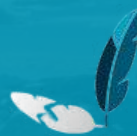


MAY 2025

otâcimow



Official Newsletter of Saulteau First Nations

Saulteau First Nations Youth Leader Ethan Cameron Amplifies Urban Indigenous Voices at United Nations Forum

Ethan Cameron, a proud member of the Saulteau First Nations, recently represented Canada's urban Indigenous youth at the 24th United Nations Permanent Forum on Indigenous Issues (UNPFII) held in New York City from April 21 to May 2, 2025. As part of the National Association of Friendship Centres (NAFC) youth delegation, Cameron, the Regional Representative for British Columbia on the National Indigenous Youth Council (IYC), brought critical attention to the challenges and aspirations of Indigenous youth living in urban environments.

The UNPFII, the UN's primary body addressing Indigenous rights, focused this year on "Implementing the United Nations Declaration on the Rights of Indigenous Peoples within United Nations Member States and the United Nations system, including identifying good practices and addressing challenges". The Youth Delegation emphasized the importance of including urban Indigenous perspectives in global conversations, highlighting the unique experiences of youth navigating identity, cultural connection, and systemic barriers in city settings.



Photos provided by Ethan Cameron via Facebook

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CHIEF & COUNCIL UPDATE



GOOD DAY, SAULTEAU CITIZENS AND COMMUNITY MEMBERS!

Spring has arrived and it's that time of year for our annual community clean up. Big shout out to all those who participated in picking up garbage and making our community look fabulous. With the snow melted and the grass growing we are eager to get outside and enjoy the fun in the sun. The first week of April was spent in Vancouver meeting with Ministers to discuss various topics of importance. Then the second week of April was an adventure across the country to Ottawa to learn about how the Robinson Huron Treaty navigated their annuities claim. It was a 2-day workshop that gave insight on how they won their case and how they continue to pursue the claim further. Rolling into the middle of the month we stayed in office and delt with in house responsibilities.

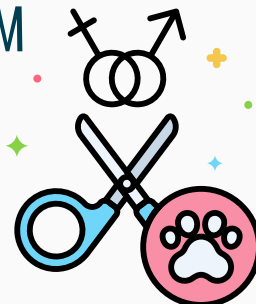
The last week of April two of the leadership members traveled to Toronto to attend the First Nations Major Projects Coalition. The coalition has been created so First Nations can support one another through economic developments. The more we collaborate with each other the better we can unite to support the economy with a First Nations perspective. The month of May we have our upcoming Band General. Our SFN communications department has sent an email out to all citizens to collect feedback. Please fill out the short 3 questioned survey to better support your leadership team so we can prepare for our meeting. We look forward to this spring season and all the babies that our beautiful wildlife brings each year.

We are also now entering into fire season and with that comes great responsibility. We have had our first experience with wildfire in the Moberly community, we were lucky it didn't burn anything down but it's a good reminder to keep in mind fire safety protocols. Enjoy your Month of May and stay safe.

Mussi
Chief & Council

SFN PET SPAY/NEUTER PROGRAM

Did you know that Saulteau has a FREE Pet Spay/Neuter program for on-reserve Members? That's right! You can get your furry friend a vet appointment by contacting Niki Ghostkeeper
nghostkeeper@saulteau.com.



Council Contacts

Rudy Paquette
Desjarlais Family - Chief
rpaquette@saulteau.com

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Donovan Cameron
Courtoreille Family Councilor
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Niki Ghostkeeper
Council Executive
nghostkeeper@saulteau.com

Tristan Robertson
Council Assistant
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Nathan Paquette
Executive Director
npaquette@saulteau.com

Norma Gauthier
Indigenous Registry & Membership
ngauthier@saulteau.com



COMMUNITY MEETING

ELDERS' MEETING



TUESDAY, JUNE 3RD, 2025

9:00AM - 12:00PM

ELDERS LOUNGE - SFN CULTURAL CENTRE
LUNCH SERVED AT 12:00



COMMUNITY MEETING

TUESDAY, JUNE 3RD, 2025

5:00PM - 8:00PM

SFN CULTURAL CENTRE GYM & ONLINE
DINNER SERVED AT 5:30

Come out to meet representatives of the
Mistahiya Development Corporation!

COMMUNITY MEETING ALSO AVAILABLE VIA ZOOM



Visit Us
mistahiyacorp.com

Contact Us

dcameron@saulteau.com





Saulteau First Nations

CULTURE CAMP

AUGUST 10TH - 14TH - CARBON LAKE



MONTANA & BROGAN
PRACTICING THEIR ARCHERY SKILLS



DENE & STARR
DRUM MAKING



YUMMY BANNOCK



YVONNE, NAOMIE & MONICA
HIDE SCRAPING



COME OUT AND JOIN US FOR THIS
YEAR'S CULTURE CAMP!!

ENJOY LEARNING ABOUT NATURE,
TEACHINGS FROM OUR ELDERS,
HUNTING, HIKES, CRAFTS, CAMPFIRE
STORIES, AND CHATS ABOUT TREATY 8
TERRITORY

MUST SUPPLY YOUR OWN:
UTENSILS, PLATES, CUPS, AND WATER BOTTLES

IF YOU HAVE ANY QUESTIONS OR CONCERNS PLEASE EMAIL
CARLEE AT CWESTGATE@SAULTEAU.COM



CULTURE CAMP COOK

Are you interested in cooking for this year's Culture Camp? Please send a brief description to cwestgate@saulteau.com of why you would be interested and what you would be cooking!

August 10th - 14th - Carbon Lake



Valid Food Safe



Provide your own team



Provide your own transportation

Cooking Details

Each meal will be for 30-50 people

4 - Breakfasts

5 - Lunches

4 - Dinners

Deadline June 10th at 9:00 am



Saulteau
FIRST NATIONS



The Garbage Bins for SFN Residential Community Members Will Be Here for a Limited Time!!!

Regular Yard Garbage - Bigger Bin
Metal Items – Smaller Bin

Bin Locations:

- Behind Main Band Office
- Onion Ring Sub. Phase 2
- Napoleon/Riverside Sub.

If Bin is Full, please use
another Location



Please Note:

All Bins will be Here
May 1st – 20th, 2025

(after June 1st, there should be free dumping at the

Department Contacts

Manager Assets Capital Projects

Shane Reynolds
(sreynolds@saulteau.com)

Asset & Capital Project Administrator

Falon Gauthier
(fgauthier@saulteau.com)

Housing Operations Manager

Cindy O'Brien
(cindy@saulteau.com)

Tenant Relations Supervisor

Marci Doonan
(mdoonan@saulteau.com)

Public Works & Facilities Manager

Ronda Lalonde-Auger
(rlalonde@saulteau.com)

HAPPY
SPRING

SFN GARBAGE PICK UP SCHEDULE

BEN FUCHS SFN GARBAGE HAULING SERVICES SAULTEAU FIRST NATIONS RESERVE IR #169

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<ul style="list-style-type: none"> - Hwy. 29 - Riverside Sub. - South Moberly - Lakeview Subs. - <u>SFN</u> Buildings - Triplexes 	<ul style="list-style-type: none"> - Muskotj Sub - Onion Ring Sub Phase 1 & 2 - Office & Comm. Bldgs - Boucher Lake Rd. - Triplexes 	No Service	<ul style="list-style-type: none"> - Hwy. 29 - Riverside Sub. - South Moberly - Lakeview Subs. - <u>SFN</u> Buildings - Triplexes 	<ul style="list-style-type: none"> - Muskotj Sub - Onion Ring Sub Phase 1 & 2 - Office & Comm. Bldgs - Boucher Lake Rd. - Triplexes 	No Service	No Service

PLEASE NOTE:

- SOME AREAS MAY HAVE PICK UP DATES ON THURSDAYS – THIS USUALLY AFFECTS THE ONION RING SUBDIVISIONS, OFFICE BLDGS.
- HOLIDAYS MAY AFFECT PICK UP DAYS

CULTURE, HERITAGE, & RECREATION



SFN Dance Group

**YOUR
DONATION
MAKES A
DIFFERENCE!**



WHAT YOU CAN DONATE:

If you or your kids have outgrown your Pow Wow Regalia, and would like to see them being used, you can Donate them to the SFN Dance group. We have kids that would love to Dance, but don't have people or time to make them at the moment, this would give them the opportunity to dance till they can make their own. We would so appreciate it. You would be making a difference in someone else life. All donations can be dropped off at the Cultural Centre from 8-4:30 Monday to Thursday

Thank you so much

250-401-1580

1706 Boucher Lake Rd.

tpaquette@saulteau.com

Cultural Centre Staff

Front Desk Reception

1-250-788-7370

Ethan Cameron

ecameron@saulteau.com

Manager, Culture & Heritage

Jamie Kristoffy

jkristoffy@saulteau.com

Cultural Connection Coordinator

Tylene Paquette

tpaquette@saulteau.com

Community Events Coordinator

Carlee Westgate

cwestgate@saulteau.com

Recreation Coordinator

Montana Fuller

mfuller@saulteau.com



FIRST PEOPLES' CULTURAL COUNCIL

FirstVoices Keyboards



**Text in your
Indigenous
language!**

Over 80+ keyboards available

firstvoices.com/keyboards

FirstVoices

**NEW CULTURAL CENTRE
RECEPTION PHONE LINE
IS OPEN! (250)788-7370**

Looking to contact the cultural Centre?
You can now call the front reception line
Monday-Thursday from 8:00am to 4:00pm.



COME LEARN HOW TO BUILD GARDEN BOXES!

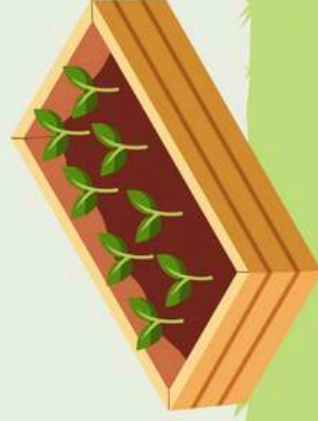
WITH  **West Fraser**

MAY 26TH & 27TH 2025

9:00 AM - 11:00 AM

**HEALTH CENTER-COMMUNITY GARDEN
SNACKS PROVIDED**

**A HUGE THANK YOU TO WEST FRASER FOR GENEROUSLY
DONATING SUPPLIES TO BUILD 20 GARDEN BOXES!**



**PLEASE NOTE: THE WORKSHOP ON THE 27TH WILL ONLY
HAPPEN IF THE GARDEN BOXES ARE NOT COMPLETED BY THE
26TH.**

**TO REGISTER, CONTACT:
LESTEBAN@SAULTEAU.COM
250-219-1279**

ATTENTION MUSICIANS!



**WOULD YOU LIKE TO BE A MUSIC
LESSON TEACHER?
MUST BE ABLE TO SUPPLY A
CLEAN VULNERABLE SECTOR
CRIMINAL RECORD CHECK**

**IF YOU ARE INTERESTED PLEASE EMAIL
MFULLER@SAULTEAU.COM OR CALL 250-788-7370**



Call 250 - 788 - 7370 or email mfuller@saulteau.com

to be added to the list for any event.

Please note dates and/or times are subject to change, thank you.

MAY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 WEIGHTROOM 8:00 – 11:00AM	3 WELLNESS WARRIOR 10:00 – 4:00PM
4 WELLNESS WARRIOR 10:00 – 4:00PM	5 MMIWG WALK & BBQ AT FIRE LAKE	6 WEIGHTROOM 6:00 – 8:30PM	7 KIDS ZONE 3:00 – 5:00PM	8 MOBERLY TRAILS HIKE 9:00 – 12:00PM	9 CHAIR YOGA 10:00 – 11:00AM WEIGHTROOM 8:00 – 11:00AM	10
11 VBALL/BBALL 6:00 – 8:00PM	12 WALKING GROUP 5:00 – 6:00PM	13 WEIGHTROOM 6:00 – 8:30PM	14 KIDS ZONE 3:00 – 5:00PM	15 PUBLIC SWIM 6:30 – 8:30PM	16 WEIGHTROOM 8:00 – 11:00AM	17
18	19	20 WEIGHTROOM 6:00 – 8:30PM	21 KIDS ZONE 3:00 – 5:00PM	22 VBALL/BBALL 6:00 – 8:00PM	23 CHAIR YOGA 10:00 – 11:00AM WEIGHTROOM 8:00 – 11:00AM	24 WELLNESS WARRIOR 10:00 – 4:00PM
25 WELLNESS WARRIOR 10:00 – 4:00PM	26 WALKING GROUP 5:00 – 6:00PM	27 WEIGHTROOM 6:00 – 8:30PM	28 KIDS ZONE 3:00 – 5:00PM	29	30 WEIGHTROOM 8:00 – 11:00AM	31 PUBLIC SWIM 10:00 – 12:00PM

PUBLIC SWIM

JOIN US FOR SWIMMING!
THURSDAY MAY 15TH 6:30-8:30PM
SATURDAY MAY 31ST 10:00 - 12:00PM

YOUTH UNDER THE AGE OF 8 NEED
TO BE ACCOMPANIED BY A
GUARDIAN.

