



February Newsletter

January 27th 2020



Attention SFN Band Members

**ANNUAL GENERAL MEETING &
BAND GENERAL**

Date: February 12, 2020

Time: 5:30pm-7:30pm

Location: SFN Main Building - GYM

Dinner will be provided

Please note that this meeting is for **SFN Band Members ONLY**. Thank you for your cooperation and understanding.

Inside this Issue:

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- * Welcome To The Team
- * Muskoti Primary Calendar
- * Muskoti Primary Program
- * Our Right To Play Program
- * Muskoti Learning Centre Calendar
- * Career & Educational Opportunities
- * SFN Health Centre Calendar
- * AA/NA Traditional Meeting
- * Mens Group
- * First Aid & CPR Training
- * Nutrition Education
- * First Nations Health Authority
- * SiteC Indigenous Craft Market
- * NENAS Career & Trade Fair
- * Notice From Housing
- * Water Flow Measurement Project With SFN and OGC
- * Solar Project at Elder's Homes
- * Activity Update - John Stokmans
- * Notice From Aboriginal Liaison
- * Conuma Coal Mine Update Meeting
- * PRRD - Interactive Web Mapping
- * Employment Opportunities
- * 4EverGreen Newsletter
- * Best Wishes & More
- * Newsletter Submission Deadlines
- * Happy Valentines Day!



Chronological No.:	2016-05-11
File Reference No.:	Abusive Behaviour

BAND COUNCIL RESOLUTION

NOTE: The words "from our Band Funds" "capital" or "revenue, whichever is the case, must appear in all resolutions requesting expenditures from Band Funds.

The Council of the		SAULTEAU FIRST NATIONS		Cash free balance
Date of duly convened meeting:	MAY 11, 2016	Province	B.C.	Capital account: \$
				Capital account: \$

DO HEARBY RESOLVE:

WHEREAS: The personal safety and security of Saulteau First Nations employees and general public shall be a priority at all times;

WHEREAS: The Saulteau First Nations offices and workplace is to be kept safe and clear from any dangerous, intimidating or threatening situations and/or persons;

WHEREAS: No person's individual rights as a Canadian Citizen or as a Saulteau Citizen shall have violated or infringed upon by anyone;

WHEREAS: Saulteau First Nations has passed previous Band Council Resolutions that have stated that such abusive behaviour is unacceptable;

THEREFORE BE IT RESOLVED THAT: The Saulteau First Nations Chief and Council hereby reaffirms the following policy and position towards Abusive Behaviour:

- a. Anyone under the influence of alcohol or drugs will not be welcomed in any of our business offices;
- b. Any abusive behaviour, such as: yelling, swearing, intimidation, threats, or physical abuse and other bullying tactics, whether in person or over the telephone will not be tolerated;
- c. Any employee that feels that they are being threatened or harassed in any manner shall have the authority to ask the abusive person to leave or may call the RCMP to intervene as required; and
- d. The Saulteau First Nations has in place an agreement with the RCMP to effectively enforce the management and removal of person(s) conducting themselves in a manner that is contrary to this Resolution.

The signatories below hereby certify and warrant that a quorum of Council has signed this Band Council Resolution as evidenced by their signatures below.

THREE (3)
Quorum Required
80-5 (12-89) 7530-21-036-8582

DISPONIBLE EN FRANCAIS

Councillor Teena Demeulemeester

Chief Nathan Parenteau

Councillor Lana Garbutt

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	BOOTCAMP 4:45-5:45PM		POUND FITNESS 12-12:45PM KARATE 5:30-7PM			
9	FIT NATION 12-12:45 BOOTCAMP 4:45-5:45PM	11 ELDERS BINGO 1-3PM BOOTCAMP 12-12:45PM DODGEBALL 6-7PM	12 POUND FITNESS 12-12:45PM FIT 4 GIRLS 4-5:30PM	15 CHECK IN # 2 SFINDO YOGA 12-12:45PM RESISTANCE BAND EXERCISE 5-6PM	14	15 COMMUNITY BINGO 1-4PM
16	17 MOVIE NIGHT 6-9 PM	18 FAMILY DAY - STAT ICE FISHING COMP & SNOWSHOE TREK	19 ELDER'S HEALTH HOUR 11-12PM BOOTCAMP 12-12:45PM DODGEBALL 6-7PM	20 POUND FITNESS 12-12:45PM KARATE 5:30-7PM FIT 4 GIRLS 4-5:30PM	21 YOGA 12-12:45PM RESISTANCE BAND EXERCISE 5-6PM	22
23	24 FIT NATION 12-12:45 BOOTCAMP 4:45-5:45PM	25 ELDER'S HEALTH HOUR 11-12PM BOOTCAMP 12-12:45PM DODGEBALL 6-7PM	26 POUND FITNESS 12-12:45PM KARATE 5:30-7PM FIT 4 GIRLS 4-5:30PM	27	28 FAMILY SWIM & PIZZA NIGHT 7-9PM	29 POWDER KING TRIP

SFN BAND HALL

POWDER KING

SFN REC FEBRUARY CALENDAR

EVENT DETAILS

- FIT NATION - NOON HOUR BREAK TO WORK ON BODY WEIGHT TRAINING IN THE SFN GYM. ALL WELCOME.
- ELDER'S HEALTH HOUR - WELCOMING ELDERS TO WORK TOWARDS THEIR HEALTH. THE GYM WILL BE BOOKED FOR ELDERS TO WALK AROUND THE GYM OR UTILIZING THE GYM FOR OTHER EXERCISE ACTIVITIES. ELDERS ONLY.
- BOOTCAMP - NOON HOUR BREAK TO WORK ON WEIGHT TRAINING EXERCISES.
- POUND FITNESS - A COMBINATION CARDIO AND WEIGHT TRAINING EXERCISE APPROACH THAT INCLUDES SOME OF THE RHYTHMIC TECHNIQUE USED IN PILATES. NO SIGN UP REQUIRED. ALL WELCOME.
- FIT 4 GIRLS - A SAFE SPACE FOR OUR YOUTH TO GATHER TOGETHER. EACH WEEK THERE WILL BE A DIFFERENT HEALTH AND WELLNESS SUBJECT TO DISCUSS. LIGHT SNACKS PROVIDED AND TRANSPORTATION (CONTACT MEGAN, IF YOU NEED TRANSPORTATION). NO SIGN UP REQUIRED.
- YOGA WITH ALYCIA - NOON HOUR YOGA. ALL WELCOME!
- POWDER KING - A DAY TRIP TO POWDER KING SKI HILL. SAULTEAU WILL PROVIDE TRANSPORTATION AND DAY PASS. NO LUNCH PROVIDED AND SIGN UP REQUIRED.
- BOOTCAMP WITH ELAINE WEBB OF FITNESS- TIME TO GET YOUR AFTER WORK EXERCISE IN WITH ELAINE. ELAINE WILL BE FOCUSING ON WEIGHT TRAINING EXERCISES TO BURN OFF ALL THE EXTRA ENERGY FROM THE DAY. NO SIGN UP REQUIRED.
- KARATE - SAULTEAU & "NORTHERN ROCKIES KARATE DO" ARE IN PARTNER TO OFFER 7 WEEKS OF A BEGINNERS KARATE PROGRAM FOR 8 - 13 YEAR OLD BOYS. SIGN UP AND COMMITMENT IS REQUIRED.
- RESISTANCE BAND TRAINING - A RESISTANCE BAND IS AN ELASTIC BAND USED FOR STRENGTH TRAINING. THEY ARE ALSO COMMONLY USED IN PHYSICAL THERAPY, SPECIFICALLY BY CONVALESCENTS OF MUSCULAR INJURIES, INCLUDING CARDIAC REHAB PATIENTS TO ALLOW SLOW REBUILDING OF STRENGTH
- MOVIE NIGHT - MOVIE WILL BE DETERMINED AT A LATER DATE. MOVIE WILL BE AT SFN GYM AND SNACKS WILL BE AVAILABLE FOR PURCHASE. BRING YOUR BLANKETS AND PILLOWS AND YOUR FAVOURITE COMFY CLOTHES.
- DODGEBALL - ALL AGES WELCOME TO COME HAVE SOME COMMUNITY FUN!
- FAMILY SWIM & PIZZA NIGHT - JOIN US AT THE CHETWYND REC CENTRE FOR A FAMILY SWIM AND PIZZA. GUARDIANS MUST BE WITH CHILDREN. SIGN UP REQUIRED AND TRANSPORTATION PROVIDED.

