resources and income to support themselves as a preferred alternative to social assistance
- Inform BSDW of changes in circumstance that may reflect eligibility

All new applicants and continuing recipients of Income Assistance are to search for, accept and continue seeking employment at all times. All clients are required to complete or demonstrate they have completed a satisfactory work search lasting three weeks. However, applicants who meet a certain criteria may be temporarily exempt from this requirement.

If you are a client and want to find out what criteria you fall under, please reach out to your BSDW (Band Social Development Worker) via phone or email to see if this applies to you.

Some examples of reasonable work search activities include but are not limited to:

- Preparing a resume.
- Searching for job openings.

- Telephone, email or face to face inquires with potential employers.
- Submitting applications or resumes for jobs.
- Responding to advertisements.
- Employment interviews.
- Accessing Employment Services such as meeting with the Nation's Employment & Training Officer or Work BC.
- Attending job search sessions or job fairs.
- Pursuing job shadowing opportunities and volunteering.
- Attending workshops on employment search.

Monthly Renewal Declaration

Reporting Requirements for recipients of income assistance, disability assistance and hardship assistance are required to report all or and any employment income or other money received and any changes in their circumstances in addition to requesting further assistance each month.

Changes that **MUST** be reported by Recipients of income assistance, disability assistance and hardship assistance are required to report changes in their circumstances such as:

- address
- shelter/utility costs
- number of dependents
- changes in employability status
- whether they are attending school
- and any changes in assets

Monthly Declarations can be completed by phone, email or in person to the BSDW.

Note: Work search must be submitted with monthly declarations for applicants required to do so in order to continue eligibility.

For any inquires related to Social Assistance please contact

**Tonia Richter Band Social Development Worker
trichter@saulteau.com SFN Office.250-788-3955**

D.236-364-2008 Office Hours Monday -Thursday

We strive to work with all community members to deliver a SERVICE that lives up to the name of the department
MEMBER SERVICES with EMPATHY, HUMILITY, TRUST and HONESTY!
Ka mesohkamatin (I will help you!)





Have you ever been impacted by wildfires, or wildfire smoke? We would like to learn about your personal experiences

Exposure to wildfire smoke is associated with increased hospitalization and breathing, heart and mental health issues. Knowing more about how people living in Northeastern British Columbia experience wildfires will help co-develop future research objectives about the effects of increase wildfires frequency and intensity in this region.



This project aims to better understand peoples' experiences of wildfires. To achieve this, we are organizing focus groups during which we will ask questions about your experiences of wildfires. Food and beverages will be served. This focus group will be audio-recorded and a note-taker will be present. However, your responses will remain confidential, and no names will be included in the final report. Participants will receive a \$150 compensation.

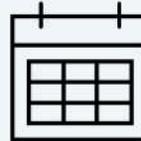


Focus group meeting

When: May 28th 2025, 2-5PM

Where: to be announced soon!

Limited space so please register at TREP with Sandra Alexander in person, by phone (250-788-7290) or by email (salexander@saulteau.com)



Questions or comments?

Feel free to contact:

Elyse Caron-Beaudoin, Researcher
(elyse.caronbeaudoin@utoronto.ca)

Partners

SSHRC CRSH
Social Sciences and Humanities Research Council
Conseil de recherches en sciences humaines



TREP Contacts

TREP Manager

Naomi Owens-Beek
(nowens-beek@saulteau.com)

TREP Assistant Manager

Teena Demeulemeester
(tdemeulemeester@saulteau.com)

Executive Assistant

Sandra Alexander
(salexander@saulteau.com)

Referral Technician - Oil & Gas

Fernie Garbitt
(fgarbitt@saulteau.com)

Referral Technician - Mining & Natural Resources

Lisa Hardy
(lhardy@saulteau.com)

Natural Resource Sector Aboriginal Liaison

Tom Aird
(tom.aird@saulteau.com)

Lands and Resources Planner

Ryan McKay
(ryan.mckay@saulteau.com)

Guardian Program Supervisor

Jessica Eastman
(jeastman@saulteau.com)

We Are
HIRING!