IF YOU HAVE ANY QUESTIONS
PLEASE DONT HESITATE TO
CONTACT ME BY EMAIL
[MFULLER@SAULTEAU.COM](mailto:mfuller@saulteau.com) OR
CALL 250-788-7370

LET'S GO ON A HIKE

THURSDAY MAY 8TH AT 9:00AM
MEET AT MOBERLY HEIGHTS ROAD AT TRAIL HEAD
PARENTS MUST ACCOMPANY CHILDREN YOUNGER THAN 10



IF YOU HAVE ANY QUESTIONS PLEASE CALL 250-788-7370
OR EMAIL [MFULLER@SAULTEAU.COM](mailto:mfuller@saulteau.com)

VOLLEYBALL OR BASKETBALL

**SUNDAY MAY 11TH
THURSDAY MAY 22ND**

**6:00 - 8:00PM
SNACKS PROVIDED
AGES 12+
LOCATION: BANDHALL**



WEIGHTROOM

OPEN MONDAY - THURSDAY
8:00AM - 4:30PM

MAY AFTER HOURS
TUESDAYS 6:00 - 8:30PM
FRIDAYS 8:00 - 11:00AM

FOR WEIGHTROOM USE ONLY

LOOK FORWARD TO SEEING YOU ALL!

FOR MORE INFORMATION:
EMAIL: MFULLER@SAULTEAU.COM
PHONE: 250-788-7370 EX 1007



WALKING GROUP

**Mondays May 12th, & 26th
5:00 - 6:00PM**

**📍 CULTURE CENTER GYM OR OUTSIDE
MUSIC & WALKING
AGES 10+**

EMAIL MFULLER@SAULTEAU.COM OR
CALL 250-788-7370 IF YOU HAVE
ANY QUESTIONS



JOIN ME FOR FUN ACTIVITIES!

WEDNESDAYS MAY 7, 14, 21, 28

3:00 - 5:00PM

**CRAFTS · SPORTS
GAMES · OUTSIDE**

FOR MORE INFORMATION EMAIL
MFULLER@SAULTEAU.COM OR
CALL 250-788-7370

LOCATED IN THE BANDHALL GYM

EDUCATION

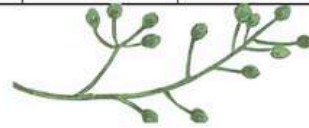


MAY 2025 sâkipakâwi-pîsim saa-gee-pug-aa-wih-pee-sim Leaf-budding moon



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Aski Field Trip 1:30 pm 1	2	3
4 NID	No School	Swimming Lessons 100-145 pm 5	Orchids and Moonlight Field Trip 6	Swimming Lessons 100-145 pm 7	8	9
11		Swimming Lessons 100-145 pm 12		Swimming Lessons 100-145 pm 13	14	15
18	Victoria Day No School	Swimming Lessons 100-145 pm 19		Swimming Lessons 100-145 pm 20	21	22
25		Swimming Lessons 100-145 pm 26		Swimming Lessons 100-145 pm 27	28	29
					30	31

Please remember to send a towel and bathing suit every Tuesday AND Thursday this month



Education Contacts

Manager, Education
Audrey Norris
(anorris@saulteau.com)

Education Supervisor
Cheri Koenig
(ckoenig@saulteau.com)

Adult Education Teacher
Brendon Conrad
(bconrad@saulteau.com)

Muskoti Principal
Cody Schlamp
(cschlamp@saulteau.com)

Muskoti Elementary
Call (250) 788-7361

Muskoti Learning Centre
Call (250) 788-7368

MUSKOTI LEARNING CENTRE EDUCATION & CAREER FAIR 2025

THANK YOU!

SPONSORS

Thank you to all of our generous sponsors for your support!

PLATINUM

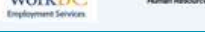
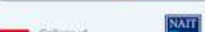


GOLD



A local business sponsor

SILVER



MLC'S CSS GR 12 STUDENT TRIP TO SOARING

THANK YOU



MUSKOTI LEARNING CENTRE

After School Homework Help

The Muskoti Learning Centre offers after school homework help for SFN school students

Register at any time!

Available hours:
Monday - Thursday
3:00pm - 4:30pm

Get in contact with us:

MLC Teacher - Brendon Conrad

In Person: Stop by the MLC classroom

Email: bconrad@saulteau.com

Phone: 250-788-7368

Saulteau First Nations' Cree-ative Childcare

New Spaces Building has opened.

We are currently taking interest in childcare spaces. These spaces will open slowly to allow for children to have the time to adjust and new clients will be scheduled for starting times. Priority will go to members of Saulteau First Nations.

Contact Mwilliams@saulteau.com to get more information

- Toddler Program—under aged 3
- Preschool Program—aged 3-5

At this time all children must be up to date or in process of getting the routine immunizations.

Cost to non-Saulteau members are part of our \$10/day program

At this time Child Care fees for Saulteau Members is covered for them.

Our location is 1709 Boucher Lake Rd, Moberly Lake, BC

250-788-3911 (phone)

Current Hours of operation—7:45-4:45 Monday to Thursday. We are closed when the band is closed.

*****Spaces are limited at this time and will increase as we hire certified staff to cover new positions.**

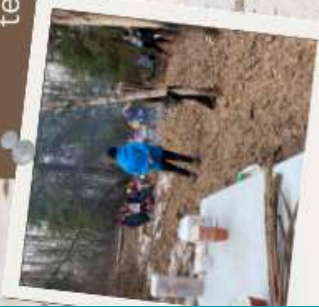
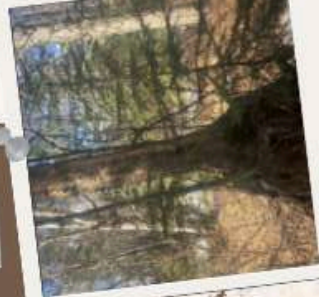
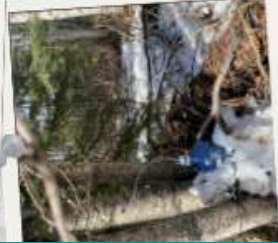
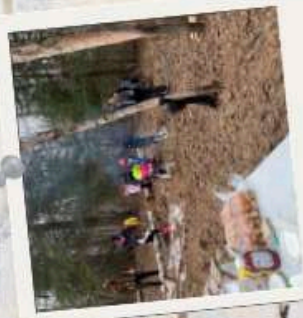
We are a fully licensed child care program under Northern Health and have operated for over 25 years.

Program focuses include Cultural teachings, Cree Language teachings and exposure, development of outdoor and land-based learning is in progress. Every Child is loved and nurtured and we believe in having the child feel like this is a second home for them.

MUSKOTI LEARNING CENTRE

BIRCH WATER HARVEST 2025

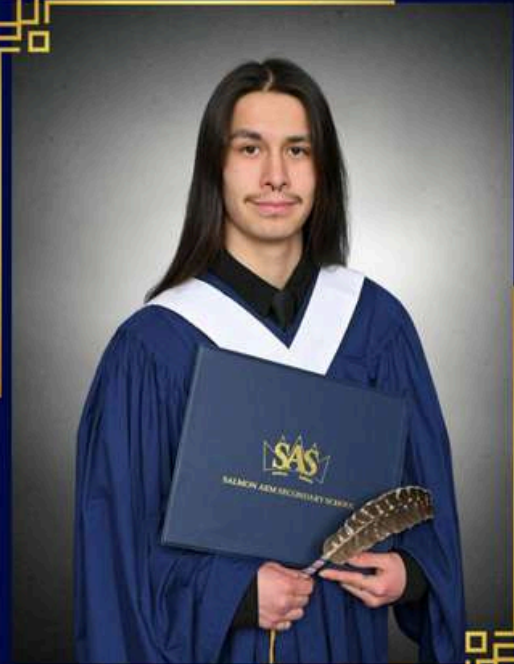
MLC had a great season harvesting birch water and sharing it with the community. Muskoti Elementary joined us to learn about birch water harvesting, try chaga tea, and eat fresh maple candy!



HAPPY Graduation

Miles Parenteau

Congratulations on your graduation!
Your hard work has paid off, and this is
just the beginning of amazing things
ahead. Keep reaching for your dreams!



MUSKOTI LEARNING CENTRE

MLC works with students to
create their own unique course
selection and work schedule

At MLC you can:

- ✓ Achieve Adult Dogwood / Dogwood Diploma Graduation
- ✓ Upgrade course grades on your highschool transcript
- ✓ Take new courses to add to your highschool transcript

Students will earn a \$1000
completion incentive for every
earned credited course!



We offer over 30 courses in Language
Arts, Mathematics, Sciences, Social
Studies, and other Electives!

If you are interested in continuing
your education you can register with
MLC at any time in the school year!

Contact Us:

Brendon Conrad - Adult Ed. Teacher

250-788-7368

bconrad@saulteau.com

Our mission is to provide a high quality
education with a healthy balance of curricular
and cultural learning opportunities in a safe
and inviting environment. We strive to prepare
all students to become responsible citizens
and lifelong learners who are ready to meet
the challenges of the future.



HORATIO ALGER BRITISH COLUMBIA VOCATIONAL & TECHNICAL EDUCATION SCHOLARSHIP PROGRAMS



OVER 100+ SCHOLARSHIPS AVAILABLE IN BRITISH
COLUMBIA - UP TO \$9000 EACH

To be eligible for the Horatio Alger British Columbia VTE Scholarships, applicants must:

- Have completed high school (or equivalency) by July 1
- Plan to attend a vocational, technical, or trades certificate or diploma program in Fall 2025 at a government or not-for-profit institution that leads to employment.
- Demonstrate financial need (\$100,000 or less annual net income per family is required)
- Be under the age of 35
- Be a Canadian Citizen or permanent resident living in British Columbia

APPLICATION IS OPEN MARCH 15 - JUNE 15

For more information, please contact us at
canadascholarships@horatioalger.ca

To learn more and apply, visit
<https://horatioalger.ca/vte-scholarships/>



Apply Today!

MAY 2025

MUSKOTI LEARNING CENTRE EVENT CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
			MLC will close @ 12pm to participate	1 SFN Community Clean up	2	3
4	5 NID MLC Closed	6 Culture Day Mini Dream Catcher	7 Birch Forest Development	8	9	10
11	12	13	14 Greenhouse/ Garden Day	15		17
18	19 Victoria Day MLC Closed	20 Culture Day Keychain	21	22	23	24
25	26	27	28	29	30	31 Last Day of May Reading Challenge

Notes:

You can register with MLC to achieve Adult Dogwood or upgrade courses at any time in the school year.

MLC offers after school homework help for students under 18. Contact us to register.

MLC has a Culture Day every 2nd Tuesday. We have a variety of cultural crafts available to anyone who would like to make a cultural craft.

For event info, please phone (250-788-7368), email bconrad@saulteau.com, or check in the classroom - dates & times may vary

MUSKOTI LEARNING CENTRE MAY ADULT READING CHALLENGE



Open to SFN members and staff

Earn an entry in the Monthly Draw for every book you read from May 1-31, 2025!

Please come in to the MLC Adult Classroom to register and learn more

☎ 250-788-7368 ✉ bconrad@saulteau.com

MUSKOTI LEARNING CENTRE



Earn an entry in the MONTHLY PRIZE DRAW for every 50 pages you read!

Please come in to the Muskoti Learning Centre Adult Classroom to register and learn more.

☎ 250-788-7368 ✉ bconrad@saulteau.com

EMPLOYMENT & TRAINING OPPORTUNITIES



SAULTEAU FIRST NATIONS AND BUNGALOW 968 PRESENT:

ESSENTIAL SKILLS WORKSHOPS

DAY 1

LEADING FROM WITHIN

Participants will develop skills in emotional intelligence, confidence and personal leadership. We deliver simple tools and strategies to help increase confidence, discover personal values and personality types. We discover what motivates participants, what their core values are and how to turn negative thoughts around. Participants reflect on how to create a morning routine and incorporate mindfulness techniques to ground and empower themselves in their everyday lives.



DAY 2

VISIONING AND GOAL SETTING

This workshop equips participants with practical tools and activities to envision their future and set achievable goals with a clear timeline. By identifying personality types and discussing life objectives, participants learn how to stay focused by breaking down goals into smaller, manageable steps using the S.M.A.R.T. technique. The workshop also emphasizes the importance of habits and mindfulness. By the end of the workshop, participants will leave with a personalized three-year plan and a step-by-step guide to achieving their goals.

DAY 3

RESUME REVIEW & INTERVIEW SKILLS

Resume Review and Interview Skills provides participants with the opportunity to develop or rework their current resume, cover letter and reference sheet, as well as exploring tools they can use to represent themselves in the best way possible during their future job searches and while on interviews.

Participants will learn how to build a strong resume and how to fill each section with the most relevant and important information. We will also discuss how to create cover letters that stand out, and more importantly, give candidates a better chance of being selected for an interview. Once resumes and cover letters have been completed, we will discuss how to apply to jobs, how to prepare for interviews and interview etiquette.

DAY 4

DRESSED FOR SUCCESS

This workshop aims to help participants gain an understanding of basic human needs, confidence and personal presentation. We cover basic hygiene and organizational skills and how they relate to preparing for an interview, covering topics such as: what to bring, what to wear and how to present yourself so you can present the most confident you. We will also discuss interview etiquette and perform mock interviews to help participants prepare and shake of any nerves.



