



Vicky Cameron - Culture
Camp Drum Making



Logo Design Contest

**Allteck Line Contractors
is searching for the
perfect logo design to
represent the Allteck
crews working on Site C.**

The logo design we are
looking for is an Indigenous
design representing the
crews working on Site C,
the Peace Region and Allteck.



**This design may be placed
on hoodies, t-shirts,
hats and stickers.**

**\$500
PRIZE**

*** Please do not include the
Allteck logo in your artwork.**

All submissions must be sent to:
contests@allteck.ca

For more contest information
please contact:

Geena Jackson: **778-887-3104**

SUBMISSION DEADLINE: FRIDAY SEPTEMBER 20TH MIDNIGHT

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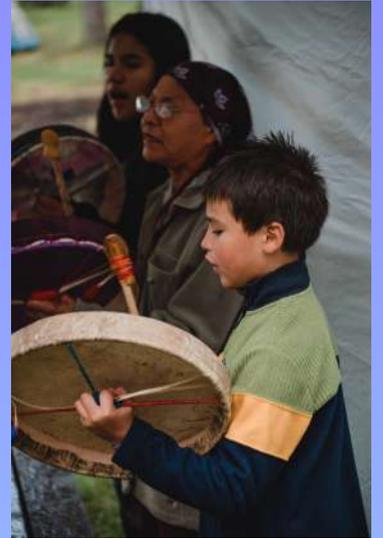
Reminder from Finance

Message from Membership

Office Closed

Tansi from your Communications Coor-
dinator

Photos by: Alycia Aird



Culture Camp

Carbon Lake 2019

I enjoyed cooking for all the members and industry who came and enjoyed the beautiful culture camp and all the activities that were had. It was a pleasure to feed each and everyone and know that they enjoyed every meal :)

I also enjoyed the positive atmosphere and feedback from people who came to me and thanked me for the meals I cooked, the view was awesome and seeing everyone enjoy their time out there was very uplifting, also enjoyed that M and M came out and filmed for 2 days and loved my cooking as well and even took pictures of some of the meals :D

Cant wait until next year. -Trudy Garbitt

It was absolutely beautiful at Carbon. People enjoyed being there. The kids had fun. Even though I was working, it was so nice to visit and sit by the lake. I was fortunate to go on helicopter ride & hike Twin Sisters. -Cindy O'Brien

It makes one feel content and peaceful to be at Carbon and remember what it looked like 18 years ago compared to today it is absolutely well kept up. - Rachel Hambler

I enjoyed the drymeat rack - Geraldine Gauthier

Sounds like this years Culture Camp was a success! Shout out to the committee for doing an amazing job yet again! Thank you for all those who attended! - Falon

SFN Culture Camp - Carbon Lake
August 12-17, 2019

First off, I'd like to thank our Chief and Council for picking Carbon Lake as this year's Culture Camp location. Carbon Lake is not only majestic with such a beautiful scenic backdrop, but so relaxing and intoxicating. The perfect spot to unwind, participate in cultural activities, to catch up with friends and family, and make new memories!



In addition, thank you to all the participants, organizers, instructors, lead hikers and camp staff for making this year's culture camp a huge success.

The week prior to camp had unfortunately dumped a large abundance of rain, shortening our camp dates to allow the grounds to somewhat dry out. The week was thankfully a beautiful sunny and somewhat dry week full of laughter, smiles and full bellies.

Throughout the week we had seen over 200 participants! Every registrant received a free SFN Monogrammed water bottle as well as the use of washable dinnerware and cutlery. The idea was to cut back on the amount of recyclable plastic water bottles and non-recyclable plastic/Styrofoam dishware (trash), accumulated throughout the week. It was an initiated pilot project which turned out to be quite successful. A huge Thank you to everyone for always being mindful in washing their own dinnerware, and being very contributing to the cleanliness of the camp throughout the week! 😊

The Activities throughout the week consisted of full classes of:

- Drum Making- Henriette Landry and Bryan Desjarlais
- Dry meat Cutting- Doris Paquette
- Meat Rack building- Bryan Desjarlais/Derek Wood
- Teepee setup- Bryan Desjarlais/Jack Davis
- Pugeesee- Jack Davis/Donald Davis
- Twin Sisters helicopter tour/Hike- Alycia Aird/Megan Campbell/Julian Napoleon
- Youth Kayaking- Adrianna Glover
- Talent night- Travis Fowler
- Bush Man Scavenger Hunt- Camp organizers
- Beading- Stella Gauthier
- Battleship Mountain Hike- Alycia Aird/Megan Campbell/Chad Gauthier
- Bannock Making- Pauline Heibert
- Moccasin Making - Bev Lambert
- Ethno-Botany Presentation-Carmen Richter/Della Owens
- Caribou Presentation- Carmen Richter
- Animal Conservation- Conservation Officer Kathleen Dyck
- Chilli Cook Off- 1st Amanda Davis, 2nd Trudy Garbitt, Doris Paquette, Faith Randall, Teena Demeulemeester

I look forward to seeing a sneak peak of the Culture Camp video prepared by Wasquesu films, and our very own Quanah Style. The production of 2019 Pemmican Days film was very good and if this film is of any comparison, it will be hands down one to watch!

A big shout out goes to our own SFN Member Art Napoleon! Thank you for bringing Moose Meat and Marmalade to our region and show casing our community! We all look forward to watching the episode to air in 2020!

Mary Doyle



Photos shared by community members and staff of SFN—Culture Camp 2019



Mayor of Chetwynd Allen Courtoreille & Alycia Aird

Studio Bloom is so honoured to be a part of this loving and ever evolving community called Chetwynd. Incredibly grateful for the recognition of our business commitment! We look forward to continuing to commit and support healthy community.

