# September 2021 Newsletter



### Chief & Council



### Justin Napoleon Chief

Davis Family Councillor jnapoleon@saulteau.com (250) 788-7271

### **Rudy Paquette**

Desjarlais Family Councillor rpaquette@saulteau.com (250) 788-7270

### **Falon Gauthier**

Gauthier Family Councillor fgauthier@saulteau.com (250) 788-7268

### **Ken Cameron**

Courtoreille Family Councillor kcameron@saulteau.com (250) 788-7265

### **Juritha Owens**

Napoleon Family Councillor jowens@saulteau.com (250) 788-7269

### Communications & HR



### Jesse Gayse

Communications Coordinator communications@saulteau.com

### **Sarah Canning**

HR Advisor hr@saulteau.com

### THANK YOU

Saulteau First Nations hosted a fundraising golf tournament August 14th and 15th in which industry and sponsor companies came together for a weekend of fun. All proceeds raised by this event will be put towards a community playground. The CCP committee will be assisting SFN on determining the best place to set this up. We are hoping to have something installed by next spring.

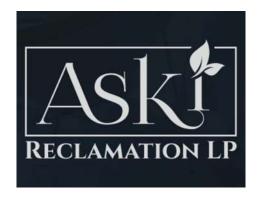
We would like to take this time to graciously thank all of the companies for their generous contributions!















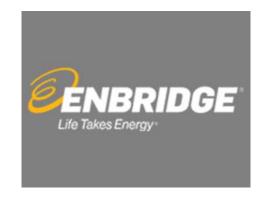










































Date modified: 2021-08-10

### SERVICE CANADA READY TO HELP



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: Covid-benefits.alpha.canada.ca/ en/start

### **EMPLOYMENT INSURANCE (EI)** PROGRAM

We made temporary changes to the Employment Insurance (EI) program to better support Canadians who need financial assistance. As of September 27, 2020, the minimum benefit rate for EI regular claimants is \$500 per week before taxes in most cases.

https://bit.ly/3aGavD2

**1**-800-206-7218

### CANADA RECOVERY BENEFIT (CRB)

The Canada Recovery Benefit provides support to eligible workers who:

- are not employed or self-employed for reasons related to COVID-19 or have had their income reduced by at least 50% due to COVID-19;
- are not eligible for Employment Insurance (EI).

If you apply on or after July 18, 2021 or if you received this benefit for 42 weeks, you can receive \$300 (\$270 after taxes withheld) per week. If you applied before July 18, 2021, you can receive \$500 (\$450 after taxes withheld) for 42 weeks. This benefit is available for 54 weeks until October 23, 2021.

https://bit.ly/210Ub5d

**1**-833-966-2099

### CANADA RECOVERY SICKNESS BENEFIT (CRSB)

The CRSB provides \$500 (\$450 after taxes withheld) per week for up to a maximum of four weeks, for workers who:

- · Are unable to work for at least 50% of the week because they contracted COVID-19;
- · Are self-isolated for reasons related to COVID-19;
- · Have underlying conditions, are undergoing treatments or have contracted other sicknesses that, in the opinion of a medical practitioner, nurse practitioner, person in authority, government or public health authority, would make them more susceptible to COVID-19.

https://bit.ly/36zGjZH

**Q** 1-833-966-2099

### CANADA RECOVERY CAREGIVING BENEFIT (CRCB)

The CRCB provides \$500 (\$450 after taxes withheld) for up to 42 weeks per household for workers:

- unable to work for at least 50% of the week because they must care for a child under the age of 12 or family member because schools, daycares or care facilities are closed due to COVID-19;
- · because the child or family member is sick and/or required to quarantine or is at high risk of serious health implications because of COVID-19.
- https://bit.ly/2F6YxXm
- **Q** 1-833-966-2099

### NUMBER

SOCIAL INSURANCE You can apply for your Social Insurance Number (SIN) online. Agents are available Monday to Friday, 8:30 am to 4:30 pm Canadian Local Time, except on statutory holidays.

https://bit.ly/3o4Wq8r

**Q** 1-866-274-6627

Service Canada

Fill out our online service request form to let us know how we can help you, and we'll get back to you in two business days: eservices.canada.ca

Not sure if you need to repay the Canada Emergency Response Benefit? Go to Canada.ca/repaycerb or call 1-833-966-2099.

For a complete list of programs, services and resources available through the Government of Canada visit: Canada.ca/coronavirus

### **CALL TO ELDERS**

### Northern Lights College - Dawson Creek Campus

"Our college is creating a database of our local Indigenous communities in order to respect our surrounding nations protocols when it pertains to requesting representation such elders and community leaders to attend events and creating events within their territory.

We have two events upcoming in September on our Dawson Creek Campus, our fall orientation September 7th times are split into 2 time slots to create the ability to social distance and follow the current COVID guidelines, the AM orientation being from 11:15 to 11:30 and the second time being from 2:15 to 2:30. The other event is the Annual "Discover NLC welcome BBQ" September 14th from 4-7pm having opening words at 4:30.

Our request would be to have a community leader or elder from Saulteau attend and give words of encouragement or prayer (at the discretion of the person engaging) to our staff, faculty and students entering into this new year.

Any help in directing us to the appropriate channels is very much appreciated. We also offer honorariums."

Mahsi Choo Laura Linklater Doyle Indigenous Cultural Assistant at Northern Lights College (778) 256-5244



# September 2021

| Saturday  | 4  | 12   | 19   | 26   |  |
|-----------|--|--|--|--|--|
|           |  | =  | 80   | 25   |  |
| Friday    | 3<br>Back to School BBQ<br>New Beginnings<br>House<br>12pm-3pm | 10 National Suicide Awareness Day @ Gym Community Prayer Crafts with Tylene 430-7pm  | 17   | 24  Community Craft Night Gym with Tylene 430pm-7pm  Noon Hour Boot Camp with Brazeau Wellness & Medical Aesthefics 12pm-1pm |  |
| Thursday  | 2  | 9 SFN Health and<br>Wellness Fair  | 16<br>Toddler<br>Drum Spinner Craff @<br>New Beginnings<br>10am 12am<br>With Lindsey White | Toddler Totem Pole Craft @ New Beginnings 10-am- 12 pm With Lindsey White  | 30 Toddler Feather Necklace 10 am- 12 pm |
| Wednesday | -  | 8 SFN Health and Wellness Fair Back to School Breakfast @ New Beginnings 9am-10:30am | 15<br>Community Lunch @<br>New Beginnings<br>11:30-Ipm                                     | 22<br>Maci-Nehiyawewin<br>Beginning Cree<br>Class<br>1:30-3:30   | 29                                       |
| Tuesday   |  | 7 SFN Health and<br>Wellness Fair  | 14 Noon Hour Boot camp with Brazeau Wellness & Medical Aesthetics 12pm-1pm                 | Family Drop in @<br>New Beginnings<br>10am-2:30pm  | 28                                       |
| Monday    |  | 9  | Grandparents Tea<br>© New Beginning<br>House<br>11am-1:30pm                                | Grand Parents Teatime @ New Beginnings 11am-1:30pm   | Member Lunch and Bingo                   |

## Spinner Drum Class for Kids

IN PERSON EVENT! ALL SFN
COMMUNITY WELCOMED



Facilitator: Lindsey White

# THURSDAY, SEPTEMBER 16 2021 10AM - 12PM NEW BEGINNINGS HOUSE

For questions please contact
Daphne Nichols:
dnichols@saulteau.com or
250-401-8017



Facilitator: Lindsey White

September 23 2021 10am - 12pm New Beginnings House

Drop in event!
ALL SFN Community
Welcomed



For questions please contact Daphne Nichols: dnichols@saulteau.com or 250-401-8017



Elders Bingo and Nutritional Lunch



September 27 2021 12pm - 4 pm SFN Muskoti Gym

For questions please contact: dnichols@saulteau.com or 250-401-8017

# Feather Necklace Craft for Kids



Facilitator: Lindsey White

Thursday, September 30 2021 10am - 12pm New Beginnings House

For questions please contact
Daphne Nichols:
dnichols@saulteau.com or
250-401-8017

In person Event!
All SFN Community
Welcomed

### Tansi! Nêhiyawêwin (Cree) classes Coming Soon!

I am looking for male & females fluent Nêhiyawêwin (Cree) speakers from the Elders, Youth and all members who would like to share their Nêhiyawêwin (Cree) Language teachings (stories, songs) for the Nêhiyawêwin (Cree) Language classes. I am putting a list together to have our members keep our language alive. If anyone is interested, please feel free to contact me (Ruth Hetu) at SFN Family & Social Development @ 250.788. 7280 or <a href="rhetu@saulteau.com">rhetu@saulteau.com</a>. In the future, the Nêhiyawêwin (Cree) classes will likely take place over zoom which is what the membership showed as their preference. Thank you everyone for participating in the recent  $\nabla^{\parallel}\Delta^{\downarrow}\nabla^{\downarrow}\Delta^{,-2}$  Nêhiyawêwin (Cree) language survey.