DAY 5

BASIC NUTRITION AND MEAL PLANNING

Working with Canada's Food Guide and recommendations by Registered Holistic Nutritionist Melanie Ackerly, we discuss what makes up a healthy diet based on basic nutritional requirements to aid in maintaining a healthy body and mind. In this workshop we also discuss various dietary needs such as personal food choices like vegan and vegetarian diets, and more specific dietary requirements regarding more serious conditions such as Celiac disease and Gluten intolerance. Finally, students will create a meal plan by breaking down the steps for a weekly meal prep.

DATES: August 18 - 22
TIMES: 9:30-3:30
LOCATION: TBD

OPEN TO: Saulteau First Nations members

TO REGISTER, CONTACT:
Ginette Lapierre 250-788-7366
glapierre@saulteau.com
or
Stacy MacMillan 250-788-3955
Smacmillan@saulteau.com



Employment & Training Contacts

Employment & Training Coordinator
Ginette Lapierre (glapierre@saulteau.com)

Employment & Training Assistant
Stacy McMillan
(smcmillan@saulteau.com)

Applying for Jobs at Saulteau

All open job applications with SFN are available on our website:
saulteau.com/employenet

ARE YOU A MEMBER
BUT DON'T HAVE
SOME OF THE
QUALIFICATIONS?
WE CAN TRAIN YOU!

SFN Membership

What training or workshops would you like to see this upcoming year?

What do you need from our department to succeed in your current job, or what do you need for your dream job?



Contact Ginette or Stacy at glapierre@saulteau.com or smacmillan@saulteau.com or comment on the posting



SAULTEAU FIRST NATIONS AND BUNGALOW 968



We are
HIRING

- Medical Office Assistant
- Indigenous Social Navigator
- Traditional Wellness Coordinator

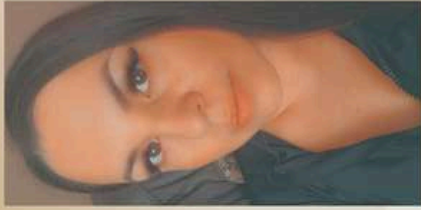
E-mail your resume
to admin@nnwc.ca



SAULTEAU EMPLOYMENT & TRAINING

SUCCESS

Trudy Garbitt



I have always had a passion for cooking since I was a little girl, I've learnt so many things about food and love seeing people enjoy every meal I cook for them. I've had the opportunity to cook at two different restaurants in Chetwynd and now catering for my nation and the different departments. I also cater for weddings, events and personal events for clients as well as clients in their homes as well. Cooking brings me joy, my passion comes from the heart, and I love knowing that people enjoy my food.

This journey in my life is so special and rewarding to me because I am able to share my food and experiences with others as well.

I would love to thank the education and training department for helping me reach my goals to becoming a red seal chef and accomplishing my dreams. The dedication and commitment I've put into getting where I am today is immensely rewarding and special in so many ways. I am forever grateful and thankful for all that you do for our members to help them get to where they want to be successfully!

Many thanks and much appreciated for all your support on my journey to becoming a Chef.

Chef T 🌟

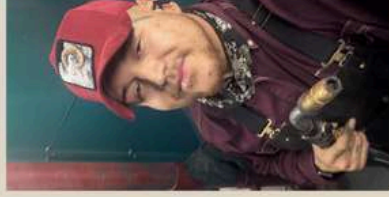


Tammy Watson



My name is Tammy Watson, and I cater to our community. I am grateful for the Saulteau First Nations Training and Employment Department for their ongoing support. With their help, I recently renewed my Food Safe certification, and I'm grateful to have had my course fully paid for. I can now continue to support my family by doing a job I love.

Josh
Courtoreille



In the summer of 2023, I was in need of a serious life adjustment.

On August 2, 2023, I decided to get clean from drugs and alcohol and go to treatment. From August 2, 2023, to October 12, 2023 I attended an in-house 70 day intensive treatment program at a center called King Haven based in Abbotsford, BC. During my stay I found King Haven offered many courses beneficial to my recovery. They offered trauma healing, grief and loss workshops and working with animals, known as pet therapy. I enjoyed my stay very much and it has been the best decision I ever made.

Upon completing my program, I decided to move back to Fort St. John, BC to continue with my aftercare plan in a safe space staying with my mother. She has walked the red road for over 15 years now.

When I arrived home, I had nothing but the clothes on my back. I knew I needed to get back to work as soon as possible. Being back in FSJ made it convenient to find work close to home as it is the oil and gas capital of BC. I immediately started looking for work in the patch but not having any work tickets made it tough to get a job. I reached out to the nation for support. The nation was quick to help, and I quickly acquired the tickets in hopes to gain full-time employment at a local company.

Upon the completion of my work certificates, I was hired on as a laborer at a local company called Sureline Projects INC about 2-3 weeks post completion of my treatment program. One thing I knew I did not want to be a laborer for the rest of my life. I wanted to further my career in the industry so I made the choice to sign up with Sureline as a welder's apprentice in November 2023.

Currently I am still an employee of Sureline Projects INC and have since went back to school and completed my level 1 welding in April - June 2024. In the summer of 2024, I also obtained my all position CWB structural welding certificate in Stick and MIG welding. In January - Feb 28, 2025 I am now completing my level 2 welding at Northern Lights College in Dawson Creek, BC. I am currently booked in to take my level 3 pipe welding and red seal certificate in October 2025. I am very excited.

First off, I would like to thank the employment and training coordinators Jamie Kristoffy and Ginette Lapierre at the members services department for helping me acquire my tickets and the tools to start my apprenticeship. I could not have made it without your support!

The biggest thank you to the education manager, my Auntie Audrey Norris. Not only has she never given up on me but has supported me in more ways I can explain in pursuing my dream of being a red seal tradesman and owning my own business. I love you.

Last but not least I would like to say thank you to Chief and counsel for the approval of all funding towards the betterment of my life, I know I'm expensive, but I appreciate every penny, it has not gone to waste! Thank you to my Courtoreille Family Counsellor Donovan Cameron for the advice and mentorship over this period in my life. I can't thank you all enough.

Lastly, I would like to encourage anyone from the great community of Saulteau First Nations, man or woman to reach out and utilize the resources effectively that are available to us for the advancement in our lives.

Sometimes change can be intimidating but I say don't ever be afraid to reach out for support and take chance on yourself and Saulteau has great things to offer backed by an awesome team.

Visualize and achieve, thank you for listening to my story.

Josh Courtoreille - SFN



ICBC Mobile Driver Licensing Office

In partnership with Saulteau First Nations, ICBC's Mobile Office will be visiting your community!



When & Where?

We will be located at the Cultural Building on August 5th & 6th 2025 from 8:30 a.m. to 4:30 p.m.

Please contact Stacy MacMillian at smacmillian@saulteau.com or 250-788-3955 (extension #1006) for questions.



Our team currently offers the following services:

- Knowledge testing for various classes of driver licenses.
- Driver licence renewals.
- BC Identification card applications and renewals (ages 12+).
- BC Services card applications and renewals (ages 18.5+).

Don't forget to study!



Try our online practice knowledge test:

practicetest.icbc.com



Important!

- Primary & Secondary ID is required for all services.
*Please review our ID policies to ensure you have everything you need for a successful visit (original documents required) – icbc.com/acceptedid
- Parental Consent forms are required for knowledge test applicants under 19 years of age.

Fees: Knowledge Test - \$15.00 per attempt | DL renewals - \$75.00 or \$17.00 for seniors
BCID - \$35.00 original or \$15.00 for renewals and seniors | BC Services Card - \$0.00.

We understand the importance of these services and ICBC is committed to making them as accessible as possible. By bringing our Mobile Office directly to your community, we aim to ensure everyone has the opportunity to apply for a BC Driver's Licence, BC Services Card or BC Identification Card if they choose to.

EMPLOYMENT & TRAINING OPPORTUNITIES



SFN CAREER OPPORTUNITIES

- LEAD, GROUNDS MAINTENANCE
- FACILITATOR, YOUTH PROGRAM
- GUARDIAN, JUNIOR LAND (SEASONAL)
- CARETAKERS, CARBON LAKE (SEASONAL)
- ASSISTANT, EDUCATIONAL - CASUAL, ON-CALL
- NURSE, COMMUNITY HEALTH
- COUNSELLOR, CLINICAL MENTAL WELLNESS AND SUBSTANCE ABUSE
- TECHNICIAN, FLEET (HEAVY DUTY MECHANIC)

APPLY TODAY!
JOBS@SAULTEAU.COM

NEW HIRES AT SAULTEAU

- ASSISTANT, EDUCATIONAL CASUAL ON-CALL - DAYLIN SCHLAMP
- GUARDIAN, CARIBOU CASUAL ON- CALL - MADELENE HEAD
- GUARDIAN, CARIBOU SEASONAL - JULIAN DEWAR
- HOMEMAKER - TRINITY GAUTHIER
- GENERAL MANAGER, STORE - NORMAN NAPOLEON
- DRIVER, SOCIAL DEVELOPMENT - CARA MARTIN-EARL



Other Job Opportunities



Accounting Technician
4 Evergreen Resources

Chetwynd, BC

Full Time
Permanent

Posted on May 1, 2025
Closes: May 9, 2025



Welding Apprentice (2nd Year or Later)
4 Evergreen Resources

Chetwynd, BC

Full Time
Permanent

Posted on April 30, 2025
Closes: May 31, 2025



Heavy Duty Mechanic
4 Evergreen Resources

Chetwynd, BC

Full Time
Permanent

Posted on April 30, 2025
Closes: May 15, 2025



Heavy Duty Mechanic Apprentice
4 Evergreen Resources

Chetwynd, BC

Full Time
Permanent

Posted on April 30, 2025
Closes: May 31, 2025



Seasonal Office Administrator
Aski Reclamation LP

Moberly Lake, BC

Posted on April 24, 2025
Closes: May 8, 2025



Saulteau FIRST NATIONS

NEW HIRE NOTIFICATION



NORMAN NAPOLEON

GENERAL MANAGER, STORE

Reporting to the Executive Director, Norman joined the Saulteau First Nations team on May 5th, 2025, in the newly created role of General Manager.

The General Manager will oversee the store operations including human resources and financial functions. The role will, in collaboration with Asset Management, provide project management and oversight of new build and expansion initiatives including but not limited to a gas station and café. Aligned with the 2025-2030 Strategic Planning initiatives, the role will actively contribute to food sovereignty and sustainability initiatives in collaboration with other First Nation initiatives.

Norman is a proud member of Saulteau First Nations. He is excited to be back in community and is reconnecting with family and friends! He spent the last several years working with all levels of government, industry and other First Nations in various leadership roles across BC. He has learned a lot in those roles and he is excited to apply those skills and teachings to serve his people and community in this newly created role!

Please join me in welcoming Norman to the Saulteau First Nations Team!

Iris Notley

Iris Notley
Manager, Human Resources




Saulteau FIRST NATIONS

Business Development Workshop Series with Circle K Consulting



Learn how to put together a Business Proposal

May 20th 10:00 - 2:00

"I think I want to start a business."

May 27th 10:00 - 2:00

"I'm ready to take it from an idea to a plan."

June 3rd 10:00 - 2:00

"I'm ready to make it official and launch my business."

Located at the Culture Centre
at Saulteau First Nations
Moberly Lake BC

RSVP to Tonia Richter
Manager of Member Services
trichter@saulteau.com
236-364-2008

TC Energy BUILD STRONG

CALIX
Environmental Science Student and
TC Energy Scholarship Recipient



Are you an Indigenous student pursuing post-secondary education?

The TC Energy Indigenous Legacy Scholarship Program is focused on empowering Indigenous students. Successful recipients will demonstrate a strong commitment to their educational pursuits and community leadership. Priority will be given to Indigenous students who are pursuing education in science, engineering, technology, or math (STEM) and TRADES fields. We are proud to help build strong communities, develop the next generation of community leaders and provide a skilled workforce for our industry.

**APPLY FOR OUR INDIGENOUS LEGACY
SCHOLARSHIP**

ASKI RECLAMATION LP

WE ARE HIRING

SEASONAL OFFICE ADMINISTRATOR

WE ARE SEEKING A SEASONAL OFFICE ADMINISTRATOR TO ASSIST WITH DAY-TO-DAY OFFICE OPERATIONS DURING OUR BUSY SEASON. THIS ROLE WILL BE KEY IN ENSURING SMOOTH OFFICE FUNCTIONS AND SUPPORTING TEAM MEMBERS WITH ADMINISTRATIVE AND OPERATIONAL TASKS.

THE IDEAL CANDIDATE IS A MOTIVATED AND ORGANIZED INDIVIDUAL WHO EXCELS IN A DYNAMIC WORK ENVIRONMENT. YOU WILL PLAY A CRITICAL ROLE AS A CENTRAL POINT OF CONTACT WITHIN THE OFFICE, CONTRIBUTING TO THE EFFECTIVENESS OF THE TEAM AND MAINTAINING AN ORGANIZED, EFFICIENT WORKSPACE.

