

December Issue November 29,2019



SFN Christmas Holiday

Office Closure

The SFN offices will be closed for Christmas Holidays from <u>December 20,</u> <u>2019</u> and will reopen <u>January 6, 2019.</u>

We wish you all a happy, safe holiday season and look forward to seeing you in the New Year.

Merry Christmas and a Happy New Year to All!

Inside this issue

SFN Holiday Office Closure Dates **Holiday Reminders Public Works Holiday Notice** SFN Community Christmas Dinner **Children & Youth Christmas Dinner Elder's Christmas Dinner Davis Family Meeting Desjarlais Family Meeting Gauthier Family Meeting** Happy Holidays- ASKI Health Calendar Call out for 2019 Babies Seniors Community Christmas Lunch Men's Group **Optometrist Appointments** Acupuncture **Disaster Preparedness Workshop Tsow Tun Le Lum Healers** Holiday Blues - Kristen M Holiday Relapse Prevention -Kristen Rec Calendar – Megan Message from Housing Message from - Bert Merry Christmas-Muskoti Learning Center Muskoti Primary Program Muskoti Adult Learning Calendar & Update Sheep for Sale Message from Cree-ative Wonders Smoke Signals From Lands Employment Opportunity—TREP Annual Report-Brian D 4EG- Newsletter Eldest Elder Happy Anniversary Happy Birthdays Message from Communications

*Attention SFN Community

Members*

As the holiday season approaches and as you all know the SFN offices will be closed from December 20, 2019 and reopen January 6, 2020.

This is a reminder that all INTERNET and RENT payments should be paid prior to office closure to avoid any disconnections during the holidays. Reminder to bring exact change when paying or pay by card.

Please check your propane levels and make sure you have enough to get you though the holidays as no one will be in office to assist with propane.

Thank you all in advance for your cooperation and understanding.

Happy Holidays!

Public Works Holiday Notice 2018

In Case of **Emergencies** Regarding

Public Works and Housing Maintenance Issues;

Please Contact;

Week 1: Ben Davis - Dec. 20th - 27th, 2019 Ph. 250-401-1700

Week 2: Keith Glover - Dec. 28th – Jan. 4th, 2020 Ph. 250-401-8828

WISHING YOU A VERY MERRY CHRISTMAS & A HAPPY NEW YEAR!!!

Community <u>Dínner</u> Date: December 4, 2019 Location: SFN Main Building—Gym 5:00pm-Doors Open & Greeting Carols by The Bible Missionary Church Choir 5:30pm— Teacher Nancy & Cree-ative Wonders sing along carols 5:45pm—Vídeo Presentations (Waskesii Films) 6:00pm-Prayers & Dirger

Children & Youth

Christmas Dinner

Date: December 9, 2019 Tíme: 5:00pm - 9:00pm Location: SFN Main Building - GYM

> Eveníng Agenda: 5:00-7:00pm - Chíldren ages 0-11 Dínner > Chrístmas Craft Tables > Photos with Santa > Gíft Gíve Away

7:00-9:00pm - Youth ages 12-18

 Dínner
 Chrístmas Paínting Session with Tammy Watson
 Photos with Santa
 Gíft Gíve Away Date: December 10, 2019 Tíme: 5:00pm-8:00pm

Dinner & Dance

Elder's Christmas

Delicious Catered Dinner – 5:00pm Accompanied by Live Entertainment

Live Music by Wreckless Love' (Tammy Simmons -out of Pouce Coupe)

Door Prize Draws!!



Date: Dec 3, 2019 Time: 5:30pm-7:30pm Location: Muskoti Adult Learning Classroom -**SFN Main Building Dinner will be Provided** Agenda: **1. New Housing Units** 2. TLE Update 3. Other Topics



DESJARLAIS FAMILY MEETING



Date: Dec 3, 2019

Time: 5:30pm-7:30pm

Location: Main SFN Building-GYM

Dinner will be Provided

<u>Agenda:</u>

1. New Housing Units

2. TLE Update

3. Other Topics



GAUTHIER FAMILY MEETING



Date: Dec 3, 2019

Time: 5:30pm-7:30pm

Location: Back Board Room-Main SFN Building

Dinner will be Provided

Agenda:

1. New Housing Units

2. TLE Update

3. Other Topics





HAPPY HOLIDAYS FROM US TO YOU

WE WISH YOU A SAFE AND MERRY HOLIDAY SEASON AND LOOK FORWARD TO ALL THE NEW YEAR HAS TO BRING!

> ASKI RECLAMATION WILL BE CLOSED DECEMBER 20-JANUARY 6

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Saturday	7 Doctor's Clinic 10am-4:00pm	14 Doctor's Clinic 10am-4:00pm	21	28		Saulteau First nations
Friday	6 Mobile Support Team Loam 4pm By appointment Men's group 6-9pm at SFN Gym. Meal provided	13 Mobile Support Team 10am-4pm By appointment	20 Mobile Support Team 10am-4pm By appointment	27		Sa
Thursday	u.	12 TSOW TUN LE LUM Declarations Due	19 Accupuncture with Jayden	26 SFN OFFICES CLOSED FOR CHRISTMAS		Programs.
Wednesday Thursday	4 Elder's Lunch at Legion 12-2pm. Sign up at Health Center. Transportation provided	11 TSOW TUN LE LUM Disaster Preparedness presentation with Jaidan and Sarah 10am-noon. Soup and bannock	18 Accupuncture with Jayden Optometrist in Chetwynd 9-12 for elders or those with limited mobility. Transportation provided. Sign up at Health Center SA DAT	25 SFN OFFICES CLOSED FOR CHRISTMAS		Please see Recreation Calendar to keep up to date on Rec Programs.
Tuesday	m	10 TSOW TUN LE LUM	17 Accupuncture with layden	24 SFN OFFICES CLOSED FOR CHRISTMAS	31 SFN OFFICES CLOSED FOR CHRISTMAS	
Monday	2 Women's group Christmas Hamper application deadline	o	16 Accupuncture with layden	23 SFN OFFICES CLOSED FOR CHRISTMAS	30 SFN OFFICES CLOSED FOR CHRISTMAS	a Contact Derek Wood via text 250-401 3498 Contact Heather
Sunday		ω	15	22	29	Contact Corrina Contact Sarah Contact Carrie