The Nêhiyawêwin (Cree) word for the month of September is Onocihitowipisim- Mating Month. Tapwe! – Yes in cree language

### Muskoti Primary Program Yearly Calendar 2021/2022

|       | Legend                              |
|-------|-------------------------------------|
| 12    | Statutory or general Holidays       |
| STAT  |                                     |
| 63    | Break days (Winter, Spring, Summer) |
| Break |                                     |
| 8     | Non-Instructional Days              |
| NID   |                                     |
| 178   | Instructional Days                  |
|       |                                     |

### SCHOOL HOURS:

\*Pre K Monday-Thursday 8:45-3:00

\*Kindergarten, Grade 1 & 2 Monday - Thursday 8:45-3:00 & Fridays 8:45-12:00

### September 2021

| Sunday | Monday                  | Tuesday  | Wednesday  | Thursday                    | Friday | Saturday |
|--------|-------------------------|----------|--|-----------------------------|--------|----------|
|        |                         |          | 1  | 2                           | 3      | 4        |
| 5      | 6<br>Labour Day<br>STAT | 7<br>NID | 8 First day<br>of school<br>Starts 2 h late<br>ends 1 hr early | 9<br>First Full Day         | 10     | 11       |
| 12     | 13                      | 14       | 15   | 16                          | 17     | 18       |
| 19     | 20                      | 21       | 22   | 23                          | 24     | 25       |
| 26     | 27                      | 28       | 29   | 30 Truth and Reconciliation |        |          |

### October 2021

| Sunday | Monday                     | Tuesday | Wednesday | Thursday | Friday    | Saturday |
|--------|----------------------------|---------|-----------|----------|-----------|----------|
|        |                            |         |           |          | 1         | 2        |
| 3      | 4                          | 5       | 6         | 7        | 8         | 9        |
| 10     | 11<br>Thanksgiving<br>STAT | 12      | 13        | 14       | 15        | 16       |
| 17     | 18                         | 19      | 20        | 21       | 22<br>NID | 23       |
| 24     | 25                         | 26      | 27        | 28       | 29        | 30       |
| 31     |                            |         |           |          |           |          |

### November 2021

| Sunday | Monday | Tuesday | Wednesday                | Thursday                 | Friday    | Saturday |
|--------|--------|---------|--------------------------|--------------------------|-----------|----------|
|        | 1      | 2       | 3                        | 4                        | 5         | 6        |
| 7      | 8      | 9       | 10                       | 11<br>Remembrance<br>Day | 12        | 13       |
| 14     | 15     | 16      | 17<br>Early<br>Dismissal | 18<br>Early<br>Dismissal | 19        | 20       |
| 21     | 22     | 23      | 24                       | 25                       | 26<br>NID | 27       |
| 28     | 29     | 30      |                          |                          |           |          |
|        |        |         |                          |                          |           |          |

| Sunday       | Monday | Tuesday | Wednesday | Thursday            | Friday                | Saturday               |
|--------------|--------|---------|-----------|---------------------|-----------------------|------------------------|
|              |        |         | 1         | 2                   | 3<br>End of<br>Term 1 | 4                      |
| 5            | 6      | 7       | 8         | 9                   | 10                    | 11                     |
| 12           | 13     | 14      | 15        | 16                  | 17<br>SFN<br>NID      | 18                     |
| 19           | 20     | 21      | 22        | 23<br>End of term 1 | 24                    | 25<br>Christmas<br>Day |
| 26<br>Boxing | 27     | 28      | 29        | 30                  | 31                    |                        |
| Day          | STAT   | STAT    |           |                     |                       |                        |

### January 2022

| Sunday | Monday    | Tuesday                | Wednesday | Thursday | Friday | Saturday               |
|--------|-----------|------------------------|-----------|----------|--------|------------------------|
|        |           |                        |           |          |        | 1<br>New Year's<br>Day |
| 2      | 3<br>STAT | 4<br>School<br>Reopens | 5         | 6        | 7      | 8                      |
| 9      | 10        | 11                     | 12        | 13       | 14     | 15                     |
| 16     | 17        | 18                     | 19        | 29       | 21     | 22                     |
| 23     | 24        | 25                     | 26        | 27       | 28     | 29                     |
| 30     | 31<br>NID |                        |           |          |        |                        |
|        |           |                        |           |          |        |                        |

### February 2022

| Tuesda  1  8  15 | 9 16     | nesday Thur | Frid 4 11 18 | :        | Saturday 5 12 |
|------------------|----------|-------------|--------------|----------|---------------|
| 8                | 9        | 10          | 11           | :        | 12            |
|                  |          |             |              |          |               |
| 15               | 16       | 17          | 18           |          | 19            |
|                  |          |             |              |          |               |
| nily Day         | 23       | 24          | 25           |          | 26            |
|                  |          |             |              |          |               |
|                  | nily Day | nily Day    | nily Day     | nily Day | nily Day      |

### March 2022

| IVIAI CII ZUZ |             |             |                         |                         |             |          |
|---------------|-------------|-------------|-------------------------|-------------------------|-------------|----------|
| Sunday        | Monday      | Tuesday     | Wednesday               | Thursday                | Friday      | Saturday |
|               |             | 1           | 2<br>Early<br>Dismissal | 3<br>Early<br>Dismissal | 4           | 5        |
| 6             | 7           | 8           | 9                       | 10                      | 11          | 12       |
| 13            | 14          | 15          | 16                      | 17                      | 18          | 19       |
| 20            | 21<br>Break | 22<br>Break | 23<br>Break             | 24<br>Break             | 25<br>Break | 26       |
| 27            | 28<br>Break | 29<br>Break | 30<br>Break             | 31<br>Break             |             |          |
|               |             |             |                         |                         |             |          |

### April 2022

| Sunday       | Monday                      | Tuesday | Wednesday | Thursday | Friday                    | Saturday |
|--------------|-----------------------------|---------|-----------|----------|---------------------------|----------|
|              |                             |         |           |          | 1<br>Break                | 2        |
| 3            | 4<br>School<br>Reopens      | 5       | 6         | 7        | 8                         | 9        |
| 10           | 11                          | 12      | 13        | 14       | 15<br>Good Friday<br>STAT | 16       |
| 17<br>EASTER | 18<br>Easter Monday<br>STAT | 19      | 20        | 21       | 22                        | 23       |
| 24           | 25                          | 26      | 27        | 28       | 29                        | 30       |
|              |                             |         |           |          |                           |          |

### May 2022

| Sunday                | Monday                     | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------|----------------------------|---------|-----------|----------|--------|----------|
| 1                     | 2                          | 3       | 4         | 5        | 6      | 7        |
| 8<br>Mother's<br>Daay | 9                          | 10      | 11        | 12       | 13     | 14       |
| 15                    | 16                         | 17      | 18        | 19       | 20     | 21       |
| 22                    | 23<br>Victoria Day<br>STAT | 24      | 25        | 26       | 27     | 28       |
| 29                    | 30                         | 31      |           |          |        |          |
|                       |                            |         |           |          |        |          |

| Sunday                | Monday | Tuesday                      | Wednesday                   | Thursday              | Friday    | Saturday |
|-----------------------|--------|------------------------------|-----------------------------|-----------------------|-----------|----------|
|                       |        |                              | 1                           | 2                     | 3         | 4        |
| 5                     | 6      | 7                            | 8                           | 9                     | 10<br>NID | 11       |
| 12                    | 13     | 14                           | 15                          | 16                    | 17        | 18       |
| 19<br>Father's<br>Day | 20     | 21<br>Aboriginal<br>Day STAT | 22                          | 23<br>Last Day for K4 | 24        | 25       |
| 26                    | 27     | 28<br>Term 3<br>Ends         | 29<br>Last Day of<br>School | 30<br>NID Admin       |           |          |
|                       |        |                              |                             |                       |           |          |

