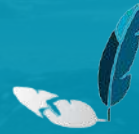


JUNE 2025

otâcimow



Official Newsletter of Saulteau First Nations

Strengthening Our Cultural Foundations: New Committee and Roles Announced

Saulteau First Nations is proud to announce several exciting new developments that will enhance our cultural vitality and support community wellness.

Cultural Planning Advisory Committee Launched

Chief and Council have formally approved the creation of the Cultural Planning Advisory Committee (CPAC), a community-driven group tasked with safeguarding and promoting SFN's cultural heritage. This committee will work closely with leadership and departments to ensure our traditions, values, and language are embedded into all aspects of Nation planning and programming. Elders, youth, and cultural practitioners will play a central role in guiding this important work.

Contact Laurelle Watson lwatson@saulteau.com to express your interest in joining the committee!

New Culture Centre Receptionist Positions

In support of extending hours and improving accessibility at the new Culture Centre, two new receptionist positions have been created. These roles are critical to ensuring the Centre remains a welcoming and well-organized hub for cultural activities, community gatherings, and workshops. By expanding operating hours, we aim to create more opportunities for members to connect with culture, language, and each other.

Welcoming the Four Pillars Coordinator

Thanks to funding support from the Four Pillars Society, we are pleased to introduce a new Four Pillars Coordinator position. This role reflects a growing commitment to wraparound community wellness by supporting the four pillars of healing: emotional, spiritual, mental, and physical. The coordinator will collaborate across departments and with external partners to promote culturally grounded services, intergenerational healing, and programs rooted in Indigenous knowledge and teachings. Learn more about the Four Pillars Society and its vital work at fps-lchw.ca.

These initiatives mark an important step forward in uplifting Saulteau's cultural identity and ensuring that our programs and services reflect the values of our people. We look forward to continued collaboration with community members as we build a culturally strong and unified future together.

This issue:

Chief & Council Update
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Asset Management,
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CHIEF & COUNCIL UPDATE



GOOD DAY, SAULTEAU CITIZENS AND COMMUNITY MEMBERS!

As we approach the month of June, we reflect on a very full and productive May. Our departments have been hard at work delivering programs and services, and we appreciate the continued updates from our team—thank you, Nathan – Executive Director, for keeping us informed!

Governance & Policy Development

Chief and Council continue to work diligently on updating and developing policies that reflect our Nation's values and long-term vision. While this is a slow and careful process, it is essential to ensure our governance structures are strong, transparent, equitable and accountable.

Honouring MMIW

We extend our heartfelt gratitude to all who organized and participated in the recent events to honour Missing and Murdered Indigenous Women (MMIW). This ongoing crisis deeply affects our community, and we stand in remembrance and solidarity with the families and individuals impacted. Your strength and voices are vital in the path toward justice and healing.

Clean Energy & Economic Development

In May, Chief and Council attended the Generate 2025 Conference hosted by the Clean Energy Association of BC in Vancouver. This event celebrated First Nations leadership in clean energy and explored future opportunities for collaboration and innovation.

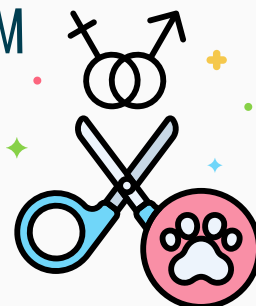
We also continue to advance initiatives such as:

- Staff Meet & Greet sessions to strengthen internal collaboration.
- The Energy Retrofit Program, which is ongoing and making great strides.
- Construction of 10 new homes, a step forward in addressing housing needs.

Chief & Council Update continued on next page....

SFN PET SPAY/NEUTER PROGRAM

Did you know that Saulteau has a FREE Pet Spay/Neuter program for on-reserve Members? That's right! You can get your furry friend a vet appointment by contacting Niki Ghostkeeper nghostkeeper@saulteau.com.



Council Contacts

Rudy Paquette

Desjarlais Family - Chief
rpaquette@saulteau.com

Justin Gauthier

Gauthier Family Councilor
justin.gauthier@saulteau.com

Colleen Totusek

Davis Family Councilor
ctotusek@saulteau.com

Donovan Cameron

Courtoreille Family Councilor
dcameron@saulteau.com

Juritha Owens

Napoleon Family Councilor
jowens@saulteau.com

Council Admin

Niki Ghostkeeper

Council Executive
nghostkeeper@saulteau.com

Tristan Robertson

Council Assistant
tristan.robertson@saulteau.com

Governance Contacts

Nathan Paquette

Executive Director
npaquette@saulteau.com

Norma Gauthier

Indigenous Registry & Membership
ngauthier@saulteau.com

Our economic development efforts are guided by informed decision-making, rooted in Nation values and strategic planning. We inherited many assets and are working to align them with our long-term goals with continued meaningful investment. The economy moves quickly, and the Nation strives to respond with the same speed—backed by qualified staff, legal counsel, and industry experts.

Four Pillars Society Funding & Financial Stewardship

With the funding from the Four Pillars Society, we are focusing on the Four Pillars. This resource is finite divested from a not-for-profit Trust as a result of a Nation wide class action, and we are committed to managing it responsibly. Our approach includes:

- Developing a clear, informed plan.
- Engaging knowledge holders and experts.
- Ensuring transparency and accountability.

The Four Pillars include:

- Revival and protection of Indigenous languages;
- Revival and protection of Indigenous cultures;
- Protection and promotion of heritage; and
- Wellness for Indigenous communities and their members.

Pleased to share that SFN has submitted a proposal and five year plan to the Four Pillars Society which was recently accepted. We are ahead of the curve on this as other nations are still in the planning phase. With this funding, and our new Culture Centre, we are well poised to revitalize our language and culture.

Treaty Rights & Legislative Updates

We are closely following new BC legislation aimed at modernizing historic treaty rights. A recent milestone was the passing of legislation allowing First Nations to register fee simple title in their Nation’s name. Discussions are now underway regarding tax legislation and how it aligns with our treaty, as understood by us.

This is a critical time to ensure shared understanding between our Nation and the provincial government. If that understanding is not yet in place, we are committed to working toward it.

Economic Reconciliation & Major Projects

At the First Nations Major Projects Coalition, we engaged in important conversations around economic reconciliation. We explored how First Nations, governments, and industry define participation in relation to inherent, Aboriginal, and treaty rights.

There is growing momentum for First Nations to own or capture equity (partial ownership) of utilities within their territories. This aligns with our goals for data sovereignty and the principles of OCAP — Ownership, Control, Access, and Permission.

Genealogy & Nation Identity

Genealogy research with the Havlik Group is progressing well. Their comprehensive genealogy research will span the next 1–2 years and conclude in interviews with Nation members and elders. This work is foundational to understanding our identity, and supporting our journey of truth and reconciliation—defined by us.

In Closing

We thank you for your continued support and engagement. As always, we are guided by our shared values, our ancestors’ wisdom, and our collective vision for a strong, self-determined future.

With respect and unity,
Chief and Council
Saulteau First Nations





COMMUNITY MEETING

ELDERS' MEETING

TUESDAY, JUNE 3RD, 2025

9:00AM - 12:00PM

ELDERS LOUNGE - SFN CULTURAL CENTRE
LUNCH SERVED AT 12:00

COMMUNITY MEETING

TUESDAY, JUNE 3RD, 2025

5:00PM - 8:00PM

SFN CULTURAL CENTRE GYM & ONLINE
DINNER SERVED AT 5:30

Come out to meet representatives of the Mistahiya Development Corporation!

COMMUNITY MEETING ALSO AVAILABLE VIA ZOOM



Visit Us
mistahiyacorp.com

Contact Us

dcameron@saulteau.com





Saulteau First Nations Annual Pemmican Days 2025

July 10th, 11th, 12th, 13th

Schedule

THURSDAY JULY 11TH

Event	Time
Event Registration (Band Hall)	4:30-6:30pm
Community Feast - With Special Guest (Culture Centre)	6:30-8:30pm
FRIDAY JULY 12TH	
Final Event Registration (Band Hall)	9:00-11:00am
Treaty Payments (Band Hall)	11:00am-2:30pm
Pemmican Parade	2:00pm
Grand Entry & Opening Comments	3:00pm
Pugeesee & Horseshoes	3:30-8:00pm
Youth (8-17) Bow & Arrow, Axe Throw, Sling Shot	3:30pm
Teepee Raising	5:00-8:00pm
Animal Calls	6:00-7:00pm
Honeymoon Race	7:00pm
Moccasin Race	7:30pm

SATURDAY JULY 13TH

Pancake Breakfast (Band Hall)	8:00-10:00am
Teepee Raising Judging	9:00-10:00am
Bow & Arrow, Sling Shot, Axe Throw	9:00am (Women First)
Competition Events	10:00am-6:00pm
Horseshoes, Pugeesee, Tug Of War	
Beading Competition	11:00am-2:00pm
Kids Fun Zone	12:00-5:00pm
Dry Meat Cutting (Youth & Adult)	1:00-3:00pm
Youth Indian Bingo (13-17)	2:00-3:00pm
Adult & Elders Indian Bingo	3:00-4:00pm
Jigging Contest	4:00pm
Two Stepping Contest	5:00pm
Saulteau's Got Talent Show	6:00pm

SUNDAY JULY 14TH

Pancake Breakfast (Pemmican Grounds)	8:00-10:00am
Men, Womens, and Teenagers 16 and Up Endurance Race	9:00am
Horseshoes & Pugeesee	10:00am
Youth 12 - 15 Endurance Race	11:00am
Youth 11 and Younger Endurance Race	11:30am
Tea Boiling	11:30am
Braiding Competition	12:00pm
Kids Fun Zone	12:00-3:00pm
Bannock Making Contest	12:30-1:30pm
Elders Bingo	1:30pm
Childrens Relay Race	1:30-2:30pm
Leg Wrestling	3:00pm
Closing Ceremony - Drummers & Round Dance	

REGISTRATION

LIMITED Entry of Some Events! Registration is Thursday Evening and Friday Morning. (Same day Registration is not available)

PEMMICAN PARADE \$50 PER FLOAT - BEADING COMP - \$10 PER ENTRY - BRAIDING COMP - \$10

TEAM
EVENTS
\$20 PER
PERSON

ADULT & EDLER
EVENTS
\$5 PER PERSON

YOUTH 12-17
EVENTS
\$5 PER PERSON

CHILDREN 8-11
\$2 PER PERSON

CHILDREN 0-5
\$0 PER PERSON
PARTICIPATION
PRIZES

EVERYONE IS WELCOME. It is NOT mandatory to have a band member on your team to register for any event. You must be in attendance to claim prizes! No pets and pedal bikes on the grounds.

