



Saulteau
FIRST NATIONS

J A N U A R Y
2021
Newsletter

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Happy Birthday



Juritha Owens
Quanah Napoleon
Julian Napoleon
Auntie Mert Napoleon
Uncle Stan Napoleon
Nadine Napoleon
Uncle Ernie Napoleon

Much love from your family, we wish you a safe and healthy 2021!

From Naomi Owens-Beek

Logan Richter

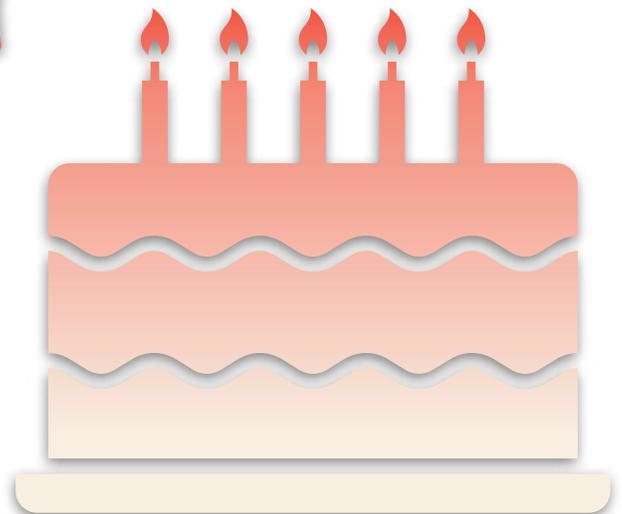
Wishing my girl a Happy 21st birthday on January 14th! Love mom & dad

From Tonia Richter

Nancy Anderson

Happy birthday mom!
Love your kids and grand-daughter

From Elisha Anderson



Holiday Parade “Thank You”



Happy New Year!

We wanted to say “thank you” to the SFN community and staff for your patience during the busy holiday season. This has been a learning experience for everyone during this difficult time in the world and we can’t thank you enough.

Thank you to everyone for facilitating the holiday parade in December, and thank you to the community for the positive reception.

Special thank you to *Paula Gammie* for taking time to get the gifts and turkeys arranged, and *Jerri Morine* for getting the hams and elders festive goodie bags. This couldn’t have been done without you!

Thank you to the finance team for your work and contribution over the holiday closure!

“Patience is not the ability to wait... it is the ability to keep a good attitude while waiting.”

facebook.com/saulteaufirstnations

Health Centre



Saulteau Health Care Services

Call (250) 788-7266 or (250) 788-7258 to book an appointment with Dr. Banas.

COVID Support

COVID-19 Self-Assessment

Use the BCCDC COVID Self-Assessment Tool to determine whether you require a COVID-19 test. Visit bc.thrive.health

OR call:

Health Link BC 8-1-1

8-1-1 is a free-of-charge provincial health information and advice phone line available in British Columbia. You can speak to a health service navigator, or directly with a registered nurse, a registered dietitian, a qualified exercise professional, or a pharmacist.

Northern Health COVID Clinic

If you are experiencing symptoms of COVID-19, please call the COVID Line to arrange for a test at +1 (844) 645-7811

Emergency Services

9-1-1 or Chetwynd Hospital Emergency
for Emergency Services

Poison Control Centre +1 (800) 567-8911

MASKS

- Three-layer fabric masks with the Saulteau First Nations logo have been received.
- As you can see, they are available in pink or charcoal grey.
- Sizes available are small to extra large.
- There are enough for every band member to have ONE.
- You can get yours by contacting MELVA at the health centre. Melva currently works at the Health centre on Wednesdays and Thursdays. Phone 250 788 7280.
- Keep in mind that due to current closures and contact restrictions, it might take a while and a bit of planning to get your mask.