FULL JOB DESCRIPTION ON OUR WEBSITE :

www.askilp.ca

SEND YOUR RESUME AND COVER LETTER TO :

jobs@askilp.ca

HEALTH & FAMILY SERVICES



Saulteau First Nations Mother's Day Dinner

A buffet meal and social celebrating and honouring our life givers and caretakers. Attendance is limited to mothers.

Saturday May 10th @ 5pm Riverhouse Restaurant
Door Prizes and Gift
Contact Tasha Lalonde to Register
TLalonde@saulteau.com or 250-874-8408

Alternate Medical Resources:

911	All Emergency situations
811	Health Link BC to speak with a nurse
1-855-344-3800	First Nations Virtual Doctor of the Day
1-844-645-7811	Norther Nations Virtual Care Clinic

ONLINE VIRTUAL BOOKINGS:

Many virtual doctors and nurse practitioners are available, and appointments can be made through online booking. For virtual telephone or zoom appointments, have your MSP health care card available and register at one of the sites online.

Listed, are a few virtual clinics available:

www.virtualclinics.ca	www.vivacare.ca	www.askadoctor.help
www.rocketdoctor.ca	www.advancehealth.ca	www.avee.health/booking

CHETWYND MEDICAL OFFICES:

Chetwynd Primary Care Clinic	250-788-7800
Northern Nations Wellness Centre	250-788-0851

*** Please note that both medical clinics have extensive wait lists and are not currently accepting new patients. Please call their office should you have questions on how to be added to their waiting list ***

Booking Appointments:

Health Centre Reception

Melva Sorell
Call 250-788-7266
Email melvas@saulteau.com

Locations:

Monday, Tuesday, Wednesday

SFN Health Center

1712 Civic Road, Moberly Lake

Thursday and Friday

Next door to IDA Pharmacy
5016 50th Ave, Chetwynd

Health Centre Contacts

Operations Manager

Ashely Gauthier
(ashely.gauthier@saulteau.com)

Administrative Assistant

Kayla Macdonald
(kmacdonald@saulteau.com)

Community Health Nurse

POSITION OPEN

Community Health Representative

Chelsea Gauthier
(cgauthier@saulteau.com)

Life Skills Program Facilitator

Shay Garbitt
(sgarbitt@saulteau.com)

Mental Health & Wellness Manager

Annie Kingston Miller
(akingstonmiller@saulteau.com)



April 28, 2025

Dear community members,

It is with deep sadness we announce the departure of Dr. Banas from the Saulteau First Nation's Health Centre. While it is never easy to say goodbye to a valued healthcare provider, we are deeply thankful for the years of compassionate service and dedication Dr. Banas has provided to our community. We wish him all the best in his next chapter and celebrate the positive impact he has made with us.

We understand that changes in your healthcare provider can feel unsettling, and we want to assure you that your health, comfort, and well-being remain our highest priority. Our team is here to support you through this transition and to ensure you continue to receive the care you need.

We sincerely thank Dr. Banas for his commitment to our community, and we appreciate your patience and understanding during this period of change.

We encourage you to begin the process of choosing a new family doctor to maintain continuity of care. In the meantime, please see below for a list of alternate medical resources available to support you until a new family physician joins our health team.

Thank you for your continued trust and resilience.

Sincerely,

Saulteau Health Centre.

Proudly determined

Saulteau First Nations Health Centre

Dr. Rafal Banas

Box 1020 Chetwynd, BC, V0C 1J0

Ph: 250-788-7266 or 250-788-7258

eFax: 236-364-2500

Email: doctor@saulteau.com



Dear Valued Patient,

I hope this message finds you in good health and spirits.

After so many years of my service in my medical practice so well supported by Saulteau First Nations, my time has come to an end. My practice officially ended as of 31 March 2025, but in order to prevent disruption, I will continue to provide you with care until 30 June 2025.

It has been an incredible honor and privilege to care for you over the years. Being a part of your health journey—through challenges, milestones, and recoveries—has meant more to me than words can express. I am deeply grateful for the trust you have placed in me and for allowing me to be part of your lives.

In preparation for my departure, I am working closely with Saulteau Health Centre medical management to ensure a smooth transition of your care. I encourage you to schedule an appointment before my last day if you have any ongoing concerns or would like to discuss the next steps.

Your medical records will remain secure, confidential and available for transfer to your next care provider of your choice. If you need assistance transferring them to a new provider, please contact our office at 250-788-7266.

Thank you again for your trust and kindness throughout the years. I wish you continued health and happiness always.

Warm regards,

Dr. Rafal Banas MD, CCFP

Saulteau Health Centre

2025 May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8 Massage Therapist-NBH	9	10
11	12	13	14 Reflexology-NBH	15 Physio Therapist-HC	16	17
18	19 Victoria Day Closed	20 Sound Healing-HC	21	22 Massage Therapist-NBH	23	24
25	26 David Daniels-HC	27 David Daniels-HC	28 David Daniels-HC	29 David Daniels-HC Drea's Footcare-HC	30	31

Reflexology

New Beginnings House

April 16th

May 14th

Experience the healing power of reflexology! This natural, non-invasive therapy stimulates specific pressure points on the feet, hands, and ears to promote relaxation, reduce stress, and support overall well-being. Whether you're seeking relief from tension, improved circulation, or a balanced mind and body, reflexology offers a soothing and effective way to enhance your health.

Call the SFN Health Centre for appointments
Kayla - 250-788-7258
kmacdonald@saulteau.com



Massage Therapist

Jaclyn Johnson, RMT of
NuBalance Massage Therapy will be
at New Beginings House on May 8th
and 22nd, 2025

Please contact the Health Center to
book.

250-788-7280



COMMUNITY HARM REDUCTION TRAINING WITH THE FNHA HARM REDUCTION TEAM

May 9 2025 @ the Saulteau
Mental Wellness Office, 5016
50th Ave NE, Chetwynd



- ✦ Harm Reduction Supply Training 9am to 12pm
- ✦ Reducing Stigma Surrounding Harm Reduction 1pm to 3pm

CONTACT TANYA TO REGISTER
LUNCH PROVIDED

Tanya Davidson
Mental Wellness Department
Saulteau First Nations
250-875-1011
tdavidson@saulteau.com



DIABETIC FOOT CARE

Thursday

May 29th, 2025 Health center.

Call Melva to book

T: 250-788-7280



DAVID Daniels

In community
May 26th - 29th

Elder David Daniels, known for his medicine walks, is a well-respected Anishinaabe knowledge keeper and Elder with deep land-based knowledge and experience in Indigenous food and medicine systems of Turtle Island and other parts of the world.

Contact Melva
to book your
individual 1hr session
250-788-7280



Healthy Relationships

Part 3

Learn to build stronger, safer and more
fulfilling relationships

May 2nd 2025 from 6pm-8pm

Northern Lights College Room 108

Snacks Provided

Incentives for those who complete all
three sessions!

This is a free workshop but space is limited
Please register at
250-401-7085

19+





Women in Recovery Group

This is an ongoing, in person group open to all women seeking connection and peer support in their recovery.

Chetwynd Public Library 2:00PM- 3:00PM

Saturday, May 10th

Saturday, May 24th

Saturday, June 7th

Childcare available by registering at

250-401-7085



WOMENS GROUP



EVENT: SUN CATCHER MAKING

When: May 14th, 2025

Where: New Beginnings House

Time: 4:30-6:30

PLEASE CONTACT SHAY FOR SIGN UP AT
(250)-874-7441. SNACKS AND
REFRESHMENTS PROVIDED.



women's group rock painting

WHEN: MAY 6TH 2025

WHERE: FIRE LAKE

TIME: 4:30-6:30

SNACKS & REFRESHMENTS
PROVIDED

See you there!

please sign up with shay
(250)-874-7441



CREATIVE ART WORKSHOP

WE ARE VERY EXCITED AND PROUD TO
WELCOME YOU ALL TO AN EVENT DESIGNED
SPECIFICALLY TO CELEBRATE CREATIVITY,
EXPLORATION AND FREEDOM OF EXPRESSION.

MAY 21ST 2025

4:30- 7:30PM

NORTHERN LIGHTS COLLEGE

CHILDCARE IS AVAILABLE

RVSP 250-401-7085



Mothers & Daughters Equine Therapy

with Peace Equine Connection

Discover the transformative power of horses with our Equine Assisted Learning program for Mothers! This program uses horses to foster personal growth, self-awareness, and emotional healing. Key benefits include developing self-confidence, enhancing communication skills, managing emotions, improving leadership and teamwork abilities, and promoting mindfulness through the calming presence of horses.

Join us to unlock the unique potential of equine assisted learning and experience profound personal growth.

Mothers & Daughters
Weekend

Limited Spaces

May 9th- 11th

Includes 4 sessions with 4 foundational riding lessons

- Friday - Session 1
- Saturday - Session 2 & Session 3
- Sunday - Session 4

**LAST MINUTE
SPACES AVAILABLE**

Register with Bonnie at
peaceequineconnection@gmail.com



Saulteau
FIRST NATIONS

For individuals who are uncomfortable with riding, or are over the 250lb weight restriction, we offer many beneficial ground activities that provide the full benefits of the Equine Assisted Learning program

PARENTS AND TOTS

STONE PAINTING



May 6, 2025

10:00-11:30 AM

New Beginnings House

Snacks and Refreshments Available

To sign up, contact:
lesteban@saulteau.com
250-219-1279



**HeartCore
Healing**

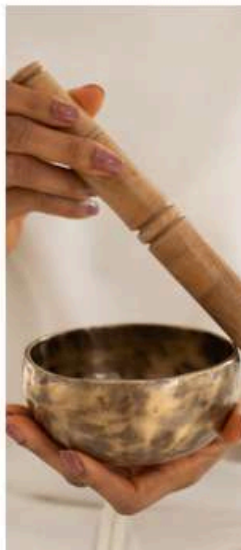
Sound Healing

Tuesday
May 20, 2025

New Beginning's
House

Contact Melva
for waitlist

1-250-788-7280



HeartCore Healing

CONTACT THE CLINIC TO BOOK

Sound Healing & Tuning Forks

Using Sound & Frequency to address trauma & emotions trapped in the body. Energetic healing & clearing. Help reduce anxiety & depression. Improve immunity. Improve mental Health. Improve Sleep. Chakra Healing & Alignment.



Reiki & Energetic Clearing

Utilizing various smudges & traditional Medicines to clear negativity & unwanted energy. Connecting to Spirit & the ancestors to clear the energetic field of any unwanted energy, create balance & harmony. Bring a sense of peace to the soul.



Ancestors & Animal Spirits

Working with ancestral spirits and animal totems to gather wisdom, address trauma, gain guidance and connection.



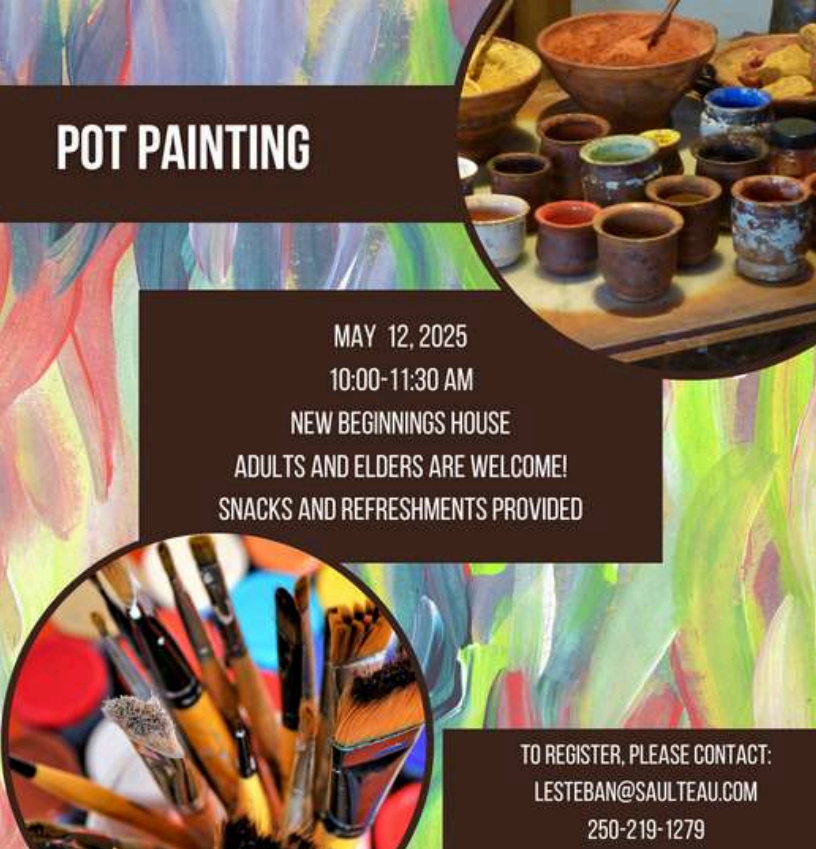


PARENTS AND TOTS

POT PAINTING

10:00-11:30 AM @ NBH
APRIL 15, 2025
SNACKS PROVIDED

CONTACT: LESTEBAN@SAULTEAU.COM
250-219-1279



POT PAINTING

MAY 12, 2025
10:00-11:30 AM
NEW BEGINNINGS HOUSE
ADULTS AND ELDERLY ARE WELCOME!
SNACKS AND REFRESHMENTS PROVIDED

TO REGISTER, PLEASE CONTACT:
LESTEBAN@SAULTEAU.COM
250-219-1279



MOTHER'S DAY

Fairy Garden Workshop

THUR 8 MAY

4:00- 8:00PM
CHETWYND PUBLIC LIBRARY

Join us for a special evening making your own Fairy Garden.
Snacks and drinks provided.
Childcare is available.