Time

Prizes

Pemmican Parade

1st \$3,000 / 2nd \$2,000 / 3rd \$1,000 (Adults)

Pugeesee (Handgames)

1st \$10,000 / 2nd \$6,000 / 3rd \$4,000

Horseshoes

A Division - 1st \$6,000 / 2nd \$4,000 / 3rd \$2,000

B Division - 1st \$3,000 / 2nd \$2,000 / 3rd \$1,000

Tug of War - Men & Women's

1st \$2,000 / 2nd \$1,000 / 3rd \$500

Saulteau's Got Talent Show

1st \$1000 / 2nd \$500 / 3rd \$300 (Adults 18+)

1st \$200 / 2nd \$100 / 3rd \$75 (Youth 12-17)

1st \$100 / 2nd \$75 / 3rd \$50 (Children 8-11)

Endurance Race Men, Woman, 16 & Up

1st \$6,000 / 2nd \$4,000 / 3rd \$2,000

Youth Endurance Race

A Division Ages 12-15 - 1st \$300 / 2nd \$200 / 3rd \$100

B Division Ages 6-11 - 1st \$100 / 2nd \$75 / 3rd \$50

Teepee Raising Contest

1st \$2000 / 2nd \$1500 / 3rd \$1000

Men & Woman's Events (Adults)

Bow & Arrow, Axe Throw, Sling Shot, Dry Meat Cutting, Bannock Making, Tea Boiling, Leg Wrestling, Jigging, Two Stepping Contest, Braiding Competition, Beading Competition, Best Traditional Dressed
1st \$500 / 2nd \$300 / 3rd \$200

Girls and Boys Youth Events Ages (8-17)

Bow & Arrow, Sling Shot, Leg Wrestling, Jigging, Two Stepping

Contest, Youth 12-17 Dry Meat Cutting

1st \$100 / 2nd \$75 / 3rd \$50

Animal Calls

Adult - 1st \$500 / 2nd \$300 / 3rd \$200

Youth (8-17) - 1st \$100 / 2nd \$75 / 3rd \$50

Honeymoon & Moccasin Race (Adult)

1st \$100 / 2nd \$75 / 3rd \$50

Door Prizes!

50/50 Raffle

SWAG Tent

Food Vendors

Everyone
Welcome!

This is a drug and alcohol free event!

Message From Chief and Council

IMPORTANT NOTICE:

You have 10 MINUTES to show up to an event after your name has been called. If you don't show up, you will be disqualified.

Pay close attention when signing up for events - Try not to Double Book!



Saulteau First Nations

CULTURE CAMP

AUGUST 10TH - 14TH - CARBON LAKE



MONTANA & BROGAN
PRACTICING THEIR ARCHERY SKILLS



DENE & STARR
DRUM MAKING



YUMMY BANNOCK



YVONNE, NAOMIE & MONICA
HIDE SCRAPING

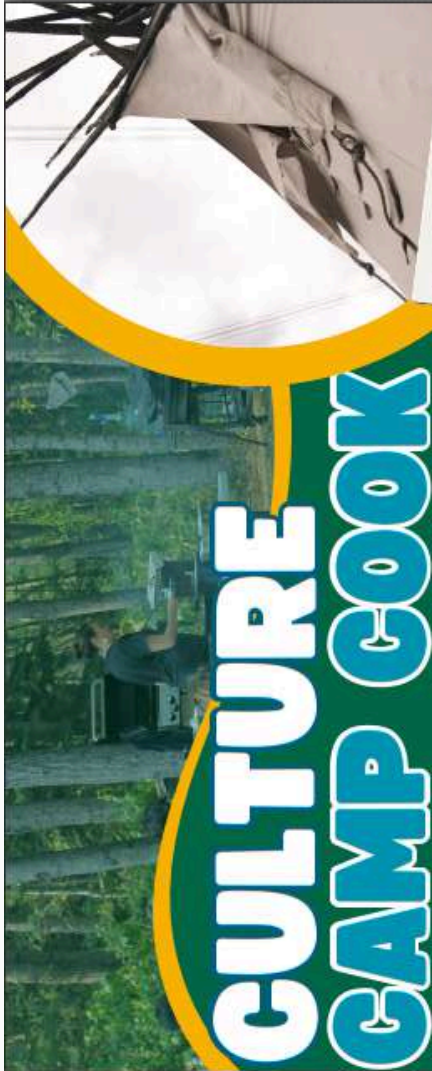


COME OUT AND JOIN US FOR THIS YEAR'S CULTURE CAMP!!

ENJOY LEARNING ABOUT NATURE, TEACHINGS FROM OUR ELDERS, HUNTING, HIKES, CRAFTS, CAMPFIRE STORIES, AND CHATS ABOUT TREATY 8 TERRITORY

MUST SUPPLY YOUR OWN:
UTENSILS, PLATES, CUPS, AND WATER BOTTLES

IF YOU HAVE ANY QUESTIONS OR CONCERNS PLEASE EMAIL CARLEE AT CWESTGATE@SAULTEAU.COM



CULTURE CAMP COOK

Are you interested in cooking for this year's Culture Camp? Please send a brief description to cwestgate@saulteau.com of why you would be interested and what you would be cooking!

August 10th - 14th - Carbon Lake

- Valid Food Safe
- Provide your own team
- Provide your own transportation

Cooking Details

Each meal will be for 30-50 people

- 4 - Breakfasts
- 5 - Lunches
- 4 - Dinners

Deadline June 10th at 9:00 am





WASTEWATER PROJECT CHANDOS CONTRUCTION MONTHLY COMMUNITY UPDATES



May 26th 2025

June 24th 2025

July 22nd 2025

August 19th 2025

September 16th 2025

October 21st 2025

All Meeting Times Run: 5:30pm- 7:00pm
All Meetings held in Cultural Center Training Room
Light Dinner Provided

Department Contacts

Manager Assets Capital Projects
Shane Reynolds
(sreynolds@saulteau.com)

Asset & Capital Project Administrator
Falon Gauthier
(fgauthier@saulteau.com)

Housing Operations Manager
Cindy O'Brien
(cindy@saulteau.com)

Tenant Relations Supervisor
Marci Doonan
(mdoonan@saulteau.com)

Public Works & Facilities Manager
Ronda Lalonde-Auger
(rlalonde@saulteau.com)

HAPPY
SPRING

SFN GARBAGE PICK UP SCHEDULE

BEN FUCHS SFN GARBAGE HAULING SERVICES SAULTEAU FIRST NATIONS RESERVE IR #169

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<ul style="list-style-type: none"> - Hwy. 29 - Riverside Sub. - South Moberly - Lakeview Subs. - SFN Buildings - Triplexes 	<ul style="list-style-type: none"> - Muskoti Sub - Onion Ring Sub Phase 1 & 2 - Office & Comm. Bldgs - Boucher Lake Rd. - Triplexes 	<p>No Service</p>	<ul style="list-style-type: none"> - Hwy. 29 - Riverside Sub. - South Moberly - Lakeview Subs. - SFN Buildings - Triplexes 	<ul style="list-style-type: none"> - Muskoti Sub - Onion Ring Sub Phase 1 & 2 - Office & Comm. Bldgs - Boucher Lake Rd. - Triplexes 	<p>No Service</p>	<p>No Service</p>

PLEASE NOTE:

- SOME AREAS MAY HAVE PICK UP DATES ON THURSDAYS – THIS USUALLY AFFECTS THE ONION RING SUBDIVISIONS, OFFICE BLDGS.
- HOLIDAYS MAY AFFECT PICK UP DAYS

CULTURE, HERITAGE, & RECREATION



NATIONAL INDIGENOUS PEOPLES DAY

WEST MOBERLY FIRST NATIONS

MIYOMACHÉWI KAMIK
NORTHERN NATIONS WELLNESS CENTRE

Tansi
FRIENDSHIP CENTRE SOCIETY

Saulteau
FIRST NATIONS

SATURDAY, JUNE 21ST - 10:00 AM - 2:00 PM - ROTARY PARK

COME OUT AND JOIN US FOR THIS YEARS EVENT. WE HAVE LOTS OF EXCITING THINGS HAPPENING!!

TACO IN A BAG

OUR ACTIVITIES

- Pugeesee
- Crafts
- Painting
- Recreational activities
- Bannock on a stick
- Beading
- Hair Braiding
- Many more activities

DOOR PRIZES

Cultural Centre Staff

Front Desk Reception

1-250-788-7370

Ethan Cameron

ecameron@saulteau.com

Manager, Culture & Heritage

Jamie Kristoffy

(jkristoffy@saulteau.com)

Cultural Connection Coordinator

Tylene Paquette

(tpaquette@saulteau.com)

Community Events Coordinator

Carlee Westgate

(cwestgate@saulteau.com)

Recreation Coordinator

Montana Fuller

(mfuller@saulteau.com)



If you have any questions please reach out to Kelsey wellness@tansifcs.com, or Carlee cwestgate@saulteau.com



FirstVoices Keyboards



Text in your Indigenous language!

Over 80+ keyboards available

firstvoices.com/keyboards

FirstVoices

NEW CULTURAL CENTRE RECEPTION PHONE LINE IS OPEN! (250)788-7370



CALL US

Looking to contact the cultural Centre? You can now call the front reception line Monday-Thursday from 8:00am to 4:00pm.



SFN Dance Group

YOUR DONATION MAKES A DIFFERENCE!



WHAT YOU CAN DONATE:

If you or your kids have outgrown your Pow Wow Regalia, and would like to see them being used, you can Donate them to the SFN Dance group.

We have kids that would love to Dance, but don't have people or time to make them at the moment, this would give them the opportunity to dance till they can make their own. We would so appreciate it. You would be making a difference in someone else life. All donations can be dropped off at the Cultural Centre from 8-4:30 Monday to Thursday

Thank you so much

📞 250-401-1580

📍 1706 Boucher Lake Rd.

tpaquette@saulteau.com

ATTENTION MUSICIANS!



WOULD YOU LIKE TO BE A MUSIC LESSON TEACHER? MUST BE ABLE TO SUPPLY A CLEAN VULNERABLE SECTOR CRIMINAL RECORD CHECK



IF YOU ARE INTERESTED PLEASE EMAIL MFULLER@SAULTEAU.COM OR CALL 250-788-7370



Saulteau First Nations
Invites you to join this
year's annual

Pemmican DAYS

PARADE

Registration

July 11th - 4:30pm - 6:30pm

Final Registration

July 12th - 9am - 11am

\$50 per float (Adult)

\$5 per float (Age 12-17)

Parade Day

July 12th 2025

Time: 2:00pm Start



Let's celebrate the many
cultures from around the
world!
"One World, Many Traditions"

**VEHICLES,
BICYCLES,
HORSES,
QUADS, & SIDE
BY SIDES ALL
WELCOME**



1st Place \$3000 / 2nd Place 2000 / 3rd Place \$1000
(Adult Category)

1st Place \$250 / 2nd Place \$100 / 3rd Place \$75
(Youth Ages 12-17 Category)

Designated 1st, 2nd & 3rd Prizes for Kids Ages 1-11 Category

UVIC'S INDIGENOUS STUDENT MINI-UNIVERSITY



JULY 7-11, 2025

WEEK-LONG SUMMER CAMP FOR INDIGENOUS YOUTH ENTERING GRADES 9-12

Hosted by the Office of Indigenous Academic and Community Engagement



Connect with culture



Explore different areas of education



Uvic Meet n' Greet & Career Fair

WHAT TO EXPECT AT MINI-U

- **Introduction to University Life** - Experience a week at UVic, living on campus and exploring post-secondary education.
- **Academic Exploration** - Engage in sessions that introduce potential areas of study and spark curiosity.
- **Cultural Connection** - Participate in cultural activities and connect with Indigenous supports.
- **Holistic Learning** - Enjoy a mix of academic, physical, creative and social activities.
- **Supportive Environment** - Learn in a culturally safe and inclusive space with other Indigenous students.
- **Confidence Building** - Gain the knowledge and experience to see university as an attainable path.