60 Day Health Challenge

Check In #1 (Registration Date): January 13th

Check In #2: February 13th

Check # 3 (Final Check In): March 16th

Each Check In will require you to come to the Health Centre and do weigh in and body measurements with SFN Rec Coordinator.

Winner will be determined by:

- Commitment to all three check ins at SFN Health Centre Only
- Following and Participating on the SFN 60 Day Health Challenge Facebook Page (@SFN60)
- Most improved loss in body fat percentage and measurements

Prizes:

- Women & Men First Place **\$1000.00**
- Women & Men Second Place **\$500.00**
- Women & Men Third Place **\$300.00**

****Additional Prizes for involvement in SFN Rec Programs during the duration of the 60-day Health Challenge – there will be a chart for you to mark your attendance****

Challenge open to members on or off reserve and SFN Employees

Family Day

February 17, 2020

10am - 3pm

SFN Band Hall

All Community Members

Are Welcome





TWO DAY HOCKEY SKILLS CAMP

March 28th & 29th, 2020

TWO ICE TIMES PER DAY - DRYLAND - CHALK TALKS
Registration Opens @ 7:30am - March 28th

Pancake Breakfast
served by
PEMBINA
"Helping Develop Positive Leaders"

North Peace Arena - Fort St. John
Camp Is Open To Indigenous Male & Females Ages 7-17
Charity Game To Be Played @ 5:00pm - March 28th
Registration Email - jon@markshauling.ca

All donations will go directly to Treaty 8
Please email - mgreyeyes@treaty8.bc.ca







HOCKEY SKILLS CAMP – MARCH 28 & 29, 2020 REGISTRATION FORM

TREATY 8 TRIBAL ASSOCIATION
10233- 100TH Ave, Fort St. John, BC, V1J 1Y8 T: 250-785-0612 F: 250-785-2021

Full Name:			
Address:			
Email Address:			
Age:	Male	Female	
Jersey Size:		Player Position:	
Team you played for 2019/20 season:			
Have you ever attended a hockey camp? If so, where?			
Do you have any special requirements / requests? If so, please indicate.			
<small>(handicap, dietary, allergies, etc.)</small>			

Return form by Email or Fax to the attention of Jon Armbruster at
Email: jon@markshauling.ca or Fax: (250) 250-785-2021

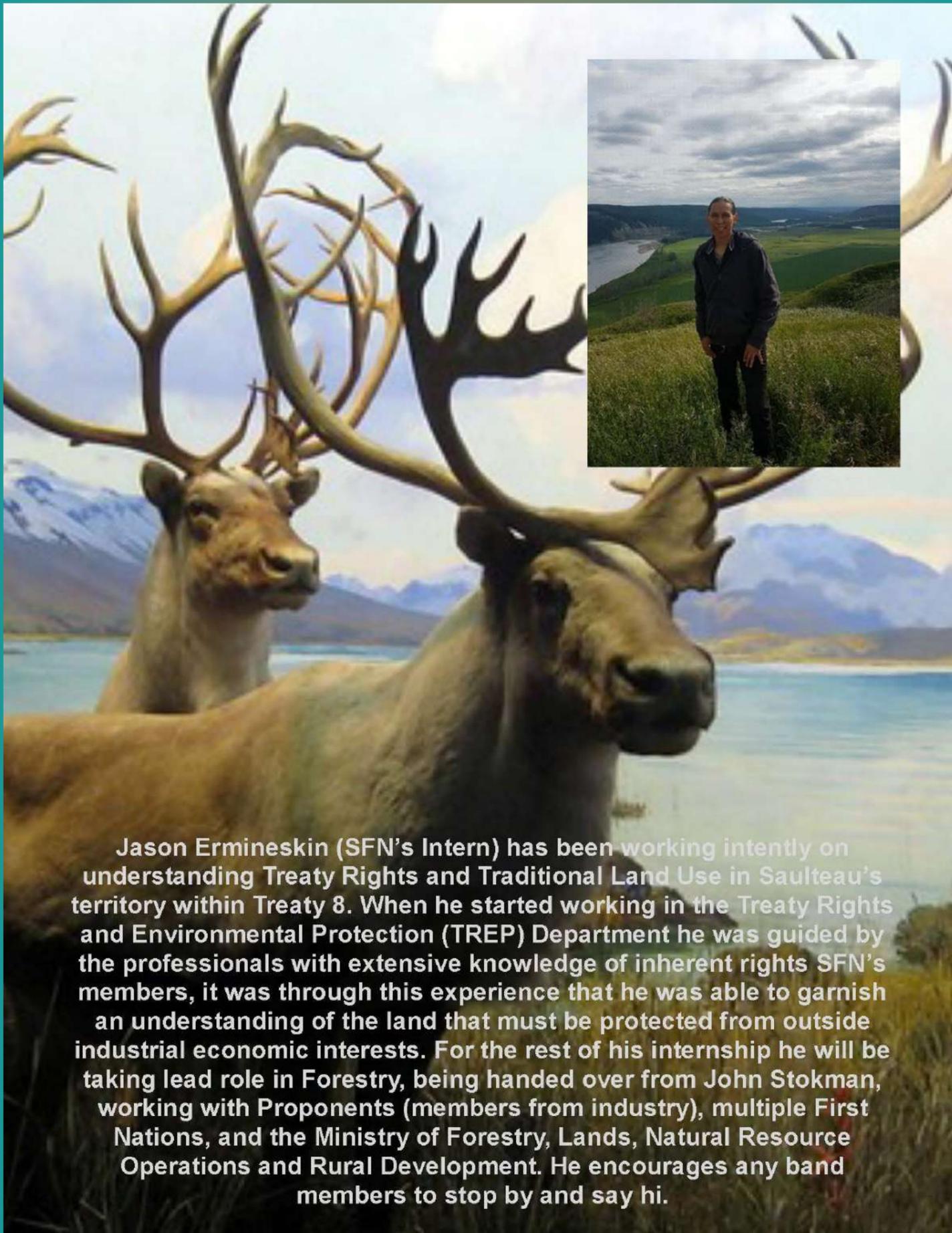
DEADLINE TO REGISTER: March 1, 2020
LIMITED SPACE AVAILABLE/First Come First Serve Basis



Hello, My name is Sandra Alexander

I am the new Admin Assistant for the TREP Dept. I have lived in FSJ most of my life and raised my three children there, one who now lives in Chetwynd. I have been working as an Administrative Assistant since taking the Applied Business Technology program at the Northern Lights College in FSJ in 2005. For the past few years I have lived and worked in Whitehorse. I love to learn new things and while living there, I have gained some wonderful experiences which included learning how to bead and sew. My other passions are landscape photography and oil painting. I learned how to paint from an instructor in FSJ named Donna Folk. She has since retired but I will continue to move forward with this and take a master's painting course this spring through Alexander Arts. My goal is to paint some of my own pieces from my photography. I am excited for this great opportunity to be a part of the TREP team and look forward to learning more about Treaty 8.

Here is to a wonderful new year of learning and new friends!



Jason Ermineskin (SFN's Intern) has been working intently on understanding Treaty Rights and Traditional Land Use in Saulteau's territory within Treaty 8. When he started working in the Treaty Rights and Environmental Protection (TREP) Department he was guided by the professionals with extensive knowledge of inherent rights SFN's members, it was through this experience that he was able to garnish an understanding of the land that must be protected from outside industrial economic interests. For the rest of his internship he will be taking lead role in Forestry, being handed over from John Stokman, working with Proponents (members from industry), multiple First Nations, and the Ministry of Forestry, Lands, Natural Resource Operations and Rural Development. He encourages any band members to stop by and say hi.