RSVP and find out more information at:
1-250-401-7085

LINDA KRYSTINA
HOUSING SOCIETY



Learn to Lead'

Leadership building skill workshops with Helen Knott!

Followed by:
An elegant soiree where girls can practice learned skills, and meet women in leadership from various sectors!

By invitation only





CHAIR YOGA



with Starr Gauthier

Join us for some simple and light stretching.
Learn gentle breathing techniques to destress and soothe a tired mind.
What to bring: yoga mat, comfortable clothing, water bottle and a smile
Ages 11+

Fridays May 9th & 23rd 10:00 - 11:00am
📍 Culture Center

ONLY TEN SPOTS, PLEASE EMAIL MFULLER@SAULTEAU.COM OR CALL
250-788-7370 TO REGISTER

COME LEARN HOW TO BUILD GARDEN BOXES!

WITH  West Fraser

MAY 26TH & 27TH 2025
9:00 AM - 11:00 AM
HEALTH CENTER-COMMUNITY GARDEN
SNACKS PROVIDED

A HUGE THANK YOU TO WEST FRASER FOR GENEROUSLY
DONATING SUPPLIES TO BUILD 20 GARDEN BOXES!



PLEASE NOTE: THE WORKSHOP ON THE 27TH WILL ONLY
HAPPEN IF THE GARDEN BOXES ARE NOT COMPLETED BY THE
26TH.

TO REGISTER, CONTACT:
LESTEBAN@SAULTEAU.COM
250-219-1279



Co-ed GARDEN plant transfer

COME HELP ME TRANSFER
PLANTS TO THE NEW
BEGINNINGS GARDEN BOX.

From 3:30-6:30
Date: May, 23, 2025
location: New Beginnings House

FOR AGES 9 AND UP WHILE THOSE
UNDER 9 NEED TO BE ACCOMPANIED
BY AN ADULT SNACKS AND
REFRESHMENTS PROVIDED

 Saulteau
FIRST NATIONS



CAREER

LEARNING

 Saulteau
FIRST NATIONS
YOUTH GIRLS
GROUP VISION
BOARDS

WHERE: MAY 16TH 2025
TIME: 3:30-6:30

WHERE: NEW BEGINNINGS
HOUSE
SNACKS & REFRESHMENTS PROVIDED.
PLEASE CONTACT SHAY FOR SIGN-UP AT
(250)-874-7711. THE GROUP IS FOR AGES 9
AND UP. WHILE THOSE UNDER 9 NEED TO
BE ACCOMPANIED BY AN ADULT.

TRAVEL

HEALTH

LOVE

ELDERS CALL FOR INTEREST

Who would like to get their Food Safe Certificate? We would like to see who is interested in the 1-day class.

If enough people sign up, then we will see if we can do the class in-person

Please call Ginette (250) 788-7366
or Starr (250) 783-8999



You're
my
butter
half!



Co-ed youth group

Please come join me and learn
how to make homemade butter.

Date: May 9th, 2025

Time: 3:30-6:30

Where: New Beginnings House

This event is suitable for individuals aged 9
and older. Children under the age of 9 must
be accompanied by an adult. Snacks and
refreshments will be provided.



JOIN US FOR COMMUNITY ENGAGEMENT!

CREATE AN OBJECT WITH AIR DRY CLAY



26 MAY, 2025 - 10:00-11:30 AM
NEW BEGINNINGS HOUSE
ADULTS AND ELDERS ARE WELCOME
SNACKS PROVIDED

CONTACT:
LESTEBAN@SAULTEAU.COM
250-219-1279





PARENTS AND TOTS

BAKING TIME

MAY 13 & 27, 2025
10:00 AM-11:30 AM
NEW BEGINNINGS HOUSE
SNACK PROVIDED

CONTACT: LESTEBAN@SAULTEAU.COM
250-219-1279



MENS NIGHT

EVENT: HORSE SHOES

WHEN: MAY 6TH 2025

TIME: 600-800

WHERE: PEMMICAN GROUNDS

SNACKS & REFRESHMENTS PROVIDED.

FOR AGES 16 & UP. PLEASE CONTACT CORY FOR SIGN UP AT (250) 874-7333

EAGLE FAN BRUSHING MAY 20

FISH CREEK
FOREST
6 PM



\$25 (TO COVER
HONOURARIUM)

- PEACE
- BALANCE
- GROUNDING



WITH MEL J.
HORSE LAKE MEMBER

SIGN UP TODAY!

FOR INFO: CALL 250-785-8566
COME IN TO PAY & REGISTER!

BOYS YOUTH GROUP LEARN THE BASICS OF FISHING

Fishing 101: Essential Tips for Beginners

TOPICS

- 1 Fishing Techniques for Beginners
- 2 Choosing the Right Equipment for Your Fishing Style
- 3 Tips for Catching More Fish

SIGN UP NOW FOR FISHING AND GET READY FOR A DAY OF
FUN AND LEARNING! SNACKS AND REFRESHMENTS
PROVIDED.

PLEASE COME JOIN ME FOR A BOYS' GROUP WHERE WE
LEARN TIPS AND TRICKS ON HOW TO FISH. PLEASE
CONTACT SHAY FOR SIGN-UP AT (250)-874-7441.

WHEN: MAY 30TH, 2025
TIME: 3:30-6:30

WHERE: NEW BEGINNINGS HOUSE
TRANSPORTATION PROVIDED; FISHING SPOT TO BE
DETERMINED



Vermicomposting 101: Composting With Worms

DATE: Thursday May 8, 2025

TIME: 9am-1pm

LOCATION: SFN COMMUNITY GARDEN

PRESENTER: KEVIN KRAFT

To register, contact:
lesteban@saulteau.com
250-219-1279



Join us for an engaging presentation on
vermicomposting

—a natural, eco-friendly way to recycle
food waste using worms! Whether you're
new to composting or looking to take your
sustainability game to the next level, this
session will teach you all you need to know
to get started. Perfect for gardeners, green
thumbs, eco-enthusiasts, and curious
beginners!



What You'll Learn:



- What is vermicomposting?
- Benefits of worm composting
- Setting up your own worm bin
- Caring for compost worms
- Harvesting nutrient-rich worm castings
- Garden Application



TREP & Lands Open House

Thursday



TWIN
SISTERS
NATIVE PLANTS
NURSERY

May 15th, 2025

1:00pm - 7:00 pm



SFN Cultural Center GYM

Come & meet our departments
to learn more about our
services and on-going projects



Nikanese Wah tzee
Stewardship Society



Canada Energy
Regulator



BRITISH
COLUMBIA



**SUPPER AT
5:30**

Door Prizes



Saulteau
FIRST NATIONS

Lands Department Staff

Lands Manager – Mary Doyle
(mdoyle@saulteau.com)

Lands Use Planner – Jenine Campbell-Cove
(jcampbell-cove@saulteau.com)

Lands Officer – Brooke Walker
(bwalker@saulteau.com)

Lands Executive Assistant – Crystal
Lalonde (clalonde@saulteau.com)

How to Stay Informed About Lands

Follow us on facebook!

www.facebook.com/groups/sfnlands/

Check out our webpage:

<https://www.saulteau.com/departments-and-services/lands/>

ATTENTION MEMBERS

LOOKING FOR MORE LANDS INFO?

There is important
Information in the
Members-Only Portal of
the SFN Website.
www.saulteau.com

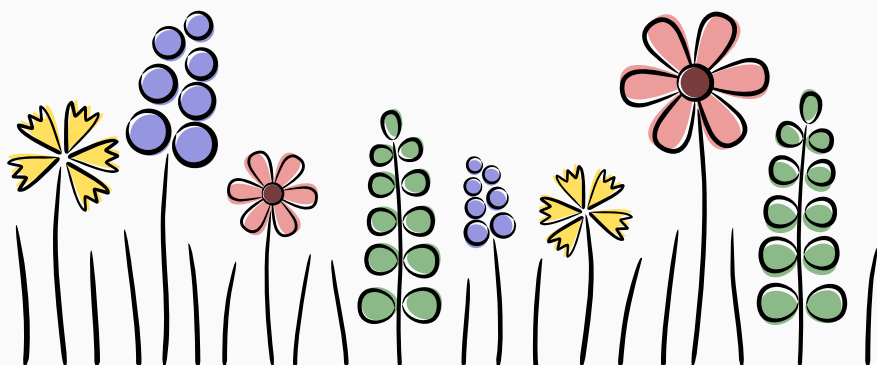
If you accessed the old SFN
website, then you can access the
new one with your previous login
name & password.

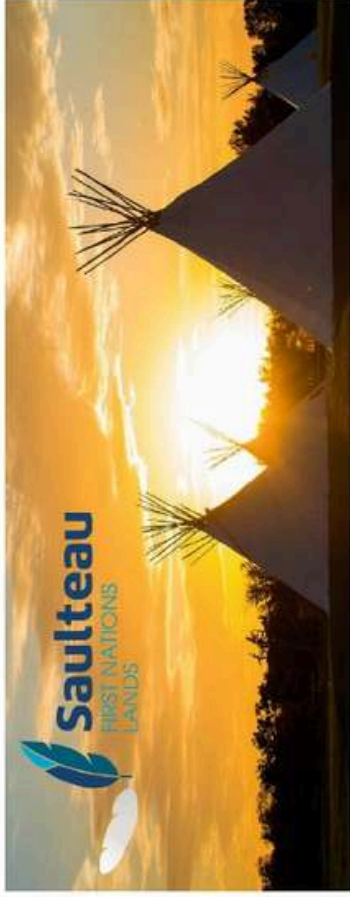
If you are new to accessing the
website, click the “Register”
button and fill in the
information.

Need assistance?

Email:

communications@saulteau.com





Tansi, and thank you for taking the time to read about our recent activities within the Lands Department. We have been working on the development of some exciting projects within the Nation and wanted to share with you some of those highlights!

Team Building

The Lands Department and the Manager of Human Resources, Iris Nottley, held our annual team building exercise in Grand Prairie, AB, on April 10, 2025. Team Building is very important, as it brings a team closer together. Team development also encourages collaboration, trust and respect. We engaged in a few activities and exercises that fostered trust, communication, and problem-solving skills. We clarified the roles and responsibilities of our positions, reviewed policies and procedures & the Lands responsibilities as listed in the SFN Strategic for 2025-2030.

Crystal Lalonde- Lands Administrator



Plan

Trail Signage Project

One of the Lands Department focal points involves the protection & preservation of all Sacred Sites within the Nation, as discussed and recommended from various Land Use planning meetings held with membership in 23/24.

In keeping the SFN historical trails in mind, the environment, and our nation's rich history, we wanted to develop features for all users (hikers, UTV/ATV, horse riders, snowmobiles & boaters). The development of signs and trail markers located in various areas of the nation will be posted, keeping in mind our members' safety and safety practices, respect and use of areas within residential areas, as well as the wildlife and environmental concerns. Aiming to encourage people to embody the basic values of recreational areas while traveling around the Nation. With the help of Lands Dept, TREP, Capital and Infrastructure, we brought this trail signage project to fruition! I'd also like to thank the Land Guardians for assisting in this project as they will be putting them up within the months of May and/or June!

1



Just like traffic signs, signage is incredibly important for residents and visitors who want to explore our home territory. As someone who has grown up here, I am excited to be helping establish this productive way to safeguard the land.

There are signs for the pack trail, wagon road, horse trails, sacred sites, river usage and hiking trails. You will also see safety signs such as, "No Garbage Dumping," as we do not want harm to anyone out and about; users, animals or the forest.

This is a type of pilot project to get a base level of how we want to protect our land moving forward. It will improve as time goes on, but this is a great start. Keep your eyes out as we will also be working on a heritage mapping piece, which we will update you on at a later date! ☺

Brooke Walker - Lands Officer

Industrial Park – Beautification Project

In March, the Nation was approved for \$7000 from BC Hydro's Re-Greening Program. This is the second time that the Lands Department has accessed this funding to plant trees within the Nation. The first was in 2023 for the cemetery hill stabilization project, which utilized the Twin Sisters Native Plant Nursery's crew and equipment to plant dogwood, wolf willow & saskatoon plants.

This project for 2025 will be to beautify the Industrial Park but also for the purpose of noise & wind reduction. We are still in the midst of planning and hope to collaborate with various departments to bring in community participation, should the plants be available for delivery by mid/end of May. Please keep an eye on the upcoming event!

Food Sovereignty Initiative

As requested by membership in our recent Strategic Planning sessions, the Nation has started working towards the development of a 10 year, 3 phase Implementation Program.