Big Congrats to Alycia Aird who continues to be a success and an inspiring role model for your Nation! You Rock Girl! Keep it Up! - Falon



International chainsaw carver Randy Gauthier with the Saulteau First Nation works on part of a solid cedar bench that is being raffled off by the Fort St. John Petroleum Association at its 10th annual Family Campout Weekend down at Peace Island Park.

**Congrats to Randy Gauthier for making the Alaska Highway News! Great job at being a continuous inspiration and role model for our Nation! You are an amazing artist with an amazing talent!
- Falon**

September Health Centre Calendar 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Mental Health Support 8am-4:30pm	3 Mental Health Support 8am-4:30pm Patient Travel	4 Mental Health Support 8am-4:30pm BACK TO SCHOOL	5 Mental Health Support 8am-4:30pm	6 Mobile Support Team 10am-4pm By appointment	7 Doctor's Clinic 10am-4:00pm
8	9 Mental Health Support 8am-4:30pm Eye Clinic	10 Mental Health Support 8am-4:30pm Patient Travel Eye Clinic	11 Mental Health Support 8am-4:30pm Eye Clinic	12 Mental Health Support 8am-4:30pm Eye Clinic	13 Mobile Support Team 10am-4pm By appointment	14 Doctor's Clinic 10am-4:00pm
15	16 Mental Health Support 9am-4:30pm	17 Mental Health Support 9am-4:30pm Patient Travel	18 Mental Health Support 8am-4:30pm	19 Mental Health Support 8am-4:30pm Declarations Due	20 Mobile Support Team 10am-4pm By appointment	21 Doctor's Clinic 10am-4:00pm
22	23 Mental Health Support 8am-4:30pm	24 Mental Health Support 8am-4:30pm Patient Travel	25 Mental Health Support 8am-4:30pm SA DAY	26 Mental Health Support 8am-4:30pm Elders Bingo 12-3pm	27 Mobile Support Team 10am-4pm By appointment	28 Doctor's Clinic 10am-4:00pm
29	30 Mental Health Support 8am-4:30pm Patient Travel					

Mental Health
Patient Travel
Social Assistance
Medical

Outreach
Family Support
Other

Please see Recreation Calendar to keep up to date on Rec Programs.

** Please Note Keava Mooney is Available on Fridays upon request please contact her for more information @ kmooney@saulteau.com



September Calendar – Rec

SFN GYM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1.	2. Stat Holiday	3. Learn to Run 7 – 7:45am	4. Generation Pound 3:30-4pm	5. Learn to Run 7 – 7:45am Fit Nation 12-12:30pm	6.	7. Harvest Run 10-12pm
8.	9. Elaine's Bootcamp 4:45-5:45pm	10. Learn to Run 7 – 7:45am Mind Body Yoga 5-6pm	11.	12. Learn to Run 7 – 7:45am Fit Nation 12-12:30pm Meditation with Inner Sage Therapies 7-9pm	13.	14.
15.	16. Elaine's Bootcamp 4:45-5:45pm	17. Learn to Run 7 – 7:45am Elder's Day Out 9 – 4pm	18. Generation Pound 3:30-4pm	19. Learn to Run 7 – 7:45am Fit Nation 12-12:30pm	20.	21. Cooking Class 3-6pm
22.	23. Elaine's Bootcamp 4:45-5:45pm - Outdoor	24. Learn to Run 7 – 7:45am Mind Body Yoga 5-6pm	25.	26. Learn to Run 7 – 7:45am	27. Coffeehouse 5-7pm	28.
29.	30.					

Megan Campbell

(250) 556-4237

mcampbell@saulteau.com

September Calendar – Rec

SFN GYM

- **Elaine's Bootcamp** – Various workouts at various locations, Elaine enjoys switching up the workouts week to week. Adults only. No sign up required.
- **Mind Body Yoga (Megan)** – Working on a slow movement, connecting the mind and body. Adults Only. No sign up required.
- **Elder's Day Out** – Take elder's out to Dawson for a nice lunch and a chance to do some shopping. Transportation and lunch provided. *Sign up at Health Centre.*
- **Generation Pound (Megan)** – Pound Fitness Class for kids who want to rock out! No sign up required.
- **Fit Nation (Megan)** – Nooners boot camp for everyone to join - focusing on body weight exercises with cardio. No sign up required.
- **Meditation with Inner Sage Therapies** – Inner Sage Therapies holds space for those who would like to enjoy the experience of meditation. *Sign up at Health Centre.*
- **Harvest Run** – A chance to run/walk/bike with the community of Chetwynd. Saulteau will provide transportation and cost of run, for those interested! *Sign up at Health Centre.*
- **Learn to Run 5km** – Enjoy a beautiful morning run/walk around the Saulteau community with friends and family. No sign up required.
- **Cooking Class (Megan)** – A chance to get together and make some delicious food. *Sign up at Health Centre.*

Note: For the month of September, Saulteau Rec is providing free admissions at Studio Bloom's various yoga classes offered. Check out the page <https://www.facebook.com/yourstudiobloom/> for the September Calendar!