December Health Centre Calendar 2019

ATTENTION

Saulteau First Nations is needing all parents of new babies during 2019 to get in touch with the CHR so she can prepare for Baby Welcoming. This list will also allow for proper Christmas gift planning. Please forward the following information to <u>heather.lirette@Saulteau.com</u>. This is for any and all band members, living on or off reserve.



- Baby name
- Baby birthdate
- Parent name
- Phone number of parents
- Girl or boy

Mussi!

Annual Seniors Community Christmas Lunch

Date: December 4th, 2019

Time: 12-2pm

Location: Legion in Chetwynd

Limited Seats : 12 seats

Transportation provided. Bus leaving the Health Center at 11:30am

** This is NOT the Saulteau's Elders dinner, this is being provided outside of Saulteau**



For more information Please contact Heather (250)788-7280



Men's Group

Meet at the SFN Gym 6-9pm on

December 6th, 2019

Team sports or weight room (must have clean shoes for this)

Supper served around 7:15 pm



For more information Please Contact Derek Wood @ 250.401.3498

Optometrist visits for Elders and anyone with limited mobility. Dr Spataro (In Kadziolka's office) Chetwynd December 18, 2019 9:30 am – 12:00 appointments



Eye exams direct billed to Pacific Blue Cross Bring Status Card with you

Eye exam costs \$110, Blue Cross pays \$100. You must pay \$10. Glasses also directly billed to Blue cross.

\$217 simple glasses \$415 bifocals.

Small bus to leave Band Hall at 9 am and returning after Lunch @ Subway.

Sign up with Melva at the Health Center.

Call Heather for more information 250-788-7280



Acupuncture

December 16-19, 2019

At the Health Centre

For more information and to book and appointment Please contact Melva at the Front Desk 250.788.7280

If you have Sun life benefit, please bring your Sun life policy card with you.



Disaster Preparedness Workshop

Wednesday, December 11th, 2019 Time: 10am – 12pm Location: SFN Gymnasium Lunch to be served to those who attend afterwards.



Please Contact Melva at the Health Center to sign up @ 250.788.7280



Tsow Tun Le Lum

The Tsow Tun Le Lum Healers will be at The Health Centre from December 10 - 12, 2019



Holiday Blues ~ Tips, Tricks, and Important Contacts

The holidays can be hard. They may bring up bad memories, or you may feel as if you're outside looking in at people who are having a good time. But taking part in some holiday events may make you feel better.

Some tips to help deal with the holidays:

TRY TO:

- Spend time with friends, and do things you enjoy, not only things you feel you have to do.
- Get plenty of rest. The better you feel, the better a holiday can be.
- Think about others. Helping those less fortunate than you can make you feel better.
- Get money off your mind. Money problems are a leading cause of holiday depression. Focus on the spirit of the season.
- Watch what you eat and drink. Eat healthy foods, watch your portion sizes, and avoid alcohol.

Remember:

- Be realistic. Try not to build up the holiday too much in your mind.
- Say no sometimes. People will understand if you don't do things. Wearing yourself out will make you feel worse.
- Its okay to be sad or lonely. You don't have to be happy just because it's the holiday season.
- Get help if you need it. Seek out family or friends for support. Community or church groups can help too. If things
 get bad, talk with your doctor or a counsellor.

Crisis or Emergency:

Call 1-800-SUICIDE (1-800-668-6868) if you are thinking about ending your life or are concerned about someone who may be, you can call for help any time of day or night, from anywhere in B.C.

24Hour Crisis Line for Adults/Elders and Youth: The KUU-US Crisis Line Society operates a 24-hour provincial aboriginal crisis line for Adults/Elders: 250-723-4050, Child/Youth: 250-732-2040 Toll Free: 1-800-588-8717

Need to talk to someone right away:

Kid's Help Phone: 1-800-668-6868. For kids and teens (ages 20 and under), professional counsellors are available to help, 24 hours a day. Its free, confidential, and anonymous.

Mental Health Support Line: 310-6789. Do not add 604, 778, or 250 before the number. This number will connect you to your local BC crisis line without a wait or busy signal, 24 hours a day. Crisis line workers are trained to help provide emotional support as well as mental health information and resources.

In our Community you can also call or contact:

Kristan Michaud (Wellnuss Counselor) 788-7281

Prepared By Alisa Froh November 2018

Ways to Prevent Holiday Relapse



- Plan every morning on how you will stay sober. Fill your days with healthy and positive people and things, so relapse becomes harder.
- ✓ Spend your time in low-risk situations. Just because there is a party, does not mean you have to go. If you do decide, take a sober friend who will be willing to leave anytime you are ready.
- Keep your stress under control. Find time in the day for just yourself, whether it be going for a walk, or a quick meditation.
- Lean on your support system. Talk to your counselor to make a relapse prevention plan or go to an AA meeting. (Held at the Tansi Friendship Centre: Tuesday's & Friday's 8:00pm).
- ✓ Learn to move past your cravings. A craving typically only last 20 minutes. As soon as you feel one, call a friend, workout, play with your children... remind yourself of all the cons of drinking or using.