CAMP FEES

\$100 non-refundable reg fee

HOW TO APPLY




















Applications are open from May 9 - 30.
Check out our website uvic.ca/face or scan the QR code for event updates!

CONTACT

Mini-University Camp Coordinator
miniuvic@uvic.ca



ACADEMIC // PHYSICAL // CREATIVE // CULTURAL // SOCIAL ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 	3 WEIGHTROOM 6:00 – 8:30PM	4 KIDS ZONE 3:00 – 5:00PM	5	6 	7  PUBLIC SWIM 10:00 – 12:00PM
8 	9  WALKING GROUP 5:00 – 6:00PM	10  WEIGHTROOM 6:00 – 8:30PM	11 KIDS ZONE 3:00 – 5:00PM	12  CHAIR YOGA 5:30 – 6:30PM	13 	14  PUBLIC SWIM 10:00 – 12:00PM
15	16	17  WEIGHTROOM 6:00 – 8:30PM	18 KIDS ZONE 3:00 – 5:00PM	19  HIKE 9:00 – 12:00PM	20 	21  NATIONAL INDIGENOUS DAY CELEBRATION
22 	23  WALKING GROUP 5:00 – 6:00PM	24  WEIGHTROOM 6:00 – 8:30PM	25 REC GONE	26  CHAIR YOGA 5:30 – 6:30PM	27 	28 WEIGHTROOM 8:00 – 11:00AM
29	30	31  WEIGHTROOM 6:00 – 8:30PM				

CHAIR YOGA



with Starr

Join us for some simple and light stretching.
Learn gentle breathing techniques to destress and soothe a tired mind.
What to bring: comfortable clothing, water bottle and a smile
Ages 11+

Thursdays June 12 & 26 5:30 - 6:30PM
Culture Center Training Room

ONLY TEN SPOTS, PLEASE EMAIL MFULLER@SAULTEAU.COM OR CALL 250-788-7370 TO REGISTER

JOIN ME FOR

PUBLIC SWIM

SATURDAYS JUNE 7 & 14
10:00AM - 12:00PM
@ CHETWYND REC

YOUTH UNDER THE AGE OF 8 NEED
TO BE ACCOMPANIED BY AN ADULT

FOR INFORMATION EMAIL
MFULLER@SAULTEAU.COM OR CALL
250-788-7370



LET'S GO ON A HIKE

THURSDAY JUNE 19TH AT 9:00AM
MEET AT MOBERLY HEIGHTS ROAD AT TRAIL HEAD
PARENTS MUST ACCOMPANY CHILDREN YOUNGER THAN 10



IF YOU HAVE ANY QUESTIONS PLEASE CALL 250-788-7370
OR EMAIL MFULLER@SAULTEAU.COM

Join our

SFN Cultural Planning Advisory Committee



Drop In

Information Sessions

Thursday, June 5th - 9 am to noon

Monday June 9th - 4 to 6 pm

Wednesday, June 11th - 2 to 4 pm

at the Culture Centre

If you have any questions please contact Laurelle Watson at
lwatson@saulteau.com
or call 250-788-3955 ext 1011

VOLLEYBALL OR BASKETBALL

SUNDAYS JUNE 8 & 22

6:00 - 8:00PM
SNACKS PROVIDED
AGES 12+
LOCATION: BANDHALL



WEIGHTROOM

OPEN MONDAY - THURSDAY
8:00AM - 4:30PM

JUNE AFTERHOURS:
Tuesdays 6:00 - 8:30PM
Fridays 8:00 - 11:00AM

WEIGHTROOM USE ONLY

FOR MORE INFORMATION:
EMAIL: MFULLER@SAULTEAU.COM
PHONE: 250-788-7370



WALKING GROUP

Mondays June 9 & 23
5:00 - 6:00PM

 CULTURE CENTER GYM OR OUTSIDE
AGES 10+

EMAIL MFULLER@SAULTEAU.COM OR
CALL 250-788-7370 IF YOU HAVE
ANY QUESTIONS



JOIN ME FOR FUN ACTIVITIES!

WEDNESDAYS JUNE 4, 11, 18

3:00 - 5:00PM

CRAFTS · SPORTS
GAMES · OUTSIDE

FOR MORE INFORMATION EMAIL
MFULLER@SAULTEAU.COM OR
CALL 250-788-7370

LOCATED IN THE BANDHALL GYM





CELEBRATE EDUCATION TOGETHER

SFN Stay In School Celebration

June 17th At 4:30 pm



SFN Bandhall

**Dinner &
Student Door
Prizes**

**Performances by Muskoti
Elementary Students &
SFN Dancers**

Presented by Muskoti Learning Centre

Education Contacts

Manager, Education
Audrey Norris
(anorris@saulteau.com)

Education Supervisor
Cheri Koenig
(ckoenig@saulteau.com)

Adult Education Teacher
Brendon Conrad
(bconrad@saulteau.com)

Muskoti Principal
Cody Schlamp
(cschlamp@saulteau.com)

Muskoti Elementary
Call (250) 788-7361

Muskoti Learning Centre
Call (250) 788-7368

MUSKOTI LEARNING CENTRE

After School Homework Help

The Muskoti Learning Centre offers after school homework help for SFN school students

Register at any time!

Available hours:
Monday - Thursday
3:00pm - 4:30pm

Get in contact with us: 

MLC Teacher - Brendon Conrad

In Person: Stop by the MLC classroom

Email: bconrades@saulteau.com

Phone: 250-788-7368

JUNE. 2025

PÂSKÂWEHÔ-PÎSIM (PASKOW-WEE-HO-PEE-SIM) EGG HATCHING MOON

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4 Planting trees with Lands	5 Field Trip Peace Canyon Dam 9:30am	6 No School NID	7
8	9	10	11	12	13	14
15 Father's Day	16	17 MLC Stay in School Awards @ 4:30	18	19 Year End Celebration 12:00 pm	20 Indigenous People's Day Celebration	21 Indigenous People's Day
22	23 No School Indigenous People's Day STAT	24 Lake Day kayaking fishing motorized water sports SXS and more	25 Lake Day kayaking fishing motorized water sports SXS and more	26 Last day of Classes End of term 3	27 Staff Admin. Day	28
29	30					

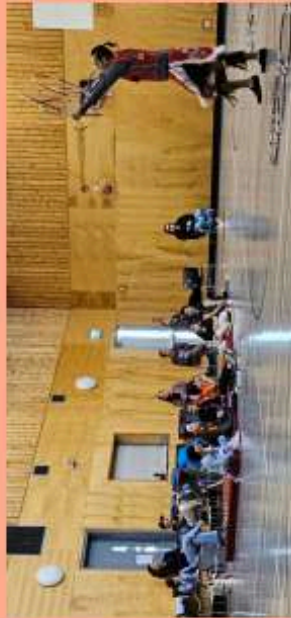


EXPLORE THE IMPORTANCE OF
IMMERSING YOURSELF IN SCHOOL

Stimulation of the
imagination

Language development

Emotional bond and
socialization



Expanding
Mental Horizons



With BC Certified Teachers we aim to foster a love for learning by encouraging students to try new and exciting things in a hands-on, inclusive manner that encompasses the community's cultural beliefs.

Discover the
Magic of our
school for our
community!

Check us out on
Facebook
@Muskoti Elementary
School



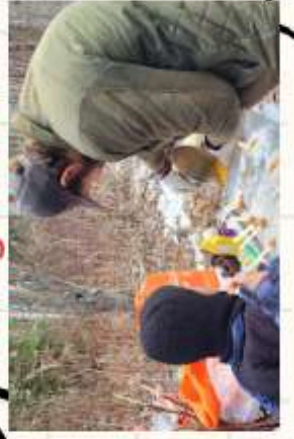
Saulteau
FIRST NATIONS
Muskoti
Elementary
School

PRIMARY SCHOOL

GRADES K4-3

MUSKOTI
MAŠKWAK

Awaken your
imagination





**WE EXPLORE THE WORLD
AROUND US BY ENGAGING IN
ON THE LAND LEARNING
WHEREVER AND WHENEVER
POSSIBLE**



**We are doing our part
in Reconciliation
through education!**

**KEEP YOUR MIND & BODY ACTIVE
AND HEALTHY THROUGH LEARNING**

Physical Health Education

- Skating-Snowshoeing-Gymnastics
- Swimming- Bike riding- Soccer
- Organized games- Healthy eating, (including a daily breakfast & lunch program) - Cooking classes- Importance of daily physical activity- And so much more...

Science

Our science program is hands-on, where students develop an understanding of the scientific method through experimentation.

- Earth Science - Chemistry - Biology-
- Life Cycles (plant & animal) - States of Matter - Space exploration and other units.

Socials

Like our other programs, the socials program is hands-on. Students develop an understanding of the world around them. Following the BC curriculum, we incorporate our community into our learning of family structures, community, our country, and celebrations, to name a few topics.

Language Arts (LA)

We run research based LA programs and teach each student at their level.

Math

Like our other programs, the math programs are hands-on. This uses more research-backed curriculum.

Nēhiyawēwin and Culture

Students learn Cree numbers, animals, greetings, family, and so much more through song, dance, and games.

ALSO included: Art, STEM, Careers, and so much more to prepare students for the world ahead.



All of our subjects incorporate our nēhiyaw languages, culture, and traditions.



**Individual focused
Education**

With our small class sizes, students are able to work at their own pace.



VIRTUAL:  Sport for Life
**INTRODUCTION TO
 PHYSICAL LITERACY**

An Indigenous Lens

Workshop attendees will be introduced to the concept of the Holistic Model and the Indigenous Long-Term Participant Development Pathway and how it ties into physical literacy and supporting participants to becoming Active for Life.

Workshop

Physical activity is a lot more fun when you are physically literate. Now more than ever, physical literacy is being recognized as an important component of best practices in the sport, recreation, health, and education sectors.

Through interactive group discussion, and sharing of ideas and resources, attendees will gain insight as to how some Indigenous communities have incorporated physical literacy into their programming while ensuring that mental, emotional, physical, and spiritual needs of participants are being met in support of healthy lifestyles and positive outcomes.

**July 3, 2025
 10:30am - 1:30pm
 Virtual Workshop**

Kim Leming,
 Manager, Participant Pathways & Cultural Safety Training
kleming@isparc.ca www.isparc.ca



**CAMP
 SAGITAWA
 2025**

AUGUST 17- 21

SFN Family Services is looking for interest in this years' First Nations Camp at Camp Sagitawa

For campers going into grades 3-9 and **must be SFN members**

Please contact Morgan: 250 401 7008 if you are interested in attending, registration will be later in the summer. We need to confirm the number of kids we are sending!

Send interest By: June 26

**Saulteau
 FIRST NATIONS**

**MUSKOTI
 LEARNING CENTRE**

MLC works with students to create their own unique course selection and work schedule



- At MLC you can:**
- ✔ Achieve Adult Dogwood / Dogwood Diploma Graduation
 - ✔ Upgrade course grades on your highschool transcript
 - ✔ Take new courses to add to your highschool transcript

Students will earn a \$1000 completion incentive for every earned credited course!