As part of our commitment to reclaiming food sovereignty within our First Nation community, we are initiating a land-based project that includes the development of local greenhouses. The first phase of this initiative will involve the development of greenhouses, based on engagement and our community needs, a traditional and practical method to ensure the program is rooted in Indigenous knowledge and environmental awareness.

Phase 1 - Activities for the Food Sovereignty initiative

Crew Ground Truthing Location of Interest

2

Staff from various departments: Lands, GIS, Public Works, Programs & Services, Capital & Infrastructure, Health & Wellness go to site to get an actual layout engaging with the land and discuss plans for the area and existing infrastructure.

Community members, Elders, and youth will participate in engagement sessions. Cultural protocols and teachings will guide our progress, incorporating traditional ecological knowledge.

GPS mapping and notes will be recorded to support planning and documentation.

Implementation of the Greenhouse Program:

Based on insights from the community, selected sites will be prepared for greenhouse installation. Training programs will be developed for community members focusing on greenhouse construction, maintenance, and food production.

Seasonal planting schedules will be established with input from subject matter experts, Elders, and knowledge keepers. Harvests will support local food distribution, school nutrition programs, and community feasts, reinforcing food security and cultural resilience.

This initiative will not only foster self-sufficiency and wellness but also reconnect our people to the land through meaningful, direct hands-on experiences.

Jenine Campbell-Cove – Land Use Planner

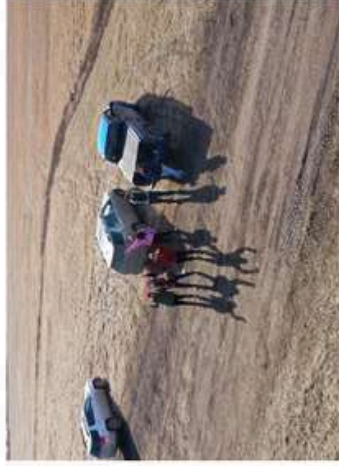
Community Connections

Please join us every Thursday morning as we participate in this great community connections activity. We want to connect with each one of you to discuss Lands related ongoing projects including the Farm, Food Sovereignty, Sacred Sites, Trail systems, cemetery, industrial park, or various concerns you may have, or just a simple visit ☺

We will present an item of SFN Swag to one lucky person each and every week. See you there!

Land Code Community Engagement - April 3, 2025

Thank you to those who participated in our Thursday, April 3rd Community Engagement session.



3

The day was full of insight and with great questions brought forward to our speakers from the Land Advisory Board Resource Centre & panelists from Doig River First Nation, and SFN Elder Stewart Cameron. I wanted to extend the Lands Team gratitude to the following:

Panelists: Andrew Beynon, Stewart Cameron, Shona Nelson, Brittany Brinkworth
Land Advisory Board Resource Centre: Jackie Brown, Patti Wight
Urban Systems – Dan Penner (facilitator)
Moderator and MC: Kirsta Lindstrom
Elder Henriette Landry for opening & closing prayer and land acknowledgement
Welcome and Opening Remarks: Executive Director - Nathan Paquette
SFN lands Team and Planning crew: Crystal Lalonde, Brooke Walker, Jenine Campbell-Cove
Maintenance Team: Chris Larson, Tyler Wason, Kole Norris
Staff volunteers: Cindy O'Brien, Lee-Anna Gibson, Laurette Watson, Sandra Alexander, Adrianna Glover
Youth Mic Runners: Jaqueline Edwards, Bryar Gauthier, Brielle Courtorielle
Catering: Trudy Garbitt, Carmen Westgate
Cultural Centre Staff: venue and organizing assistance
Communications Coordinator: Caitlin Vince
Sound in town – Russel Eggleston
Dark ties Media – Grady, Ryan, Taylor, Charlie, Erik

For anyone else I may have missed I apologize. Thank you for sharing this day with us. ❤️🌸

Please visit the Member Only Portal of the SFN Website to view recording and photo gallery of this event & to see the information we have learned about Land Code to date!



4

Why Would We Want a Land Code?

To take back jurisdiction and control over the management of our reserve lands from Canada so they are no longer our “landlord”.

To give us the ability to develop our own land laws for our reserve lands that align with our own cultural and traditional practices.

To take Canada out of the decision-making process for things like housing, economic development, resource development, and environmental management on our reserve lands.

Some Common Myths About Land Code

Myth: Land Code will eliminate our treaty rights and title.

Fact: Land Code has no impact on treaty rights or title. It only applies to the management of our reserve lands.

Myth: Land Code will turn our reserve into a municipality.

Fact: Land Code does not change our reserve into a municipality, it remains our reserve.

Myth: Land Code will end Canada's fiduciary obligation to Saulteau.

Fact: Land Code has no impact on Canada's fiduciary obligation.

What Do We Need To Consider As A Community?

Land Code may be the right path for many First Nations but not every First Nation. Some real considerations we need to consider as a community include:

Land Code needs buy-in and support from the community.

Land Code requires a capable government and administration to implement a Land Code and take over management of reserve lands.

Land Code requires additional staffing and training. There is funding provided for this through Land Code to help the First Nation.

Land Code means any future (after adoption) environmental issues created from activities on our reserve lands is our responsibility (not Canada's).

Land Code does not give us complete self-governance, it only gives us governance over the management and use of our reserve lands. This is called sectoral self-governance.

MEMBER SERVICES



COME AND JOIN EMPLOYMENT AND TRAINING'S OPEN HOUSE

MAY 13, 2025

3: 00 PM- 6:00 PM

SAULTEAU BAND HALL GYMNASIUM

COME AND LEARN ABOUT WHAT PROGRAMS ARE COMING UP THIS YEAR:

BUSINESS DEVELOPMENT WORKS SERIES WITH CIRCLE K CONSULTING

LEARN HOW TO PUT TOGETHER A BUSINESS PROPOSAL
MAY 20 10:00 AM- 2:00PM
MAY 27 10:00 AM- 2:00 PM
JUNE 03 10:00 AM - 2:00 PM

May-June

NATIONAL INDIGENOUS FIRE SAFETY

WILDFIRE TRAINING
JUNE 09-11 2025

PROGRAM HIGHLIGHTS
S-100
S-185
ICS-100
WHIMIS

June 09-11

Essential Skills
5 days of learning
• Leading from Within
• Visioning and Goal Setting
• Resume Review & Interview Skills
• Dress for Success
• Meal Planning

August 18-22

Soup & Banock

Doorprize
Chainsaw

Contact Ginette L or Stacy M @ 250-788-3955

Member Services Staff

Manager – Tonia Richter
(trichter@saulteau.com)

Patient Travel Administrator
Barb Loberg
(bloberg@saulteau.com)

Band Social Development Worker –
VACANT

Indigenous Registry & Membership Administrator

Norma Gauthier
(ngauthier@saulteau.com)

NEED TO UPDATE YOUR INFORMATION?
CONTACT NORMA
NGAUTHIER@SAULT
EAU.COM

CONTROL OF DOGS



Dogs have been roaming the community causing many problems. If you cannot keep your dogs contained in your yard, further measures will be taken. The safety of the children, people and other animals is important. Please, be respectful and responsible with your dogs!!

Saulteau First Nations 2025 Income & Disability Assistance Payment Schedule

Payment Date	for the month of	Declarations Due
January 15, 2025	February 2025	January 6-9, 2025
February 19, 2025	March 2025	February 10-13, 2025
March 19, 2025	April 2025	March 10-13, 2025
April 16, 2025	May 2025	April 7-10, 2025
May 21, 2025	June 2025	May 12-15, 2025
June 25, 2025	July 2025	June 16-19, 2025
July 23, 2025	August 2025	July 14-17, 2025
August 27, 2025	September 2025	August 18-21, 2025
September 24, 2025	October 2025	September 11-14, 2025
October 22, 2023	November 2025	October 13-16, 2025
November 19, 2025	December 2025	November 10-13, 2025
December 17, 2025	January 2025	December 8-11, 2025

The above dates are aligned with the BC Ministry of Social Development and Poverty Reduction payment dates.
If required, there will be advanced notice for any changes to the dates above through newsletter or SFN social media outlets.

***Job search activity and other requests must be submitted with declarations for applicants required to do so.**



April 2, 2025

Aboriginal Liaison Program (ALP) Report for January to March 2025

Tanisi SFN Community, family, friends,

For your review and comments, my 2024-25 Q4 ALP report. This quarter has seen a variety of meetings, field days, training, courses and travel.



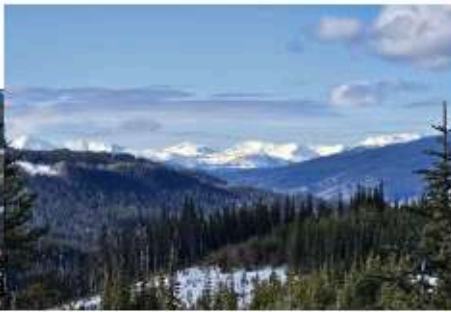
Conservation and Natural Resources

Continue to distribute game from the CO's to the membership. It is significantly less now that we have LEH in our territory, but was able to give deer, elk and moose to membership this last quarter. It is greatly appreciated by our members and always get good feedback.

With summer coming I am planning on contacting the CO's to discuss the coming hunting seasons. Last year, there were almost no CO's available for our territory and I ended up doing drop ins at hunting camps as well. Staffing seems to be a real issue for the CO's so hoping they can sort this out and get staffed up.

Forestry

Continue to support Lisa and her portfolio. This quarter checked on blocks down in the Tumbler Ridge area with no issues to report.



(Meikle Creek Area, dropped in on contractor who was just finishing up his block)

CONTINUED ON NEXT PAGE...

TREP Contacts

TREP Manager

Naomi Owens-Beek
(nowens-beek@saulteau.com)

TREP Assistant Manager

Teena Demeulemeester
(tdemeulemeester@saulteau.com)

Executive Assistant

Sandra Alexander
(salexander@saulteau.com)

Referral Technician - Oil & Gas

Fernie Garbitt
(fgarbitt@saulteau.com)

Referral Technician - Forestry & Wildlife

Lisa Hardy
(lhardy@saulteau.com)

Natural Resource Sector Aboriginal Liaison

Tom Aird
(tom.aird@saulteau.com)

Lands and Resources Planner

Ryan McKay
(ryan.mckay@saulteau.com)

Guardian Program Supervisor

Jessica Eastman
(jeastman@saulteau.com)

INVASIVE SPECIES ALERT!

FERAL PIG

(*Sus scrofa*)

HAVE YOU SEEN THIS ANIMAL?

DESCRIPTION

- In B.C., any pig that is not in captivity or under a person's control is considered a feral pig. This includes:
 - Domestic pig breeds;
 - Eurasian wild boar; and
 - Hybrids
- They vary in colour; may be grey, brown, black, white, or a combination of these colours.
- They vary in weight (males 60-200 kg, females 35-150 kg).
- They may or may not have tusks.



Photo: Ontario Ministry of Natural Resources and Forestry

REPORT INVASIVE SPECIES

Download the App!



www.gov.bc.ca/invasive-species

We Are
HIRING!

JR. LAND GUARDIANS

CONTACT JEASTMAN@SAULTEAU.COM FOR MORE
INFO OR APPLY NOW AT
SAULTEAU.COM/EMPLOYMENT

Would also like to thank Lisa as she has been a big help to me as an alternate for the DCCRA (Disaster and Climate Change Resilience for Aboriginals) Committee. I have been part of this committee for about 3 years now. We have been developing a framework that incorporates our FN values when extreme climate events happen. In February our team hosted the "Indigenous Climate Resilience Forum" virtually. Was well attended, with some excellent presentations and workgroups.

THANK YOU FOR ATTENDING



Oil & Gas

Continue to support Fernie with field activities and attending to meetings as requested. This quarter checked on sites and facilities in the Farrell Creek, Del Rio, Septimus, Groundbirch, Wapiti and Dawson Creek areas. Also did follow-up on pipeline work in Del Rio as there were some issues I discussed with them while there last time. The items discussed were all resolved.

Fernie asked me to attend to a meeting with Enbridge, to discuss their Sunrise

Expansion Project. Always amazes me how well Fernie handles such a large workload. I am familiar with the Enbridge pipe that runs down to the lower mainland and will often get out and walk sections in our territory, when in the field. Won't say too much, as Fernie will be better suited to comment on this project.



On a side note, discussed legacy interviews with Enbridge, and let them know about the project we have been working on with CER, where they are returning our Nations' interview transcripts. Used to be a legal requirement for pipeline projects to interview our members. A lot of our members who were interviewed have since passed and we want these documents to come back to us for the families as historical documents. CER has dealt with



the legality of getting these documents released back to us, so Enbridge has committed to doing the same for us.

Attended to a quarterly meeting with the BCER Policy makers, this quarter, as there are concerns about orphan and dormant wells.

Have started drafting a new relationship document with the CER (Canadian Energy Regulator). The new opportunity is to have us ALP's do inspections with the CER Pipeline Inspectors. We are still working out the terms of this new relationship and plan to discuss it further at a meeting the middle of April in FSJ. This is an exciting and significant opportunity for both the ALP's and the CER. We currently accompany the BCER inspectors on site visits, so this is a natural fit for our program.