Megan Campbell

(250) 556-4237

mcampbell@saulteau.com

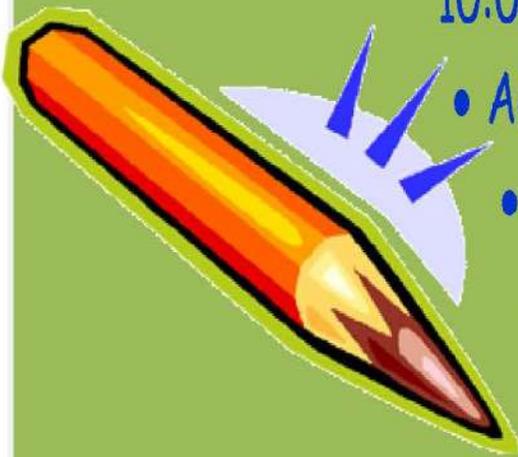
Muskoti Learning Centre

Open House

September 10th

10:00am-3:00pm

- Adult Dogwood
- Upgrading
- Diploma



Muskoti Primary Program

September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labour Day STAT	3 NID	4 First Day of School 10:45- 2:00 Starts 2hrs late ends 1hr early	5	6 Kindergarten & grade 1 School every Friday 8:45-12:00PM	7
8 Letter for the week: "A"	9	10	11	12	13	14
15 Letter for the week: "E"	16	17	18	19	20	21
22 Letter for the week: "H"	23	24	25	26	27	28
29	30 Orange Shirt Day					

Themes this month:

Welcome to School

Classroom Community

Farm

All about me!

School Safety

Phone: (250) 788-7361

Muskoti Primary Program Yearly Calendar 2019/2020

Legend	
10 STAT	Statutory or general Holidays
62 Break	Break days (Winter, Spring, Summer)
8 NID	Non-Instructional Days
182	Instructional Days

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labour Day	3 NID	4 First day of School Starts 2 1/2 hr late ends 2 hr early	5 First full day	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		2	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25 NID	26
27	28	29	30	31 Halloween		

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11 Remembrance Day STAT	12	13	14	15	16
17	18	19	20 Early Dismissal	21 Early Dismissal	22	23
24	25	26	27 Aboriginal	28 Aboriginal	29 Education NID	30 Conference

December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19 End of term 1	20 SPN NID	21
22	23	24	25 Christmas Day STAT	26 Boxing Day STAT	27	28
29	30	31				

January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Year's STAT	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17 NID	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14 Valentine's Day	15
16	17 Family Day STAT	18	19 Early Dismissal	20 Early Dismissal	21	22
23	24	25	26	27	28	29

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17 St. Patrick's Day	18	19	20 End of term 2	21
22	23 Break	24 Break	25 Break	26 Break	27 Break	28
29	30	31				

April 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 FNSEA NID	4 Conference & AGM
5	6	7	8	9	10 Good Friday STAT	11
12	13 Easter Monday STAT	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8 SD Pro D	9
10 Mother's Day	11	12	13	14	15	16
17	18 Victoria Day STAT	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 NID	9	10	11	12	13
14	15	16	17	18 Last Day for K4	19	20
21 Father's/ Aboriginal Day STAT	22	23	24	25 End of term 3 Last day of school	26	27
28	29 Break	30 Break				



Aski Reclamation is gearing up for their big fall plant this September and October using our plant technicians from the local area. We have spent the summer with site visits, vegetation monitoring and lots of learning along the way.

This fall we will be using native plant species to revegetate 5 different locations, each unique and with its own site specific challenges we are ready to take on, along with willow staking to help establish soils and stream banks.

Additionally, this summer, with NAIT Boreal Research Institute, we have been learning more about seed collection, new studies in seed viability and storage, and helping establish Saulteau's own native seed bank to help provide the upcoming years of expansive reclamation work with native seed from our own backyard.

If you were at culture camp this year, you may have had the chance to try some Saskatoon berry or huckleberry juice NAIT Technician Ryan O'Neal made for us! Thanks Ryan!

Alycia Aird
Aski Project Manager

Forests for Communities: Sheep Grazing

When we say communities benefit from a “working forest,” we mean managing a forest so that it can sustainably provide economic benefits while integrating habitat management, water, recreation, traditional cultural uses and visual impacts among others. West Fraser works hard to develop sustainable forest management plans so that all community members can enjoy the forest and its benefits for generations to come.

Sheep Grazing is a unique initiative in Chetwynd, British Columbia where sheep are used to manage the brush in the working forest. Using sheep in certain areas of the forest helps to address values that are vital to local Indigenous peoples. “Competing vegetation can cause challenges for proper tree growth, so we use sheep in sensitive areas to eat through the vegetation we need to be removed,” says Chelsea Chirico, Assistant Forester.

This summer, Saulneau First Nations trained a young flock to be forest grazers. Their shepherd taught them in a part of forestland West Fraser has made available to them. The young flock needs to learn about grazing in forestland as they are accustomed to eating hay on flat farmland.

Saulneau First Nations traditionally don't use herbicide and provide feedback on where in the forest they don't want herbicide sprayed. “The sheep are a great way for us to contribute to reducing the use of herbicide. Our sheep can feed on vegetation from June to the middle of August/September. Next year will be the first year of work for our herd,” says John Stokmans, Resource Technician (Forestry), Sauleau First Nations.



Young herd of sheep learning how to graze in the forest
Photo provided by Sauleau First Nations

John mentions that their current herd is 300 sheep and they hope to have 600 soon. The sheep will also contribute to other businesses such as merino wool and dairy products. “We hope to have a fully operating farm eventually,” says John

Our Chetwynd woods team works closely with local indigenous peoples on several important projects and shared interests. You can read about how West Fraser works with Chetwynd community partners: the District of Chetwynd, Sauleau First Nations and West Moberly First Nations to [restore their community forest that was ravaged by the mountain pine beetle](#). You can also check out how we're working with [West Moberly First Nations to support berry planting](#).

FIRE
LAKE
PARK

Saulteau
First
Nations
Fire Lake
Park
received a
cabin for
the park
yesterday;
August
27th, 2019

It looks
great!