We offer over 30 courses in Language Arts, Mathematics, Sciences, Social Studies, and other Electives!

If you are interested in continuing your education you can register with MLC at any time in the school year!

Contact Us:
 Brendon Conrad - Adult Ed. Teacher
 250-788-7368
bconrad@saulteau.com

Our mission is to provide a high quality education with a healthy balance of curricular and cultural learning opportunities in a safe and inviting environment. We strive to prepare all students to become responsible citizens and lifelong learners who are ready to meet the challenges of the future.

CONGRATS
 TO
Kale Metz

CONGRATULATIONS TO OUR GRANDSON KALE METZ. SON OF BILLIE & TREVOR METZ. WE ARE SO PROUD OF YOUR ACCOMPLISHMENT AND WISH YOU ALL THE BEST FOR YOUR FUTURE ENDEAVOURS.



JUNE 2025

MUSKOTI LEARNING CENTRE EVENT CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10 Culture Day	11	12	13	14
15	16	17 Stay in School Celebration	18	19 Last Day of June Reading Challenge	20	21
22	23 SFN closed in lieu	24 Culture Day	25 Last day to hand in work	26 Last Day MLC is Open	27	28
29	30 MLC closed for summer break July & August					

Notes:

MLC will be closed for summer break from June 30 - September 2, 2025. MLC will reopen on September 3, 2025

You can register with MLC to achieve Adult Dogwood or upgrade courses at any time in the school year.

MLC offers after school homework help for students under 18. Contact us to register.

☆ For event info, please phone (250-788-7368), email bconrad@saulteau.com, or check in the classroom - dates & times may vary ☆

MUSKOTI LEARNING CENTRE

JUNE ADULT READING CHALLENGE



Open to SFN members and staff

Earn an entry in the Monthly and Year End draw for every book you read from June 1-19, 2025!

Please come in to the MLC Adult Classroom to register and learn more

☎ 250-788-7368 ✉ bconrad@saulteau.com

MUSKOTI LEARNING CENTRE



READING CHALLENGE

for Grades
5-12

JUNE 2025

Earn an entry in the PRIZE DRAW for every 50 pages you read from June 1-19, 2025!

Please come in to the Muskoti Learning Centre Adult Classroom to register and learn more.



☎ 250-788-7368 ✉ bconrad@saulteau.com

EMPLOYMENT & TRAINING OPPORTUNITIES



Which of These Three Courses are You Most Interested In?



Have your choices in by
June 30, 2025

1. MS Office & Career Preparation

1-week in Person & 25-Days Online

18 participants/class

In this course, participants will learn about the essential skills offered by Microsoft Office in relationship to preparing for and obtaining the right position in the world of work. These include:

- Microsoft Office
- Microsoft Excel
- Microsoft PowerPoint
- Microsoft Outlook
- Internet Applications

Learning Objectives & Outcomes

- Explore the prospects of the work world
- Demonstrate skills in Microsoft Office
- Acquire job interview skills
- Demonstrate knowledge of researching using the Internet

Start Date:
June 02, 2025
End Date:
July 11, 2025

2. Cashier Training & Customer Service

5-days in Person & 25-Days Online

18 participants/class

Course Objectives:

- Demonstrate competency in operating a point-of-sale (POS) system and processing various payment methods.
- Deliver customer service that reflects cultural awareness, professionalism, and effective communication.
- Work confidently in team setting and respond appropriately to customer needs and workplace challenges.
- Apply workplace math, cash handling procedures, and retail security practices.
- Prepare resumes and interview for retail jobs with increased confidence.

For more details on these three courses please contact Employment & Training Staff

Start Date:
August 4, 2025
End Date:
Sept. 12, 2025

3. Construction Safety Officer Program

10-days in Person & 50-Days Online

18 participants/class

This is designed for anyone who is interested in taking the first step to becoming a safety professional. Construction Safety Officers are the most in demand profession within construction. Safety professionals are responsible for planning, implementing and overseeing a company's employee safety at work.

Our CSO program also will certify learners in the following areas:

- Ladder Safety
- WHIMIS
- Fall Protection
- Other tickets depending on time
- OFA Level 3

Start Date:
Sept. 8, 2025
End Date:
Nov. 28, 2025

Contact Ginette or Stacy
and let them know what number you choose
at 250-788-3955

Employment & Training Contacts

Employment & Training Coordinator
Ginette Lapierre (glapierre@saulteau.com)

Employment & Training Assistant
Stacy McMillian
(smcmillian@saulteau.com)

Applying for Jobs at Saulteau

All open job applications with SFN are available on our website:
saulteau.com/employenet

ARE YOU A MEMBER
BUT DON'T HAVE
SOME OF THE
QUALIFICATIONS?
WE CAN TRAIN YOU!

SFN Membership

What training or workshops would you like to see this upcoming year?

What do you need from our department to succeed in your current job, or what do you need for your dream job?



Contact Ginette or Stacy at glapierre@saulteau.com or smacmillan@saulteau.com or comment on the posting



We are
HIRING

We have multiple positions open,
contact us to find out more!

E-mail your resume
to admin@nnwc.ca



SUCCESS STORIES

**Jacqueline Edwards-
Lapierre**



I want to thank Ginette and Stacy from Employment and Training at Saulteau for supporting me in completing my driver training. Thanks to their help, I'm now on my way to obtaining my Class 5 driver's license. With this school and work, gaining more independence and opportunities.

I'm genuinely grateful for your support!

Ginette and Stacy,

I want to extend my sincere thanks to both of you and the team at Employment and Training at Saulteau for helping me renew my safety tickets. Your assistance has made a real difference in my life.

By renewing these certifications, I've been able to maintain my employment and continue providing for my family. I'm genuinely grateful for the opportunity and the continued support from the program. Knowing that help is available when needed most means a great deal.

Thank you again for everything you do.

Micheal Logan



Tasha Lalonde

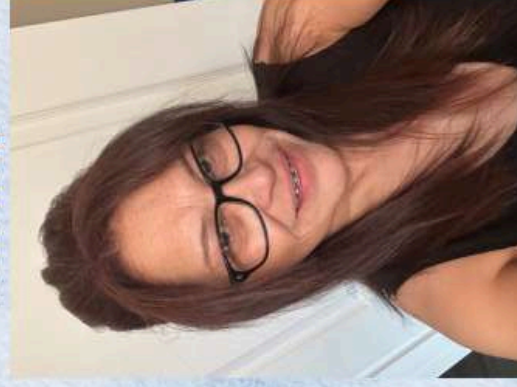


I want to take this opportunity to thank you for your help with my Indigenous Human Services Worker Certificate 2018.

This course has created a whole new life for me, and I will always be grateful for it. It has opened many doors for me, especially in the field I am enjoying right now as an outreach worker for Saulteau First Nations.

I want to express my gratitude for this department as it continues to assist our membership in achieving their goals.

Bea Paton



Ginette First of all, thank you for giving me the opportunity to participate in the Indigenous Development Certification Program.

Being part of this incredible journey, with the help of the amazing team of classmates and inspiring instructors, has helped me gain so much more experience.



ICBC Mobile Driver Licensing Office

In partnership with Saulteau First Nations, ICBC's Mobile Office will be visiting your community!



When & Where?

We will be located at the Cultural Building on August 5th & 6th 2025 from 8:30 a.m. to 4:30 p.m.

Please contact Stacy MacMillian at smacmillian@saulteau.com or 250-788-3955 (extension #1006) for questions.



Our team currently offers the following services:

- Knowledge testing for various classes of driver licenses.
- Driver licence renewals.
- BC Identification card applications and renewals (ages 12+).
- BC Services card applications and renewals (ages 18.5+).

Don't forget to study!



Try our online practice knowledge test:

practicetest.icbc.com



Important!

- Primary & Secondary ID is required for all services.
- ***Please review our ID policies to ensure you have everything you need for a successful visit (original documents required) – icbc.com/acceptedid**
- Parental Consent forms are required for knowledge test applicants under 19 years of age.

Fees: Knowledge Test - \$15.00 per attempt | DL renewals - \$75.00 or \$17.00 for seniors BCID - \$35.00 original or \$15.00 for renewals and seniors | BC Services Card - \$0.00.

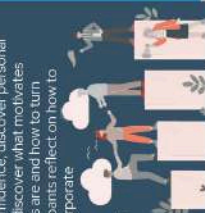
We understand the importance of these services and ICBC is committed to making them as accessible as possible. By bringing our Mobile Office directly to your community, we aim to ensure everyone has the opportunity to apply for a BC Driver's Licence, BC Services Card or BC Identification Card if they choose to.

SAULTEAU FIRST NATIONS AND BUNGALOW 968 PRESENT:

ESSENTIAL SKILLS WORKSHOPS

LEADING FROM WITHIN

Participants will develop skills in emotional intelligence, confidence and personal leadership. We deliver simple tools and strategies to help increase confidence, discover personal values and personality types. We discover what motivates participants, what their core values are and how to turn negative thoughts around. Participants reflect on how to create a morning routine and incorporate mindfulness techniques to ground and empower themselves in their everyday lives.



DAY 2

VISIONING AND GOAL SETTING

This workshop equips participants with practical tools and activities to envision their future and set achievable goals with a clear timeline. By identifying personality types and discussing life objectives, participants learn how to stay focused by breaking down goals into smaller, manageable steps using the SMART technique. The workshop also emphasizes the importance of habits and mindfulness. By the end of the workshop, participants will leave with a personalized three-year plan and a step-by-step guide to achieving their goals.

RESUME REVIEW & INTERVIEW SKILLS

Resume Review and Interview Skills provides participants with the opportunity to develop or rework their current resume, cover letter and reference sheet, as well as exploring tools they can use to represent themselves in the best way possible during their future job searches and while on interviews.

Participants will learn how to build a strong resume and how to fill each section with the most relevant and important information. We will also discuss how to create cover letters that stand out, and more importantly, give candidates a better chance of being selected for an interview. Once resumes and cover letters have been completed, we will discuss how to apply to jobs, how to prepare for interviews and interview etiquette.

DAY 3

DAY 4



DRESSED FOR SUCCESS

This workshop aims to help participants gain an understanding of basic human needs, confidence and personal presentation. We cover basic hygiene and organizational skills and how they relate to preparing for an interview, covering topics such as: what to bring, what to wear and how to present yourself so you can present the most confident you. We will also discuss interview etiquette and perform mock interviews to help participants prepare and shake of any nerves.

BASIC NUTRITION AND MEAL PLANNING

Working with Canada's Food Guide and recommendations by Registered Holistic Nutritionist Melanie Ackerly, we discuss what makes up a healthy diet based on basic nutritional requirements to aid in maintaining a healthy body and mind. In this workshop we also discuss various dietary needs such as personal food choices like vegan and vegetarian diets, and more specific dietary requirements regarding more serious conditions such as Celiac disease and Gluten intolerance. Finally, students will create a meal plan by breaking down the steps for a weekly meal prep.

DAY 5

DATES: August 18 - 22
TIMES: 9:30-3:30
LOCATION: TBD

OPEN TO: Saulteau First Nations members

TO REGISTER, CONTACT:
Ginette Lapierre 250-788-7366
glapierre@saulteau.com

or
Stacy MacMillan 250-788-3955
Smacmillan@saulteau.com



DON'T MISS OUT!