# **Muskoti Primary Program**

# September, 2021

| Saturday  | 4 | 11  | 18 | 25               |   |
|-----------|---|---|----|------------------|---|
| Friday    | 8 | 10  | 17 | 24               |   |
| Thursday  | 7 | 9<br>First Full day of<br>school                        | 16 | 23<br>Pajama Day | 30<br>Truth and<br>Reconciliation<br>STAT |
| Wednesday | Н | 8 First day of school Starts 2 hrs late ends 1 hr early | 15 | 22               | 29  |
| Tuesday   |   | NID   | 14 | 21               | 28  |
| Monday    |   | 6<br>Labour Day<br>STAT                                 | 13 | 20               | 27  |
| Sunday    |   | 7.5   | 12 | 19               | 26  |

Themes this month:

Welcome to School

Classroom Community

Farm

All about me!

School Safety

Phone: (250) 788-7361



### **Muskoti Primary Program**

### LOGO CONTEST

Calling all community members to design a logo for our school.

We are the Muskoti Maskwas



Please submit your logo to <a href="mailto:cschlamp@saulteau.com">cschlamp@saulteau.com</a> by September 15, 2021. School staff will pick a winner for a cash prize of \$500.00 in exchange for the rights to use the logo.

Good luck, we look forward to seeing your artwork!

① (250) 788-7361 1717 Boucher Lake Road, Moberly Lake, BC © PO Box 1020 Chetwynd BC, VOC 1J0



Saulteau First Nations
Employment & Training
Department.
Here to Assist You
Monday to Thursday
from 8am to 4:30pm

Tonia Richter trichter@saulteau.com 236-364-2008



# Saulteau First Nations Employment and Training Department wants your Feeback and suggestions!



What do you want to see offered through the Employment & Training Department?

email

trichteresaulteau.com

Tansi Saulteau Community,

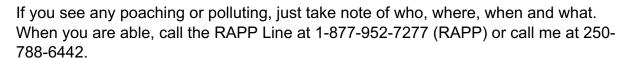
As you are aware, this has been a very busy season for bears in our community. Some contributing factors have been the fires displacing animals, hot and dry conditions, berries around the community, attractants in the community and our proximity to water.

Would like to set up a meeting with interested persons to discuss issues and see if we can find solutions. If you could email me at <a href="mailto:tom.aird@saulteau.com">tom.aird@saulteau.com</a> or send a text to 250-788-6442 to let me know you are interested in meeting, I will book a time and place. Would be great to hear your ideas.

With hunting season in "full swing" here in our traditional territory, please be extra

careful when out harvesting and gathering. Some simple safety tips are:

- Wear bright colours,
- If you see hunters, let them see you so they do not mistake you for wildlife.
- Let others know where you are going and when to expect you back,
- If possible, hunt in pairs, and
- Don't forget your fur babies. Put bright markings on your animals when they are in the bush with you.



Kinanaskomitin.

Tom Aird



### September 2021





### Happy Pre-Fall, Fellow SFN Members!

This summer has come and gone like a whirl wind. I hope you are all fortunate enough to say you had a great one! With fall fast approaching, families are preparing for the upcoming school year and returning to a fixed schedule. The Lands Department would like to wish all the kiddo's and college/university students, a great and memorable educational year ahead.

### **New and Exciting News!**

I am happy to announce that Saulteau First Nations (SFN) has been selected as a signatory to the Framework Agreement on First Nation Land Management, with Indian Services Canada (ISC).

Celebrated as one of the newest upcoming signatories to the historic Framework Agreement, SFN will begin the process of working with membership to develop and approve a land code to replace the 44 lands management sections of the Indian Act, with our own governance authority.

The Lands Advisory Board (LAB) and its technical arm the First Nations Land Management Resource Centre has worked closely with Indigenous Services and Crown Indigenous relations Canada to pave the way for First Nations to take part in this ground-breaking, decolonization initiative, supporting First Nations exercising their inherent right of self-governance.

The Framework Agreement (FA) is an historic, government-to-government agreement signed on February 12, 1996, between the original 13 First Nations who created and advocated for it, and the Minister of Indian Affairs and Northern Development. Today, the Framework Agreement has expanded to include an ever-growing number of communities across Canada (182 communities — as of August 2021) who are interested in replacing the lands restrictions of the *Indian Act* with the legal framework developed in a community land code. Each signatory community to the Framework Agreement assumes the administration and full law-making authority of their reserve lands, environment, and natural resources, upon ratification of their land code.

Until such time a Land Code is enacted, federal administration of reserve lands continues under the Indian Act. The Framework Agreement is not a treaty and does not affect existing treaty or other constitutional rights of First Nations.

### TAKING CONTROL OF LAND GOVERNANCE

### Quick Facts:

- A First Nation signatory to the Framework Agreement develops its land governance system by creating its own Land Code, drafting a community ratification process, and entering into an individual agreement with Canada.
- The specific steps are set out in the Framework Agreement: The Land Code
   Drafted and approved by the community, the Land Code becomes the basic land law of the
   First Nation. When it comes into effect, approximately 44 sections of the Indian Act no longer
   apply, and Canada is no longer involved in the decision making of the First Nation's land and
   resources.
- The Land Code does not have to be approved by the Minister or any federal department.
- The Framework Agreement was developed and negotiated by 13 First Nation Chiefs who were seeking to opt-out of the land management sections of the Indian Act to regain jurisdiction of their reserve lands and resources. The Framework Agreement made history when it was signed by these First Nation Chiefs and the Government of Canada on February 12, 1996.
- Canada ratified the Framework Agreement by giving Royal Assent to the First Nations Land Management Act on June 17, 1999.
- Signatory First Nations develop their land code in alignment with the Framework Agreement and hold a community vote to decide its approval.
- There are currently 99 First Nations who have approved their own land codes.
- 182 First Nations are signatory to the Framework Agreement and an additional 50 First Nations have expressed formal interest to become signatories.

"The Framework Agreement has a 20-year track record of removing First Nations reserve lands from the colonial Indian Act lands system and rightfully returning governance of those reserve lands back into the hands of First Nations. Every First Nation has the inherent right to self-govern its own lands." Robert Louie (Chief – Westbank FN), Lands Advisory Board Chairman

### As of August 18, 2021:

| Operational                         |     |  |
|-------------------------------------|-----|--|
| Developmental - Active              |     |  |
| Developmental - Short Term Inactive | 9   |  |
| Other Signatories - Voted Inactive  | 11  |  |
| Other Signatories - Inactive        | 11  |  |
| Self-Governance                     | 3   |  |
| TOTAL                               | 182 |  |

Source: https://labrc.com/signatory-first-nations/

### **Youth Cultural Camp**

Thank you to the organizers and participants of the 2021 Youth Cultural Camp, held out in Carbon Lake August 16-21. TREP/Lands had the opportunity to provide a day of land-based learning and seek the input of youth regarding watershed issues, concerns, and solutions. It was very hands-on and we were thrilled to see how eager, confident, and involved our youth were in discussing how important the protection and conservation of our drinking sources are to us all.









We would like to send a big shout out to the Youth participants:

Noah Paquette, Tylin Paquette, Emerald Gauthier, Phinn Cameron, Gracie Cameron, Jorin Desjarlais, Keagan Desjarlais, Ian Garbitt, Joey Desjarlais, Hannah Davis, Ryder Jackson, Shae Desjarlais, & Nolan Jackson



Julian, Emerald, Ryder, Nolan, Jorin, Keagan, Hannah, Noah, Megan, Mary, Teena & Nola









(Teena, Sarah, Starr, Lucas, Juritha, Trudy)

### **Health & Safety**

Thank You Sarah Langille, Saulteau First Nations Safety
Consultant, for taking the time to visit Carbon Lake and for
providing a thorough evaluation of what is required to keep our
care takers and campers safe each season.