What you need to know about the COVID-19 vaccine for Canada

Working to bring Canadians a safe and effective COVID-19 vaccine

Vaccination is one of the most effective ways to prevent the spread and reduce the impact of infectious diseases, whether it's seasonal flu or childhood infections. A safe and effective vaccine(s) for COVID-19 will protect us against the novel coronavirus and will be an important step to safely resume normal life in Canada and around the world. The Government of Canada is working on all possible fronts to secure access to safe and effective vaccines and related supplies for Canadians. Here is what Canadians need to know about a future COVID-19 vaccine.



Only vaccines that are safe and effective will be approved for use in Canada. Canada is recognized around the world for its high standards for [drug and vaccine review, approvals](#) and [monitoring](#) systems; these will not be compromised. The Government of Canada has gained real-time access to manufacturer clinical trial data for the most promising vaccine candidates, and is working with the global regulatory community to make sure COVID-19 vaccines are safe and effective before regularity approval is granted.



A vaccine will be available to everyone. Because of the unprecedented global funding and collaboration, more than 150 vaccine candidates are being researched around the world at this time. The Government of Canada is [investing in made-in-Canada research and has already made advanced purchase agreements](#) of many hundreds of millions of doses of the most promising vaccine candidates from around the world. This will give Canadians access to safe and effective vaccines as soon as they are ready. Not all vaccines will make it past the finish line, so that's why we are purchasing in advance a number of the most promising vaccine candidates. Health Canada is focusing on [reviewing and approving](#) COVID-19 vaccines as quickly as possible, while ensuring that they are well-studied and safe.



Because there will be limited quantities at first, once a vaccine is approved for use, key populations will need to be prioritized. We expect to have a limited supply of just a few million doses in the early weeks and months once Health Canada approves a vaccine(s) for use in Canada. That means governments will work together and continue to seek input from independent experts, like the [National Advisory Committee on Immunization](#) (NACI), to make decisions about how to prioritize vaccination. This will allow us to make the most impact by protecting high-risk populations and those who help keep our pandemic response, society and economy running. When there are enough vaccine(s) available, the vaccination program will be expanded.



Government
of Canada

Gouvernement
du Canada

Canada



Building up immunity takes time. One dose of vaccine may not be enough to provide individual protection. You may need to get a second shot to allow your body to develop adequate immunity. We don't yet know what level of immunity in the population is sufficient to achieve [community immunity](#). Until that time, Canadians should continue to wash their hands, [stay home](#) when sick, maintain [physical distancing](#), [wear a face mask as appropriate](#), and keep using good [cough](#) and [surface](#) hygiene.



COVID-19 vaccines will be free. As more vaccines are made and distributed, we expect to be able to offer free vaccination to every Canadian who wants one. We know that we live in a global community, so we have committed to making sure [low and middle-income economies around the world will also have access](#) to safe and effective COVID-19 vaccine(s). Until we're all protected, we're still at risk of a resurgence of illness from COVID-19.



Vaccination is a choice you should make to protect yourself, your family and community. Vaccination is a [personal choice](#) that the vast majority of Canadians agree is part of good health and important for prevention of serious disease.



We are committed to working with Canadians and keeping you informed. Things are bound to change, and so too will our approaches. We will rely on Canada's well-established public health system, the expertise and insights of researchers, health professionals, industry, community leaders and Indigenous knowledge to guide us through this journey to bringing Canadians a safe and effective COVID-19 vaccine. You can stay up to date by visiting [Canada.ca/coronavirus](#) and trusting [credible sources](#) of information.

We can all do our part in preventing the spread of COVID-19. For more information, visit

[Canada.ca/coronavirus](#)

or contact 1-833-784-4397

Jan 2021 Health Promotion education - BURNS AND FIRE SAFETY

Heat – whether flame or liquid – electricity and chemicals can all cause burn injuries. House fires are the main cause of deaths from fire burns, but children are more likely to be hospitalized for burns after contact with steam or hot liquids (scalds), including tap water.

Children are at high risk for burns because their skin is thinner than an adult's skin. For instance, young children's bathwater should be no hotter than 38 °C even though the recommended standard temperature for household hot water is 49 °C.

A child's skin burns **four times more quickly and deeply** than an adult's at the same temperature.