REGISTRATION DEADLINE IS July 31st

LUNCH WILL BE PROVIDED



B968

SAULTEAU FIRST NATIONS AND BUNGALOW 968

EMPLOYMENT & TRAINING OPPORTUNITIES



SFN CAREER OPPORTUNITIES

APPLY TODAY!
JOBS@SAULTEAU.COM



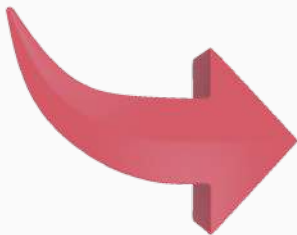
- ASSISTANT, EDUCATIONAL - CASUAL, ON-CALL
- NURSE, COMMUNITY HEALTH
- COUNSELLOR, CLINICAL MENTAL WELLNESS AND SUBSTANCE ABUSE
- CARETAKERS, CARBON LAKE X 2
- NEW POSITIONS OPEN REGULARLY SO CHECK THE WEBSITE FOR UPDATES!

NEW HIRES AT SAULTEAU



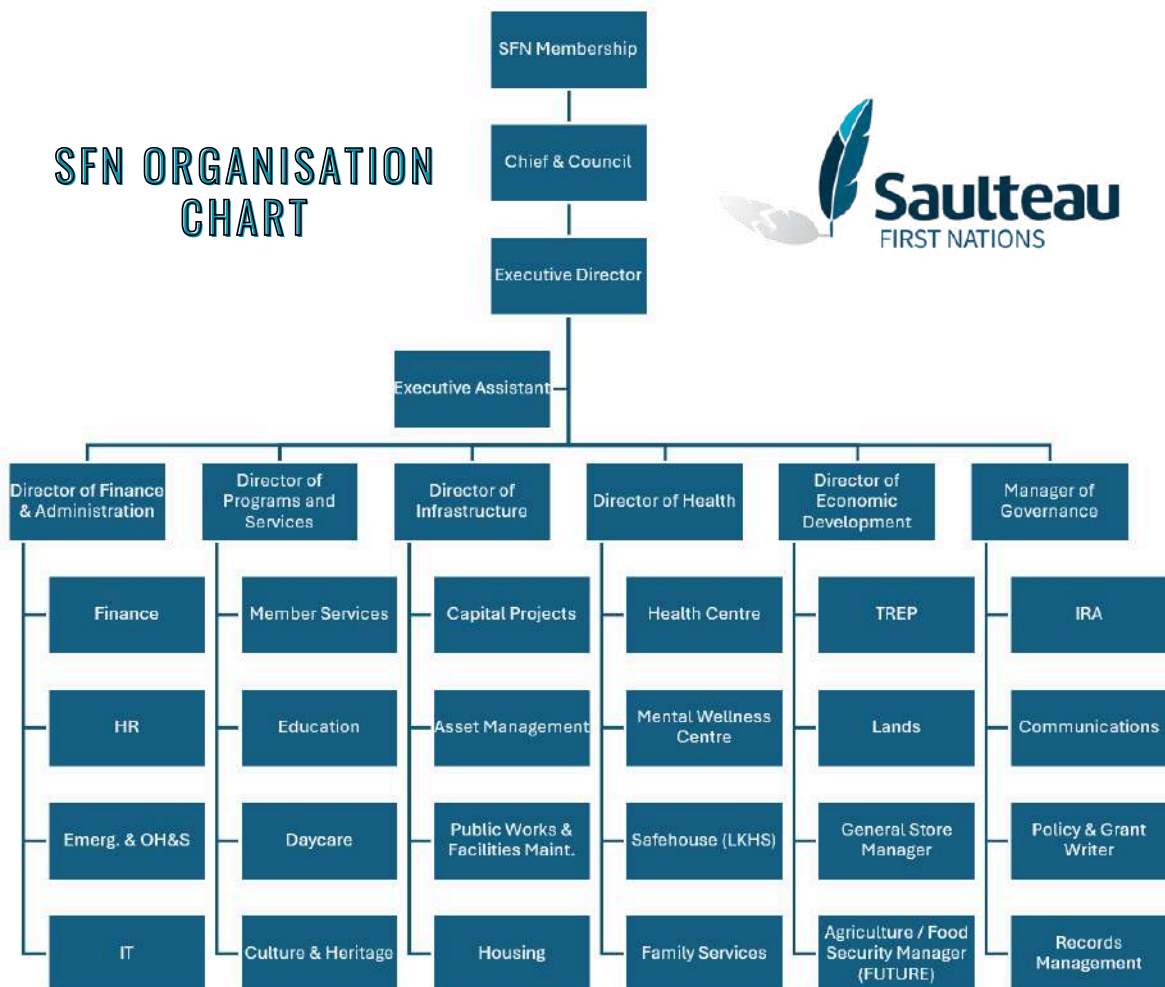
- ASSISTANT, EDUCATIONAL CASUAL ON-CALL - DAYLIN SCHLAMP
- CASUAL ON-CALL HEALTH CENTER RECEPTIONIST - TANISHA LLEWELLYN
- COORDINATOR, YOUTH SUPPORT - KRISTA MASON
- CARETAKERS, CARBON LAKE X 2 - HERMAN DAVIS / JACINTHE SKITTERAL
- YOUTH SEASONAL AND SUMMER - TRISTYN CRAWFORD

C&C APPROVE
 NEW SFN
 ORG CHART!



HAVE
 QUESTIONS?
 CONTACT
NPAQUETTE@SAULTEAU.COM

SFN ORGANISATION CHART





ANDEE GAUTHIER

SUMMER PLACEMENT

Andee joined the Saulteau First Nations team on May 12th, 2025, in the temporary Summer Placement position, assisting with events at the Cultural Centre.

Andee is a member of the Gauthier family and Jimmy and Lynn Gauthier are her grandparents. She is a proud member of Saulteau First Nations, and it means a lot to her to be giving back to the community that raised her.

Andee enjoys spending time at her family's lake property, and spending time with friends. Andee plans to attend Nursing school this fall, and she hopes to come back to Moberly Lake once she has finished schooling.

Andee is looking forward to being involved in upcoming events and contributing in any way she can!

Aligned with the 2025-2030 Strategic Planning initiatives, the Summer Placement program is focused on increased member youth participation in employment with the Nation. The Summer Placement project is on track to employ and support 19 Saulteau First Nations youth.

Please join me in welcoming Andee to the Saulteau First Nations Team!

Iris Notley
Iris Notley
Manager, Human Resources



**Ginette will be
Enjoying her
Holiday**

**From June 13, 2025,
and
Return back in office June 25, 2025**

**Please be patient as Stacy will
be the only one in the
Employment and Training
Department**



LOGAN RICHTER

SUMMER PLACEMENT

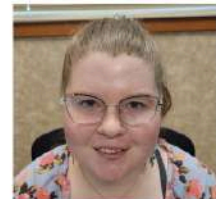
Logan joined the Saulteau First Nations team on May 12th, 2025, in the temporary Summer Placement position with the Mental Wellness Team.

Logan was born and raised in Chetwynd BC and moved back home after completing a bachelor's degree in forensic psychology at Douglas College. Logan plans to attend Nursing school this fall, and she is excited about working with the health team and meeting community members this season.

Aligned with the 2025-2030 Strategic Planning initiatives, the Summer Placement program is focused on increased member youth participation in employment with the Nation. The Summer Placement project is on track to employ and support 19 Saulteau First Nations youth.

Please join me in welcoming Logan to the Saulteau First Nations Team!

Iris Notley
Iris Notley
Manager, Human Resources



TRISTYN CRAWFORD

TEAM LEAD, SUMMER PLACEMENTS

Reporting to the Human Resources Manager, Tristyn joined the Saulteau First Nations team on May 12th, 2025, in the temporary position of Team Lead, Summer Placements.

Tristyn is a proud Saulteau First Nations member with ties to the Gauthier family. She is currently attending Post-Secondary at the University of Prince Edward Island. She is majoring in Sustainable Design Engineering focusing on Mechatronics and minoring in Business and Math.

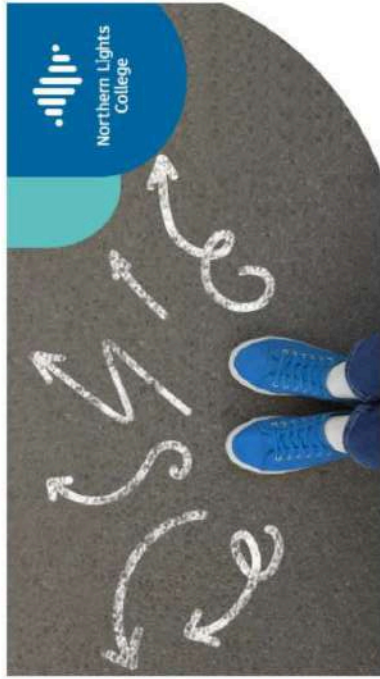
Aligned with the 2025-2030 Strategic Planning initiatives, the new role is focused on increased member youth participation in employment with the Nation. The Summer Placement project is on track to employ and support 18 Saulteau First Nations youth. Tristyn will assist SFN departments to ensure successful and positive summer placements for member youth.

Tristyn is Very excited to start Working for her community, meeting new people and family. Upon graduation next year, she is planning to move back to Moberly Lake and hoping to secure full time employment with Saulteau First Nations.

Please join me in welcoming Tristyn to the Saulteau First Nations Team!

Iris Notley
Iris Notley
Manager, Human Resources





Career Cruising

If you are undecided about your future, we offer free career and skills assessments. Career Cruising helps you to understand your own skills, knowledge, and interests which supports you in building your plans for future success. Career Matchmaker is designed to help you understand how your interests and aptitude match up with your career options. The "my skills" part of the assessment program helps you identify what skills you have or may need for these jobs and what post-secondary programs will help you achieve your career goals. The learning style inventory assessment is designed to help you understand how you learn best so that you can be more successful while in a learning environment like attending college or doing a trade.

Call us to Book your spot

Ginette or Stacy 250-788-9355

glapierre@saulteau.com

smacmillan@saulteau.com

Please join us at
Northern Lights
College

Tuesday, June 3rd,
2025

10:00 am to 3:00 pm
Luch provided at 12:00

Please show up early to
allow time to sign on to
a computer

Are you unsure about
your future Career?