SFN DECEMBER CALENDAR

	SUN	MON	TUE	WED	THU	FRI	SAT
	1 Hockey 9:30 - 10:30pm	2	3	4	5	6	7 Family GP Tubing Trip 8am - 4:30pm
	8 Hockey 9:30 - 10:30pm	9	10	n	12	15	14
Chetwynd Rec Centre	15 Hockey 9:30 - 10:30pm	16	17	18	¹⁹ SFN	²⁰ Offices	²¹ Closed
SFN Gym	22 Hockey 9:30 - 10:30pm	23	²⁴ SFN	25 Offic	26 es (27 losed	28
Grande Prairie	29 Hockey 9:30 - 10:30pm	30	51 SFN	Offic	es (losed	
			1.	-		-	

Event Netnils

- Hockey Saulteau and West Moberly have the ice booked at the Chetwynd Rec Centre every Sunday for the month of December. No sign up required and everyone welcome.
- Family Tubing Trip A Family trip to NiteHawk, in Grande Prairie. Saulteau
 will provide transportation, A meal, and admission to the NiteHawk. Sign up is
 required.

SAULTEAU FIRST NATIONS

Housing Department

Housing is continuing to do annual unit inspections. These inspections are for data collecting purposes to determine which units require specific maintenance needs.

All tenants do not be alarmed when inspection notices are dropped off. If there is a need to reschedule please call housing department for a more accommodating date.

Just to be aware that if a Tenant(s) does not respond to the notice. Saulteau First Nation Housing Department has the right to enter any SFN band/CMHC owned homes.

Also, please ensure that you check your propane tank levels before the cold season is in full effect.

Tenants please make sure that you place your garbage in the bins provided. This helps to prevent animals from getting into it.

Thank you, Housing Department

ATTENTION SFN COMMUNITY MEMBERS

Now that we are experiencing weather conditions that require us to be extra careful when traveling the roads it is also important to pay extra attention to our snow removal equipment that is slower than regular traffic and when they are traveling down the road with the four way flashers on and beacon lights flashing please slow down and wait for the operator to give you room to pass.

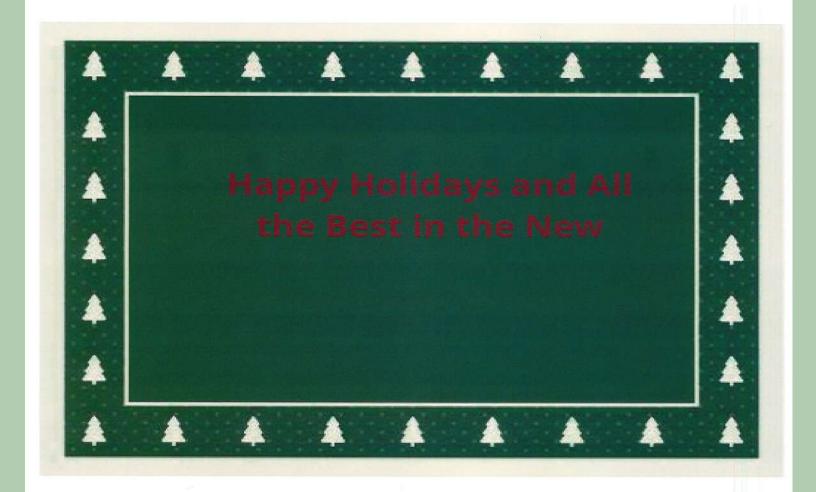
These machines are sometimes more difficult to quickly maneuver and may need some extra room to travel in areas.

Operators may need a little bit of time to prepare for giving you safe area to pass.

Thank you for your cooperation and understanding. Safe Travels out there.

Bert Schenkius SFN Project Manager

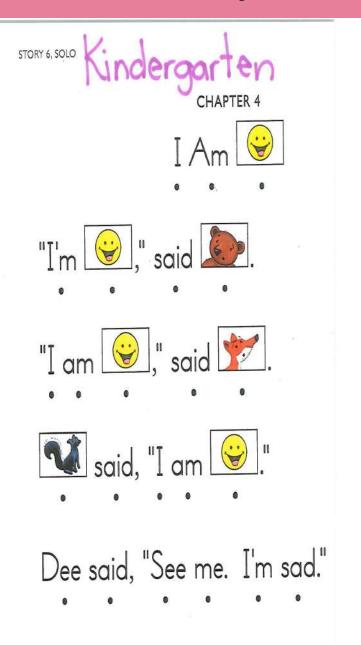




This is a sample of what our Kindergarten and Grade one Students are reading at the end of November. They are exceeding grade level in reading! We are so proud of our kids and it shows what a small class size and good resources can do for kids. - Teacher Cody

DRY 6, SOLO CHAPTER 4 The Little Red Kitten What is the title of Chapter 4? Koko got a little red kitten. Koko wanted to kiss the kitten. Koko wanted to tickle the kitten. Where was that kitten? Not on the mat. Not in Koko's strong arms. Where was that red kitten? The kitten was on Koko's back. Could Kake art the kitten? Koko's

Could Koko get the kitten? Koko's long arms could get the kitten. Koko could tickle the kitten. Koko could kiss the kitten. Koko was smart! Koko said, "Want cat."