Any
questions
?
Contact
Teena D



TREATY RIGHTS AND ENVIRONMENTAL PROTECTION
FROM THE DESK OF LISA MCARTHUR

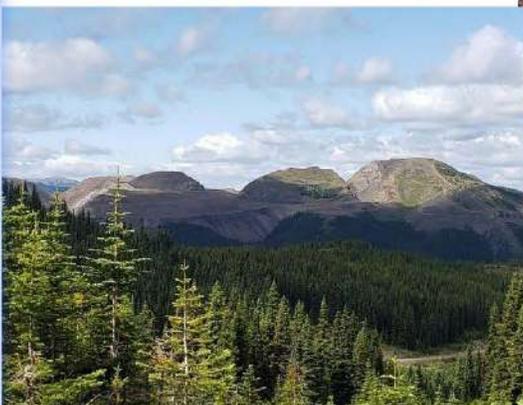
MEMBERS OF SAULTEAU FIRST NATIONS AND WEST MOBERLY FIRST NATIONS WENT OUT ON A SITE VISIT FOR THE PROPOSED HERMANN MINE-CONUMA COAL TREATY IMPACT ASSESSMENT. THIS OPEN PIT COAL MINE IS LOCATED APPROXIMATELY 16KM FROM THE WOLVERINE MINE ON THE HERMANN PROPERTY AND HAS THE POTENTIAL TO PRODUCE 9 MILLION TONNES OF METALLURGICAL COAL OVER 7 YEARS (APPROX). WE WILL HAVE A FOLLOW-UP COMMUNITY MEETING TO DISCUSS OUR TREATY IMPACT ASSESSMENT REPORT DONE BY FIRELIGHT, OUR CONSULTANTS. THIS PROJECT IS CURRENTLY IN THE REVIEW PHASE WITH THE BC ENVIRONMENTAL OFFICE FOR THE CERTIFICATE AMENDMENT AND THE MAJOR MINES PERMITTING OFFICE FOR THE PERMITS. WE WILL BE SCHEDULING A COMMUNITY MEETING IN OCTOBER TO REVIEW THE PROJECT WITH GOVERNMENT AND CONUMA AS WELL. THIS WILL ALSO INCLUDE PGL, OUR ENVIRONMENTAL CONSULTANTS FOR THE TECHNICAL REVIEW. THERE IS STILL A LOT OF WORK AHEAD OF TREP TO ENSURE MEANINGFUL CONSULTATION IS ACHIEVED AND OUR VALUES/RECOMMENDATIONS AND MITIGATION MEASURES ARE HONOURED THRU THE PROCESS. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE TREP OFFICE VIA LISA MCARTHUR.



WMFN/SFN Group



SFN/WMFN Group with Firelight



The view from Hermann km 6 of Teck's Quintette coal mine (left)
The end of km 6 signage (right)





Everette Felix Gauthier passed away July 23 and was laid to rest
August 1, 2019.

The entire Gauthier family would like to send a heartfelt thank you
to our community, family and friends who have supported us during
this time. There were so many people who gave their time, food
and monetary donations.

To those who shared their knowledge, and assisted with the
services, kitchen, burial etc. The family sends you much love and
appreciation.

Mussi, Thank you.

We are humbled and grateful to everyone.

Heavy Evy would be smiling sweetly and giving a big thumbs up.

-Shanoha & Chelsea Gauthier



Huge shout out to Mary Doyle for her contribution and fundraising efforts for Delain Gauthier. Your kind heart, dedication and thoughtfulness does not go un noticed.

Mary raffled off a dash cam and raised \$740 to help Delain during her time in need. Delain would like to thank Mary and those who purchased tickets. Congrats to Jannette Cameron on winning the dash cam!

Big thank you's to Noreen Brown, Audrey Norris & Family, Saulteau First Nations and the whole community for their continuous prayers.

Delain would also like to thank her Gauthier & Davis families for all their support and very special thank you to Norma Podolecki who continues to pray, support and be by her side.

**Thank you to everyone who helped fundraise for her.
Mussi - Delain Gauthier**

FIRST NATIONS YOUTH TRAINING PROGRAM



THE PROGRAM

The First Nations Youth Training Program is a unique training program that combines work experience with short term certificate training that allows participants to transition quickly into employment. Participants are supported throughout the program in the development of a healthy work ethic that is based on personal fulfillment and well-being. Participants graduate from our program not only in possession of these skills, but also with a newfound sense of confidence and an awareness of their full capabilities.

Employability Skills

Resume Building
Interview Workshops
Job Searching
Career Decision Making
Aboriginal Cultural Awareness

Certificate Training

\$100/\$185
Chainsaw Safety and Maintenance
Driver Training & ATV Operation
First Aid/ WHMIS/ TDG
Traffic Control
H2S Alive and Fall Protection

Work Opportunities

Forestry
Modular Installation
Camp Services
Recreation
Hospitality
Mining



PROGRAM STRUCTURE

- Professional, certified training courses
- Supervised camp accommodations with full meals and utilities, meeting all provincial health and safety standards
- A well-communicated code of conduct, zero tolerance alcohol and harassment policies
- Each week is filled with classroom training and on-site work opportunities
- Most weekends have organized recreational activities
- Job placement support is provided to transition into long-term employment or new learning opportunities
- Trained and experienced staff mentor participants and generate enthusiasm
- Evaluations throughout the program track individual progress
- A positive learning and living environment is maintained, where work ethics, enthusiasm and cooperation are encouraged and rewarded



For more information about the program visit www.bluecollargroup.ca

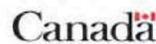


YOUTH EMPLOYMENT TRAINING FOR THE NATURAL RESOURCES INDUSTRIES Since 2009

The **First Nations Youth Training Program** is a dynamic and comprehensive opportunity. It ensures that youth are involved in experiences that will help build their capacity and take advantage of economic development opportunities in the natural resources sector.