Free

Career Matchmaking

NATIONAL INDIGENOUS FIRE SAFETY (NIFSC) WILL BE HERE TO HOST INTRODUCTORY WILDFIRE TRAINING

JUNE 10-12, 2025

LOCATION AND TIME: TBA

COURSE IS OPEN TO THE COMMUNITY
ALL IS WELCOMED *FREE TRAINING*

PROGRAM HIGHLIGHTS

S-100 BASIC FIRE SUPPRESSION AND SAFETY

- GAIN ESSENTIAL SKILLS FOR WILDFIRE RESPONSE AND MITIGATION
 - EXPERIENCE HANDS-ON TRAINING WITH PUMPS, HOSES, NOZZLES AND SAFETY EQUIPMENT
- S-185 FIRE ENTRAPMENT AND AVOIDANCE SAFETY
- LEARN HOW TO ACCESS FIRE RISKS AND ENSURE PERSONAL SAFETY IN WILDLIFE SITUATIONS
 - EXPLORE STRATEGIES FOR DEPLOYING RESOURCES EFFICIENTLY

ICS-100 INCIDENT COMMAND SYSTEM

- UNDERSTAND THE STRUCTURE AND ROLES OF OPERATIONAL EMERGENCY CENTRE
- ONLINE COURSE SERVING AS A FOUNDATION FOR FUTURE EMERGENCY MANAGEMENT TRAINING

WHMIS: WORKPLACE HAZARDOUS MATERIAL INFORMATION SYSTEM

- A QUICK ONLINE COURSE COVERING HAZARD CLASSIFICATION, CONTAINER LABELLING, AND SAFETY DATA SHEETS
- A GREAT STEPPING STONE FOR EMPLOYMENT AND WORKPLACE SAFETY

Please register Lunch Provided
CONTACT

GINETTE OR STACY

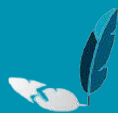
AT 250-788-3955

GLAPIERRE@SAULTEAU.COM

SMACMILLAN@SAULTEAU.COM



National Indigenous
Fire Safety Council
Conseil national
autochtone de la sécurité-incendie



GIRLS YOUTH GROUP

Come make your own body scrub

When: June 20th 2025

Where: New Beginnings House

Time: 3:30-6:30

snacks and refreshments provided



SIGN UP NOW

Sign up with Shay at (250)-874-7441.
For ages 9 and up, while those under 9
need to be accompanied by an adult.



Alternate Medical Resources:

- | | |
|----------------|---|
| 911 | All Emergency situations |
| 811 | Health Link BC to speak with a nurse |
| 1-855-344-3800 | First Nations Virtual Doctor of the Day |
| 1-844-645-7811 | Norther Nations Virtual Care Clinic |

ONLINE VIRTUAL BOOKINGS:

Many virtual doctors and nurse practitioners are available, and appointments can be made through online booking. For virtual telephone or zoom appointments, have your MSP health care card available and register at one of the sites online.

Listed, are a few virtual clinics available:

- | | | |
|--|--|--|
| www.virtualclinics.ca | www.vivacare.ca | www.askadoctor.help |
| www.rocketdoctor.ca | www.advancehealth.ca | www.avee.health/booking |

CHETWYND MEDICAL OFFICES:

- | | |
|----------------------------------|--------------|
| Chetwynd Primary Care Clinic | 250-788-7800 |
| Northern Nations Wellness Centre | 250-788-0851 |

*** Please note that both medical clinics have extensive wait lists and are not currently accepting new patients. Please call their office should you have questions on how to be added to their waiting list ***

Booking Appointments:

Health Centre Reception

Melva Sorell

Call 250-788-7266

Email melvas@saulteau.com

Locations:

Monday, Tuesday, Wednesday

SFN Health Center

1712 Civic Road, Moberly Lake

Thursday and Friday

Next door to IDA Pharmacy

5016 50th Ave, Chetwynd

Health Centre Contacts

Operations Manager

Ashely Gauthier

(ashely.gauthier@saulteau.com)

Administrative Assistant

Kayla Macdonald

(kmacdonald@saulteau.com)

Community Health Nurse

POSITION OPEN

Community Health Representative

Chelsea Gauthier

(cgauthier@saulteau.com)

Life Skills Program Facilitator

Shay Garbitt

(sgarbitt@saulteau.com)

Mental Health & Wellness Manager

Annie Kingston Miller

(akingstonmiller@saulteau.com)



JUNE 2025 HEALTH CENTRE

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Notes
1	2	3	4	5 Massage Therapy-NBH	6	7	HC-Health Centre NBH-New Beginnings House
8	9	10	11 Reflexology-NBH	12	13	14	
15	16	17	18	19 Massage Therapy-NBH Physiotherapy-HC	20	21 National Indigenous Day	
22	23 Offices Closed	24	25	26 Drea's Footcare-HC Re-scheduled to July 3rd	27	28	
29	30	1	2	3	4	5	

Women's Group

Design Your Tote Bag



When: June 17th, 2025
Time: 4:30-6:30
Where: New Beginnings House
Snacks & refreshments provided



Sign up with shay at
 (250)874-7441



women's group
 rock painting

WHEN: JUNE 3RD 2025
 WHERE: FIRE LAKE
 TIME: 4:30-6:30
 SNACKS & REFRESHMENTS PROVIDED

See you there!
 please sign up with shay
 (250)-874-7441



Join Us for
Community
Engagement!

TIE DYE SHIRT MAKING

June 16, 2025

10:00- 11:30 AM

NBH

Adults and elders are welcome
Snacks provided

To register, contact:
lesteban@saulteau.com
250-219-1279



Macrame Class

Three Feather Dream Catcher

Presented by: Rhian From Dreamers



When: June 12th, 2025

Time: 1-4:00pm

Where: SFN Cultural
Center gym

Snacks and
refreshments
provided



Email: lrichter@saulteau.com to register

only 10 spots available

ELDERS FREE HAIRCUTS!

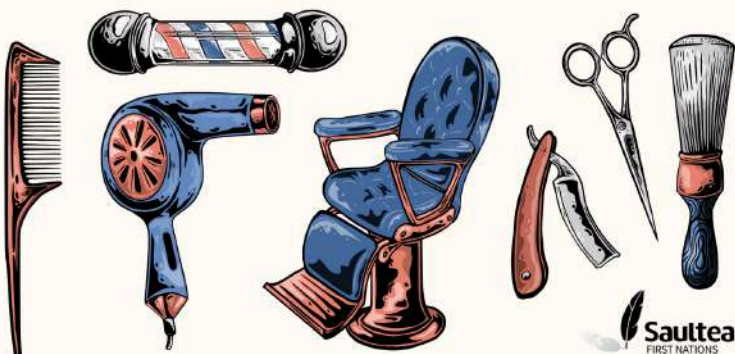
WEDNESDAY JUNE 11, 2025

9:00AM - 1:00PM

NEW BEGINNINGS HOUSE (DOWNSTAIRS)

FIRST COME, FIRST SERVE.

Snack & Refreshments Provided.



Attention Elders

Membership Services is seeking your valuable input as we develop the new Elder Coordinator role within the department. We want to ensure this position reflects your needs, priorities, and vision.

Please share your thoughts on how this role can best support and serve you. Your guidance is deeply appreciated.

Location: Cultural Center
During Community Connections Thursday June 5th in the elders Lounge from 9am-11am.



ELDERS CALL FOR INTEREST



Who would like to get their Food Safe Certificate? We would like to see who is interested in the 1-day class.

If enough people sign up, then we will see if we can do the class in-person

Please call Ginette (250) 788-7366 or Starr (250) 783-8999



ANGELIC REIKI HEALING

With Randie a level 1 and 2 practitioner

Providing a nurturing environment that supports stress relief, energy boosts, spiritual growth and encourages your journey of self discovery and healing

To book a session call or email Randie Testawich
email: rtestawich@saulteau.com
250-401-8662



1. Offers a transformative healing experience
2. promote physical, emotional, and spiritual wellbeing
3. connect with higher vibrational energies for relaxation, clarity, release of negative energies, heal past traumas and align with their true purpose

JOIN US FOR COMMUNITY ENGAGEMENT!

CREATE AN OBJECT WITH AIR DRY CLAY



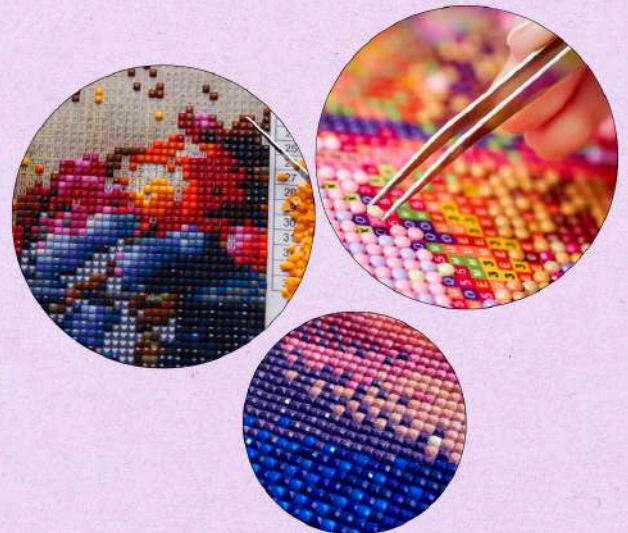
2 JUNE, 2025 - 10:00-11:30 AM
NEW BEGINNINGS HOUSE
ADULTS AND ELDERS ARE WELCOME
SNACKS PROVIDED

CONTACT:
LESTEBAN@SAULTEAU.COM
250-219-1279

JOIN US FOR COMMUNITY ENGAGEMENT!

Diamond Painting

June 9, 2025
10:00-11:30 AM
New Beginnings House
Elders and Adults Are Welcome
Snacks Provided



To register, please contact:
lesteban@saulteau.com
250-219-1279



Bottle Drive

Help support future Elders Trip by donating your bottles and cans to our upcoming Bottle Drive!

DATES:

May 29, 2025

June 26, 2025

July 31, 2025

August 28, 2025

TIME: 9:00 AM - 10:00 AM

PLEASE LEAVE ALL BAGS OF BOTTLES AT THE END OF YOUR DRIVEWAY FOR TRUCK AND TRAILER TO PICK UP.

**All elders welcome to join us at NBH to sort bottles!
Snacks and Refreshments provided.**

For more information please contact:
cgauthier@saulteau.com or (250) 788-7262




MENS NIGHT

EVENT: HORSE SHOES

WHEN: JUNE 17TH 2025

TIME: 6:00-8:00

WHERE: PEMMICAN GROUNDS

SNACKS & REFRESHMENTS PROVIDED.

FOR AGES 16 & UP, PLEASE CONTACT CORY FOR SIGN UP AT (250) 874-7333





Event: Axe Throw

Where: Pemmican grounds

Time: 6:00-8:00

Date: June 3rd 2025

Please contact Cory for sign up at (250)-874-7333 for ages 16 & up.

Snacks & refreshments provided

BOYS YOUTH GROUP LEARN THE BASICS OF FISHING

Fishing 101: Essential Tips for Beginners


TOPICS

- 1 Fishing Techniques for Beginners
- 2 Choosing the Right Equipment for Your Fishing Style
- 3 Tips for Catching More Fish

SIGN UP NOW FOR FISHING AND GET READY FOR A DAY OF FUN AND LEARNING! SNACKS AND REFRESHMENTS PROVIDED.

PLEASE COME JOIN ME FOR A BOYS' GROUP WHERE WE LEARN TIPS AND TRICKS ON HOW TO FISH. PLEASE CONTACT SHAY FOR SIGN-UP AT (250)-874-7441.