"Look what we can read!"

Muskoti Learning Centre Box 1020 Chetwynd BC V0C 1J0

Why was Bear happy? (The bee flew away.) Why was Dee sad? (Dee loved the bee. She didn't want the bee to go.)

DECEMBER 2019

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Chaga Harvest	4	5	6	7
8	9 Candle Making Date TBA	10	11	12	13	14
15	16	17 Cingerbread decorating	18	19 Last Day of School	20 Holiday Break	21
22	23	24 Christmas Eve	25 Christmas Day	26 Boxing Day	27	28
29	30	31 New Year's Eve				

MUSKOTI LEARNING CENTRE EVENT'S CALENDAR

🛠 For event times please phone (250-788-7368) or check in the classroom - dates & times may vary depending on weather/attendance.



MLC students in November 2019 JELLY & BANNOCK MAKING

MLC enjoyed a cultural cooking day. Students made delicious chokecherry jelly and syrup, fry bread, bannock, and chaga tea.

SHEEP FOR SALE



Rams

The Rambouillet (*aka French Merino*) are very strong and hardy animals; popular in the Canadian West because of their ability to survive in harsh conditions. They are a dualpurpose animal, and raised for both meat and wool production. They are well known and noted for their superior wool and nearmutton breed characteristics.



Ewes



Sheep Available

12 - Two year old Rams \$850 each Average 250-300 lbs

29 - One year old Rambouillet Ewes \$400 each Average 150-200 lbs

75 - May 2019 Rambouillet Lambs \$100 each Various weights

Please contact Rachel Henry 236-364-2010 rhenry@saulteau.com



Lambs

Cree-ative Wonder's Childcare Center December News

Well the Creator has blessed us so far with a great fall. The kids are busy getting into the Christmas theme. Teachers Tylene, Melanie, Val, Nancy and Adrianna will be providing the children with lots of Christmas crafts, songs and fun. We will have a couple of spaces at the center in January and we welcome applications. Even if you would like just part-time, we can share spaces with others wanting half time.



Here are some of the toddlers making snowmen crafts, painting and playing in the sensory bin of colored spaghetti noodles.

I would like to thank our Northern Lights' ECE/IT student Brandi Quibell for choosing our center to do her final practicum. The children and staff loved Brandi and she brought so much to the center. She completed her practicum with us in November and will be missed.

We are so blessed to have staff who are wonderful with the children. The children are very loved and encouraged to develop skills based on where that child is at that time. Every child is an individual and their needs are the priority. Of course, we have our limitations, but the staff has the passion to try very hard.

We wish each and everyone a most Merry Christmas. Build wonderful memories over the holidays with your children, friends and families.

Smoke Signals from the SFN Lands Department



Lands Manager Tammy Watson



Lands Executive Assistant Mary Doyle

Tansi members. November was a very busy month as the SFN Lands Department continues to work on the 2020-2021 fiscal year work plan and budgeting. Most of the next year's planning will be focussed on updating our Comprehensive Community Plan and the development of Saulteau First Nations Reserve Lands Management Plan. This work will involve input from band membership as a number of planning meetings will be held in the new year to capture everyone's ideas and suggestions.

OPEN HOUSE – OCTOBER 24th

On October 24th, our Treaty Rights and Environmental Protection Department hosted an Open House with a variety of industry partners in attendance to share information about projects taking place within SFN's traditional territory. SFN's Lands Department also had a booth set up to share information on the wide range of activities that occur with respect to the management of on-reserve lands.







Thank you to everyone who took the time to fill out a questionnaire to share your thoughts around reserve lands planning. Congratulations to Stella Logan for your winning entry. For those who missed out on the opportunity to fill out a questionnaire, please contact Mary Doyle who will gladly send you one to complete. We would love to hear about your ideas!

Mary Doyle assisting a band member with a questionnaire.

Saulteau hosts Emergency Management BC Partnership Table

On October 29th and 30th SFN hosted a fall session meeting of the First Nations Emergency Management Partnership Table. The meeting was attending by reps of T8 BC FN communities; Emergency Management BC staff; and provincial and federal government staff. Discussions were focused on First Nations community's emergency service needs and successes and direct connection to EMBC managers and information about opportunities for mitigation and prevention, preparedness,





Please feel free to visit the Lands Department to chat about the vision and goals of our community with respect to reserve lands development. We are always interested in hearing ideas and suggestions that will help our community continue to develop our lands environmentally responsibly while supporting sustainable economic opportunities for years to come. Until next month, stay warm and look after one another!



The Lands Department would like to wish all members a wonderful Christmas and a New Year filled with blessings of peace, prosperity and joy!





Wolf Trappers, Klinse-Za Caribou herd Area

DURATION AND SCHEDULE: (DECEMBER- MARCH 2021)

Background:

West Moberly First Nations and Saulteau First Nations are dedicated to helping caribou survive in our traditional territory. The Nations have worked together to stop the Klinse-Za caribou herd from going extinct by protecting cows and calves from predators during the calving season. To mitigate the predation risk throughout the year, wolf trapping has been conducted in the herd area for the past 6 years.

Our communities need wolf trappers this winter. This is a real opportunity to make a difference in protecting our caribou.

Under direction of the appointed contacts from each community (WMFN: Tamara Dokkie (Lands Manager), SFN: Teena Demeulemeester (Acting TREP Director), these wolf trappers will pursue wolves throughout the winter. Trappers will target four key zones in the herd area: 1) Rochford maternity pen site/Johnson Creek, 2) Upper Moberly, 3) Hwy 97 corridor, and 4) Clearwater. Community trapping teams must coordinate between each other to maximize trapping effort throughout each of the removal areas.