Muskoti Primary Program

February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7 Rock Climbing 10:30-11:30	8
9	10	11	12	13 11:30-2:30 Lunch & Movie at the Rex for Family day	14 Rock Climbing 10:30-11:30	15
16 Family Day	17 Family Day	18	19	20	21 Rock Climbing 10:30-11:30	22
23 STAT	24	25	26	27	28 Rock Climbing 10:30-11:30	29

Themes this month:

Winter

Math:

- Pre K - Number awareness, counting
- Kindergarten – One more, Addition, Time, Money
- Grade 1 – Addition/ Subtraction, Money, Time
- Science: Space & Time Continued

Language Arts:

- PreK – Continuing letter and sound recognition
- Kindergarten –Letter and sound recognition, Reading & Spelling
- Grade 1 – Reading, Writing and Spelling
- Culture: Cree language and traditions – Commands, animals and counting
- PE: Coordination: two-hand throwing, jumping, Rock Climbing (K/1)



Muskoti Primary Program

Attention fellow band and community members:

Do you or someone you know have a child turning 4 by December 31, 2020 or entering Kindergarten or Grade 1 in September? If so, please take a registration form and return to SFN main reception ASAP to register your child in our upcoming school year in full-day K4, Kindergarten and Grade 1. We limit class sizes to provide the best quality of education we can so register early. If you have any questions please feel free to contact our classroom teacher Cody Schlamp at 250-788-7361.

Education is so important and the BC First Nations Schools are striving for excellence and achieving greatness for our students. 😊



Muskoti Primary Program

What we offer:

- ❖ Small class sizes with a BC certified teacher Pre K - Grade 1
- ❖ Full day play-based individualized academic program for ages 4, 5 and 6
- ❖ Our local First Nations culture and language embedded in our curriculum
- ❖ Caring and loving staff who believe in every child and their potential
- ❖ Opportunity for children to read with confidence and pride
- ❖ Excellent program for developing strong numeracy skills
- ❖ Great reviews from former parents and kids who want to stay!
- ❖ And so much more ... 😊



Our Right to Play Program is looking for a helper to work with our afterschool program.

Monday and Wednesdays 3:15 – 4:45

This would be a good way for a high school student to earn a few \$ but is not limited to high school students.

This person would be assisting Adrianna with the kids and helping with clean-up and smaller groups.

If interested please email Jerri at jmorine@saulteau.com or message Adrianna or call the Daycare at 250-788-3911 during the morning.

This is an honorarium-based position.

Depending on the number of interested individuals we might need to do interviews.

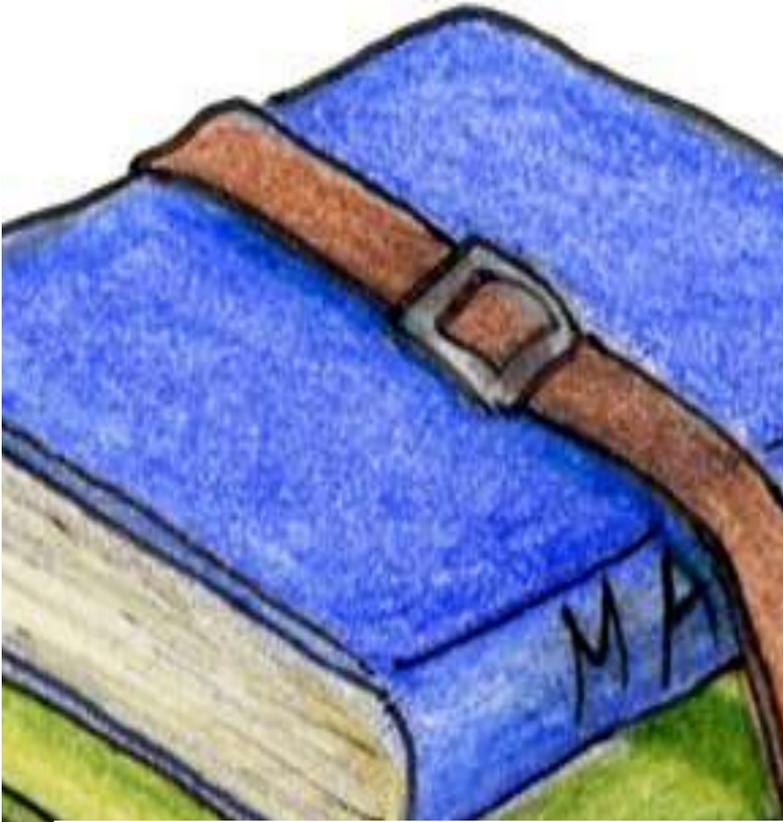
The individual must be able to work with kids and be actively interacting with the kids during the afterschool time. No sitting, no phones, be able to see where they can help Adrianna without constantly being directed. etc.

FEBRUARY 2020

MUSKOTI LEARNING CENTRE EVENT'S CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 Candle Making All week 	4	5	6	7	8
9	10	11	12 Class Breakfast & Chocolate Making 	13	14 Valentine's Day 	15
16	17 Family Day Closed 	18	19	20	21	22
23	24	25	26	27	28	29

★ For event times please phone (250-788-7368) or check in the classroom - dates & times may vary depending on weather/attendance.



MUSKOTI LEARNING CENTRE

RESUME WRITING WORKSHOP

Learn how to create a resume that stands out from the crowd with Salli Carter from the Northern Lights College. Snacks and refreshments provided.



Muskoti Learning Centre
February 19, 2020 | 11am-12pm

14 seats available | Contact the MLC to sign up
250-788-7368 CKOENIG@SAULTEAU.COM