A thorough examination of each site, cabins, yard equipment, and on hand safety equipment, had been conducted and numerous items had been discussed and positive outcomes established.

A heli-pad site was determined should serious injury arise, as well as exact coordinates of Carbon Lake Campgrounds, should Stars Air Ambulance be required.

A thorough report will be followed up and provided to TREP to ensure each item is addressed and policies are developed for future use.

### **Capacity Building & Training**

A big thank you to SFN's Employment & Training Coordinator, Tonia Richter, for arranging the following training for staff, held by Tami Leigh Consulting (TLC)

- 1. The Art of Minute Taking (Ethan Cameron) June 2021
  - Understanding the role of the Minute Taker or Meeting Secretary
  - Pre-meeting planning for the minute taker
  - Executing the role for the meeting minute taker
  - Keys to taking notes Critical thinking as a note taker
  - Completing and filing the minutes
- 2. Effective Proposal and Report Writing (Mary Doyle, Ethan Cameron) June 2021
  - Written Communications being clear, concise, complete & correct
  - The importance of proposals and reports
  - Stages for proposals and reports
  - Creating a proposal or report
  - Internal process for proposals and reports
  - Creating solutions for effective corporate proposals and reports
- 3. Professionalism & Confidentiality in the Workplace (Mary Doyle, Ethan Cameron) Sept 2021
  - Professionalism as personal and professional development
  - The keys to being an outstanding professional
  - Confidentiality: Definition, meaning and considerations within workflow
  - Relevance and ramifications of a 'breach in confidentiality'
  - Confidentiality and its sacred space for individuals and the community
  - Corrective action when intentional or unintentional mistakes occur

### Comprehensive Community Plan Update – September 2021

I would like to thank everyone who participated in our CCP Community Engagement meetings! From August 3<sup>rd</sup>-5<sup>th</sup> we had a Chief & Council meeting, a Staff & Managers meeting, as well as an Elders, Youth, and CCP Committee Meeting, Two off reserve meetings held in Dawson Creek & Grande Prairie, as well as our Community Meeting/Bingo Night! We were very busy to say the least, but so pleased with the outcome and response we received from the community.

Also a huge thank you to the 261 members who completed the CCP Community Survey! We had members complete the survey from Texas, Oregon, New Brunswick, Toronto, and even Mexico!

The feedback from the community has been great, and I've really enjoyed being able to connect with members in person at these meetings this past month. I am very much looking forward to our next round of community meetings tentatively scheduled for October!

At our Community Meeting we discussed the current Comprehensive Community Plan as well as going over ideas and gaining input from members for the update of the plan.

We also went over some of the TLE/TLA land selections, where members had the opportunity to voice their ideas on what they thought the best use of those areas would be.

Throughout the presentation we played several rounds of bingo, where we had some awesome prizes to be won, congratulations to everyone who walked away with a prize! Including Stella Gauthier who walked away with a new PS5!

Thank you again!

Ethan Cameron



Here are a few more pictures from our Community Engagement

**Meetings!** 









### **CCP FB & Communications Page**

With the fabulous assistance of Jesse Gayse and Ethan Cameron, a new FB Page has been set up for CCP related articles, discussion items, surveys, questionnaires, newsletters, etc.

Should you wish to be added to this page, please email Ethan Cameron at <a href="mailto:ecameron@saulteau.com">ecameron@saulteau.com</a> or Jesse Gayse at <a href="mailto:jgayse@saulteau.com">jgayse@saulteau.com</a>

I am happy to report that since the last newsletter, we have gained over 30 new members to our CCP FB Page. Thank You for your participation and your interest in learning more about our community!!



### CCP Community Survey Prize Draw

We had a total of 261 completed surveys, and we thank everyone who took the time to complete the survey, your input has been very important and greatly appreciated.

We held our prize draw on Wednesday, August 25<sup>th</sup>, and would like to congratulate our three winners!

\$250 – Hank Paquette Jr.

\$150 – Carmen Richter

\$75 – Victoria Davis

### Community Comprehensive Planning Committee

A CCP Committee, consisting of Saulteau members, was established to gather input, ideas, and feedback from members, and play a pivotal role in the development of the CCP in partnership with Chief and Council. To support the Committee in developing the CCP, Saulteau First Nations has contracted Urban Systems to provide professional planning guidance. The Committee will work closely with the Urban Systems team at all stages of the project to deliver the final CCP.

The responsibilities of the Committee are as follows:

- Work collaboratively with Chief and Council and consultants throughout the project
- Uphold a high level of respect and professionalism throughout the project
- Advertise and communicate project events and opportunities for members to participate
- Participate in community meetings and gather input and feedback from members
- Meet with community staff members and Chief and Council to understand community priorities
- Review project deliverables and provide comments to the consultants
- Provide ongoing guidance to the consultants on various project matters

### Meet The CCP Committee Members



### Jenine Campbell-Cove

Granddaughter of Caroline Campbell, coming from the Napoleon family. I currently live in West Kelowna, I grew up in Kelly Lake BC, but I have spent a lot of my childhood in the waters of Moberly Lake, I bring my family here now. Being a part of the CCPC has been such a great opportunity that I am incredibly thankful for. I am happy to be a contributing member of the community, even though I live so far away. I enjoy the engagement sessions, I think it's paramount that everyone has a chance to be heard and that everyone says what they need to say, without judgement. I look forward to what we can achieve as a collective with the newly revised Comprehensive Community Plan.



### Nicole Hetu

Tansi! My given name is Nicole Hetu. My Cree (Nihiyaw) name is Wapik-waniw Iskiw (Wild Flower Woman). My Saulteau name is Migizikwe (Eagle Woman). My parents are Ruth (Garbitt) Hetu and Jean-Paul Hetu. My Kohkum is Minnie (Paquette) Garbitt, and my Mooshem is the late Slim Garbitt.

I live on-reserve with my parents and I work remotely. I moved back home (again) over 1.5 years ago when the Covid-19 Pandemic began to help my parents, as there is no transportation in the community. I love hunting and looking for traditional medicines in our beautiful territory of Treaty 8. I wish to apply what I learned from my Master's Degree in Indigenous Governance to the well-being of our community by serving as a proactive CCP Member. Landuse and all aspects of our SFN Strategic Plan are important to me. I have enjoyed the transparency and open involvement of all members in the CCP process.



### Jaqueline Bay

Tansi, my name is Jacqueline Bay. It is a great honour to serve on the Comprehensive Community Planning Committee. These are exciting and yet difficult days, and it is imperative that we, as a nation, are innovative in how we organize and align our talent and assets. Saulteau First Nation is already a strongly formed entity and it would be a privilege to come alongside to work collaboratively with Chief, Council, and consultants throughout the development of the CCP. My family operates a Mortgage Brokers organization: The Bay Team Mortgage Group. I am the full-time caregiver of my husband, mother of five incredible children and nana to three beautiful grandchildren. Currently, I am procuring my Master of Arts in Business Leadership while also compiling a book centered around hospitality. Often, the topic of Transformational Servant Leadership arises. This is my heart; to serve our community through obstacles and victories. It is my vision to see us stand united and powerful as a nation.

### **Carly Gentry**

Hello everyone, my name is Carly Gentry. I am a member of the Davis family. I live in the Saulteau community with my husband and four children. I am looking forward to the process of developing our Community Comprehensive Plan with our community's input and guidance.

### **Judy Cameron**

My name is Judy Cameron with the Courtoreille Family Group. I am from the Saulteau Nation and also a member of the Treaty 8 Tribal Association. I have been involved with my community for over 60+ years by volunteering for cultural events and for various committees.

I live on the reserve and have family and relatives on reserve. I enjoyed working for SFN which was mainly in the health field from 1991 until my retirement in July 2017.