There will be no full time trappers this year; instead there will be a bounty of \$500 for each wolf trapped or hunted in the Klinse-Za herd area.

Wolf trappers must agree to:

- · Submit GPS linked photos of the wolf kill, before disturbing the kill site
- Two cameras will be available for use, if trappers do not have a smartphone
 Submit a wolf removal datasheet; including sex and age of the wolf killed, and a description of body condition
- Sign up as a wolf trapper, prior to the start of trapping or hunting efforts
 - Sign up is FREE, we just want to know who is out on the land! You can sign up at the lands department, at any time throughout the year
- Affix sufficient signage around bait piles, indicating that trapping is part of the program
 - Signage will be free, and provided!

Other Details

- Traps and snares will be available for purchase at a discounted rate, for those in need of gear
- There will be two, three day trapping workshops held to provide opportunities for younger members of the community to learn about trapping methods, gear, and fur handling.
- There will be meetings every three weeks to go over trapper success, wolf sign, bait supply, and trapping areas
- There will be a kickoff meeting, and sign-up on December 5th,2019 at 5:30pm in basement of the WMFN Chief and Council building
 - Important to attend if possible, we will outline areas to trap and provide signage for trapping sets



SFN-NRS Aboriginal Liaison Annual Report 2019

Activities for 2019 Brian Desjarlais SFN-Aboriginal Liaison

In this past year the A. Program has had some additions with other first nations joining in the program. To date there is still limited budget and is still in trial stage (since 2014)

A.L.P liaisons will be given uniforms for 2020. All Uniforms will have Band Crest, name, and A.L.P hats.

To date there are 9 Agreements with 14 Liaisons representing 15 Nations and 22 Communities from NEBC (Treaty 8 Nations to West Coast Kitimat/Niska area)

In 2019 Two semi-annual meetings were held 1-Fort Nelson-(FNFN hosted with Bonnie Gardiner/Liaison) and 2nd in Kitimat-(Haisla FN, Howard Vroon Liaison) Kitimat, we visited the LNG proposed plant site and learned more history of the Kitimat area and development over the years.

Fort Nelson we toured a sweet gas plant and some pipelines in area.

Continued on-going training with Forestry/Lands/Natural Resources and Ministry Energy and Mines.

OGC well inspections- OGC inspections have slowed down this late summer-early fall. Activities are beginning to pick up again.

To date this year I have done over 40 inspections including 18-20 in SFN territory.

This may increase in 2020 with more operations in our area.

2019

Pipeline inspections-2 pipeline inspections NMML

1 Pipeline spill clean up training with Fernie Garbitt

<mark>FLNRORD</mark> -4 Joint inspections with FLNRORD (<mark>F</mark>orestry, <mark>L</mark>ands, <mark>N</mark>atural <mark>R</mark>esources <mark>O</mark>perations and <mark>R</mark>ural <mark>D</mark>evelopment)

1-Cypress Ck-Roads/Bridges(training) 2-Moose Lake – Forestry Roads, Culverts & bridges, 3) Heritage Hwy/Puggins Mtn 4) Heritage Hwy 29/Murray River

COS – (Conservation Officer Service) 3 Joint inspections with Conservation services All joint inspections had minimal infractions with No wildlife penalties and Most were vehicle insurance/ some guns loaded/unsafe and ticketed.

Proudly determined

Page 1 of 3

Box 1020 Chetwynd, BC V0C1J0 T 250.788.3955 F 250.788.7261 info@saulteau.com www.saulteau.com

EAO/SITE C - 4 Joint inspections were held with BC EAO inspectors. To date Site C operations have been following regulations with BC EAO (Environment Assessment Officers) inspecting Site each month. This year I was only able to attend 4 joint inspections with EAO officers due to over lapping inspections with training and other inspections.

EAO/MINES - This year is our first Joint inspections on local mines in NEBC, 2 joint inspections were held on Brule/Wolverine/Willow and Hermann mines.

RCMP – 6 visits with RCMP Aboriginal Liaison, Constable Lenin Cruz and myself have been trying to address some issues within our SFN territory namely Littering on Deadman Road and other areas. We are continuing our work to stop the action and have approached a couple of persons who were photographed littering some items on Deadman Rd off Hwy 29.

This year with help of SFN Councilor Justin Gauthier, Derek Wood equipment operator, Josh Cameron and myself worked together to clean the Deadman rd site. Items from Vehicle parts, Engine/Transmission/Rear ends! Tires, Water Softeners, mattresses, and other household furniture and garbage filling a 16' trailer was taken to Chetwynd garbage DUMP. SFN paid the dues from our moneys....you me and our kids \$\$\$. Please report any suspicious actions such as these immediately-any delays could lose valuable evidence, this includes poaching! *SFN Woodlot road near Moose Lick corner will be next for clean up. Any interested groups in helping would be appreciated. There are appliances and building materials with oil cans and been there for years.

SFN Territory – this year I have conducted over 18 visits to areas within our territory from Carbon /Burns roads, South Moberly, Del Rio/North Monias rds to Stewart Lake/Septimus areas.

During these roads/territory inspections, Roads/bridges/Industrial Development/Oil and Gas projects to Hunting/Fishing monitoring is monitored. Many hunters and anglers are visited at camp sites and inspected for upkeep of sites, and share information mostly on CWD (Chronic Waste Disease) issues in CANADA.