Burns from fire

From 2010 to 2014, an average of 110 Canadians died yearly from burns suffered in a fire and ten times that many people were hospitalized from fire-related injury yearly in the same time period."

Source: Statistics Canada

Serious burns can have long-term consequences

- Burn victims often must have many skin grafts and may have to wear compression garments for up to two years.
- Many are left with disfigurement, permanent physical disability and emotional difficulties.
- Burns in children have the added complication that, because children continue to grow, they are likely to have scarring and contracting of the skin and underlying tissue as they heal.

Safety tips to reduce the likelihood of burns in your home

Smoke detectors save lives

The risk of fire-related deaths is 50 per cent lower in homes with at least one functioning smoke detector.

Install home fire extinguishers

While these have limited ability to control a fire, and are not a substitute for calling the fire department, they can extinguish a small fire.

Make sure to install your extinguishers:

- In plain view
- Above the reach of children
- Near an exit route
- Away from stoves and heating appliances

Ideal locations for extinguishers:

- In the kitchen
- In the workshop
- Upstairs if you live in a multi-storey dwelling
- At the top of the basement stairwell



There are several varieties of extinguishers, each designed to fight a different kind of fire. [Learn more about the kinds of extinguishers, how to operate them and their limitations through these tips provided by the City of Toronto.](#)



Consider not using candles

They are one of the most common causes of household fires. If you do use candles, place them in sturdy holders that aren't likely to tip and place them away from any flammable materials, such as curtains or tablecloths. Remember to extinguish them when you leave the room. You can also use battery-operated flameless candles.

Hazards to manage if you have children in your home

Gas fireplaces

Keep your child away from gas fireplaces. The glass barrier on your gas fireplace can heat up to over 200 °C (400 °F) in about six minutes during use. It takes an average of 45 minutes for the fireplace to cool to a safe temperature after the fire is switched off.

Place a barrier around your gas fireplace. Install safety gates around the gas fireplace or at doorways to the room that has the fireplace. Young children under five years of age, and especially those under two years, are most at risk. When young children begin walking, they often fall. Hands and fingers are burned on the glass and metal parts of the door as young children raise their arms to stop their fall. Also, young children are attracted to the flames and want to touch them.

Supervise your child. Never leave a young child alone near a fireplace; they can be burned before, during and after use of the fireplace.



Teach children about the dangers of fire, and supervise.

Teach your child the dangers of fire but teaching alone will not prevent your child from an injury. Young children, especially toddlers, may know a safety rule but will not necessarily follow it.

Lighters and matches

- Keep lighters and matches out of your child's sight and reach.
- Use child-resistant lighters.

Protect your child from scalds

Hot water or other liquids can burn skin as badly as does fire and scalding is a particular risk to young children with their thin skin. In fact, young children under the age of five suffer 60 per cent of scald injuries seen in emergency departments. Here's how to lower the risk of your child being scalded.



Keep your child away from hot liquids

Spilled tea, coffee, soup and hot tap water are the leading causes of this injury. Take extra care not to spill hot liquids while drinking or carrying them around your children.

Reduce the hot water temperature in your home to 49 °C (120 °F)

Hot tap water could seriously burn your child. Tap water causes nearly one-third of scald burns requiring hospitalization. Many Canadian homes have hot water set at 60 °C (140 °F). This can cause a third-degree burn on your child's skin in just one second. [For more information and how to check the hot water temperature, visit our page on hot tap water.](#)

Keep your child safely out of the way when you are cooking

In a matter of seconds, hot liquids could fall on your child and burn them badly.

- Put your baby or toddler in a high chair or playpen to keep them away from the food preparation area, especially the stove.
- Make sure preschoolers stay seated at the kitchen table or out of the way while you are cooking.
- Use a safety gate to keep your children out of the kitchen when cooking.
- Cook on the back burners and turn the pot handles toward the back to prevent your child from being able to reach the pots and tip them.