I joined the CCP Committee to have a say in the well-being of our community moving forward. I have lived here for many years and have seen many changes and feel we can do even better as a whole with the communitys' input when planning for the future of our younger generation.

It is a privilege and honour to serve in the CCP committee and wish everyone successful teamwork.

Kinnanaskomtinawaw!

### Megan Campbell

I am the granddaughter of Austin Davis who is part of the Davis/Desjarlais family and Ethel Courtorielle who is part of the Courtorielle family with the Saulteau First Nations Band.

I spent most of childhood moving around and living with a variety of family groups. Part of my childhood was living on the reservation, where I got a glimpse of what it's like for the youth living on reserve – the pros and cons of living on reserve.

As a current recreation coordinator and working in a variety of roles with Saulteau over the years, I have found that tradition and physical activity is important for youth mental health and overall well being. Giving our future something to be proud of and to let them know we are thinking of them when making the big decisions for our nation.

I am part of the CCP Committee to advocate for our youth and our future. Making sure an equal amount of time is spent on our future as it is on today's considerations.

Cameron Aird

Phyllis Gauthier

# Health Centre



With Dr. Banas away on holidays until September 20th, members in the community needing access to a doctor are advised to reach out to either of these virtual clinics.

Northern Health - Virtual Clinic 1-844-645-7811

FNHA Doctor of the Day 1-855-344-3800

### Warm Welcome





Hello, my name is Rebecca McElwain and I am the new Addictions and Mental Health Community Counsellor. I am very excited to be back working for Saulteau First Nations and look forward to getting to know everyone. I bring with me over a decade's worth of experience working in the mental health field, and nearly half of that time I have been blessed to work on Treaty 8 Territory. I work with adults who struggle with mental health and/or addiction concerns, and I work from a harm reduction perspective. This means that no matter where you are in your healing journey, I am happy to walk beside you, without judgement, in order to help you find mental wellness. I am based out of the Health Centre and am available for one on one counselling appointments and hope to start offering some group programming the near future.

### SAULTEAU FIRST NATIONS

Invites the community to attend our

### **Annual HEALTH AND WELLNESS FAIR**

September 7, 8, 9th 2021

Doors open at 10 am on the 7<sup>th</sup> and 9 am on the 8<sup>th</sup> and 9<sup>th</sup>.

Doors close at 3pm each day

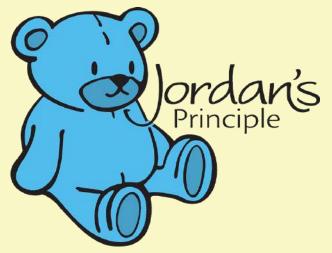
Coffee will be available all day long.

Lunch available for EVERYONE at noon each day.

Door prizes, draws and swag, but most of all, learn about the resources we have available to our community

So far we have the following people/companies confirmed:

- Orchids and Moonlight
- Jenn Casey
- NHA Vax van (so anyone eligible for a covid vaccine can be vaccinated Pfizer and Moderna available, and they will
  vaccinate from 12 years and up. They will be here ONE day only and I will let the community know which day)
- COHI (dental services)
- HR/Naloxone/Safe house information
- Tansi
- Twin Sisters nursery
- Cree Language
- RCMP
- Kaleigh Hillton (New Beginnings Infant/Toddler Program Facilitator & Indigenous Doula)
- HPV Self screening pilot project
- Jordan's Principle
- Both pharmacies
- Northern Health FNHA mobile mental health support
- Chetwynd Rec Center
- Chetwynd Library
- Acupuncture (House of Healing)
- West Moberly First Nations
- Kaylee Labby (Foot care)
- FNHA Benefits
- FNHA STBBI
- Smoking cessation
- OB GYN Dr Sheona Mitchell-Foster
- BC Cancer Agency Mammogram bus



On December 12, 2007, the House of Commons supported a motion that affirms Jordan's Principle, named in memory of Jordan. A federal court ruling in 2013 and Canadian Human Rights Tribunal decision in 2016 means that Jordan's Principle is now law in Canada.

Named in memory of Jordan River Anderson. Jordan was a five-year-old First Nations child from Norway House Cree Nation in Manitoba. He was born in 1999 with a rare disorder that required hospitalization from birth. After spending the first years of his life in a hospital, doctors felt he could receive care in a medically trained family home near the hospital. However, over the next couple of years the federal and provincial governments could not resolve who was financially responsible for the necessary at-home care. After spending over two years in hospital while governments disputed who should pay for his at-home care, Jordan died in 2005 having never been able to leave the hospital and receive treatment in a home.

Jordan's Principle is a legal requirement resulting from the Orders of the Canadian Human Rights Tribunal (CHRT) - it is not a program or policy. There is no end date to Jordan's Principle. While programs and initiatives to support Jordan's Principle may only exist for short periods of time, please be assured that Jordan's Principle will always be there.

Funding can help with a wide range of health, social and educational needs, including the unique needs that First Nations Two-Spirit and LGBTQQIA children and youth and those with disabilities may have.

### WHO IS ELIGIBLE?

All First Nations children 0-19 with an identified need for a publicly funded service or support, regardless of their health or social status, if they permanently reside in Canada and if the child meets one of the following criteria:

- Is registered or eligible to be registered under the Indian Act;
- Has one parent or guardian who is registered or eligible to be registered under the Indian Act;
- Is recognized by their nation for the purposes of Jordan's Principle; or
- Is ordinarily resident on reserve

### **CONTACT:**

Miah O'Neil-Simpson

Jordan's Principle Service Coordinator at Treaty 8 Tribal Association

Cell: 250-262-7615

Office: 250-785-0612 ext. 236 Email: jpsc@treaty8.bc.ca

10233 100 Avenue, Fort St. John, BC, V1J 1Y8



Jordan's Principle will also be at the SFN Health Fair this month!



# LIFE BEYOND ADDICTION



### **Next Meeting:**

September 15th at 7:00PM September 29th at 7:00PM

at the SFN Health Centre

# What vaccines does your child need and when?

Between birth and 6 years of age, infants and children are offered free vaccines that protect them against 14 different diseases:



- Chickenpox (varicella)
- Diphtheria
- Haemophilus influenzae type b (Hib)
- Hepatitis B
- Influenza
- Measles
- Meningococcal
- Mumps
- Pertussis (whooping cough)
- Pneumococcal
- Polio
- Rotavirus
- Rubella
- Tetanus

Some of these vaccines are given as combination vaccines (vaccines that contain more than one vaccine in a single shot), and some are given individually. Combination vaccines are safe and provide the same protection as vaccines given individually, but with fewer shots.

<sup>\*</sup>All Aboriginal children are also offered a vaccine that protects against hepatitis A.

## B.C.'s immunization schedule for infants and young children.

| BC Routine Immunization Schedule INFANTS & CHILDREN  |             |             |             |              |                                  |  |  |  |  |  |
|--|-------------|-------------|-------------|--------------|----------------------------------|--|--|--|--|--|
|  | Child's Age |             |             |              |                                  |  |  |  |  |  |
| Vaccine<br>(Click on the vaccine name<br>to view the vaccine HealthLinkBC file)                          | 2<br>Months | 4<br>Months | 6<br>Months | 12<br>Months | 18<br>Months                     | Starting<br>at 4 years<br>(kindergerte<br>entry) |  |  |  |  |
| DTaP-HB-IPV-Hib<br>(diphtheria: retanis: perussis; Repotitis B, polis:<br>Homosphilis: edisenter type b) | 1           | 1           | <b>V</b>    |              |                                  |  |  |  |  |  |
| Pneumococcal Conjugate <sup>1</sup>  | 1           | 1           |             | 4            |                                  |  |  |  |  |  |
| Rotavirus  | 1           | 1           | 1           |              |                                  |  |  |  |  |  |
| Meningococcal C Conjugate  | 1           |             |             | 1            |                                  |  |  |  |  |  |
| MMR<br>(messies, mumps, rubella)   |             |             |             | ✓            |                                  |  |  |  |  |  |
| Varicella*<br>(chekenpox)  |             |             |             | ✓            |                                  |  |  |  |  |  |
| DTaP-IPV-Hib<br>(diphtheris, betonus, perfossis, polis, Haerraphilus<br>influenzate type b)              |             |             |             |              | ~                                |  |  |  |  |  |
| Tdap-IPV<br>(tetowa, diphtheria, pertusus, polio)  |             |             |             |              |                                  | 1  |  |  |  |  |
| MMRV <sup>1</sup><br>(measies, mumps, rubella, variculta)  |             |             |             |              |                                  | 1  |  |  |  |  |
| Influenza<br>(hoccionia)   |             |             | V           |              | for children 6<br>4 years of age |  |  |  |  |  |
| Hepatitis A* (for Aboriginal children only)  |             |             | 1           |              | ~                                | 4  |  |  |  |  |

### When should my child get vaccines?

For best protection against disease, your child should get vaccinated on time, starting at 2 months of age, and follow the recommended schedule as closely as possible. Childhood vaccines protect against diseases that can cause serious illness, long-term disability, and death. You can find B.C.'s routine immunization schedule for infants and young children here.