 **Saulteau**
FIRST NATIONS

CONNECTED CLASSROOMS
VIRTUAL CLASSROOM LEARNING

PHYSICS 11

SIGN UP NOW THROUGH THE
MUSKOTI LEARNING CENTRE

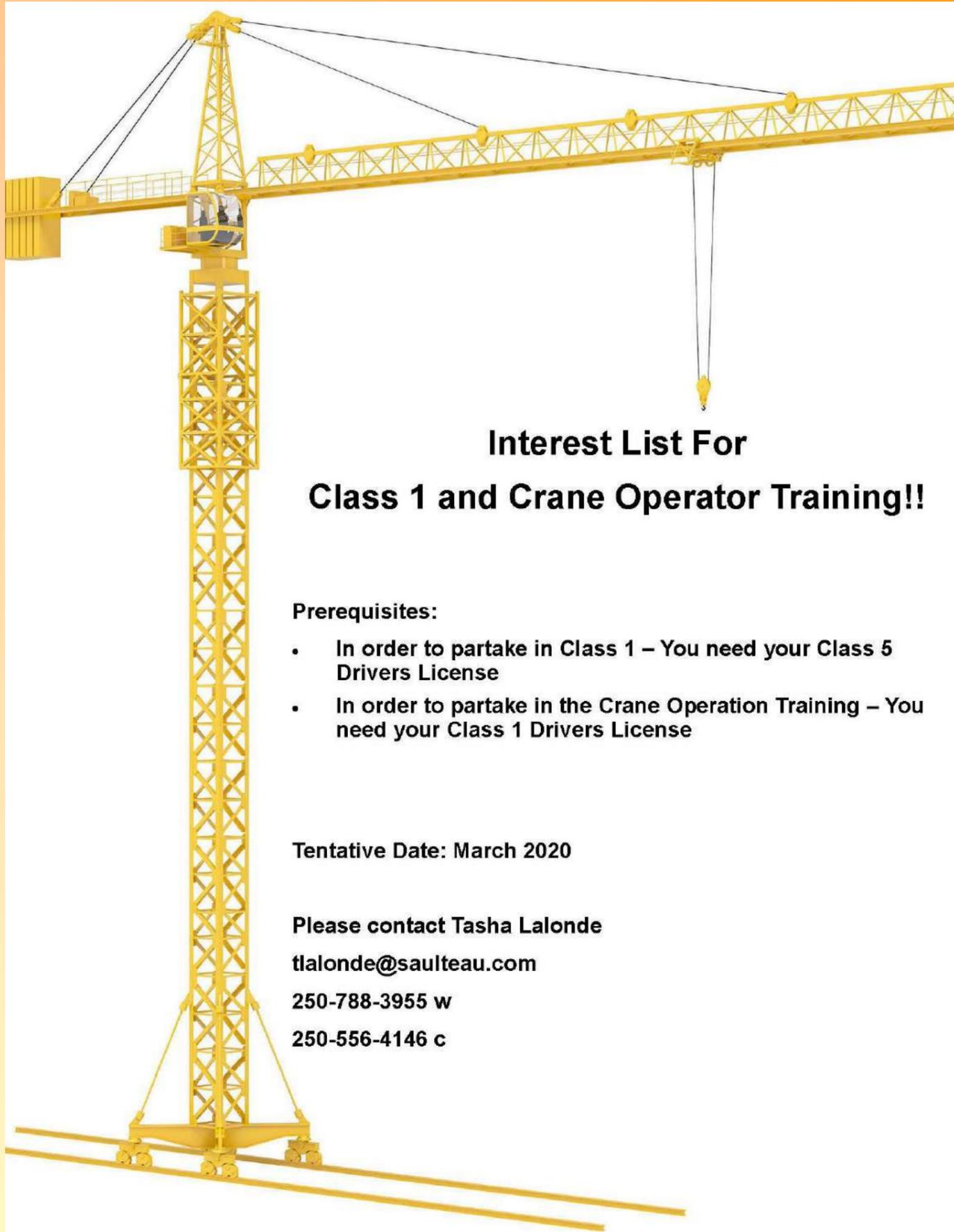
February 3 - March 6, 2020

Monday - Friday
9am - 3pm

Contact the Muskoti Learning Centre for more information & courses!

250-788-7368
bconrad@saulteau.com





Interest List For Class 1 and Crane Operator Training!!

Prerequisites:

- **In order to partake in Class 1 – You need your Class 5 Drivers License**
- **In order to partake in the Crane Operation Training – You need your Class 1 Drivers License**

Tentative Date: March 2020

Please contact Tasha Lalonde

tlalonde@saulteau.com

250-788-3955 w

250-556-4146 c

“
**I was looking for
scholarships that
aligned with my
personal values.**”

SONJA V., Athabasca Chipewyan First Nation, Alta.
TC Energy Indigenous Legacy Scholarship Recipient



Apply for our Indigenous Legacy Scholarship

SEE IF YOU PRE-QUALIFY BY ANSWERING FIVE QUICK QUESTIONS.



ONLINE APPLICATION DEADLINE:

MAY 15, 2020 ▶ [TCscholarships.com](https://www.tcscholarships.com)

FEBRUARY Health Centre Calendar 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
	Emergency First Aid and CPR C one day course at SFN gym. Sign up with Melva at Health Center	Emergency First Aid and CPR C one day course at SFN gym. Sign up with Melva at Health Center	Reflexology with Rhonda Wilson – sign up at Health Center with Melva for appointment	Reflexology with Rhonda Wilson – sign up at Health Center with Melva for appointment	Mobile Support Team 10am-4pm By appointment Men's group 6-9pm at SFN gym. Meal provided	
19	10	11	12	13	14	15
			Nutrition Education with Sarah Pardy 11-12 am with pizza for those who attend – SFN gym YOUTH CO VISIT – two sessions – one for ages 8-13 with Megan's group. Stay tuned to FB for information on another session for ages 13-20	Declarations due	Mobile Support Team 10am-4pm By appointment	
16	17	18	19	20	21	22
	ACCUPUNCTURE with Jayden – make appointments with Melva at Health Center	ACCUPUNCTURE with Jayden – make appointments with Melva at Health Center	ACCUPUNCTURE with Jayden – make appointments with Melva at Health Center 53 Day	ACCUPUNCTURE with Jayden – make appointments with Melva at Health Center	Mobile Support Team 10am-4pm By appointment Men's group 6-9pm at SFN gym. Meal provided	
23	24	25	26	27	28	29
				Baby Welcoming – invitation only	Mobile Support Team 10am-4pm By appointment	

Contact Corrina
Contact Sarah
Contact Carrie
Contact Heather
Contact Derek Wood via text 250 401 3498

Please see Recreation Calendar to keep up to date on Rec Programs.



1st Aid and CPR Training

February 3, 2020

February 4, 2020

Time: 8:30- 4pm

Location: SFN Gymnasium

Course is a full day. Certification included, includes basic life saving and 1st aid for infants, children, and adults.

Minimum 8 people signed up or course will be canceled.

18 Max in each class.



Lunch Served at noon to those who attend the Training

Please Contact Melva to sign up for this training at the Health Center (250) 788-7280



Moberly Lake AA/NA Traditional Meetings

Please join us for a confidential safe circle of care to help one another on the path to sobriety.

Meetings will be held on:

February 7th & 21st, 2020

1:00 pm @ Saulteau Health Centre

Light snacks and coffee provided



Men's Group

Meet at the SFN Gym 6-9pm on

February 7, 21, 2020

Team sports or weight room (must have clean shoes for this)

Pizza served around 7:15 pm



For more information Please Contact Derek Wood @ 250.401.3498

Nutrition Education

Date: February 12, 2020

Time: 11-12pm

Lunch provided to those who attend the program

Location: SFN Gymnasium

Max Participants is 10



Please Sign up with Melva at 250-788-7280

Sign up is required or will be canceled



First Nations Health Authority
Health through wellness

Assisting First Nations Health Authority Clients Outside BC

FIRST NATIONS HEALTH AUTHORITY

FNHA is a first-of-its-kind organization, built by and for BC First Nations leadership for BC First Nations children, families and communities. FNHA is an organization founded on the knowledge, practices, and perspective on health and wellness of BC First Nations. FNHA works to reform the way health care is delivered to BC First Nations through direct services, provincial partnership collaboration, and health systems innovation.

More information about FNHA is available at <https://www.fnha.ca/>

Providers located outside of BC who are supporting FNHA clients can contact FNHA Health Benefits by calling toll-free at 1.855.550.5454 or email: healthbenefits@fnha.ca

FNHA HEALTH BENEFITS ELIGIBILITY

In order to be eligible for Health Benefits individuals must be:

- A registered "Indian" as defined by the *Indian Act*, or the infant of an eligible parent; and
- A resident of British Columbia.

Residents of British Columbia are people who:

- Are Canadian citizens or permanent residents,
- Make their home in BC, and
- Are physically present in BC at least six months in a calendar year.

Individuals are not eligible for Health Benefits if they are already covered by another third-party health insurance provided by the Federal Government or by a First Nations organization as part of a funding agreement.

<https://www.pac.bluecross.ca/provider>

BC PharmaCare is the primary provider of FNHA's drug benefits through Plan W. PBC is the secondary provider of pharmacy benefits and administers a small list of supplementary drugs to support FNHA wellness initiatives.

CLIENT INFORMATION FOR TRAVELLING BETWEEN PROVINCES

BC PharmaCare is a provincial program and cannot pay directly for prescriptions filled outside of BC. FNHA Health Benefits asks clients who are travelling outside of BC to plan ahead to ensure they have enough medication for their trip.

- Clients can usually 'top up' their prescription to the maximum days' supply that BC PharmaCare covers.
- Clients can use this early top-up option only once every 6 months.

If FNHA clients are travelling outside of BC for an extended period of time, they may need to fill their prescription at an out-of-province pharmacy. Clients will need to pay out-of-pocket for a prescription filled at an out-of-province pharmacy. If the prescription is eligible for coverage, clients can request reimbursement upon their return to BC. Clients should complete the [FNHA Client Reimbursement Form](#) which can be found at [fnha.ca/Documents/Client_Reimbursement_Form.pdf](#). The reimbursement form should be mailed with the official pharmacy receipts to the FNHA Health Benefits Office at the following address:

First Nations Health Authority
Health Benefits
540 - 757 West Hastings Street
Vancouver, BC V6C 1A1

Please note that credit card or debit (Interac) slips are not accepted as proof of payment. Official pharmacy receipts must be submitted.