This is also a first for our FN communities to participate in pipeline inspections, so lots to figure out and get sorted in a very short time.

BC Hydro and Wind

With Site C running, we have curtailed our reclamation committee meetings. John is still helping me with these, and his knowledge of mining and aggregate are invaluable. This month we have a Site C Reclamation Committee meeting, so should be good to see where BC Hydro is going with reclamation now that the project is live.

Some items for consideration are:

- Graveling of river access points to reestablish fish habitat
- Wetland establishment now that the reservoir is filled
- Site reclamation as the area is decommissioned
- Bird habitat restoration and reclamation
- Ungulate habitat restoration and reclamation
- Monitoring of sluffing and siltation
- Bull Trout transport program

Mining

Continue to support John, with his very busy mining portfolio. When in the field, will do site drop ins and site drive by's.

Planning to help John this summer with some dormant sites in our territory. We had planned to tackle some of these sites last summer, but we both ended up buried in other work. Also planning to walk back in to the Gething Mine Site this summer as a follow up visit from 2 years ago. Site was in good shape and lots on ungulate sign throughout. While there am hoping to GPS the old pack trail that runs through here. Should be a fun and busy site visit.

Saulteau and TREP

Feral Pigs

Attended eDNA training in FSJ as none of the guardian team were available. In layman's, this is just water sampling to detect pig DNA (letting us know pigs are present upstream of a creek). As previously mentioned, the guardians have stepped up to champion the feral pig initiative and am just supporting them when they need help. Also spent some time canvassing farms along the BC Alberta border (between the Peace River down to Kelly Lake), looking for sites the guardians could possibly put up game cameras. Was a great 2 days, as most of the farmers and rural residents knew nothing about the feral pig issue.

Invasives

Am hoping to host another invasives dinner in the near future. Membership has asked me to do this and would be great to get the community invasive program up and running. Some issues to discuss for this are:

- Feral Pigs (Guardians)
- Chronic Wasting Disease (Guardians)
- Whirling Disease (Tom)
- Invasive Plants (terrestrial and aquatic) (Tom)
- Community Invasives Program (Tom)
- Potential for getting a burner for Saulteau (become a regional site for proper disposal of invasives). A lot of the invasives should not be taken to the dump and they will just continue to spread from this site. Burning is the right solution. (Tom)

Thank you for your considerations and please call or get in touch if you have any questions.

Tom

(250)788-6442

tom.aird@saulteau.com

Treaty 8 and BCER Restoration Advisory Committee 2024 ANNUAL NEWSLETTER

About the Committee: A collaborative approach to landscape restoration

The purpose of the Restoration Advisory Committee (RAC) is for the BC Energy Regulator (BCER) and representatives across the B.C. Nations of Treaty 8 to work collaboratively on restoration matters related to the BCER's mandate in Northeast B.C. resulting in inclusive and culturally relevant approaches, including in relation to wildlife habitat and reciprocal restoration. Working in collaboration, Indigenous perspectives, voices, and cultural values are central to the Committee's efforts.

Year in Review

The RAC had **five main goals** in 2024. We contributed to **four of these five goals this year**:



Collaborate on restoration related legislation, policy and guidance.



Share training and learning about restoration.



Collaborate on restoration programs and projects.



Communicate through monthly meetings and an annual newsletter.



Collaborate on data and information management.

Key Highlights:

7 Monthly Meetings

2 In-Person Workshops

1 Conference



Shared learnings, challenges and recommendations for implementing the "Ecologically Suitable Species Guidelines"

June

Hosted presentations and discussions with B.C. Hydro and the Northern Alberta Institute of Technology

October

RAC Members attend the Healing the Land Conference hosted at Saulteau First Nation and lead a panel discussion on 'Raising the Bar in Restoration'.

February

One-day workshop in Fort St. John with a live demonstration of restoration permitting systems.

September

Two-day workshop in Fort St. John, including an industrial visit and a learning and sharing session with RAC members, Twin Sisters Nursery, BC Tree Seed Centre and the National Tree Seed Centre.

In 2025, we are looking forward to another year of collaboration, learning and bettering our restoration practices, along with sharing information and our learnings from the RAC more broadly.

Photo Credit: K. Aqasun, Blueberry River First Nation

Kihcinahowin kîspin piscipowin astîk kimîcowinân

Tracking contaminants in traditional foods

Previous studies in the region suggest higher exposure to metals compared to the general population. Sources of these metals may include traditional foods which can be contaminated by surrounding industrial activity. With community members, we will collect traditional food samples to measure several metals in these samples. We will also use techniques to identify the possible sources of metals in traditional foods.



This project was designed to monitor contaminants in traditional foods, while contributing to building local research capacity.

**Info session: May 15, 2025, 2-5 PM
at the Saulteau First Nations
Cultural and Recreation Centre
during TREP Open House**

A traditional food sampling training program for interested community members will be available. Community members collecting samples will be financially compensated.



Results will be presented during public meetings. Community members will be invited to participate in the creation of communications around the consumption of traditional foods and establish future research priorities.

Questions or comments? Feel free to contact:

Elyse Caron-Beaudoin, Researcher
(elyse.caronbeaudoin@utoronto.ca)

Julian Napoleon, Researcher
(jnapielon@protonmail.com/750-788-5430)

Partners



University of
Toronto



Have you ever been impacted by wildfires, or wildfire smoke? We would like to learn about your personal experiences

Exposure to wildfire smoke is associated with increased hospitalization and breathing, heart and mental health issues. Knowing more about how people living in Northeastern British Columbia experience wildfires will help co-develop future research objectives about the effects of increase wildfires frequency and intensity in this region.



This project aims to better understand peoples' experiences of wildfires. To achieve this, we are organizing focus groups during which we will ask questions about your experiences of wildfires. Food and beverages will be served. This focus group will be audio-recorded and a note-taker will be present. However, your responses will remain confidential, and no names will be included in the final report. Participants will receive a \$150 compensation.

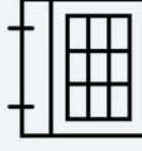


Focus group meeting

When: May 28th 2025, 2-5PM

Where: to be announced soon!

Limited space so please register at TREP with Sandra Alexander in person, by phone (250-788-7290) or by email (salexander@saulteau.com)



Questions or comments?

Feel free to contact:

Elyse Caron-Beaudoin, Researcher
(elyse.caronbeaudoin@utoronto.ca)

Partners



SSHRC CRSH
Social Sciences and Humanities Research Council
Conseil de recherches en sciences humaines



FROM BENCH
TO COMMUNITIES
LAB
LYSE CARON-BEAUDOIN



Michael Smith
Health
Research BC



Fernie May - Oil & Gas Referral Technician

Tansi SFN

Membership.

I hope everyone is starting to get warmed up for Summer is around the corner. I wanted to provide some updates on what I have been doing. I usually report to the community twice a year on oil & gas.



OIL & GAS UPDATES

BCER-BC Energy Regulator

I am pleased to announce that SFN TREP Oil & Gas has now caught up on all the BCER Backlog of Private and Crown Land referrals in the last 3yrs. Since 2022-2024 I have responded to a total of 869 BCER referrals. The 869 were mostly on Private or Crown Lands with low impacts or they were already existing, a lot of amendments or permits that were already approved years ago but the BCER is re-consulting on them. To review a referral through my desktop, it can take up to 15minutes to 2-3 hours, depending on the development. SFN TREP is more concerned about the new land disturbances and new cuts. SFN TREP always request oil & gas companies to ask for First Nations participation on any baseline field studies, so therefore promote Aski Reclamation Environmental field monitors.

MOE-BC Ministry of Energy.

We also met with BC Government-Ministry of Energy and Climate Solutions and they deal with the PNG Tenure Disposition Parcels(square blocks of crown lands)subsurface rights. These parcels go on a government website for sale and industry can pay rent on a tenure or a lease to drill for any oil&gas development. Last year, they mentioned there was a backlog of 300 PNG referrals they wanted to re-consult on, then early 2025 they mentioned it increased to 400 for the North Peace area. We were shocked by how many, and I thought we could not respond to another backlog of government ministry referrals. So, we discussed, and only wanted to review tenures within our consultation area or within Saulteau traditional area and we successfully got the number down to 64. SFN TREP was pleased with this number and the New Junior Referral Technician-Hailey Lalonde is being trained up and has responded to those 64 tenures and we are deferring 3 sensitive files for SFN, we will be discussing further with the government.

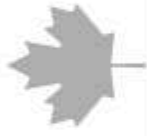
CGL Project

This project is almost done completion, and the gas will start flowing in July 2025. SFN TREP had negotiated a Cultural & Construction Monitor for this project in 2018-19. The SFN Aski Environmental Monitors that worked on this project for the Nation was Buddy Napoleon and Yvonne Tupper. CGL has extended the work at the Mount Brassey compressor area for Yvonne Tupper. Yvonne was dedicated and did good reporting back to the Nation on any concerns or comments. WE appreciate and THANK YOU for all the hard work she has done for SFN over the last 5yrs. Yvonne has collected (this is a mitigation measure) Diamond Willow fungus from the CGL project to the TREP dept. and it is available for SFN Members, come get some before it's all gone.



CER Updates

Canadian Energy Regulator



I also have been very busy with 2 major CER projects which are the Taylor to Gordondale (T2G) proposed by Pembina and the Sunrise Expansion--Westcoast proposed by Enbridge. SFN are intervenors with these 2 federal assessments, which means SFN will submit information through the Government portal-REGDOCS and participate in the federal hearings. The CER has a certain process, and these 2 projects were submitted very close together, so their deadlines and timelines are aggressive. TREP has successfully secured funding to conduct an Indigenous knowledge study and technical work from the federal government and the respective proponents. We made sure to hire consultants that will work on SFN's behalf. SFN TREP hired The Firelight Group to do our Indigenous Knowledge Studies (formally TUS), we interviewed and ground truth with SFN members knowledge on the Land for these projects. We hired PGL to do a FNTR (First Nations Independent technical Review) which provides the potential impacts to the SFN with input or feedback to industry proponents and government. The Firelight Group and PGL have supported us in many other projects in the past and we always appreciate the work they do for SFN. SFN sometimes needs to hire consultants to help assist SFN staff that don't have time or the expertise to do the technical work for projects.

We hosted a Firelight/PGL meeting on Feb 24th and we had 14 SFN members attend that meeting and it was a meeting on the results from the Indigenous Knowledge study that took place in Oct 2024 and what was coming up for Sunrise project. It was requested by members at that meeting to contact the CER and the proponents, so they can get more clarification on some questions they have.

Soo, The SFN TREP is happy to announce that we are hosting a community meeting with the CER along with Enbridge and Pembina. We had a meeting on information and updates regarding these 2 projects on APRIL 23rd from 5:00-8:00pm at the Cultural Building Gym. We had a dinner and refreshments and will be live online for members that cannot attend but want to listen in.

The Groundtruthing for these 2 projects is scheduled for May 20th&21st, 2025 with IK holders and TREP staff.

Taylor to Gordondale Project



The Firelight Group interviewed 13 SFN members in October 2024 at the SFN Cultural Building and the Pomeroy Inn in Dawson Creek for the Indigenous knowledge study. The final Report was complete by January 2025 for the Taylor to Gordondale Project.

After Firelight generates a Report then the TREP Manager has the final review and approval. Firelight also sends the latest IK data from our members to SFN TREP GIS to put into the ARCGIS program--all this information is confidential and only certain TREP staff have access to this sensitive information. We do generate 2 reports, one confidential for SFN & one non-confidential report for the proponents that provided SFN funding for this information and based on the relationship with the Nation. This project is mostly on Private lands and existing disturbance. To conclude, the government will compile all FN's information to either accept or decline a project--which in most cases it is approved for the BC/Canada Economy.



I had asked the T2G interviewees Jenine Campbell-Cove, Betty (Elizabeth) Supernault, and Penny Berg to join me in the CER hearings in March 24th, 2025 in Grande Prairie. We spoke on our Treaty Rights, water, wildlife, vegetation, the environment and traditional practices. I was honored to have these ladies support me and provide their information for this project. The Groundtruthing is scheduled for May 21st, 2025 with firelight and IK interviewees.

Sunrise Expansion Pipeline Project



Firelight Group completed their IKS interviews for this project with 13 SFN Members at the Cultural Centre Building from March 31-April 3rd. I want to Thank The SFN Members that provided confidential and valuable information data into our mapping GIS mapping system. Groundtruthing is scheduled for May 20th in McKenzie Junction and then on May 26th, we will attend the Sunrise CER hearings in Chilliwack.

SFN TREP accepts a cheque from Enbridge Team
Tom Oulette and Jaime Lawrence to complete the FNITR & IKS for the Sunrise Expansion Project.