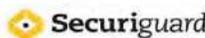
Long Term benefits of this program:

- Promotes a healthy lifestyle and empowers youth to proactively determine their ability to lead productive lives;
- Encourages First Nations youth to complete secondary studies and promotes post-secondary education;
- Provides employment and life-skills training that assist youth with their future employment experiences.



Funding provided by the Government of Canada through the Canada-British Columbia Workforce Development Agreement.

Special thanks to all of our 2019 Program Partners:



255 Lear Rd. Quesnel, BC, V2J 5V5
Office: 250.992.9709 Fax: 866.230.8907
training@bluecollargroup.ca
www.bluecollargroup.ca



BLUE COLLAR GROUP



Are you a **Potential Candidate** interested in discussing if this program is right for you?

OR
An **Organization or Community** inquiring about tailoring a program to meet your specific needs?

Please contact Jake Courtney at 250.983.2542





Blue Collar Silviculture, with funding provided by the Government of Canada through the Canada-BC Workforce Development Agreement, is offering the First Nations Youth Training Program to aboriginal youth between the ages of 18-25.

Dates for this training program are September 16 - October 25, 2019. Our program is based in Quesnel, BC and is available to participants from throughout British Columbia.

This six-week program combines work experience with short term certificate training. The six weeks are packed with work and skills training Monday – Friday and fun activities on the weekends.

Interested participants must meet the following criteria:

- Be 18-25 years of age, possess photo ID and be in possession of either a SIN# or a Status Card
- Be Unemployed or does not have steady and secure employment
- Have completed grade 10 or equivalent
- Not a student
- Not participating in another provincial or federally funded labour market program
- Interested in securing employment in the resource or hospitality sectors

Room/board and transportation costs are covered for the duration of the program. We can arrange transportation from your home community to Quesnel for the beginning and end of the program.

The following training and work opportunities will be performed throughout the program:

SKILLS TRAINING		
○ S100/S185	○ Traffic Control	○ Forklift Training
○ CSTS	○ Fall Protection	○ Aerial Work Platform
○ Driver Training	○ Food Safe/ World Host	○ Ground Disturbance
○ OFA Level 1/Transportation Endorsement	○ Resume Writing/Job Interview Skills	○ Chainsaw Safety and Maintenance
○ Career Decision Making	○ GPS /Compass Orientation	○ Confined Space Training

WORK OPPORTUNITIES	
○ Modular Camp Installation	○ Camp Services: Line Cook and Maintenance
○ Brushing and Spacing	○ Recreation Site Management and Trail Maintenance

Our staff will work to help place participants into employment once this program is complete. Staff maintains an ongoing connection with participants from the program and are available to provide assistance post-program.

Please send inquiries and resumes: firstnationsyouthtraining@gmail.com.

For more info: <http://www.bluecollargroup.ca/fnytp.html>

Resumes and Applications must be submitted by August 23, 2019



2019 Training and Work Experience Opportunities by:

- | | | | |
|------------------------------------|------------------------------|---------------------------------|-----------------------------------|
| <i>Securiguard</i> | <i>Tolko Industries</i> | <i>Bob's Driving School</i> | <i>SilvaGro Partnership</i> |
| <i>The Wells Hotel</i> | <i>West Fraser Mills</i> | <i>Redrock Camps</i> | <i>Timber Trek Consulting</i> |
| <i>Quesnel Chamber of Commerce</i> | <i>Barkerville Gold Mine</i> | <i>Summit Camps</i> | <i>Irwin's Industrial Safety</i> |
| <i>Progressive Ventures</i> | <i>BV Electric</i> | <i>Quesnel Tillicum Society</i> | <i>Correliou Secondary School</i> |



Funding provided by the Government of Canada through the Canada-British Columbia Workforce Development Agreement.



First Nations Training Program Application

APPLICATION DEADLINE: August 23rd 2019 – *late submissions will be accepted after the application deadline however preference will be given to early applicants.*

(Please print or write legibly and use only space available in each box provided. Please include your resume if available)

Name:	Date of Birth yyyy/mm/dd:
Address (current):	Age: Gender:
Facebook Name:	Email:
Address (permanent):	Phone Number:
Band or Community:	Are you currently employed? If so, for how long?

Objective for application (personal goals or career objectives):

--

Experience (work or training):

--

Education (level completed and name of school or institution):

--

Skills & Interests:
Certificates (list all CURRENT, NON-EXPIRED tickets and certifications):

Please list 3 References (eg. Former employers, teachers, band council members, sports coaches)

NAME	PHONE NUMBER OR EMAIL	RELATIONSHIP TO YOU
1.		
2.		
3.		

Additional Information:

- Are you available for the duration of the program: September 16-October 25, 2019?
Yes No
- Do you have any known allergies or other physical limitations that could prevent you from working outdoors and/or performing physical labour?
Yes No

If yes, please explain: _____

Please deliver, fax, or email your application with your resume (if you have one) to:

Jake Courtney Tel: (250) 983-2542 Fax: (866) 230-8907
Email: firstnationsyouthtraining@gmail.com



B L U E C O L L A R G R O U P

Submitting an application does not guarantee acceptance to the First Nations Youth Training Program
For more information visit: <http://www.bluecollargroup.ca/fnytp.html>



Funding provided by the Government of Canada through the Canada-British Columbia Workforce Development Agreement.