TEMPORARY ABSENCE FROM BC

FNHA clients who are planning to be in another province for up to 24 months (e.g., students or individuals working on a short-term contract) should contact Health Benefits at 1.855.550.5454 to make sure their Health Benefits coverage continues while they are away. Clients who temporarily move away from BC may experience interruptions to their MSP coverage, which may impact their Health Benefits coverage.

PERMANENT MOVES FROM BC

Clients who are permanently moving outside of BC should contact Health Benefits at 1.855.550.5454 to cancel their MSP and Health Benefits coverage. Clients who are moving to another province in Canada will be enrolled in the federally-run Non-Insured Health Benefits (NIHB) program, and Health Benefits will provide transitional coverage for the month the client leaves and two additional consecutive months. Clients moving outside of Canada will have transitional coverage for the month they leave.

CONTACT FNHA HEALTH BENEFITS

Questions?

Connect with the Health Benefits Eligibility or Pharmacy team:

Toll-free: 1.855.550.5454

Email: healthbenefits@fnha.ca

SITE C

Indigenous Craft Market

February 4th, 2020
4-9 pm

IN MAIN DINING AREA
ARTISTS ARE WELCOME!
BOOK YOUR FREE TABLE BY JANUARY 31ST



ATCO Two Rivers

Kahsha.Patterson@atco.com
(or) 587-226-2746



SAVE THE DATE!

CAREER AND TRADE FAIR

FEBRUARY 27, 2020
POMEROY HOTEL AND CONFERENCE CENTRE
10 AM TO 4 PM

AWARDS DINNER AND FASHION SHOW
6 PM TO 9 PM

For more information, to rent a booth, purchase dinner tickets or sponsor the event:
Phone: Jocelyn at BizzyBody Events at 250-793-0272
Email: Jocelyn@BizzyBody.ca

COMMUNITY CONNECTIONS FORUM

BY REGISTRATION ONLY

Phone: Lisa at 250-785-0887
Email: Lappaw@nenas.org

Indigenous Communities and Industry Partnerships Forum is an ITA and NENAS partnership designed to foster communications and facilitate networking between industry partners and our regional Aboriginal communities.

Housing Department

Just a brief reminder to Tenants that it is your responsibility to check your propane tank levels to plan for propane deliveries. This is to ensure that you do not run out during the cold spells that are to come.

Please, all residents who hold a CCH (Certificate of Custom Holdings) could you bring it into the housing office or email a copy @ Sarah.Lingles@saultcan.com.

Thank you,

Housing Department



What NOT to Pour Down the Drain

Sewer backups can occur for many reasons, but you can help reduce the risk by not flushing or disposing of products down the drain. Several items that we use everyday cannot be flushed or poured down our drains, some products are even labelled "Flushable" but do not dissolve and do cause backups in the pipes on your property and in the District's sewer collection system.

What not to pour down the drain or flush:

- Paper Products – Toilet paper is the only paper product that is suitable for flushing
- Fats, Oil, and Grease
- Feminine Hygiene Products
- Wipes
- Hair
- Dental Floss
- Diapers
- Food Scraps
- Medicine



More Information on Fats, Oil and Grease

When we pour fats, oils, and grease down the drain they eventually cool in the plumbing and collection system and harden. The hardened grease will eventually build up and block the entire pipe causing sewer back ups, this could happen on your property and on District property.

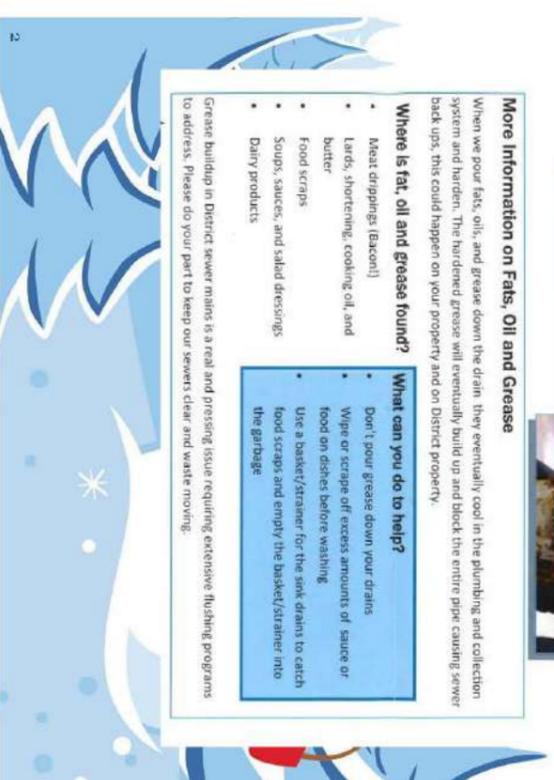
Where is fat, oil and grease found?

- Meat drippings (bacon!)
- Lards, shortening, cooking oil, and butter
- Food scraps
- Soups, sauces, and salad dressings
- Dairy products

What can you do to help?

- Don't pour grease down your drains
- Wipe or scrape off excess amounts of sauce or food on dishes before washing
- Use a basket/strainer for the sink drains to catch food scraps and empty the basket/strainer into the garbage

Grease buildup in District sewer mains is a real and pressing issue requiring extensive flushing programs to address. Please do your part to keep our sewers clear and waste moving.





Prophet River, Saulteau and Doig River - have expressed water as a high priority and concern.

Through funding provided by the BC Oil and Gas Research and Innovation Society (BC OGRIS), the goal of the project is to address a small watershed data gap and First Nations water concerns.

Collaborating with Treaty 8 First Nations provides the opportunity to integrate traditional knowledge into western science streamflow measurement.

The BC Oil and Gas Commission is working with three Treaty 8 First Nations communities to establish hydrometric stations for the collection of streamflow data in northeast B.C.



Field work began June 2019 with the installation of one hydrometric station in a small watershed near Prophet River First Nation. The second station was installed in Le Bleu Creek near Saulteau First Nation. In August 2019, a third station on the Osborne River near Doig River First Nation was installed. Field work conducted in summer 2019 and spring/summer 2020 will go towards the establishment of a stage-discharge relationship to accurately quantify streamflow within each stream.



The streamflow data will be integrated into the hydrometric network to inform future water allocation and watershed management decisions in northeast B.C.

- Stronger Relationships
- Knowledge Sharing
- Better Tools to Support Water Management Decisions



Solar Project at Elders' Homes

...Get Involved!

Ever considered working with solar but wondered how to start? **Now is your chance!**

Saulteau First Nations is planning a series of solar installations at the Elders' Homes to help reduce their electrical costs.

Construction is planned for fall 2019 or spring 2020.

- *Get trained in solar installation while getting paid*

Free Hands on Training

Increase your job marketability with new skills and knowledge:

- ✓ *Solar power basics*
- ✓ *Site safety*
- ✓ *Solar assembly*

Employment

Participants will complete **paid fall safety training** plus **paid work** for the duration of construction, expected to last 1-2 weeks.

Sign-up

To sign-up, contact Estelle Lavis, Director of Operations at:

- estellelavis@saulteau.com
- 250.788.7264





Activity Update

By

John Stokmans
Mining Referral Technician

January 29, 2020



You may notice the new title since my last update. After almost 4 and a half years dealing with forest sector referrals, some wildlife files and keeping our woodlot and range tenures up to date, Saulteau has asked me to take on mining referrals starting in January of this year!

I am very excited about this new-to-me position! I have over 24 years of extensive coal mining experience in BC and a couple of summers working at a copper mine back in Ontario. I have a three-year Mining Engineering Technologist diploma from Haliburton School of Mines in Ontario where I placed third in my graduating class. After I graduated, my coal mining experience started in 1982 in the southeast coal block near Elkford, BC. There I was an exploration geology technician, a pit geology technician and an engineering pit technician. My family and I moved to Turnbirle Ridge in 1988 for me to start as a mine surveyor. After 6 years of that I spent a year as a mining planning engineer and then became a pit geologist. I even spent some time as a front-line operations supervisor and as a blaster to round out my experience. While Quintette was closing, I spent some time as a Pulp Quality Tester at Fibreco in Taylor BC until I was called back into mining to be the Senior Geologist at the Willow Creek Mine west of Chetwynd in 2006. I remained there till 2013 when the mine was shut down and I was laid off. After this I spent some time as a contract Project Geologist and an Environmental Technician sampling ground water wells and streams in and around the Glencore, Sukunka project.