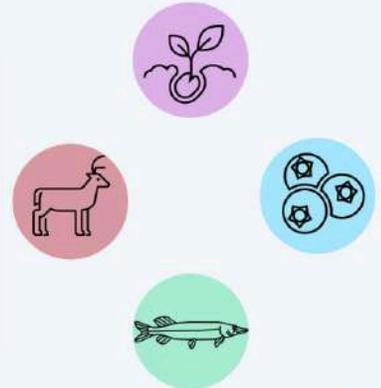
CARIBOU GUARDIANS X2

CONTACT JEASTMAN@SAULTEAU.COM FOR MORE
INFO OR APPLY NOW AT
SAULTEAU.COM/EMPLOYMENT

Kihcinahowin kîspin piscipowin astîk kimîcowinân

Tracking contaminants in traditional foods

Previous studies in the region suggest higher exposure to metals compared to the general population. Sources of these metals may include traditional foods which can be contaminated by surrounding industrial activity. With community members, we will collect traditional food samples to measure several metals in these samples. We will also use techniques to identify the possible sources of metals in traditional foods.



This project was designed to monitor contaminants in traditional foods, while contributing to building local research capacity.

Info session: May 17, 2025. Time and location will be announced soon!

A traditional food sampling training program for interested community members will be available. Community members collecting samples will be financially compensated.

Results will be presented during public meetings. Community members will be invited to participate in the creation of communications around the consumption of traditional foods and establish future research priorities.



Questions or comments? Feel free to contact:

Elyse Caron-Beaudoin, Researcher
(elyse.caronbeaudoin@utoronto.ca)

Julian Napoleon, Researcher
(jsnapoleon@protonmail.com/250-788-5430)

Partners



UNIVERSITY OF
TORONTO

Connaught Fund



Moose Winter Tick

BC WILDLIFE HEALTH PROGRAM—WINTER TICK SURVEILLANCE

5 CATEGORIES FOR AMOUNT OF HAIR LOSS—have you seen this?



1. NO LOSS
to hair coat

2. MILD
5% - 20% loss or
damage to hair coat
(neck and shoulders)



3. MODERATE
20% - 40% loss or
damage to hair coat

4. SEVERE
40% - 80% loss or
damage to hair coat

5. GHOST MOOSE
>80% loss or damage to
hair coat



Survey period January 1 to April 30

For more information, please contact us at FLNRMooseTickSurvey@gov.bc.ca



BRITISH COLUMBIA

Ministry of Forests, Lands,
Natural Resource Operations
and Rural Development

BC WILDLIFE HEALTH PROGRAM

MOOSE WINTER

TICK SURVEY (FS1436)

Please return this form via email to FLNRMooseTickSurvey@gov.bc.ca

The BC Wildlife Health Program is asking for observations of moose winter tick. All observations of moose should be recorded using this form for consistent data collection. This observation record is important to Ministry Wildlife staff as it will allow us to develop an index of moose tick infestations over time. Your assistance is greatly appreciated.

SECTION 1: PLEASE FILL IN ALL INFORMATION ON MOOSE OBSERVATION

DATE: YYYY/MM/DD TIME NEAREST CITY OR LANDMARK

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LOCATION OF OBSERVATION: (PLEASE BE AS SPECIFIC AS POSSIBLE; I.E. COORDINATES, FOREST SERVICE ROAD KM MARKERS, INTERSECTIONS OF ROADS, ETC.)

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SEX AGE CLASS BODY CONDITION

<input type="radio"/> MALE	<input type="radio"/> FEMALE	<input type="radio"/> UNKNOWN	<input type="radio"/> CALF	<input type="radio"/> ADULT	<input type="radio"/> POOR	<input type="radio"/> MODERATE	<input type="radio"/> GOOD	<input type="radio"/> EXCELLENT
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SECTION 2: CHECK THE BOX BELOW TO DESCRIBE THE AMOUNT OF HAIR LOSS (FOR CARCASSES - SEE SECTION 3)

IF BOTH SIDES ARE VIEWED, THE MORE SEVERELY INFESTED SIDE SHOULD BE RECORDED



NO LOSS: Normal haircoat. No obvious indications of tick infestation.



SLIGHT LOSS: Few small patches of hair loss. Tick infestation affecting 5-25% of winter hair (lost or broken at or near skin level).