For elders and healers.

Must be actively sober for 6 Months and longer

Please contact Kristan at 250 788 7284 if interested to book an appointment to fill out the application.



Kwunatsustul

HOLDING HANDS, STANDING TOGETHER

Kwunatsustul Trauma Program (3 weeks)

For Colleagues and Elders - Monday Oct 7—Thursday Oct 24

Addresses issues associated with:

- Trauma
- Abuse: mental, physical, emotional & sexual
 - Relationship Issues
 - Grief & Loss
 - Residential School
- Intergenerational Effects
 - Coping Skills
- Burnout, Depression, Self Care

Tsow-Tun Le Lum programs provide healing through:

Culture & Ceremony and

Holistic, state-of-the-art Therapeutic Programs

This 3-week residential program is intended for

- Aboriginal participants who are Elders, or working in the field (i.e. community counsellor, therapist, etc.) and who have
- abstained from the use of alcohol and drugs for 6 months or longer

FUNDED by FIRST NATIONS HEALTH AUTHORITY

To apply please contact Tsow-Tun Le Lum

250.390.3123

info@tsowtunlelum.org

**An opportunity for Elders! I would love to see one or two Elders from
Saulteau attend!!**

**Please call Kristan at the Health Centre and I can make a time to help you
come in and apply!**



First Nations Health Authority
Health through wellness

NOT JUST NALOXONE
**Elders' Skill-Building
Workshop in Overdose
Prevention and Response**

September 17 - 19, 2019 | 8:30am - 4:30pm
River Rock Casino, 8811 River Rd, Richmond BC V6X 3P8

The First Nations Health Authority (FNHA) Health Protection Team is pleased to invite you to the Not Just Naloxone (NJN) Elders' workshop. This three day workshop is focused on awareness- and skills-building for Elders who support community programs on substance use, addiction, and overdose.

Topics of focus will include

- Decolonizing addiction,
- Indigenous harm reduction,
- Recognizing and responding to overdoses, and
- Healing for healers.

Over 180 people in BC have been trained as trainers in harm reduction and naloxone through NJN workshops. These trainers need the support from Elders in their communities and have requested we hold a training for Elders to move this work forward in a good way.

WHAT WILL BE PROVIDED

Training materials, breakfasts and lunches will be provided to all participants.

Accommodations are available for those traveling long distances. Participants will be notified if they qualify for accommodations in their confirmation package.

HOW TO REGISTER

Register online at: <https://www.regonline.ca/NJNElders2019>

If you would prefer to have one of our team members to help with registration over the phone, please call: 604.693.6772

Deadline: Thursday July 25, 2019 | Contact email: cdcevents@fnha.ca

Be sure to check out the Chetwynd Harvest Festival!! Join our very own
Alycia Aird for Yoga at 3pm!!



HARVEST FESTIVAL



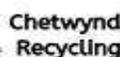
SCHEDULE OF EVENTS

- FREE PANCAKE BREAKFAST 10AM
- FACEPAINTING 10AM -4PM
- OPEN MARKET 10AM -4PM
- CHAINSAW CARVER NOON -4PM
- KID ZONE 10AM - 4PM
- ART ZONE 10AM - 4PM
- WAGON RIDES WITH ED BODO 10AM -3PM
- 10K RUN/WALK/BIKE 10AM (REC CENTRE)
- SHOW & SHINE 10AM -4PM
- OLD FASHIONED RACES 11AM; 1PM; 3PM
(IN FRONT OF REMAX)
- WATERMELON EATING CONTEST 1:30PM
(IN FRONT OF SCOTIABANK)
- VEGETABLE CONTEST 2:30 PM
(IN FRONT OF ROYAL LEPAGE)
- FREE MOVIE AT THE REX 4PM
- BOOT SCOOTIN' BOOGIE DANCE 9PM
- SOFTBALL TOURNAMENT ALL DAY
- SIDEWALK SALES 10AM -4 PM

STAGE PERFORMANCES

5-STAR DJ ALL DAY
POET NIGHTOWL 10:30AM
DENISE GARDINER 11AM
ELVIS HIGH NOON
JOHNSON COUNTRY BAND 1PM
ZUMBA 2PM
PETER MARINO 2:30
YOGA WITH ALICIA 3PM

SEPTEMBER 7





Saulteau First Nations Member Career Opportunity Health, Safety & Environment Administrator

4Evergreen Resources LP is seeking a Health, Safety and Environment (HSE) Administrator.

This full time HSE Administrator will support the Safety Department as well as performs other duties as required to ensure smooth operation and responsiveness.

Accountabilities include, but are not limited to:

- Conduct company orientation for contractors and new employees.
- Compile stats for daily, weekly and monthly reporting.
- Assist with organizing COR Audits.
- Review and assist with yearly COR Audit Action Plans and provide support to achieve target dates.
- Coordinate, schedule and support various activities such as emergency response exercises.
- Act as a documentation, systems expert and provide support to the HSE team.
- Develop presentations, forms, bulletins and training awareness tools.
- Provide support by implementing systems, procedures and practices.
- Ensure that all HSE documents are current and posted for internal stakeholders, via SharePoint/Extranet.
- Maintain and update 3rd party contractor/client/vendor management sites (ISN, ComplyWorks).
- Assist in communication of health and safety trends to management and operations to obtain support and participation in problem-solving processes.
- Update and maintain SiteDocs program.
- Activate and deactivate fuel cards. Disbursement/collection of fuel cards and ensure proper documents are in order.
- Establish and maintain record keeping and filing systems, including classifying, sorting and filing correspondence, records and other documents.
- Minute taking during meetings.
- Tracking of certifications and organizing training sessions for employees to obtain necessary certificates. Ensuring HSE training/tracking system is maintained and current.
- Maintain up-to-date knowledge of OH&S legislation and codes of practice.
- Assist in making safety a behavior not just policy.
- Review subcontractor procedures and programs as required to ensure it meets 4Evergreen and client safety standards.
- Assists with incident investigations and forms including WCB.
- Assist with safety policy development and changes.