With this background in coal mining, I intend to continue to engage local existing and proposed mining ventures and activities regarding our unique environmental perspective and the protection of our Treaty rights. I have already attended three meetings with Conuma Coal. Many of these files are large, lengthy proposals and activities that are years in the making and may take years to deal with and continue commenting on. I believe that my mining background will hold me in good stead when it comes to voicing and protecting Saulteau's interests.

Please come and see me at TREP if you have any questions, observations, or input into mining in the area.

Forestry:

Our barn was built in August 2019 on the 45 acre field south of Vermunt Road. The crew of five men from Grand Prairie took only five days to complete the build! Here is a picture of our new barn. The overhead doors were installed in October (after this picture was taken) and the barn accent colours match our SFN logo. There are three large doors on the other long wall and another large door on the other end wall.



Lisa in one of the tour boats when we toured the Site C Dam area August 29, 2019

We at TREP will all miss Lisa and her infectious laugh and hard-hitting engagement on files that she handled while with us. Personally, I will miss her hugs and always-ready smile and positive outlook. My prayers remain for the friends and family that she left behind. May you rest in peaceful surroundings, Lisa – till we meet again.

Sincerely, John Stokmans

Happy New Year SFN.

2019 was a busy year in the Peace River area. On-going inspections with OGC in local Gas operations continue. Oil and Gas activities are on picking up again. If any concerns with any wells or facilities plz contact Brian Desjarlais asap.

Highway 29 has seen more traffic increase and remind Drivers to use caution.

Jan/Feb Site C projects will have trucks moving rock from West Pine to Halfway river until April 2020 on Hwy 29.

CGL Pipeline is in full operation with a 1000+ man camp at 16.5 km Sukunka rd and Laydown/service area. Sukunka rd is radio controlled and very active road. PLEASE use radio and caution if in this area.

CWD is spreading in US and Alta. Please read the following;

-Human Health Risk?

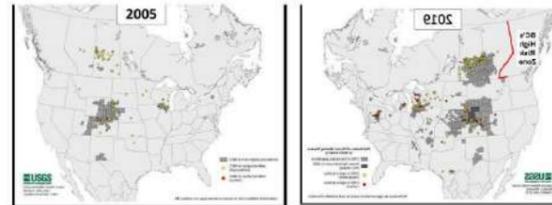
No direct evidence that humans can get CWD

There has never been a human case of CWD

Any animal suspected or confirmed to have CWD should

NOT enter the food chain and be reported ASAP to COS 1-877-952-7277, myself or TREP office.

CWD infects mostly Deer and small number of Moose and Elk.



There have been NO none cases reported in BCI. But we have lot of hunters in BC who travel to Alta and Hunt. Transporting kills into BC is big Concern.

CWD workshop proposed for SFN members will be in Feb 2020 dates will be posted at SFN Bandhall.

Requesting all land users to attend.

ROADKILL samples are best samples to use for CWD tests. If see any deer walking in abnormally sick looking. Please record and Contact RRAP line asap.

Need Cut off head in place in heavy Bag double if need and bring to TREP Lands office near Bandhall place in Deepfreeze WITH attached information ...Location -best description possible, time date and your name for other info.

Bags and Info cards will be here soon. In mean time use any bags you can and paper for information. Bags and tags will be left at TREP office.

Further information may be found on website: https://www2.gov.bc.ca/assets/gov/environment/plants-animals-and-ecosystems/wildlife-wildlife-habitat/wildlife-health/wildlife-health-documents/cwd_for_website_july_2019.pdf

Attended BC Cattlemans association for Predator Livestock Conflict Verification course to de3al with Wolf/Cougar/Bear predators on Ranch/Farm lands. For more information on this <https://www.cattlemen.bc.ca/lpp.htm> https://www.cattlemen.bc.ca/docs/mitigating_cattle_losses_a_field_guide_for_ranchers_smaller_file.pdf

For more info plz contact- Brian Desjarlais- SFN NRS Ab-Liaison 250-601-0010



Community Update Meeting

First Nations Independent Technical Review
Open house to discuss Conuma Wolverine-
Hermann Mine permit amendment.

This is a community only update meeting to
discuss the impact on rights and interests to
our community from this project.

Please note that no Conuma staff will be
present at this meeting.

Where: Moberly Lake Community Hall

When: February 24, 2020

Time: 5:00 pm - 7:00 pm

WMFN AND SFN MEMBERS WELCOME!

On Tuesday, January 21st the staff from the Peace River Regional District visited with SFN staff members to share knowledge about their Interactive Web Mapping Program. This mapping tool will be very helpful when administering Saulneau First Nations's community land use plan. The interactive web map is a one-stop resource to locate a 911 Civic Address, determine the zoning/ official community plan of a property; determine if you are inside or outside of a fire protection area; or create maps. Log into the program by entering prrd.bc.ca/mapping in your internet web search browser.





JOB POSTING –Caribou Shepherd, Full Time & On Call (2)- Seasonal

INFORMATION

For consideration, interested persons should submit a cover letter, resume and three references.

Please provide evidence of qualifications, skills, and abilities.

Please email your application to the SFN Lands Acting Director of Treaty Rights and Environmental Protection:

Teena Demeulemeester

TDemeulemeester@saulteau.com

Deadline to Submit Applications is February 24th 2020
Start Date is March 9th

We thank all applicants for their interest, however, only those selected for an interview will be contacted.

Preference will be given to persons of Aboriginal ancestry in the event of equal qualifications.

SFN is currently accepting resumes: Keepers of the Caribou at Mt. Rochfort (8 days on, 6 days off)

West Moberly First Nations and Saulteau First Nations are dedicated to helping caribou survive in our traditional territory. The Nations have worked together to stop the Klinse-Za caribou herd from going extinct by protecting cows and calves from predators during the calving season.

Description: To guard the caribou pen 24hrs/d during work shift: every 8-day shift conducted by one community is followed by a second 8-day shift conducted by the alternate community with one day of overlap usually on Mondays where overlap between crews shall not be less than 4hrs. Leaving site for non-emergency reasons is not permitted. **March through July.**

Duties

- Timely communication of potential issues (e.g., predators, fence conditions, animal health, etc)
- Actions as required to mitigate impact of predator related issues in a 2km buffer
- Care and proper maintenance of the pen and camp site including equipment. Keep area clean.
- Potentially assisting others in the collection of data (e.g., antler drop dates, fecal pellets, etc)

Daily/Twice Daily

- Sweeps around the exterior of the pen to check for sign of predators, holes in the pen structure, trees that may compromise the pen structure, and proper operation of the electrical fence
- Feeding of the penned caribou with terrestrial lichens and/or pelleted food
- Contact with the project manager to communicate results of caribou and pen inspections
- Observation of caribou from an observation tower to ensure all animals are present and to collect observations of individual health status
- Inspection of, and if necessary, adjustment of, weigh-scales and trail cameras
- Completion of hardcopy data forms to record all observations about the penned caribou and the pen
- Actions as required to reduce or eliminate human use of the area of Mt. Rochfort

Weekly

- Sourcing of camp groceries, caribou forage lichens and pelleted food, and other supplies necessary for an 8-day work session; sourcing for firewood as needed
- Sweeps around the pen perimeter on the inside to check for holes in the pen structure or for possible hazards

Qualifications

- Valid BC driver's license, and access to a vehicle for travel to and from the pen site
- FAC and proficiency in the use of a firearm; also, a firearm needed for protection against bears, wolves, cougars, lynx, wolverines and other predators
- Level 1 First Aid or higher
- Training in the use of radios, Spot messenger, InReach, Sat phones
- Training in the use of remote telemetry equipment, and trail cameras
- Training in the maintenance of electric fence including but not limited to:
 - Trimming vegetation
 - Fixing broken wires or wires rendered ineffective due to unintended grounding
 - Removing debris that may have fallen on the fence
- Training in the proper use of all data collection forms
- SFN will provide necessary PPE for pen use only

SAULTEAU FIRST NATIONS

PO BOX 1020 CHETWYND B.C. VoC 1Jo | T: 250.788.3955 | F: 250.788.7261 | E: INFO@SAULTEAU.COM | WWW.SAULTEAU.COM



INFORMATION

SFN remuneration includes a group benefits package including a pension plan. For consideration, interested persons should submit a cover letter and resume and three references. Please provide evidence of qualifications, skills and abilities.