MODERATE: Large patches of hair loss. Tick infestation affecting 25-40% of winter hair.



SEVERE: Significant hair loss on shoulders and hind quarters. Tick infestation affecting 40-80% of winter hair.



GHOST: Hair loss over most of body (except head). Tick infestation affecting over 80% of winter hair.

SECTION 3: FOR CARCASSES ONLY: CHECK APPROPRIATE BOX TO DESCRIBE TICK ABUNDANCE

- Light tick abundance (<100 swollen ticks on head and neck)
- Moderate tick abundance (100-1000 swollen ticks on head, neck, shoulders)
- Heavy tick abundance (1000+ swollen ticks everywhere)

BC WILDLIFE HEALTH PROGRAM MOOSE WINTER TICK SURVEY

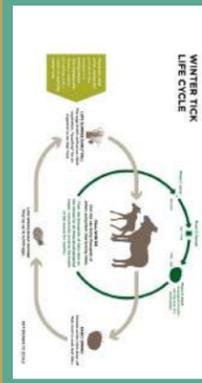
JAN 1 - APRIL 30

Moose winter tick: Developing a monitoring plan to support management discussions



The Winter Tick

Dermacentor albipictus is a species of tick that is commonly found in North America. These ticks are ectoparasites, meaning they feed on the blood of their hosts, which are typically large mammals such as moose. The winter tick gets its name from its peak activity during the colder months. The winter tick only has a single host during its life cycle, spending all three stages (larva, nymph, and adult) on the same animal. This can make them particularly harmful to their hosts as they can cause anemia and other health issues due to the large number of ticks feeding on them.



Avianitable host
Unlike deer, elk, and caribou, which scientists believe have evolved with tick populations and can more effectively deal with them, moose are a newer, less-adapted host. Tick larvae questing season coincides with the moose mating season when they are most actively moving around, increasing exposure.



Is there anything we can do?
Sealing a ghost moose is disturbing and often evokes a desire to help. Options to manage on a large scale are very limited. Other jurisdictions have thought on the following methods of management:

- ingested and topical Ivermectin
- tick collars
- fire
- reduced moose density
- bio-control (entomopathogenic fungi, guineas, opossums)

What are your ideas?

Building a (predictive?) Monitoring Plan

Elements:

- Community surveillance
- Composition flights (mid-winter & spring)
- Fall larvae abundance sampling
- Weather modeling



April 2024 exploratory moose composition/tick monitoring flights

Methods

Helicopter surveys that highgraded for moose habitat and observability (e.g. dog zones and warm aspect slopes) were conducted April 4-5 and April 10-11 in the South and North Peace regions.

Moose were sexed (using antler scars) and aged (adult vs calf) and categorized on amount of hair loss.



15 calves per 100 cows
66% of moose had severe hair or worse

Figure 2: Observed hair loss during April 2024 surveys

Acknowledgements

Inge-Jean Hansen, Wildlife Specialist, WLRS technical advice and support from Mike Bridger (WLRS), Shawn Harding (Dog River First Nation) and Morine Goodbun (Dog River First Nation). This was a collaborative project with the Treaty 8 Wildlife Working Group, who provided support in principal for increasing winter tick monitoring and funded the April 2024 winter tick flights.



<https://www2.gov.bc.ca/gov/content/environment/plants-animals-ecosystems/wildlife/wildlife-conservation/wildlife-health/moose-health/moose-winter-tick-survey>

Related links

[Complete the online form](#)

A PDF version of the moose tick survey is available to download. Please submit PDF forms to FLNRMooseTickSurvey@gov.bc.ca

- [Moose Winter Tick Survey Form \(PDF\)](#)
- [Read the latest winter tick report \(PDF\)](#)
- [Review the Province's Moose Management Plan \(PDF\)](#)

For further information email FLNRMooseTickSurvey@gov.bc.ca

Contact information

Call RAPP at **1 877 952-7277** for injured or distressed wildlife or wildlife interactions where public safety may be at risk.

For all wildlife health inquiries or reports, contact BC Wildlife Health.

Office
[250 751-3219](tel:250-751-3219)

Office
[250 751-3234](tel:250-751-3234)

Email
Caeley.Thacker@gov.bc.ca