Qualifications, Skills and Abilities Include:

- Completion of an administrative program or combination of education and experience.
- Knowledge of BC OH&S regulations.
- Builds productive relationships with HSE and operations. Is seen as cooperative and supportive.
- Technical and interpersonal skills to identify HSE issues and communicate corrective and preventative actions through the involvement of management.
- Creativity and drive to build and improve upon current processes and systems.
- Capable of working and delivering in complex working environment and under pressure.
- Team player to achieve team goals and objectives.
- Strong computer background including experience with MS Word, Outlook and Excel.
- A self-starter and can work with minimal supervision.
- Highly proficient communicator (both verbal/written).
- Pro-active with positive attitude and willing to learn.
- Possess demonstrable problem solving and organizational skills.

This posting is open until a suitable candidate is chosen.

Submit Resumes to:

hr@4eg.ca or in person to the 4Evergreen Office: 1717 Boucher Lake Road



From the Gauthier Family

September is a month of huge & exciting change for us
As we send Colby to UBC Kelowna & Ethan to UNBC

We are filled with pride, excitement and prayers!
We know that you will excel in your new journey
We will be here to support you in anyway we can!

Grandpa Oliver, Grandma Lillian,
Crystal (Ethan - Mom is smiling down on you with
such pride)
,Lynn, Winston & Koukum
would be so proud and are looking over you from Heaven
Good Luck, study hard and have fun!

WE LOVE YOU
Colby Patrick Stanely McArthur
Ethan Eric Coleman Cameron
MAKE US PROUD





E.L.M Landscaping

Basic Lawn Maintenance Services

Summer Services

- ✦ Lawn Mowing
- ✦ Hedge Trimming
- ✦ Weeding
- ✦ Whipper Snipping
- ✦ Raking & Compost/Garbage Removal
- ✦ Can plant vegetation upon request



Winter Services

- ✦ Snow Removal
- ✦ Snow Blowing
- ✦ Salting

Contact Information

Kate Watson 250-401-1216

Devon Mattice 250-852-3861

Morning classes

September Class Schedule

Glow You Grow You Retreat - Pre-Register Required
\$12 Drop In | \$100 for 10 time punch pass

SUN	MON	TUES	WED	THUR	FRI	SAT
1	2 STAT-NO CLASS	3 7-8 PM Intermediate Flow	4	5 7-8 PM YIN (all levels)	6 6:45-7:30 PM Pound Fitness	7
8	9 7-8 PM ALIGN YOGA (all levels)	10 7-8 PM Intermediate Flow	11 6:45-7:30 PM Pound Fitness	12 7-8 PM YIN (all levels)	13 9:15-10 AM Express Flow (all levels)	14 Glow you Grow you Retreat
15 Glow you Grow you Retreat	16	17 7-8 PM Intermediate Flow	18	19 7-8 PM YIN (all levels)	20 9:15-10 AM Express Flow (all levels) 6:45-7:30 PM Pound Fitness	21
22	23 7-8 PM ALIGN YOGA (all levels)	24 7-8 PM Intermediate Flow	25 6:45-7:30 PM Pound Fitness	26 7-8 PM YIN (all levels)	27 9:15-10 AM Express Flow (all levels)	28
29 9-10 AM ALIGN YOGA (all levels)	30	STUDIO BLO(OM)				

www.yourstudiobloom.com

facebook & instagram @yourstudiobloom

airdalycia@gmail.com

Support one of our own and join Alycia Aird at her
yoga studio in Chetwynd!!

About the Classes

ALIGN YOGA (all levels) | Join Megan for this special mind body connection class that comes from a place of heart. This therapeutic yoga is great for all levels with mindful movements that focus on not compensating in the low back and intentional activation of the body.

INTERMEDIATE FLOW | Welcome to all, but be prepared for constant flow and to challenge your practice. This one hour class will combine strength and flexibility, then cool off for a sweet savasana- well deserved! Leave your ego at the door as we explore different takes on poses and practice your tapas.

POUND FITNESS | Join Pound Pro Trainers Megan & Shayla, and bring your inner rock star. What is pound? It combines cardio, conditioning and training with pilates and yoga movements to bring music to life. You will be provided with Ripstix* (drum sticks) to keep beat with the music as you work your way through class. Expect to sing along, sweat and likely have a few good laughs too.

YIN (all levels) | Yin works beyond stretching the muscles. Through use of longer holds (typically 3-5 minutes) and the use of supportive props we work into the connective tissues of the body while stimulating the parasympathetic nervous system (your rest & digest). This practice for many moves away from the body and becomes more a practice of tuning inwards. This popular class is a great compliment to the yang of your busy life.

EXPRESS FLOW (all levels) | Your Fri-YAY morning pick me up in 45 minutes! This energizing flow varies weekly on the intensity and pace depending on level of students attending and the needs of the students. Requests for focus of class are always welcome!

GLOW YOU GROW YOU RETREAT | Join Kathy & Alycia for this annual women's retreat hosted at beautiful Cameron Lakes. This time is designed to help you reconnect and bloom into your fuller potential. There will be great food, great company, pound fitness, outdoor activities, breakout sessions- and of course- YOGA! Please contact Kathy or Alycia to pre-register!