To date we have no CWD within our province but has been detected north Montana/Idaho and western Alta. This is something BC/Alta and other provinces are working hard to inform people so we can HOPEFULLY stop from spreading into BC and everywhere.

Sundance Lake- 3 visits to site. I am working to have our Sundance Lake protected- to date only the north lake which is actively used has a protected boundary around it. The south west lake and original Sundance area has no protection.

Some ideas I have been working at is having BC Trails and recreation help with provincial protection which would close area from ATV use and impacts to area.

SFN On-reserve EMBC/Emergency Management of BC addresses emergency situations from Fires/Floods and helps protect and restore communities to prevent and or assist community's impacted. SFN has limited capacity and only 3-4 staff that added the program to there already busy desks. Active Volunteers would be so welcome to assist the team develop this program. SFN EMBC team will be looking for a proposal writer to help obtain many of the provincial and federal programs that may assist

- with C&C support I will be conducting on-reserve inspections for safety issues including wildlife-(Please remember we do have On-reserve policy of firearms etc for the safety of our children and all

member Proudly determined

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These are only for the neighbors/elders you live nearby that will have to deal to deal with wounded and angered animals. YOU may be the best hunter in the world.....but plz don't put others in harms way.

OGC Water metering- 3 tours with OGC- OGC has provided SFN with 1 water metering equipment. Information will be added to Upper Moberly Water Survey SFN is conducting, Water metering is done from Spring when ice gone on creeks to fall before freezing and will resume again in 2020 spring season. For more information contact Alycia Aird.

During my field monitoring, if any members have concerns over any area plz inform me we can go to site do inspection together if you would like to attend. I have radio for Road and use SPOT device for back up emergency contact.

Sincerely

Brian Desjarlais NRS Aboriginal Liaison/Saulteau First Nations



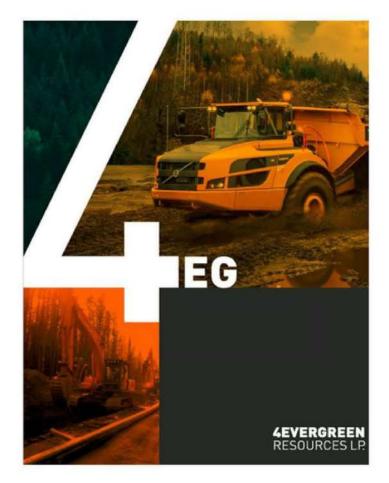
Office: 250-788-7916/Fax 250-788-7918 SFN: 250-788-3955 Mobile: 250-601-0010 Sfn.comm.liaison@4eg.ca

Proudly determined

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4EG NEWSLETTER

ISSUE NO 1 | NOVEMBER | 2019



FROM OUR

GENERAL INDUSTRY

COMPANY NEWS

COMMUNITY

OUR SERVICES

We are a **construction management and procurement company** for energy, mining, and forestry sectors.

Our key ingredient is the people behind the company and our excellence is solidly anchored in people-based strategies We offer our clients project certainty, worry-free social license, as well as an opportunity to harness local knowledge as a low-cost leader for our clients.



Long Term Business Relationships

Shell Canada - 4EG has counter signed an Master Service Agreement, navigated a prime contractor assessment to continue to take on more responsibility and have greater management control over our projects.

BC Hydro – 4EG a renegotiation of the MSA has been initiated to examine areas of improvement more reflective of the relationship we enjoy with BC Hydro today.

Conuma Coal – Conuma Coal has been so pleased with our contributions to their operations through ongoing proposals to RFP's they have invited us to propose and negotiate an ongoing MSA for a longer term relationship and work opportunity.

Preventative Equipment Maintenance – 4EG and JDG contracting have grown the business relationship to where JDG will be overseeing the management of a new preventative maintenance program which will protect our vital assets, reduce our overhead and streamline our service under the guidance of Shane Van Der Riet.

4EG is moving offices – in the new year 4Evergreen will be in our new office at 2244 Atooskee-Win Road where we will also finally have a new shop for our service needs.

The 4EG office will be shut down from Dec 20th - Jan 5th for the holidays

Safety Audit – 4EG has undergone our external Energy Safety Canada external certificate of recognition (COR) audit under the careful management of Ashley Barrett who navigated us through the process skillfully to a passing grade.

Audit Prep – through the consent of our Board of Directors 4EG has changed accounting standards from IFRS to ASPE, which should improve our annual time investment without reducing our ability to remain accountable and transparent. 4EG has also just concluded our mid-year audit prep with our auditors who were guests in our office conducting a myriad of mid-year assessments of our financial system.

Financial Performance

Income statement as of **Nov22 2018** \$3.6M losses with \$6.9M owing to our contractors with 90+ days overdue

Income statement as of Nov22 2019 \$1.3M profit and \$1M owing all less than 30 days.

Year to date purchases from band member businesses: \$5.1M

Under the Guidance of Galina Mezibroski 4EG will be implementing a new budget process for next fiscal year, with greater accountability and forecasting for greater financial performance.



Completed projects to date

BC Hydro PRES Line clearing and access (RFP # 10096) Conuma Coal RFP - 040 4N2 Pit Expansion Natural Forces Zonnebeke Sukunka windfarm project (early works)

Winding down

BC Hydro Release 9 Transmission Line clearing and road building

Current and ongoing projects

BC Hydro Release 14 clearing	present – spring 2020
BC Hydro Release 13 Access, roadbuilding and maintenance	present – spring 2020
CGL clearing, access and grubbing	present – spring 2020
CGL Civeo camp	present – spring 2020

Project billing invoiced this month

Upcoming projects

BC Hydro Road Realignment Natural Forces Zonnebeke Sukunka windfarm project Winter 2019 – Spring 2020 Resuming Spring 2020

\$7.5M

CSO Job Posting



4Evergreen Resources LP (4EG) is currently looking to hire a Construction Safety Officer.