Many vaccines require more than one dose to produce immunity and long-lasting protection. Your child should get the recommended number of doses of each vaccine, on schedule, to be fully protected.

Children with chronic health conditions may need additional vaccines or additional doses of a vaccine. If your child has a chronic condition, talk to your doctor or public health nurse about their vaccination schedule.

Learn more about why it's important to follow the recommended schedule here. Do you have more questions about vaccine schedules? We have answers here.

### Where can my child get vaccinated?

Your child can get vaccinated at your local health unit. Some family doctors also give vaccines. Pharmacists can vaccinate children who are five years of age and older. Services vary across B.C.

It's best to book your child's appointment well in advance as clinics book up quickly. This helps to ensure your child is vaccinated on time. Saulteau First Nations Health Center will do these vaccines. Call 250 788 7371 for an appointment.

### Other vaccines available for purchase

In addition to routine vaccines, your child may benefit from getting other vaccines that you can purchase. These vaccines can give your child extra protection against certain diseases. Talk to your health care provider to find out if your child has all the protection they need.

If you're travelling, your child may need travel vaccines to protect them against diseases that are rare in Canada, but common in other parts of the world. You can find information on travel vaccines here.

You can purchase vaccines from travel health clinics, most pharmacies, and some doctors' offices.

### Keeping track of your child's immunizations

If your child was born in B.C., you should have received a Child Health Passport that contains an immunization record. If you did not receive one, you can request one from your health unit.

It's important to bring your child's immunization record with you to every immunization appointment and to make sure your health care provider updates it each time your child receives a vaccine.

Always keep a current immunization record for your child in a safe place. An up-to-date record is especially important if you move to a new province or territory, as there is no national immunization registry. You may need your child's record if you register your child for daycare, summer camp, college or university and some travel.

If your child does not have a Child Health Passport or immunization record card, you can download and print an immunization record card here. There is also a free mobile app that can help you keep track of immunizations. You can find more information about the app at CANImmunize.ca.

If you have misplaced your child's immunization record, you can find tips on locating it here.

# **SFN Diabetes Programs**

#### Diabetic foot care

- Every two months maximum
- Currently provided by Drea Kurjata
- Available in your home ONLY to those with limited mobility
- Otherwise available at the business of Drea.
- Contact Melva at Health Center for eligibility and more information 250 788-7280

#### Fitness challenges

• Contact Megan Campbell 250 556 4237

#### Fitness classes

- Boot camps
- Yoga
- Resistance training
- Pound
- Kayak
- Hiking
- Golf
- Contact Megan Campbell

#### Swim and Gym passes

• Contact Megan Campbell

#### **Nutritional workshops**

- Held at New Beginnings house currently being planned and developed
- Contact Megan Campbell

#### 1:1 personal training

Contact Megan Campbell

#### Community Garden

- Learn how to grow and harvest veggies and fruit
- Contact the Health center 250 788 7280

#### Education

- Currently being offered online (see facebook) and via newsletter delivery
- Ask Heather, Community Health Nurse for details or more information. 250 788 7371
- Pamphlets available at the front door on a variety of topics



# ALL YOU NEED TO KNOW ABOUT THE COVID-19 DELTA VARIANT

#### What You Need to Know

- The COVID-19 Delta variant is spreading fast, in some areas it accounts for almost all new cases
- It is a lot easier to pass on than other COVID-19 strains
- Two vaccine doses reduce the risk of serious outcomes almost to zero
- As the number of fully vaccinated people increases, the number of variants will fall

#### What You Can Do to Protect Yourself and Others

- Get vaccinated!
- Frequent handwashing and mask wearing help stop the spread
- Wear a mask
- Keep 6 feet away from people outside your inner circle
- Keep your social circle to a trusted few
- Stay home when sick

#### **Get Support**

- Your vaccine is waiting for you, if you are over 12 years old
- It's free, and it's safe and so is getting tested
- If you test positive, FNHA isolation supports are available
- If you have any doubts or questions please consult your doctor

To find the nearest drop-in clinic, click on the link: COVID-19 DROP-IN VACCINATION CLINICS





# Facts about Influenza (the Flu)

#### What is influenza?

Influenza, often called the flu, is an acute infection of the upper airway caused by an influenza A or B virus.

Getting sick with influenza also puts you at risk of other infections. These include viral or bacterial pneumonia which affect the lungs. The risk of complications can be life-threatening. Seniors 65 years and older, very young children, people who have lung or heart diseases, certain chronic health conditions or weakened immune systems are at greater risk.

Healthy pregnant women in the second half of their pregnancy are at greater risk of hospitalization following infection with influenza virus.

In Canada, thousands of people are hospitalized and may die from influenza and its complications during years with widespread or epidemic influenza activity.

#### How can you prevent influenza?

You can reduce the risk of getting influenza or spreading it to others by:

- Washing your hands regularly
- Cleaning and disinfecting objects and surfaces that a lot of people touch
- Promptly disposing of used tissues in the waste basket or garbage
- Coughing and sneezing into your shirt sleeve rather than your hands
- Staying home when you are ill
- Getting an influenza vaccine

Getting an influenza vaccine can help prevent you from getting sick with influenza and from spreading it to others.

#### How does influenza spread?

Influenza spreads easily from person to person through coughing, sneezing or face-to-face contact.

The virus can also spread when a person touches tiny droplets from a cough or a sneeze on another person or object and then touches their own eyes, mouth or nose before washing their hands.

An infected person can spread the influenza virus even before feeling sick. An adult can spread the virus from about 1 day before to 5 days after symptoms start. Young children may be able to spread the virus for a longer period of time.

#### What are the symptoms?

Influenza symptoms can include fever, headache, muscle pain, runny nose, sore throat, extreme tiredness and cough. Children may also experience nausea, vomiting or diarrhea. Although infections from other viruses may have similar symptoms, those due to the influenza virus tend to be worse.

Symptoms can begin about 1 to 4 days, or an average of 2 days, after a person is first exposed to the influenza virus. Fever and other symptoms can usually last up to 7 to 10 days, but the cough and weakness may last 1 to 2 weeks longer.

#### What is the home treatment?

If you get sick with influenza, home treatment can help ease symptoms. Follow the self-care advice below:

- · Get plenty of rest
- Drink extra fluids to replace those lost from fever
- Avoid smoking and ask others not to smoke in the house
- Breathe moist air from a hot shower or from a sink filled with hot water to help clear a stuffy nose
- Anti-influenza drugs or antivirals are available by prescription, but these must be started within 48 hours of the start of your symptoms to work best. These will shorten symptoms by about 3 days if given within 12 hours and by about 1.5 days if given within 2 days of the start of symptoms

 Non-prescription cough and cold medications are available for relief of influenza symptoms but are not recommended for children under 6 years old

Acetaminophen (e.g. Tylenol<sup>®</sup>) or ibuprofen\* (e.g. Advil<sup>®</sup>) can be given for fever or soreness. ASA (e.g. Aspirin<sup>®</sup>) should not be given to anyone under 18 years of age due to the risk of Reye Syndrome.