WHEN: JUNE, 27TH, 2025
TIME: 3:30-6:30
WHERE: NEW BEGINNINGS HOUSE
TRANSPORTATION PROVIDED; FISHING SPOT TO BE DETERMINED



COME MAKE A HABITAT

JUNE 6TH 2025
CO-ED YOUTH GROUP
TIME: 3:30-6:30
WHERE: NEW BEGINNINGS HOUSE

Please contact shay for sign up
snacks and refreshments provided

for ages 9 and up while those under 9 must be accompanied by a parent






Industrial Park

Beautification Project



Join Us for BBQ Lunch



MoberlyLake
Safety Training & Services



TWIN SISTERS
NATIVE PLANTS
NURSERY

Assist us in planting trees

Bring Gloves & Lawn Chair



Date: June 4, 2025

Time: 10:00 AM-1:00 P.M.



Lands Department Staff

Lands Manager – Mary Doyle
(mdoyle@saulteau.com)

Lands Use Planner – Jenine Campbell-Cove
(jcampbell-cove@saulteau.com)

Lands Officer – Brooke Walker
(bwalker@saulteau.com)

Lands Executive Assistant – Crystal Lalonde
(clalonde@saulteau.com)

How to Stay Informed About Lands

Follow us on facebook!
www.facebook.com/groups/sfnlands/

Check out our webpage:
<https://www.saulteau.com/departments-and-services/lands/>

ATTENTION MEMBERS

LOOKING FOR MORE LANDS INFO?

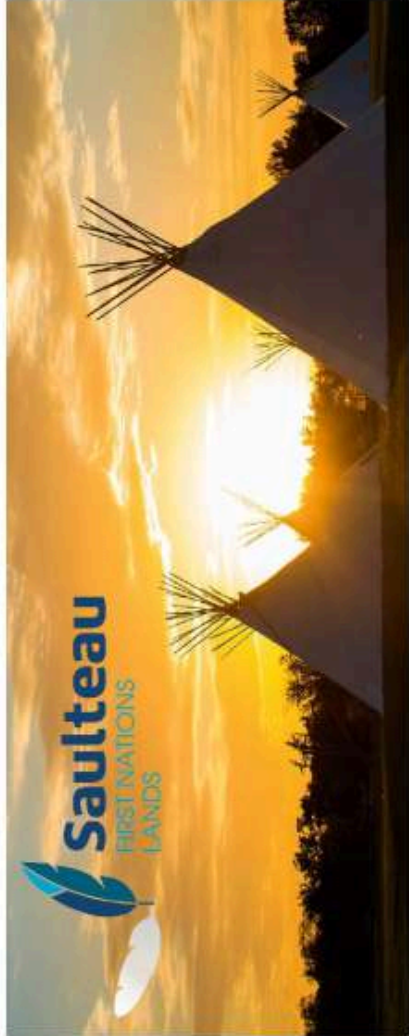
There is important Information in the Members-Only Portal of the SFN Website.
www.saulteau.com

If you accessed the old SFN website, then you can access the new one with your previous login name & password.

If you are new to accessing the website, click the “Register” button and fill in the information.

Need assistance?
Email:
communications@saulteau.com





It was a more difficult test, but we had a great instructor named Pat Cowman from Airlink Consulting. He had great stories of his time as a pilot as well! I am now able to fly a drone in my position, knowing all the important aspects. Thank you to Saulteau for promoting staff training! 😊

Brooke Walker - Lands Officer

Trail Signage Project

As follow up to last month's newsletter submission, the installation of the trail signs is scheduled for July 16th & 17th.

Through the collaboration of various departments including TREP, Capital and Infrastructure, Public Works, HR, OH&S, Programs & Services and Training, we are first planning to provide the necessary PPE and safety training for our summer students, including UTV/ATV training, OFA, etc., prior to commencing this project.

We feel that it is important to provide the necessary training to our youth in order to ensure safety while utilizing our backyard.

As a reminder of the purpose and objective of this project; keeping the SFN historical trails in mind, the environment, and our nation's rich history, we wanted to develop features for all users (hikers, UTV/ATV, horse riders, snowmobiles & boaters). The development of signs and trail markers located in various areas of the nation will be posted, keeping in mind our members' safety and safety practices, respect and use of areas within residential areas, as well as the wildlife and environmental concerns. Aiming to encouraging people to embody the basic values of recreational areas while traveling around the Nation.

Just like traffic signs, signage is incredibly important for residents and visitors who want to explore our home territory. There are signs for the pack trail, wagon road, horse trails, sacred sites, river usage and hiking trails. You will also see safety signs such as, "No Garbage Dumping," as we do not want harm to anyone out and about, users, animals or the forest.

Community Connections

Please join us every Thursday morning as we participate in this great community connections activity. We want to connect with each one of you to discuss Lands related ongoing projects including the Farm, Food Sovereignty, Sacred Sites, Trail systems, cemetery, industrial park, or various concerns you may have, or just a simple visit 😊

We will present an item of SFN Swag to one lucky person each and every week. See you there!



Tansi, and thank you for taking the time to read about our recent activities within the Lands Department. We have been working on the development of some exciting projects within the Nation and wanted to share with you some of those highlights!

Industrial Park – Beautification Project

Please join us in planting trees within the Industrial Park on Wednesday, June 4th from 10 to Noon, with a BBQ to follow. (attached poster)

Dark ties media will be present to capture the event, as Twin Sister Native Plants Nursery will be providing a presentation on healthy trees to our invited guests from Moberly Lake & Muskoti Elementary schools.

Should you wish to participate, please feel free to come down and join in the presentations and planting. Be sure to bring your gloves and outdoor wear for our varied spring weather conditions.

Hope to see you there! 🌸

Summer Students

TREP and Lands are pleased to announce this year's Summer Student Placements, Grayson Gentry, Cali Garbitt & Jordan Metz. Jordan started May 26th and Grayson and Cali will be starting July 2 to Aug 15.

Their schedules will vary based on training received, ongoing projects, activities and various community events within that timeframe. We are very excited to have them join our teams and will ensure they have the best time and summer ahead.

Advanced Remote Piloted Aircraft (RPA) Certificate Course – (Drone Training)

May 5th to the 8th was a training week to get our Drone Certificates! Why drones? Well, new technology helps us out with mapping, ground truthing, data, and obstacles. We learned about aviation with airplanes, helicopters and drones as well as safety, protocols, and techniques. This round of training we had 2 staff from TREP, 1 from Lands (me), 1 from C&C and 3 from Public Works. We all passed!



Photo Credit: Brighton Campbell (Creek area of SFN Agricultural lands)

2025 Agricultural Activities

- Soil sampling
- Invasive weed management (spraying & hand-picking burdock & thistle)
- Muskoti Creek Clean up
- Haying
- Food Security Initiative (start up)

In preparation for this year's planned activities, we would like to request the following:

- Quads/Vehicles to avoid fields during the planting season
- Dog Owners to ensure pets are not chasing wildlife within the fields
- Dumping of carcasses and/or trash within the Creek areas or undesignated dumping sites

Should you have any questions pertaining to the following, please feel free to contact one of the following Lands Staff. Mussi, Take Care! ❤️

Lands Department Staff

- Lands Manager** – Mary Doyle (mdovite@saulteau.com)
- Lands Use Planner** – Jenine Campbell-Cove (icampbell-cove@saulteau.com)
- Lands Officer** – Brooke Walker (bwalker@saulteau.com)
- Lands Executive Assistant** – Crystal Lalonde (clalonde@saulteau.com)

JOIN THE FIGHT

AGAINST INVASIVE SPECIES

SAULTEAU INVASIVE PLANTS HAND PULLING EVENT

JOIN US FOR A FEW HOURS OR FEW DAYS

**WHEN: JUNE 5, 6, 9 AND 10, 2025
FROM 8 AM TO 4 PM**

WHERE: PEMMICAN GROUNDS

TRAINING, TOOLS AND REFRESHMENTS WILL BE PROVIDED

BRING YOUR FRIENDS & FAMILY!

HONORARIUM WILL BE PAID.

CONTACT JENNIFER AT 778-584-1012 TO SIGN UP

MEMBER SERVICES



**Popcorn
Thursdays!**

**CRUNCHY
POPCORN!**



Every Thursday at the main bandhall will be having free popcorn from 12:30-3pm

Come on in, get comfy and have a coffee while you enjoy your popcorn!

we hope to see you here 😊

Member Services Staff

Manager – Tonia Richter
(trichter@saulteau.com)

Patient Travel Administrator
Barb Loberg
(bloberg@saulteau.com)

Band Social Development Worker –
VACANT

SFN Band Hall Reception
Willow Allison
1-250-788-3955
(reception@saulteau.com)

Indigenous Registry & Membership Administrator
Norma Gauthier
(ngauthier@saulteau.com)

2025 Income & Disability Assistance Payment Schedule

Payment Date	for the month of	Declarations Due
January 15, 2025	February 2025	January 6-9, 2025
February 19, 2025	March 2025	February 10-13, 2025
March 19, 2025	April 2025	March 10-13, 2025
April 16, 2025	May 2025	April 7-10, 2025
May 21, 2025	June 2025	May 12-15, 2025
June 25, 2025	July 2025	June 16-19, 2025
July 23, 2025	August 2025	July 14-17, 2025
August 27, 2025	September 2025	August 18-21, 2025
September 24, 2025	October 2025	September 11-14, 2025
October 22, 2023	November 2025	October 13-16, 2025
November 19, 2025	December 2025	November 10-13, 2025
December 17, 2025	January 2025	December 8-11, 2025

The above dates are aligned with the BC Ministry of Social Development and Poverty Reduction payment dates. If required, there will be advanced notice for any changes to the dates above through newsletter or SFN social media outlets.

***Job search activity and other requests must be submitted with declarations for applicants required to do so.**

MEMBERS OF

**SAULTEAU
FIRST NATIONS**

**NEVER MISS
AN UPDATE**

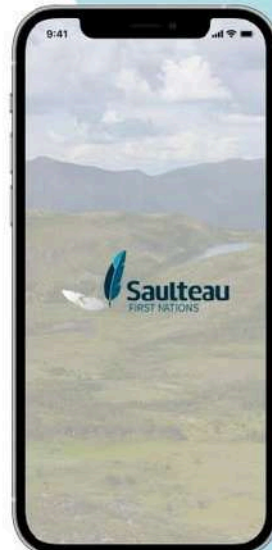
GET THE APP

The app uses state-of-the-art technology to notify SFN members of breaking news, documents, videos, and events, instantly delivered via push notifications.



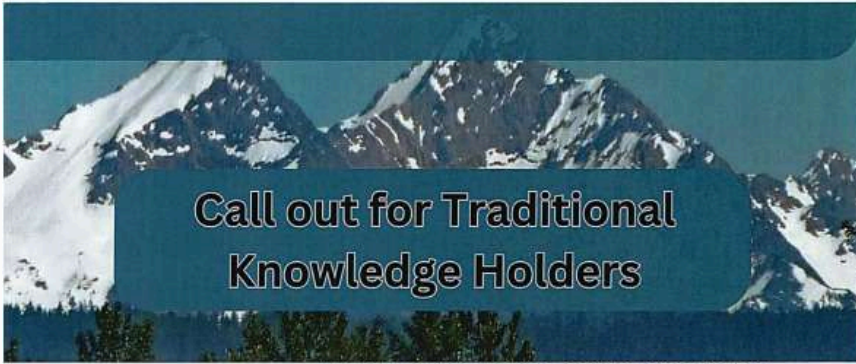
HOW TO GET THE APP

- 1 Scan the QR code above or visit the App Store or Google Play Store and Search 'Saulteau First Nations'
- 2 Tap 'Register' under 'Member Login'
- 3 Fill out your information and press 'Register'
- 4 Click the verification link in your email address



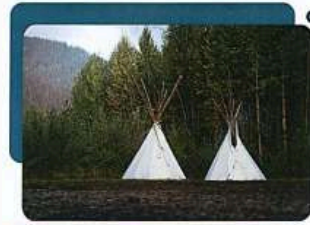
- NEWS
- EVENTS
- SURVEYS
- JOB OPENINGS

Download the free app today



Call out for Traditional Knowledge Holders

Are you a Knowledge holder, storyteller, artisan, or Elder with Cultural teachings to share?