This position will be responsible for the day to day implementation of all safety programs, policies and procedures.

- Develop, implement and enforce Health, Safety, and Environment (HSE) policies (e.g. accident reporting process, etc.);
- Assist in the coaching, mentoring and implementation of the HSE programs in the office and in the field;
- Regularly audit the safety program for compliance and update to ensure the alignment with project scope and conditions;
- Advise on provisions to minimize safety risks;
- Collaborate with supervisors to monitor compliance and identify safety issues;
- Keep records of safety-related incidents and propose corrective actions;
- Liaise with and report to official regulatory bodies on Occupational Health and Safety matters;
- Conduct company and site-specific safety orientations for new employees, contractors and site visitors;
- Conduct weekly site safety meetings;
- Participate in morning toolbox meetings;
- Conduct site inspections and audits;
- Intervene in any unsafe activities or operations and report to the Health, Safety and Environment Manager;
- Providing positive leadership and motivation to all staff on safety programs and personal safety performance,
- Identifying, coordinating and providing for the safety certification training, and safety learning needs of staff;
- Performs incident investigations and assists with forms including Worksafe BC;
- Use and continually develop safety leadership skills; and
- Other duties as assigned.

Qualifications

- Must have a National Construction Safety Officer (NCSO) certificate;
- Valid safety certificates OFA (Level 1 minimum), WHMIS 2015, TDG, H2S Alive, Ground Disturbance Level 2, Oilfield Driver Awareness, Construction Safety Training Systems, Pipeline Construction Safety Training and S-100 (Fire Suppression);

- Valid Driver's License and clean Driver's Abstract;
- In depth knowledge of BC Occupational Health & Safety Regulations
- Experience in development, implementation and enforcement of health, safety and environmental (HSE) policies and procedures;
- Proficient in MS Office;
- Be diligent, detail oriented and be of an analytical mindset;
- Have excellent oral and written communication and advisory skills;
- Ability to maintain corporate records and ensure confidentiality;
- Ability to solve problems, make effective decisions, resolve conflicts and manage time effectively;
- Pass pre-employment drug and alcohol (D&A) testing;
- May be required to travel to/from projects and/or stay in camp.

This posting is open until a suitable candidate is chosen.

Only selected candidates will be contacted.

Interested individuals are encouraged to submit their resume and supporting educational/training documentation to https://www.nc.university.org documentation to https://wwww.nc.university.org documentation to https://wwww.nc.university.org documentation to https://www.nc.university.org"/>https://www.nc.university.org documentation to https://wwwwwwwwwwwwwwwwwwwwwwwwwww

Technology adoption in 4EG

The Human Resources Department will be implementing a Human Resources Information System (HRIS) in the new year. HRIS is as software where employee data is kept centrally and easily accessible to capture the employee's profile and information.

The HRIS system that was chosen for it's ability to meet most of 4Evergreen Resources LP's(4Evergreen) need was Collage. Collage will allow 4Evergreen to:

- Assist with resume collection and recruitment tracking
- Collect and share information to new employees prior to their start date
- Gather and hold the employee records
- Reports, both already developed as well as company specific reports
- Manage time off requests and schedules
- Create and track performance assessment

Data is currently being uploaded into Collage and 4Evergreen foresee this program up and running in the new year.



Tourmaline to spend \$1.7 billion in northeast B.C. over the next five years

"Tourmaline Oil says it remains bullish on its operations in northeast B.C. and plans to spend \$1.7 billion on gas exploration and development here over the next five years.

The company announced the news Saturday, Oct. 12, in Fort St. John, and celebrated the commissioning of its new \$200 million deep cut gas plant at Gundy alongside staff and elected officials."

Pembina Pipeline \$4.3B deal to buy Kinder Morgan cleared by Competition Bureau

"Energy company Pembina Pipeline Corp. said it has received approval from the Canadian Competition Bureau on Wednesday, to buy Kinder Morgan Canada Ltd.

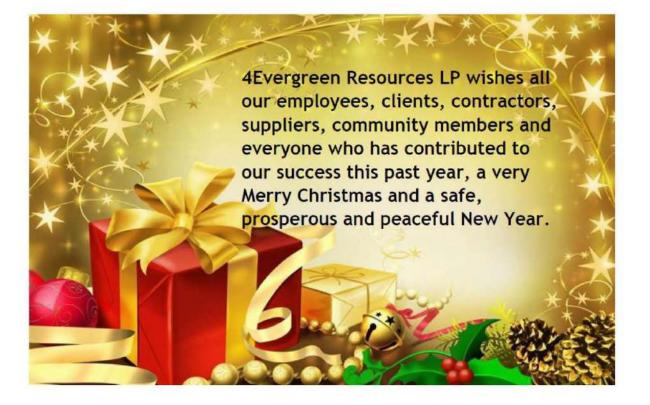
The company said the approval satisfies the last regulatory condition necessary for the deal to close.

In August, Pembina Pipeline had agreed to buy Kinder Morgan Canada and the U.S. portion of the Cochin pipeline for \$4.35 billion, bulking up its storage resources in Canada."