Terms of employment:
Full-Time
Salary Position
Location:
Saulteau First Nations

To apply, email:
HR@saulteau.com

We thank all applicants for their interest, however, only those selected for an interview will be contacted. Preference will be given to persons of Aboriginal ancestry in the event of equal qualifications.

Please note other requirements of this position:

Criminal Record check
 Valid driver's license
 Drug and Alcohol test
 First Aid training
 Company Cell Phone

Position to be posted until a suitable applicant is selected.

Saulteau First Nations (SFN) is a section 10 band within the meaning of the Indian Act. The Band has been formed by the amalgamation of Dunne - Zo, Cree, and Saulteau residents. This First Nations community is covered by Treaty 8. The community is located at the east end of Moberly Lake, which is about 100km southwest of Fort St. John on Highway 29. There is one reserve, East Moberly Lake No.169, spread over 3025.8 hectares.

Purpose of the Position

The purpose of this position is to have a person onsite and readily available to intake clients on short notice and provide a safe and secure residential environment. The Safe House Manager would be expected to live in the facility and maintain the safety and cleanliness of the household. The applicant must have confidence in dealing with sensitive situations, the ability to run a crisis line and help arrange for assistance from first responders. When not in the house, the worker will be on call and expected to arrange for coverage with their supervisor.

Scope/ Responsibilities

- Supervising resident activities, entries, and exits
- Monitoring video surveillance equipment
- Walking the perimeter of the facility during shifts
- Monitoring residents and guests on the premises
- Conducting appropriate facility and room searches as needed in accordance with applicable guidelines
- Reporting situations of concern to the on-call supervisor and or emergency personnel as required
- Monitors, secures, and logs resident's medications
- Documents incidents and/or violations by residents and other activity as required in accordance with applicable guidelines
- Arranges for drug and alcohol testing and record keeping as required in accordance with applicable guidelines
- Answers the telephone in the security office
- Documents residents' belongings upon move-in and move out as part of the intake process
- Attends periodic house manager meetings and/or team meetings
- Keeps household in clean, working order so it is ready to intake personnel on a short notice
- Performs other duties as assigned
- Ensuring intake personnel abide by the Safe House's Client Contract and Conditions of stay

Qualifications

- High school diploma, GED, or Post-Secondary Education
- Experience working with sensitive situations and/or at-risk population considered an asset
- Education or experience in Human Services, Social Services, or Psychology preferred
- Experience working with domestic violence victims and survivors
- Willing to take necessary training such as: crisis intervention, critical incident training, case management, and victims of trauma

Knowledge, Skills, and Abilities

- Knowledge and experience of First Nations community and culture
- Excellent communication skills, conflict management skills, and ability to set and maintain boundaries
- Must be reliable, punctual, and able to document/log information timely and accurately
- Must be willing to work with a diverse group of people respectfully and in a non-judgemental manner
- Ability to manage a household, keeping it clean, tidy and kept; therefore, applicant must be in good physical health
- Maintains confidentiality at all times

Personal attributes

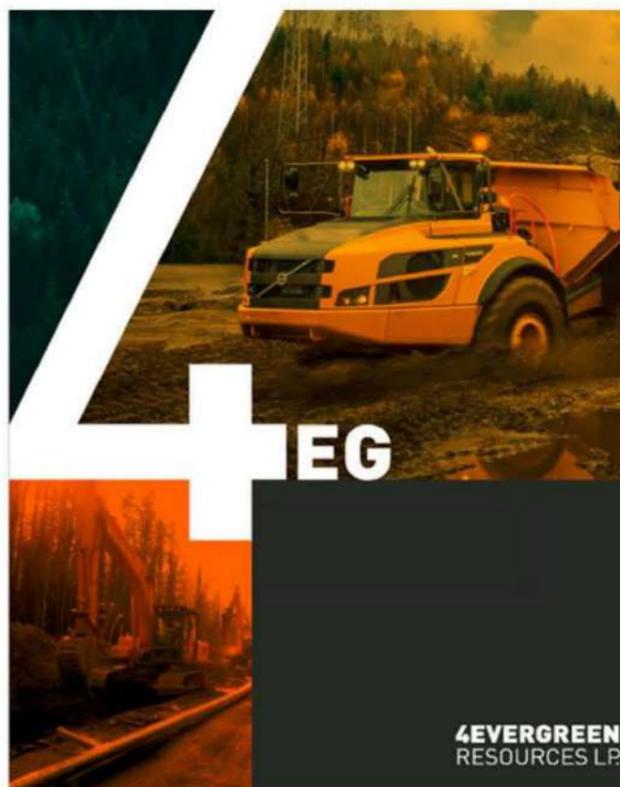
- Strong moral principles and moral uprightness
- Be honest, trustworthy, respectful and kind
- Possess cultural awareness and sensitivity
- Ability to build trust, serve as a positive role model and maintain confidentiality

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4EG NEWSLETTER

ISSUE NO 2 | JANUARY | 2020



OUR SERVICES

We are a **construction management and procurement company** for energy, mining, and forestry sectors.

Our **key ingredient** is the **people behind the company** and our excellence is solidly anchored in **people-based strategies**

We offer our clients **project certainty, worry-free social license**, as well as an opportunity to harness **local knowledge** as a low-cost leader for our clients.

FROM OUR
LEADERSHIP

GENERAL
INDUSTRY

FEATURED
PROJECT

ON THE SAFE
SIDE

COMPANY NEWS

EMPLOYEE NEWS

COMMUNITY



FROM OUR LEADERSHIP

To our respected community members,

What can we do tomorrow that we were not doing today?

Are we holding ourselves to a higher standard?

Will the economic impact reach each home, as opposed to those closest to the work activity?

These are questions that dominated the discussions at our last board meeting. Questions we must challenge ourselves to answer with our actions. Questions that excite us and inspire us to work harder for the community. Actions that are guided by your input and our conversations in the months ahead.

How would you recommend we respond to these questions?

As we discussed with the community at the last community engagement meeting that 2019 was about recovery, and this year is about benefit, growth, engagement and impact.

What can we do tomorrow that we didn't do today? Budget for more contributions into the events and activities that matter to the community members.

Are we holding ourselves to a higher standard? Our leadership will advocate to see the community members benefits improved, the members involved, employed, engaged, and that the staff are transparent and accountable in our every action.

How will our members benefit from the work 4Evergreen does? In the 2020-2021 year our goal at a minimum is to submit to Saulteau coffers 1 million dollars.

We look forward to joining you at the Saulteau AGM to present the audited financial statements at the February meeting. We look forward to seeing you then, should you wish to talk with us about the year ahead don't hesitate to ask questions, book meetings with our management team or give us a call.

Yours Truly

4Evergreen Resources LP Board of Directors



GENERAL INDUSTRY NEWS



Alaska Highway News

JANUARY 22, 2020 10:59 AM

BRUCE RALSTON APPOINTED B.C.'S NEW ENERGY MINISTER

In a press release Wednesday, Horgan's office stated that Ralston's priorities will include implementing initiatives that support the CleanBC climate change plan, including the development of carbon capture and storage technology.

Ralston will oversee BC Hydro and the \$10.7-billion Site C project, and will continue to serve as lead minister for consular affairs.

Mungall takes on Ralston's old post, and "will be responsible for trade, and engage with industry associations and major sectors on government's approach to quality economic growth."