Happiest of Birthdays to all the September born babies!



Happy Birthday to Normal Podolecki on September 1st Love your whole familia

Happy Birthday!
Les McMahon September 21
Allie Auger September 21
Chelsea McMahon September 28
Love from Sean, Chantelle, Miles, Nixon & Olivia

Happy Birthday Grandma Penny! September 19 Love you and Miss you From Miles

Birthdays Ethan Cameron Sept 6th & Cynthia Desjarlais Sept 10th
Love Auntie Stella & Family

Happy Birthday out to Joselyne Lambert September 4 and Benny Davis September 30-Love Emily and Family

Happy Birthday to my daughter Serenity Davis who turn's 17 on September 9. - JR Davis

Happy birthday Cindy O'Brien on September 20th From Keith Glover

Happy birthday in heaven to Shayla Glover on September 15th
Love Dad

Happy birthday to Mr Ben Davis <3 The Sorell's

Happy birthday Fernanda JoAnne September 8 Love Tasha

Happy birthday to Margarett MacDonald September 9th Love Louise

Happy Birthday to Donald Davis September 20 – Brandy Davis

HAPPY BIRTHDAY TO GENE RANDELL..LOVE YOU MORE THAN YOU KNOW...LOVE TRUDY AND PAPA'S BOY IAN.

SEPTEMBER 3rd

Happy 14th birthday to Kendra and Daylin Schlamp September 15 love your family

Happy birthday to Allie Auger Sept 21 love the Schlamps

Happy Birthday Too You:
I wish my Son Timothy Paquette a Happy Birthday for sept.17th Love you and very proud of you.
I wish my father Marvin Paquette a Happy Birthday sept.4th love you and thank you for everything.
Very special Birthday wish to my granddaughter Kendall Paquette sept. 25th, you are the best of us all, Sahgihitin , Kookum
Happy Birthday to our Hunter Man, sept. 18th love you always!
Sahgihitin to all of you, hope your day is as great and wonderful as you are.
Tylen, Tamlyn Joey, Glen and Elvis too

Happy Birthday Justin Gauthier September 20th From Alycia Aird

Happy Birthday, to the best mom, Love Nikki, Lisa, Pat
Happy Birthday to Grandma Norma, Love all your grandkids
Thank you for all you do for us

Happy Birthday Ethan Cameron
We Love you & are so proud of you!
Love Dad, Reece, Phinn, Gracie

Happy Birthday Ethan
We love you!
Auntie Lisa, Colby & Oliver

It's never too late.....

August 1st Happy 19th birthday to August 1 happy 19th birthday to my lil sister Sarah gauthier love her big sis and nieces and nephews

Aug 11 happy birthday Tianna and Jennelle Patmore love their big cuz Ginette and lil cuz's

Happy birthday to Aaron Aug 13, Michelle Aug 14, Kynzee Aug 22, Jamie Gauthier on Aug 23, Shano-ha Gauthier August 2nd, my dad on Aug 17 and Ryder's on August 29th Love Phyllis



ATTENTION SFN CITIZENS

This a friendly reminder from our finance department that Cheque release day is and always has been on Thursday's at 2pm! NO early releases, please keep this in mind for future reference.

Please note there will be zero tolerance for bullying or aggressive comments to our Main Reception.

Thank you for your cooperation and understanding.



Status Cards are available! Please contact Norma Podolecki our Indian Registry Administrator to book and appointment.

**Status Cards will be given out on a first come first serve basis.
You will need to provide two pieces of ID and there is a one time
\$5.00 fee.**



Did you know?..... Norma is also a Commissioner for Taking Affidavits??

Some services include:

- ◆ **Basic Will Preparation**
- ◆ **Legal Documents (birth & death certificates)**

**Norma Mary Podolecki
Commissioner for Taking Affidavits
In Province of British Columbia
Chetwynd, BC (250) 788-7283
npodolecki@saulteau.com
Indian Registry Administrator**



All SFN Office's will be
closed on Monday
September 2, 2019

**WE WILL BE
CLOSED ON
LABOR DAY**

Our Vision

We, the Saulteau First Nations, will strive to be the Best Governed Nation, one that is proud, culturally strong and self-sufficient.

As stewards of the land we will ensure that the best sustainable practices are followed, now and in the future.

Tansi to All Community Members,

Happy September!! I hope all you parents are ready for the kiddos to go back to school as much as I am!! I would like to welcome back all of the Muskoti Team!

I hope you got to enjoy the summer and are ready to embrace the beauty of the fall season. I have had some inquires regarding TLE updates, and upcoming meetings. As of right now there is no update on TLE and family meetings are to be scheduled for September but I am currently waiting on confirmation on the dates & times. Please stay tuned for family meeting dates!

Mussi to all who had submitted submissions.

NEWSLETTER SUBMISSION DEADLINES

2019

Due by 3pm on the dates of:

Aug 26th

Sept 24th

October 28th

November 25th

Falon Gauthier

*Communications
Coordinator*

falon@saulteau.com
www.saulteau.com

T 250.788.7360
F 250.788.7261
Box 1020 Chetwynd BC
V0C 1J0

Ken Cameron	CHIEF	(250)788-7265	Chief@saulteau.com
Nathan Parenteau	COUNCILLOR	(250)788-7271	Nathan.Parenteau@saulteau.com
Juritha Owens	COUNCILLOR	(250)788-7269	jowens@saulteau.com
Rudy Paquette	COUNCILLOR	(250)788-7270	rpaquette@saulteau.com
Justin Gauthier	COUNCILLOR	(250)788-7268	justin.gauthier@saulteau.com