\*Ibuprofen should not be given to children under 6 months of age without first speaking to your health care provider.

For more information on Reye Syndrome, see HealthLinkBC File #84 Reye Syndrome.

#### When should I see a health care provider?

Consult your health care provider early if you develop flu-like symptoms and you have a condition that puts you at higher risk of complications.

You should also call your health care provider if your symptoms get worse, such as shortness of breath or difficulty breathing, chest pain or signs of dehydration (such as dizziness when standing or low urine output).

#### Is it influenza or a cold?

The following table can help you determine whether you have influenza or a cold.

#### For More Information

For more information, see the following HealthLinkBC Files:

- HealthLinkBC File #12a Why Seniors Should Get the Inactivated Influenza (Flu) Vaccine
- HealthLinkBC File #12c Influenza (Flu) Immunization: Myths and Facts
- HealthLinkBC File #12d Inactivated Influenza (Flu) Vaccine
- HealthLinkBC File #85 Hand Washing: Help Stop the Spread of Germs





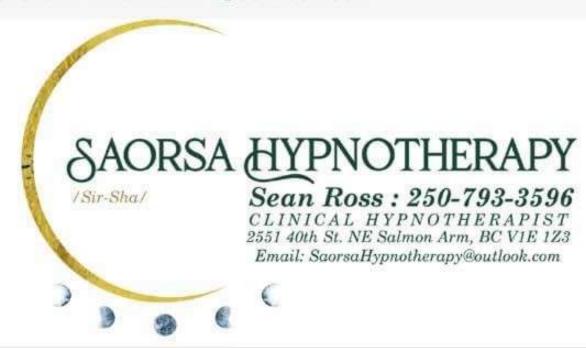
| Symptoms                   | Cold  | Influenza (the flu)   |
|----------------------------|---|---|
| Fever                      | Rare  | Usual, sudden onset 39° to 40°C (102.2 to 104°F), lasts up to 3 to 4 days                           |
| Headache                   | Rare  | Usual, can be severe  |
| Aches and pains            | Sometimes mild  | Usual, often severe   |
| Fatigue and weakness       | Sometimes mild  | Usual, may last 2 to 3 weeks or more  |
| Extreme fatigue            | Unusual   | Usual, early onset, can be severe   |
| Runny, stuffy nose         | Common  | Sometimes   |
| Sneezing                   | Common  | Sometimes   |
| Sore throat                | Common  | Sometimes   |
| Chest discomfort, coughing | Sometimes mild to moderate                              | Usual, can be severe  |
| Complications              | Can lead to sinus congestion or earache                 | Can lead to pneumonia, respiratory failure, and more complications in persons with chronic diseases |
| Prevention                 | Frequent hand washing                                   | Yearly influenza vaccine and frequent hand washing  |
| Treatment                  | No specific treatment is available; symptom relief only | Antiviral drugs by prescription, which can reduce symptoms  |

For more HealthLinkBC File topics, visit <a href="www.HealthLinkBC.ca/healthfiles">www.HealthLinkBC.ca/healthfiles</a> or your local public health unit. For non-emergency health information and advice in B.C. visit <a href="www.HealthLinkBC.ca">www.HealthLinkBC.ca</a> or call **8-1-1** (toll-free). For the deaf and hard of hearing, call **7-1-1**. Translation services are available in more than 130 languages on request.

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ISSUE 8 | 08.25.2021

#### **IN THIS ISSUE**

- Fire Centre Update
- A Day in the Life of a Fire Origin and Cause Investigator
- Go-Getters: The Unsung Heroes in Logistics at the Fire Centre
- Indigenous Forestry Scholarships
- FireSmart's Ember Goes North
- 2021 Contact Information

#### **CURRENT STATISTICS**

Fires to-date: 266

Hectares burned: 123,426

Human-caused: 71

Lightning-caused: 189

Undetermined: 6

#### **BANS AND PROHIBITIONS**

Campfire: No Ban\*

Category 2: In Effect

Category 3: In Effect

Forest Use Restrictions: No Ban

<u>Prohibitions section of bcwildfire.ca for full</u> details.

\* Effective at 12:00 (noon) on Friday, August 27, the Campfire Ban in the Robson Valley will be rescinded.

# **Fire Centre Update**

#### **Exercise caution in areas burned by wildfire**

With the recent downturn in fire activity and ongoing favourable weather, the Prince George Fire Centre (PGFC) has been able to update the status of several fires from *Out of Control* to *Being Held* and, with those changes, begin to rescind some Area Restriction Orders.

While the risk of extreme fire behaviour has diminished, there are many areas across the PGFC that have sustained considerable damage. In areas that have been severely burned, there may be a number of safety hazards present and these hazards may last for two years or more. Hunters, recreationalists and other individuals heading into the backcountry should exercise caution when travelling to, or through, areas impacted by wildfire.

These hazards may include, but are not limited to:

- Danger trees (fire-damaged trees that have become unstable and could fall over without warning)
- Unstable soils and terrain
- Increased potential for landslides or rock falls
- Damaged trails or irregular trail surfaces
- Ash pits (which may be hard to detect and can remain hot long after flames are no longer present)
- Increased water runoff which could lead to flooding
- Damaged fencing which could allow livestock to enter roadways

BC Wildfire Service also reminds the public to check for current Area Restrictions and to use extreme caution in regions where fires are still burning. These are active worksites where fire suppression efforts may be ongoing.

PAGE 2

# A day in the life of a Fire Origin and Cause Investigator

Wildfires in British Columbia are ignited either by humans or natural causes. Quite literally, if it's not one it's the other; but determining the ignition source is a job best left for the experts—'Provincial Fire Origin and Cause (PFOC) Specialists'.

FOC Specialist Nicholas Hamilton is one of five people trained to conduct these investigations for the BC Wildfire Service.

PFOC specialists are required to take Origin and Cause Investigator 2 certification. As they gain more experience they take the Origin and Cause Investigator 1 certification.

Further national courses are developed by the National Wildfire Coordinating Group and endorsed through the Canadian Interagency Forest Fire Centre (CIFFC).

The Origin and Cause Investigator 1 training includes courses from BCWS and courses from the Justice Institute of British Columbia (JIBC).

#### **Origin and Cause Investigator 2 Training**

- FI-210 Wildland fire Origin and Cause Determination
- Two Day Report Writing Session by PFOC **Specialists**
- S-211 The Fire Environment for Firefighters and Dispatchers
- S-212 Fireline Communications
- I-100 Introduction to ICS



#### Origin and Cause Investigator 1 Training

- FI-310 Wildfire Investigation Case Development
- S-390 Intermediate Fire Behavior
- I-300 Intermediate ICS
- JIBC or Equivalent Courses
- INVE 1003 Introduction to Investigative Skills and Processes
- INVE 1004 Enhanced Investigative Interviewing
- INVE 1005 Report Writing for **Professional Investigators**
- INVE 1008 -Testifying in Legal Proceedings and Hearings
- INVE 1013 Forensic Digital Imaging Documenting and Presenting Visual

The training gives Hamilton the tools to assist him in determining the origin and cause of a wildfire.

BC Wildfire Service staff conduct wildfire origin and cause determinations in accordance with internationally recognized scientific standards and protocols. Each one of the general wildfire causes listed below requires the specialist to apply specific investigative techniques to include or exclude them as a potential fire cause.