Keep cords from your kettle and other appliances out of your child's reach

Your child could pull at the cords hanging over the edge over the counter and scald themselves with hot water from the kettle.

(Adapted from <https://parachute.ca/en/injury-topic/burns-and-scalds/>. Available on NHA website under "Health topics"). Contact Heather, Community Health Nurse, for further information if needed. 250 788 7371.



New Beginnings House

Kaleigh Hillton – Infant/Toddler Program Facilitator & Indigenous Doula

New Beginnings House

Khillton@saulteau.com

(403) 849-1997

What is a traditional Indigenous doula (traditional auntie)?

A *doula* provides emotional, physical, and spiritual support for expectant mothers and their families during pregnancy, labor, and the postpartum period.

Building on the role of the traditional Auntie, Indigenous doulas can assist in honouring traditional and spiritual practices and beliefs associated with maternity care and support the language and cultural needs of the woman and her family.

Additional benefits of the continuous, supportive care that a doula provides during pregnancy, labor, and the postpartum period include:

- Ensuring the expectant mother and her family feel comfortable and supported and fully understand their maternity care decisions;
- Assisting her and her family to communicate their expectations, hopes, fears, and any concerns about the birth of their baby;
- Holding space and supporting her to find her strength and place of power in giving birth;
- Encouraging and providing reassurance to her partner and family, so they feel more confident in being involved in providing support;
- Helping to create an ideal atmosphere for the birth, breastfeeding, and attachment/bonding between the baby and her and other family members;
- Providing the new mother and her family with emotional support and information following the birth, in the home and in the community; and
- Connecting and referring the mother and her family to additional supports if needed.

Social Development

SA Day is January 20, 2021.

Declarations can be completed between the dates of January 11-14, 2020 by calling (250) 788-7286.

Lunch Program

Lunch Program will be **Tuesday January 12, 2021** and continue every 2 weeks.

Pick up for Lunch Program will be at the Family and Social Development Building from 10 am to 12pm. If you are unable to pick up at that time please call the Centre (250) 788-7367 to make other arrangements.

Recreation

Megan Campbell - Recreation Program Facilitator
mccampbell@saulteau.com

January 12th – Night Snowshoe – Headlamp required! Snowshoe supplied, if needed.
Going up Moberly Hill for a snowshoe. 6 – 8 pm Age 12 and up, younger than 12 requires an adult.

January 18 – Dual Health Challenge

Plan: Encourage members to team up in groups of two and support each other through a 3 month challenge. Weekly check ins from both members will be required and I will be support for any workouts, nutrition, or health support for the team. January 18 – March 22.

January 23rd – Powder King Trip

10 spots available for PK Trip and 5 spots available for bus.
Snowboard coach available (myself) during the day. All COVID rules must be followed. Members must bring their own lunch and winter gear. Must register with Megan before January 18th. All day trip.

January 25th – 50/50 Workout!

Pound Fitness and Yoga Core Focused Class 6 – 7 pm (Zoom Call)

January 30th – Snowshoe

During the day for those who are busy during the week 11- 1pm Age 12 and up, younger than 12 requires an adult.

Cultural

Tylene Paquette - Cultural Connections Coordinator
tpaquette@saulteau.com
(250) 788-7365

Cree words:

Niya - me

Kiya- you

Wiya - him/her

Niyanan - us (ex)

kiyanaw - you (all of you)

Wiya waw - them

Practice over and over, try to use them as much as you can.

Call Out to Elders

Interested in a new way of teaching?
Step out of your comfort zone and try something new.
But still use the old ways.
Pihitkwe (come in) let's talk.

Contact:

Tylene Paquette - Cultural Connections Coordinator
(250) 788-7365

New Beginnings Program House

New Beginning's program house is to support Saulteau families that reside on/off reserve in the local area. Our goal is to introduce programs for parents and children that will reflect their culture and be responsive to their needs.