4EG TRUCK AUCTION SUCCESSFUL BIDDERS

Name:	4EG Truck Bid: (Make, Model. Year)		
Robin Paquette	2007 F250 Unit #311		
Daryl Munch	2006 Dodge Ram 3500 Unit# 314		
Daryl Munch	2010 Ford F150 (Black)		
Jimmy Apsassin	2011 Chevy Silverado		





Our Chief and Council would like to recognize our eldest Elder within our Nation, Virgina Lalonde who turned 95 years young this year!

Virgina has been a role model to many over the years as she passes on her knowledge of tradition and culture to us all. She is a respected Elder by many and we would like to thank her for all she has done over the years. Mussi Happy 1st Anniversary to Ben & Shiny Andrews on December 1st! Love you Sean, Chantelle, Miles, Nixon & Olivia

Happy first anniversary to Shiny Andrews and Ben Andrews love you guys - Krystal



It's never too late

Happy Birthday Amanda (Nov 18) & Brandy Davis (Nov 24) Love Dad

Happy Birthday Misty Watson for Nov 27– Love your mom

Happy Birthday Greyson (McMahon) Lindstrom- Dec 12 – 3 years old Miles Parenteau- Dec 17 – 12 years old Rachel Plante- Dec 19 Echo Cooper- Dec 24 Love Mary xoxo

Happy Birthday! Mary Doyle- Dec 5 We miss you so much! Love Sean, Chantelle, Miles, Nixon & Olivia

Happy Birthday! Laura Murfitt- Dec 3 Mike Logan- Dec 13 Chantelle Sean Miles Nixon & Olivia

Happy Birthday! Lakyn Parenteau- Dec 3 Lynn Munch - Dec 4 Ashley Barrett- Dec 22 Love Miles

Happy Birthdays too... Dec 3 – Lakyn Dec 4 – Lynn Dec 12 – Santee Dec 13 – Little Bro Jr Davis Dec 17 – Trapper (Miles) Dec 21 – Mr T Dec 22 – Pretty Girl Parenteau Love from the Parenteau Tribe

Happy 13 birthday to Grace Gauthier Dec 28...officually a teenager...love you to the moon and back...love mumzi

A Happy bday to Skyler Jackson Dec 15... love ya lots from Mom, Sadie, Damey and Tom

Happy 10th birthday to my handsome grandson Reace Sorell on December 4. Much Love from Grandma and Popa Sorell

Happy Birthday to my cuzzy Mary Noreen Doyle ~ Dec 5 Happy 7th Birthday to our handsome son Cole Murfitt ~ Dec 30 Love Laura With each year I love you more, Happy Birthday Devon Mattice, love you mostester December 22 - Your love Kate

A Happy birthday to my little brother Chad Gauthier from your big little sister Emily and family

Happy Birthday to Lakyn on Dec 3rd and Lynn Munch for December 4th. - Love Michelle

Happy Birthday to our niece and cousin Ginette happy birthday Dec. 18th, to our brother and uncle Calvin happy birthday on Dec. 19 love Barry, Jerri, Samantha, Mari and Peter

To our boss man Daniel Edwards happy birthday Dec. 19th love Uncle, Auntie, Bambam, Mari and Peter

To our Boxing Day Baby Samantha Davis, may all your dreams come true and you continue to be happy and enjoy life. Love Mom and Dad

To our big sister Samantha happy birthday Dec, 26th love Mari and Peter

Happy Birthday Clayton –Dec 4 Late Sylvester "Rufus" Davis –Dec 19 Love Donald Davis

Happy Birthday Chad-Dec 23 & Emily-Dec 26 Love Mom & Dad

Happy birthday Tyron Sochan dec20-From Margarette MacDonald

Wishing a Very Happy Happiest Birthday to my sister Bea-Dec 4 Love Amy Ann

Happy Birthday to my wonderful sister Ginette Lynn Lapierre, December 18th - Iove Sarah

Happy Birthday to my son Henry Paquette, Dec. 15th and my cousin Marie Stusrud, Dec.18 and my brother Councillor Rudy Paquette born on Christmas day! - From Yvonne Paquette

Happy 22nd Birthday Bretton Napoleon on Dec 9. Sending all our love from the big bad city. Love mom, Neo, Andrew, Kailey and Kara

Happy Birthday to Miles Parenteau, Aunty Mary Doyle, Aunty Laura Watson Murfitt, Echo Cooper. Love Krystal and Brooklyn

Happy Birthday to a beautiful Angel in Heaven Crystal Gauthier Dec 22-Love your Cousin-Sister Falon Miss you everyday and always xoxo

Tansi to All Community Members,

Well can you believe December is here already? I hope you are all ready for the holiday season and better yet the new year!

Our Vision

We, the Saulteau First Nations, will strive to be the Best Governed Nation, one that is proud, culturally strong and selfsufficient.

As stewards of the land we will ensure that the best sustainable practices are followed, now and in the future. So most of you may already know I am going in Maternity Leave for a year and soon you will have a new Communications Coordinator taking over. Stay tuned in next months issue as we will do a formal introduction to who this person will be.

I just want to say it has been a complete pleasure sitting in this role and will miss it while I am away. At the same time I am excited to bring the arrival of my first born into this world and all the joys that will bring.

I want to thank everyone in the office for all their support over the months as I made this position into my own, and to all the SFN members for your kindness, patience and gratitude. I only hope you will all be as great to the next person as you were for me. I will see you all in a years time and wish you all a very Merry Christmas and Happy New Year. Please be kind to one another.

From your Communications Coordinator Falon Gauthier

NEWSLETTER SUBMISSION DEADLINES 2019 Due by 3pm on the dates of: December 11, 2019

Falon Gauthier

Communications Coordinator

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