- Lightning
- Campfires
- Category 2, Category 3, or Resource Management Open Fires
- Incendiary
- **Equipment Use**
- **Railway Operations**
- **Utility Transmission Operations**
- Discarded Smoking Materials (matches, cigars, pipe tobacco, cigarettes and/or marijuana).
- Miscellaneous

If a wildfire is suspected to be human caused, then there are several factors to take into consideration when dispatching a PFOC specialist. The Initial Wildfire Cause Assessment form (FS1405) is a tool that the Fire Centres use to decide if a specialist is needed for a particular wildfire. The Regional Wildfire Coordination Officer (RWCO) or designate considers the following when requesting a PFOC specialist:

## **Initial Consideration for Dispatching** a PFOC Specialist

- If there is significant or political interest
- Claim for losses expected
- Significant damage to crown or private assets

- Originates on private land and damages third party assets
- If an enforcement agency requests or incident commander requests an investigation
- A criminal offense is suspected
- Suspected arson caused wildfire
- Suspected railway caused wildfire
- Significant fire suppression costs

When the PFOC specialist arrives at the wildfire they check in with the Incident Commander (IC). The PFOC specialist speaks with the IC and gathers details concerning the location of suspected general origin area (GOA) and if the IC ensured it was protected. The PFOC specialist confirms with the IC if there were any witnesses onsite upon arrival and if the IC observed any potential evidence at the wildfire scene. The PFOC specialist will ask for the IC's initial photographs of the wildfire and if onsite weather was recorded prior to the specialist arriving. The PFOC specialist will confirm the location of the GOA by observing the advancing macro-fire burn pattern indicators, reviewing the witness information and photographs, the IC's information and photographs and the Air Attack Officer's photographs.

If the BC Wildfire Service FOC specialists conclude that a wildfire was human caused, the file is then referred to Natural Resource Officers from the Compliance and Enforcement Branch.

What is the best thing about his job? Hamilton says, "that each wildfire is different and challenging in its own way, but the scientific process that I have learned is always the same and I can trust it to show me where and how the fire started."

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## The Go-Getters

#### The unsung heroes in logistics at the fire centre

In its simplest form, the logistics section of the BC Wildfire Service (BCWS) are the 'getters' of the organization. From firefighting equipment, fire camps, hotels, food, vehicles, radios, personal protective equipment, contractor support and even port-a-potties—you name it, logistics knows what crews need and how to get it.

Logistics is not a job profile, it is a function of the Incident Command System. This means that the people who are keeping the fireline going are rostered positions, or in simpler terms, they are wildfire employees that step out of their regular day jobs and step up to fill the logistics role on a rotating basis.

Planted squarely in the middle of the organization, the Fire Centre logistics team has to have their finger on the pulse of the business. They receive and coordinate requests from the provincial level right down to the crews in the field. Essentially, logistics officers juggle fire and spin plates on their head, all while hopping up and down on their left foot.

"The most challenging part about logistics is when you've got that many needs or demands from the province, incident management teams, and the zone coming into you at once," says Toni Large, Operations Specialist and often a logistics section officer for the Southeast Fire Centre.



Toni Large, Operations Specialist, is also often a logistics section officer for the Southeast Fire Centre.

It's a sentiment echoed by David Michael, Wildfire Assistant for the Regional Wildfire Coordination Centre and a new logistics officer. "Fire response comes first, it doesn't matter what you're doing, you drop it to help support the crews who are fighting the fire and all the other parts of BCWS that need it," he says.

Being on the logistics team takes a certain kind of person. Ideally, it is someone that has significant firefighting experience, can see both the big picture as well as the details, thinks strategically and is

nimble enough to adapt to changes quickly. "I think about the program, I think about the province. I think about others and the connections of what I am doing," Toni explains. "The connections and the effects our actions, or lack of action, has on everyone involved, from the headquarters levels down to the incident."

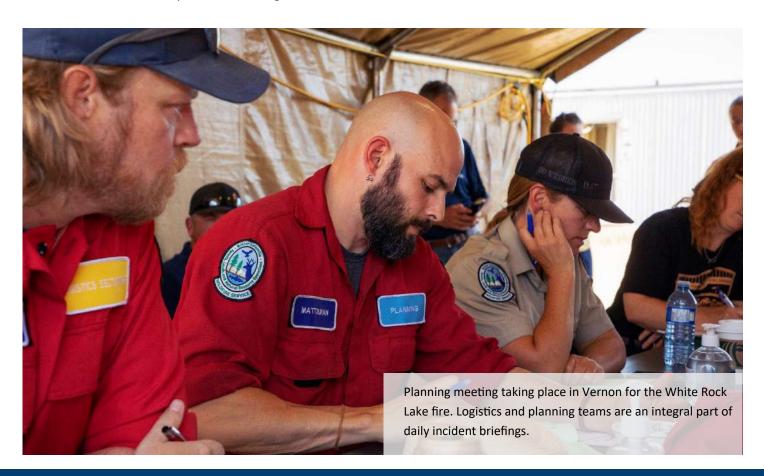
For the firefighters on the line, a strong logistics team can really make or break the day's work, and it isn't always a comfortable job. The logistics section on incident management teams sometimes have to juggle a variety of demands from a trailer in the middle of the wilderness, like David Michael experienced as a crew leader.

"We were in the Yukon on an incident and it was incredible to see the logistics team get their work done," David says. "We were in the middle of nowhere, we would request something and that

afternoon it would show up. I have no idea how they got it, but it was pretty impressive to see them work and just get it done. It's cool that now I get to be a part of logistics."

Logistics may not always be sunshine and lollipops, but for the people that join the team, it can be very rewarding work.

"Having 28 years in fire, I am no longer that frontline fire fighter, but to see those new people getting those experiences is pretty cool—just to be a part of it," reflects Toni. "You may not get the glory of going to the fire. You don't get to be seen on the news going off to deployment on a plane . . . but you were part of getting those people there and making sure they have all the stuff they need. You know, that's pretty rewarding for me to know that we just got our resources out the door where they were needed."



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# New scholarships available for Indigenous forestry students

Thinking about a career in forestry? Additional scholarships are now available for First Nations, Inuit, or Métis Descent students enrolled full-time in forestry programs due to a new partnership between BC Wildfire Service (BCWS) and the BC First Nations Forestry Council's Indigenous Forestry Scholarship Program (IFSP).

Heather Fehr, First Nations Engagement Officer with the BC Wildfire Service, said, "This is a great opportunity for our organization to learn from students with emerging concepts of land management and increase Indigenous involvement with wildfire prevention and operations."

For those who are considering a forestry career, the timing is right. The 2018 Ministry of Advanced Education Skills and Training Labour Market Report identified over 2,000 forest technician and administrative positions requiring replacement by 2028. The BC First Nations Forestry Workforce Strategy was also developed as a long-term initiative to increase First Nations participation and success within the B.C. forest sector.

The scholarships support recipients' education and living costs, including books and field supplies. Successful candidates are required to participate in paid summer work placements. BCWS will also provide a mentor throughout the school year.

Joe Daniels, a student from Gitxsan Nation and the 2019 recipient of the Indigenous Forestry Scholarship hopes to see more opportunities awarded to Indigenous students in forestry:

"In realizing the potential for conflict between traditional knowledge holders and industrial professionals, I feel like it is my duty to develop the skills necessary to bridge the gap between those two worlds by increasing the capacity of Indigenous leadership in land and resource management."

Applications are now open! For more information, please visit: www.forestrycouncil.ca/cpages/IFSP



Salish Unit Crew. The crew was founded in 1990 out of the Coastal Fire Centre on the territory of the Coast Salish. The Indigenous Unit Crew Program has been a part of BC Wildfire Service since 1988.

# Wildfire

# **Prince George Fire Centre**

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# **Ember Goes North!**



FireSmart's Ember Fox made her debut at two engagement events in the north this August. Ember is pictured here with BCWS personnel, an industry partner and a member of Fort St. John fire department

## **Engage with Ember and FireSmart BC**

FireSmart BC is a provincial program committed to educating British Columbians on the risks of wildfire and ways to mitigate their impact through the implementation of both homeowner- and community-based solutions.

The <u>FireSmartBC website</u> provides practical information about the program, including courses, guides, home assessments and information on how to become a FireSmart Recognized Neighbourhood.

Check out this video for an introduction to FireSmart BC!

# **BE PREPARED FOR AN EMERGENCY**

There are a number of resources available to assist you in planning for an emergency. Visit any of the sites below for more information:

BCWildfire.ca

PreparedBC.ca

FireSmartBC.ca

EmergencyInfoBC.gov.bc.ca

#### FIRE INFORMATION LINE

1-888-3FOREST

1-888-336-7378

For the most up-to-date information, visit the Wildfires of Note page.

#### REPORT A WILDFIRE

1-800-663-5555

\*5555 on a cell

#### **CONTACT INFORMATION**

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