Let's keep our culture strong!!

What we are looking for:

- Teachings on land-based practices (hunting, fishing, trapping, plant medicine)
- Language, songs and historical story telling
- Traditional crafts and skills (Beading, carving, sewing, painting, traditional tool making, drum making etc.)
- Ceremonies and cultural protocols

If you are interested in sharing or know someone who carries knowledge that should be heard, please reach out to jkristoffy@saulteau.com or tpaquette@saulteau.com
Culture Centre contact number is 250-788-7370



Let's uplift, learn and walk along side the wisdom of our nation.

TREP Contacts

TREP Manager

Naomi Owens-Beek
(nowens-beek@saulteau.com)

TREP Assistant Manager

Teena Demeulemeester
(tdemeulemeester@saulteau.com)

Executive Assistant

Sandra Alexander
(salexander@saulteau.com)

Referral Technician - Oil & Gas

Fernie Garbitt
(fgarbitt@saulteau.com)

Referral Technician - Forestry & Wildlife

Lisa Hardy
(lhardy@saulteau.com)

Natural Resource Sector Aboriginal Liaison

Tom Aird
(tom.aird@saulteau.com)

Lands and Resources Planner

Ryan McKay
(ryan.mckay@saulteau.com)

Guardian Program Supervisor

Jessica Eastman
(jeastman@saulteau.com)

INVASIVE SPECIES ALERT!

FERAL PIG

(*Sus scrofa*)

HAVE YOU SEEN THIS ANIMAL?

DESCRIPTION

- In B.C., any pig that is not in captivity or under a person's control is considered a feral pig. This includes:
 - Domestic pig breeds;
 - Eurasian wild boar; and
 - Hybrids
- They vary in colour; may be grey, brown, black, white, or a combination of these colours.
- They vary in weight (males 60-200 kg, females 35-150 kg).
- They may or may not have tusks.



Photo: Ontario Ministry of Natural Resources and Forestry

REPORT INVASIVE SPECIES

Download the App!



www.gov.bc.ca/invasive-species

We Are
HIRING!

JR. LAND GUARDIANS

CONTACT JEASTMAN@SAULTEAU.COM FOR MORE INFO OR APPLY NOW AT SAULTEAU.COM/EMPLOYMENT

Nikanēse Wah tzee

Ensuring Caribou Futures

May 2025 update

We're excited to share spring updates from the field, including this year's capture and penning efforts, population survey results, health initiatives, and a special recognition we were honoured to receive. Thank you for being part of this journey to protect and restore the Klinse-Za caribou herd.

Maternity Pen Update



Pen Maintenance Complete

From February 18–29, our team worked hard to complete pen maintenance at our new site. A lot was accomplished in a short time—thanks to everyone who supported the transition and setup.

Population Survey Success – 187!

Our spring population survey took place from March 3–6 and delivered exciting results! Using a mark-resight method, we observed 45 of the 48 collared caribou in the Klinse-Za Herd. The minimum population count was 179 animals:

- 50 adult females ("cows")
- 80 adult males ("bulls")
- 30 juveniles (14 male, 16 female)
- 30 calves (18 male, 12 female)

Our population estimate stands at 187 animals, with a confidence interval of ± 11.42 . These numbers represent a hopeful sign for this endangered herd's recovery.



Caribou Capture

Capture activities began with a safety meeting on March 10, followed by three days of fieldwork (March 11, 13, 14). A total of 25 caribou were brought into the pen.

Sadly, an adult female first captured in 2022, C492S, suffered a capture-related injury on March 13 and passed away later that evening despite receiving care. Her death has been reviewed extensively with our capture team and veterinarians. This marks only the second direct capture-related mortality since the project began in 2014—maintaining a mortality rate of less than 0.05%.

The penning process plays a vital role in protecting pregnant cows and increasing calf survival. For example, both adult female and calf survival were substantially higher for penned animals in 2024, compared to caribou that weren't in the pen. While risks exist, the benefits of this work continue to outweigh them as we strive for a self-sustaining caribou population.



Pregnancy Results – 21

Out of 24 healthy caribou now in the pen, 21 cows are confirmed pregnant. 1 not pregnant upon entry, and one re-inconclusive—so she'll be a surprise.

One two-year-old cow, C500K, misc. April 8. While unfortunate, early misc. in young cows are not uncommon and affect long-term reproductive health.

Clostridium Vaccination Campaign

All caribou received Clostridium vaccines as part of our preventative health strategy. Clostridium, a soil-based bacterium, is suspected to have contributed to cow mortalities in 2022 and 2023. Warm temperatures and reduced snowpack increase the risk—so we're doing all we can to mitigate it. We saw zero calving-related deaths last year following the vaccination program, and we're hopeful for similar outcomes this year.



Knowledge Braiders' Award

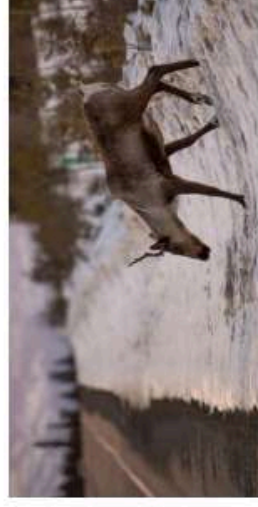
We're deeply honoured to have received a Knowledge Braiders' Award at the Braiding Knowledge Canada 2025 Gathering in March. This recognition is a meaningful affirmation of our ongoing efforts to respectfully weave together Indigenous and western knowledge in service of Reconciliation. We share this award with all our collaborators, mentors, and community partners—thank you for walking this path with us.

Read some reflections on the Braiding Knowledge Canada Gathering.

Partners



Sponsors



New Way to Report Caribou Sightings

Recreation users and clubs can now report caribou sightings by email at CRP_Report@gov.bc.ca. This inbox is actively monitored by government staff, with a focus on sightings in the South Peace region. You can still use the [Submit Wildlife Plant Data and Information form](#), but for sightings near or within an active caribou management area, reports using the email will be processed more quickly.



Nikanēse Wah tzee

Ensuring Caribou Futures

The Nikanēse Wah tzee Stewardship Society takes a hands-on approach to revitalizing the Klinse-Za caribou population through maternity penning, land restoration, and scientific research. This Indigenous-led partnership between West Moberly First Nations and Saulteau First Nations unites community members, caribou guardians, and scientists. Guided by both traditional and Western knowledge, our efforts are scientifically sound and community-driven.



West Moberly
First Nations



Saulteau
First Nations

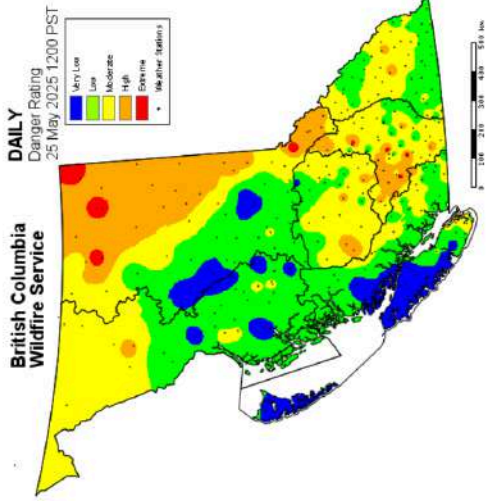
cariboufutures.ca

10233 100TH Avenue, Fort St. John, BC V1J 1Y8 Canada

EMERGENCY MANAGEMENT UPDATE

Wildfire season has officially started! With 30 fires actioned by BC Wildfire Service within the Treaty 8 territory - May was a busy month!

Thankfully a cooler, wetter weather system has settled in - however, fire risk remains a concern in our area. Ongoing drought impacts and dry lightning strikes create for high risk ratings in our areas - so please take care when enjoying the outdoors!



SEASONAL RAINFALL IS EXPECTED AND WELCOMED FOR MOST OF JUNE 2025!

DOES THIS MEAN WE ARE OUT OF THE DROUGHT!? UNFORTUNATELY, NO.

DESPITE RECENT RAIN - NORTHEAST BC REMAINS AT A LEVEL 4 DROUGHT; MEANING WE CAN EXPECT SERIOUS IMPACTS TO OUR ECOSYSTEM THIS SUMMER.

WATER CONSERVATION IS EVERYONES RESPONSIBILITY! PLEASE BE MINDFUL ABOUT YOUR IMPACT DURING THIS SUMMER SEASON!

HOW CAN YOU SAVE WATER?

- SHORTER SHOWERS
- DON'T LEAVE THE TAP RUNNING
- MAKE SURE WASHERS AND DISHWASHERS ARE FULL BEFORE RUNNING
- COLLECT RAIN WATER FOR THE GARDENS



Saulteau
meditation

WHY WOULD I CONSERVE WATER WHEN ITS BEEN RAINING ALL MONTH?



Rain can make a BIG impact here - for our surface level vegetation. We will see lots of green growing plants and signs of summer!

But rain often makes a SMALL impact here - rain is often absorbed or evaporated before it can provide water to root systems or deeper levels of vegetation! Water systems are dependent on deeper levels of moisture - droughts persist even when it rains!

Saulteau
meditation

DO YOU KNOW THE 3 GOLDEN RULES OF HOME WILDFIRE RESILIENCY?

- 1 REMOVE FLAMMABLE MATERIALS**
Removing flammable materials - leaves, dried grass, pine needles, firewood, etc. from the outside of your home.
- 2 KEEP A CLEAR PERIMETER - 6 FEET**
Anything flammable - that could catch fire - should be stored at least 6 FEET AWAY from the outside of your home.
- 3 CHOOSE FIRE RESILIENT MATERIALS**
When renovating or building - choose fire resilient materials like tempered glass windows, tin roofs, or non-wooden siding.



Saulteau
FIRST NATIONS

SFN HOODIES FOR SALE

\$45.00 EACH

**SIZES
SMALL - 2XL**

**HOODIES CAN BE
PURCHASED AT THE
CULTURAL CENTRE
FRONT DESK**

**CASH & DEBIT
ACCEPTED**



SOCIAL TRANSPORTATION SERVICES AVAILABLE!

**Available Mon-Thur 8:30am-4:00pm
Please contact Cara @ 263-364-2016
or cmartin-earl@saulteau.com**

*We strive to work with all community
members to deliver a SERVICE that lives
up to the name of the department
MEMBER SERVICES with EMPATHY,
HUMILITY, TRUST and HONESTY!*

Ka nesohkamatin (I will help you!)

- ✓ Attend Cultural & Special Events
- ✓ Complete Errands & Appointments
- ✓ Promotes Independent Living