Our team:

Debra Trask- Crisis Cultural Advisor 250-793-3836

Fiona Groves- New Beginnings House Family Facilitator 250-401-1071

Megan Campbell- Rec Coordinator Facilitator 250-556-4237

Kayleigh Hillton – Infant/ Toddler Program Facilitator/ Indigenous Doula 403-849-1997

We at the New Beginnings House will be reaching out to families the best way we can during Covid-19 safety for all families of Saulteau First Nations. Watch for all upcoming events as they will be posted through SFN communication site with the team members in charge and sign-up contact info

January 2021 program events

- Pre-Natal yoga
- Celebrate hot chocolate day
- Make edible playdough
- Partner health challenge
- Powder king trip
- Night snowshoe
- Indigenous doula on site
- Door dash crafts
- 50/50 Workout



SAULTEAU FIRST NATIONS

Powder King Trip

Only 10 Passes Available for January 23 Trip

Must know before reigistering

- Must have face mask while on the hill
- Must bring your own winter gear - prepare to be outside all day
- 12 years or younger, must be with adult
- Must follow Powder King Safety Rules - Check the pk webpage
- SFN will not cover food nor rental cost
- No trasportation at this time, this may change as we adjust to new policies and procedures within SFN community.
-
- If you are not feeling well, please wait until our next pk trip to join us - Thank you.

For those who sign up and do not show, will have to pay a fee for next pk trip.

JANUARY 23, 2021
ALL DAY EVENT.
ONLY 10 TICKETS AVAILABLE

Contact Megan to register:
mcampbell@saulteau.com



1st Place: \$1000

2nd Place: \$500

3rd Place: \$250

Worth of prizes to be
won!

2021 SFN HEALTH CHALLENGE

January 18 - March 22, 2021
New Year; New Challenge

Heres what you need to know

- This challenge will be a team effort, so find a partner!
- I need three goals from each of you, submitted when you register with me.
- Bi-weekly Check ins will be required from both participates

Questionnaire will be sent to those registered to submit back to me each check in.

Winners will be determined by commitment to bi-weekly check ins and achievements as a team.

This year's challenge is an opportunity to connect and support one another while keeping accountability

To register or questions please contact Megan
250 - 556 - 4237 or Email
mcampbell@saulteau.com
Spread the Word!

EDIBLE PLAY DOUGH FOR INFANTS AND TODDLERS



New Beginnings House Event
Available January 13th – 19th

Kaleigh Hillton
Infant/Toddler Program Facilitator & Indigenous Doula
Call: [403-849-1997](tel:403-849-1997) or email Khillton@saulteau.com

Please call for your order.

Pick up is required.



JANUARY 2021



MUSKOTI LEARNING CENTRE EVENT'S CALENDAR



SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4  School Open	5  Welcome Back Breakfast	6	7	8	9
10	11	12	13  Snowshoe & Chaga Harvest	14	15	16
17	18  Candle Making	19	20	21	22	23
24	25	26  Process Chaga	27	28	29	30

★ For event times please phone (250-788-7368) or check in the classroom - dates & times may vary depending on weather/attendance.

Muskoti Primary Program

Field Trip Safety Plan

- there are 10 students and 3 Teachers
- before students/Teachers go on the bus a Daily Health check for each person is completed- see attached
- individual assigned seats for students/Teachers
- temperatures will be checked and hands sanitized before entering any buildings
- two metre distance will be maintained by students.
- masks will be worn in and out of the building as well as on the ice
- our Bus Driver will remain in town with parent contact info and students can sit with them until parent arrives if necessary due to student feeling ill

TREP & Lands



The BC Wildlife Health Program is looking for help from wildlife professionals, wildlife enthusiasts and the general public with observations of hair loss caused by “Winter Ticks” on moose throughout the province. The Moose Winter Tick Surveillance Program wants to collect observations to monitor the number of animals with hair loss and the amount of hair loss on each animal to estimate winter tick prevalence and distribution. This program occurs on an annual basis. Winter ticks are a significant parasite for moose populations and can contribute to moose declines in parts of their range, including BC. So, it is an important health factor to monitor, particularly with climate change and alterations to moose habitat. The findings of the surveillance program will contribute to the Provincial Moose Research Program, which was initiated in 2013 to investigate factors influencing moose populations in BC.