Source: alaskahighwaynews.ca

██████████
██████████
FEATURED PROJECT
██████████
██████████

BC HYDRO LYNX CREEK EAST EMBANKMENT FILL PROJECT

Pictured below is the delivery and assembly of a 120ft temporary crossing



July 31st, 2020

Work Activities: Clearing and Grubbing roughly 230 ha, as well as aggregate stockpiling

Estimated project value to 4EG: Approx. \$12M

Project partners: Cantex Group from Penticton

The project when ramping up over the next several months will become a 24 hour a day operation.



MEET THE TEAM – 4EG WELCOMES A NEW HEALTH SAFETY AND ENVIRONMENT MANAGER TO THE TEAM

Ameen Elkadri was born in Edmonton, Alberta. He comes from a line of early Lebanese pioneers to Canada. At a very young age he grew up with the importance of health and safety as a result of being involved with many club and community activities. Growing up with very little, he knew that he had to work very hard to get anywhere in this world. In his teens he returned with his family to Lebanon to reconnect with his heritage. In Lebanon he completed his high school and played professional club soccer. After almost two years of residing in Lebanon he decided to come back to Canada to pursue his education. He graduated high school again in Edmonton and decided to enroll at the University of Alberta in the field of Forestry. While attending the university of Alberta, Ameen was a varsity player in the golden bears soccer team. He was involved and played at the major league level in soccer and received many rewards and recognitions. After graduating university Ameen worked a couple years in the forestry industry but Ameen has been in the field of HSE for the last 12 years and continues to strive to better himself and his colleagues.

Ameen believes in giving back to the community, he has a multicultural background. He believes that it is very important to work with people, as that was the way he was brought up, honesty and Integrity with everyone. He has had many mentor's and has learned from every one of them and still is learning to this day.

In closing, Ameen is a person that believes that "you have to give in order to receive".



COMPANY NEWS

Completed projects to date

BC Hydro PRES Line clearing and access (RFP # 10096)
Conuma Coal RFP - 040 4N2 Pit Expansion
Natural Forces Zonnebeke Sukunka windfarm project (early works)
BC Hydro Release 13 Access, roadbuilding and maintenance

Winding down

BC Hydro Release 9 Transmission Line clearing and road building

Current and ongoing projects

BC Hydro Release 14 clearing	present – spring 2020
CGL clearing, access and grubbing	present – spring 2020
BC Hydro Road Realignment	Winter 2019 – Spring 2020

Upcoming projects

Groundbirch Mainline Loop - Early Clearing Services	Winter 2020
Natural Forces Zonnebeke Sukunka windfarm project	Resuming Spring 2020



4EG BUILDING GRAND OPENING



Our Board of Directors and staff look forward to inviting you to our grand opening to take place after spring break up when the changing of the seasons brings with it new life and new beginnings. Stay tuned this spring for the formal date and invitation!

Our doors are always open should you be interested in applying for work opportunity, or getting placed in our labour pool of ready and available members for when our projects ramp up at different times throughout the year.

The GM makes every Friday afternoon accessible to the community for appointments and meetings should you wish to speak with the GM directly on topics of interest to you.

We look forward to seeing you soon!

Yours truly,

4Evergreen Resources team

Best Wishes & More

I would like to send out a big happy 13year anniversary on Feb 14 to the love of my life, Cory. You have always been there for me in the most ways and I love you so much for that thank you for coming in to my life, much love from your wife

I would like to wish my nephews Brody and Bryce a Happy Birthday Feb 14
To my brother Weslie a Happy Birthday Feb 11
Love Emily

For My Beautiful Daughter Ashley
Happiest of birthdays my darling Feb 9
Enjoy all the beauty this day brings and surround yourself with all your favourite things
Love Momma Bear

Happy 6th Birthday on Feb 5th to our littlest Super Hero Liam, keep growing strong buddy
We love you so much
Love Daddy and Kay-kay

Happy Birthday to my Sis Tara on Feb 10
And my friend Miss Angel Jackson on Feb 8
Love Emily

Happiest of Birthdays goes out to Debra Grant on Feb 6
We hope you have a spectacular day
Lots of Love Kaylin & Devon

Happy Birthday Damian on Feb 15th
Lots of love from Aunty Erica and the kids

Happy Birthday to my little Sophie on Feb 16th
Mommy loves you so much xoxo

Happy Birthday to my Mom Trudy and my boy Mason on February 23rd Lots of love on your special day xoxo

Happy Birthday to Ashley and Nolan on Feb 9, Damian on Feb 15, Aunty Trudy and Mason on the 23rd, and Sophie on Feb 16
Sending you lots of hugs and kisses
love Katie and Devon

Birthday Wishes for My Awesome Family
Feb 2 – Baby Luke Sorell
Feb 9th – Gloria Morris daughter in-law
Feb 18 – Coby Sorell
Feb 26th – William Townsend
Love from Grandma Melva and Popa Doug Sorell
xoxoxoxo

Wishing Taelor Apsassin a Happy Birthday on February 13 Love Mom, Dakota and Aiden.

Better Late Than Never

Happy Belated Birthday on January 23rd to Tylene
Love your brother Elvis

Happy Birthday Sister Tylene! Have a wonderful day and best wishes to you all year long! Take care :) Love Carrie and Hazel

Happy Birthday Tylene, Best wishes from Jerri and the Family

Happy Valentines Day to all the love birds and single birds, sending everyone best wishes and lots of kisses
XOX

**HAPPY BIRTHDAY!**

♥ HAPPY ♥ BIRTHDAY

On February 9
Happy 1st Birthday to our
Handsome baby boy Nolan Vine
Lots of Love from the Kristoffy Family



As many of you know over the holidays the Gauthier family and SFN community suffered from the tragic lose of losing a very beautiful and kind soul.

Lisa Taylor was a member of the SFN community and was loved by so many. She will be dearly missed by us all and may she forever rest in paradise.

On behalf of Norma & Rick Podolecki, the Gauthier, McArthur and Taylor families we want to thank everyone for all of the support given over this time of grievance.

The amount of support, donations and prayers received were overwhelming and the families could not thank you all enough from the bottom of our hearts. We are forever grateful for each and every one of you who helped support us during this time.

We love you Lisa Marie and until we meet again you are gone but never forgotten.

Mussi

The Gauthier, McArthur & Taylor Families



Tansi To All Community Members,

Wow! Can you believe we are already into the second month of 2020

There are many exciting things going on in our community this year, be sure to keep up to date by checking out the SFN Communications Coordinator Facebook page.

And don't forget to check out the Saulteau First Nations web page, it's live and running
<https://www.saulteau.com/>

I'd like to thank everyone for their support and understanding while I transition into the communications coordinator position. If you have any questions or concerns, please feel free to contact me at any time

Mussi!

NEWSLETTER SUBMISSION DEADLINES 2020
Due by 3pm on the dates of:

Feb 20th
March 23rd
April 23rd
May 21st
June 22nd
July 23rd

Our Vision

We, the Saulteau First Nations, will strive to be the Best Governed Nation, one that is proud, culturally strong and self-sufficient.

As stewards of the land we will ensure that the best sustainable practices are followed, now and in the future. For as long as the 'sun shines, the grass grows and the rivers flow'.

We remain proudly determined.

Kaylin Watson

Acting Communications Coordinator

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Juritha Owens	COUNCILLOR	(250)788-7269	jowens@saulteau.com
Rudy Paquette	COUNCILLOR	(250)788-7270	rpaquette@saulteau.com
Justin Gauthier	COUNCILLOR	(250)788-7268	justin.gauthier@saulteau.com



Happy Valentines Day

1. I have a heart that never beats, I have a home but I never sleep. I can take a mans house and build another's, And I love to play games with my many brothers. Who am I?
2. You can touch me, you can break me, you should win me if you want to be mine. What am I?
3. What flowers are kissable?
4. What do you say to an octopus on Valentine's Day?
5. What do you write in a slug's Valentine's Day card?
6. What did the baker say to his sweetheart?

Knock Knock

Who's there?

Olive...

Olive who?

Olive you!

1. The King of hearts in a deck of cards
2. A heart
3. Tulips
4. I want to hold your hand, hand, hand, hand, hand, hand, hand, hand
5. Be my valen-slime
6. I'm dough-nuts about you!