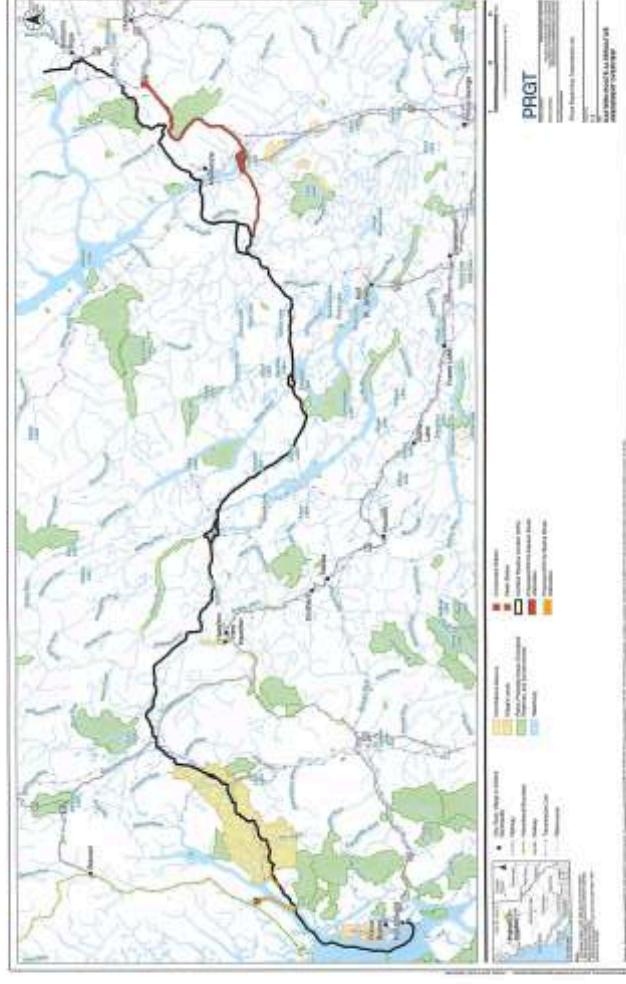
Thanks Enbridge!



PRGT-Prince Rupert Gas Transmission



This Pipeline was originally owned by TC Energy and they had an original route that went through the PMT (Peace Moberly Tract), one of our protected areas. It also, would go up the headwaters of Moberly Lake and HDD under the upper Moberly River 6-7times, and would pass close to Mount Frank Roy and our sacred Twin Sisters Mountains. SFN opposed section 1 option through our traditional territory and SFN took the stance for many years and said NO and received support from other Treaty 8 BC nations and the BC Ministers. After years of negotiating with the SFN Team, TC Energy finally agreed to an alternate route. There is still a permit amendment that would need to be cancelled on section 1 and then we can work with Western LNG, who is starting their Pre-engagement with SFN TREP on the new route near Chetwynd. Since early 2024 TC Energy has sold their PRGT project to Western LNG. Western LNG have already had a couple of meetings with SFN to discuss regulatory management plans and discuss environmental studies coming up for this summer season. Brandi Hall and Derek Orr are engaging with SFN on this project.



ARC Resources Field Trip- April 2nd, 2025-SFN went out on field with Kevin Krall from Arc Resources to check out the Beaver Habitation and where their Transmission pole placements will be located. This was part of pre-engagement with the community. Arc Resources has agreed to keep SFN/Aski environmental monitors out on their projects in the Farrell and Attachie areas. It was a good day, we even seen about 18 elk laying in a field

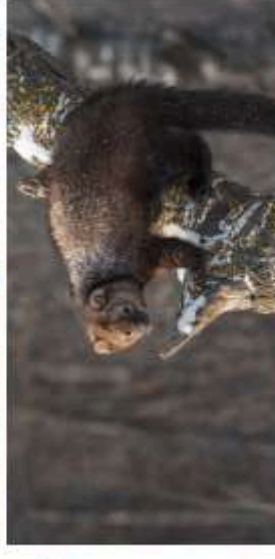


There were about 18 elk laying in a field on the upper Cache Rd.

North Montney Mainline



Brandi Cox and I-TC Energy Rep have finally completed the Fisher Box project regarding the PMTPP (Peace Moberly Tract Protection Plan). This was a long-overdue process that needed to be completed. These Fisher boxes were to be along the PMT NMMML Pipeline ROW, so we asked Brian Desjarlais to make 10 Fisher boxes last fall, he did an awesome job building them. Trapline holder Bev Rohel gave permission for the Garbitt Boys to install the 10 fisher boxes, this took 4 days and was completed in Dec. 2025. It was suggested that TC Energy get trail cameras to monitor the fisher boxes to see if any fisher or small wildlife are using them. Also, these fisher boxes can be moved around in different locations. TREP thanks TC Energy and SFN members completing this task for NMMML and the PMTPP



Upcoming Dates:

TREP Open House May 15th at the Cultural Centre
1-7pm, please come and visit us.

If you have any questions on oil & gas projects- please reach out to Fernie May Garbitt-fgarbitt@saulteau.com or direct line 250-788-7289 or Hailey Lalonde-hlalonde@saulteau.com at 250-788-7363.

Hello SFN

my name is Hailey Lalonde.

I am the new Junior Oil & Gas Referral Technician in the Treaty Rights and Environmental Protection (TREP) department.

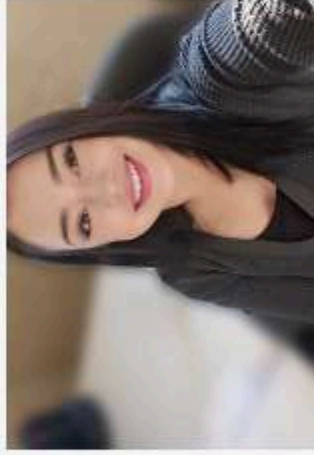
I am a Saulteau First Nations band member, a part of the Gauthier family.

I have lived in the Moberly and Chetwynd area for most of my life. After graduating high school, I moved down to southern BC to work at various resorts. It was a great experience as a young adult, I learned many life lessons and even had the opportunity to help lead a department during those years.

I moved back to the Chetwynd area over 5 years ago now, and I have recently received my Business Management diploma from Career City College.

I have always had a desire to work for our Nation and I am so grateful to be given the chance. I hope to pursue this position for years to come.

Thank you!



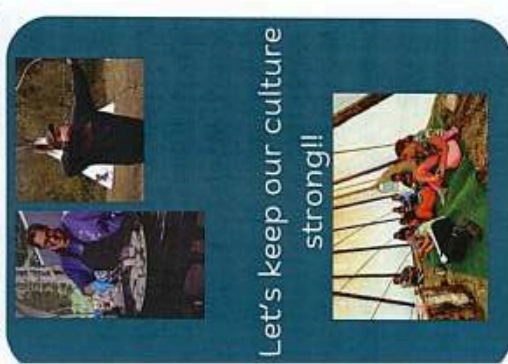
Call out for Traditional Knowledge Holders

Are you a Knowledge holder, storyteller, artisan, or Elder with Cultural teachings to share?

What we are looking for:

- Teachings on land-based practices (hunting, fishing, trapping, plant medicine)
 - Language, songs and historical story telling
 - Traditional crafts and skills (Beading, carving, sewing, painting, traditional tool making, drum making etc.)
 - Ceremonies and cultural protocols
- If you are interested in sharing or know someone who carries knowledge that should be heard, please reach out to

jkristoffy@saulteau.com or
tpaquette@saulteau.com
Culture Centre contact number is
250-788-7370



Let's keep our culture strong!!

Let's uplift, learn and walk along side the wisdom of our nation.

EMERGENCY MANAGEMENT UPDATE

Did you know that our Emergency program works in four different areas -

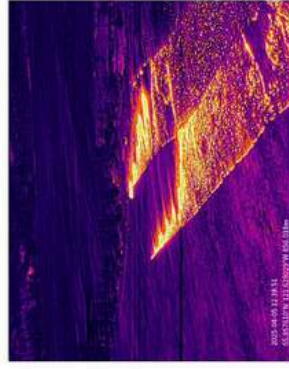
- **Preparedness:** How can we prepare for potential emergencies?
- **Mitigation:** How can we lessen the impacts of an emergency?
- **Response:** What would we do if an emergency were to occur?
- **Recovery:** How would we 'return to normal' after an emergency?

This past month we focused on Wildfire MITIGATION through the successful completion of an agricultural burn within community - this type of activity not only reduces fine fuels that are great starter materials for a wildfire, but it also helps to prep our agricultural lands for a healthy growing season!

We also had the opportunity to test out some RESPONSE capacities during the burn - check out these side by side comparisons of our thermal drone camera! This type of technology allows us to identify hot spots in real time and can provide critical information to fire response personnel during night operations or poor visibility (i.e. difficult to access areas or during smoke black-out conditions).



Regular Photo - Taken with Drone



Thermal Camera - Yellow / Orange is the Hot Spots, Purple / Back is Cool Areas

A big thank you to the Saulteau Staff, BC Wildfire Service, & Volunteers from the Moberly Lake Fire Department who helped make this happen!

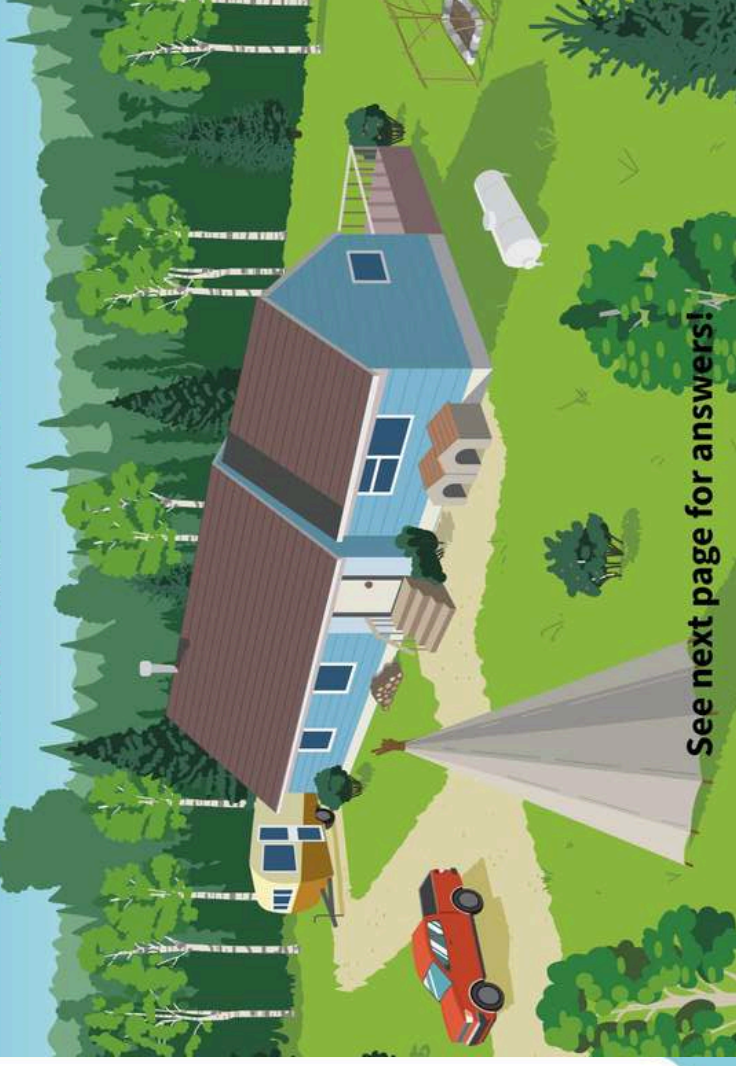
Would Your Home Survive a Wildfire?

How does a wildfire end up burning down homes?

- ✗ It's NOT through direct flame contact.
- ✗ It's NOT through heat exposure or combustion.
- ✓ It's the EMBERS of a fire - nesting down in flammable materials near or on your home!

Embers are the small, burning pieces of fire - often carried through the wind with the smoke of a fire.

Embers love flammable materials - where around this home would an ember start a fire?



See next page for answers!

Embers are the small, burning pieces of a fire - often carried through the wind with the smoke of a fire.

Embers love flammable materials - where around this home would an ember start a fire?

- In eaves and gutters full of old leaves and pine needles.
- In wood piles stacked up against your home.
- Around dog houses or other structures up against your home.
- In bushes or vegetation within 10 meters of your home.
- Under your deck or in cracks and spaces between deck boards.
- In long grass or weeds, especially around fuel sources.
- Under parked trailers, RVs, vehicles or ATVs.



Are YOU Ready for the Season?



72 Hour Emergency Kit Packed!

- Water, Snacks, & Dry Foods
- Phone Charger
- Battery Powered Radio
- Flashlight
- Contacts or Glasses
- First Aid Kit
- Whistle
- Baby Supplies
- Pet Supplies
- Medications



Family Emergency Plan Done!

- Contact information is up to date for everyone in the home
- Evacuation plan is set - where would the family meet in town?
- Who is responsible for what?
- Who would be driving? In what vehicle?
- If someone in the home would need help to evacuate - I have let SFN know! (If not - please let us know, 250-788-3955 EXT 2072)



Home Safety Plan Done!

- No flammable materials stored within 10 meters of the home
- Emergency shut offs - water, power, air intake - are identified
- Insurance - both vehicle & tenants insurance - is up to date and includes wildfire coverage.

FOR UP TO DATE INFORMATION -

WILDFIRE



DROUGHT



WEATHER



AIR QUALITY



TRUSTED LOCAL INFORMATION SOURCES ARE ALWAYS BEST!