Moose Winter Tick

BC WILDLIFE HEALTH PROGRAM—WINTER TICK SURVEILLANCE



5 CATEGORIES FOR AMOUNT OF HAIR LOSS—have you seen this?



1. NO LOSS

to hair coat

2. MILD

5% - 20% loss or damage to hair coat (neck and shoulders)

3. MODERATE

20% - 40% loss or damage to hair coat

4. SEVERE

40% - 80% loss or damage to hair coat

5. GHOST MOOSE

>80% loss or damage to hair coat



Survey period January 1 to April 30

For more information, please contact us at FLNRMooseTickSurvey@gov.bc.ca

Please return this form via email to FLNRMooseTickSurvey@gov.bc.ca

The BC Wildlife Health Program is asking for observations of moose winter tick. All observations of moose should be recorded using this form for consistent data collection. This observation record is important to Ministry Wildlife staff as it will allow us to develop an index of moose tick infestations over time. Your assistance is greatly appreciated.

SECTION 1: PLEASE FILL IN ALL INFORMATION ON MOOSE OBSERVATION

DATE: YYYY/MM/DD	TIME	NEAREST CITY OR LANDMARK
<input type="text"/>	<input type="text"/>	<input type="text"/>

LOCATION OF OBSERVATION: (PLEASE BE AS SPECIFIC AS POSSIBLE; I.E COORDINATES, FOREST SERVICE ROAD KM MARKERS, INTERSECTIONS OF ROADS, ETC.)

SEX	AGE CLASS	BODY CONDITION
<input type="radio"/> MALE <input type="radio"/> FEMALE <input type="radio"/> UNKNOWN	<input type="radio"/> CALF <input type="radio"/> ADULT	<input type="radio"/> POOR <input type="radio"/> MODERATE <input type="radio"/> GOOD <input type="radio"/> EXCELLENT

SECTION 2: CHECK THE BOX BELOW TO DESCRIBE THE AMOUNT OF HAIR LOSS (FOR CARCASSES - SEE SECTION 3)

IF BOTH SIDES ARE VIEWED, THE MORE SEVERELY INFESTED SIDE SHOULD BE RECORDED



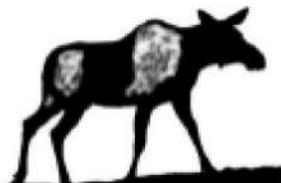
NO LOSS: Normal haircoat. No obvious indications of tick infestation.



SLIGHT LOSS: Few small patches of hair loss. Tick infestation affecting 5–25% of winter hair (lost or broken at or near skin level).



MODERATE: Large patches of hair loss. Tick infestation affecting 25–40% of winter hair.



SEVERE: Significant hair loss on shoulders and hind quarters. Tick infestation affecting 40–80% of winter hair.



GHOST: Hair loss over most of body (except head). Tick infestation affecting over 80% of winter hair.

SECTION 3: FOR CARCASSES ONLY: CHECK APPROPRIATE BOX TO DESCRIBE TICK ABUNDANCE

- Light tick abundance (<100 swollen ticks on head and neck)
- Moderate tick abundance (100–1000 swollen ticks on head, neck, shoulders)
- Heavy tick abundance (1000+ swollen ticks everywhere)

INSTRUCTIONS FOR DOWNLOADING THE SMARTPHONE/TABLET APP:

Please use one of the following methods to download the app onto your device. This app uses ESRI (Environmental Systems Research Institute, Inc) software. ESRI is a well-known company based out of Toronto that develop and deliver GIS (Geographic Information System) services and solutions. See more at: <http://www.esri.com/products/survey123> OR <https://esri.ca/en/company/about-us>

This year you do not require a username or password to use this app and complete a survey. Please ensure you have the updated version of this app, if you used it last year.

How to download the app:

1. On your **iOS Products** including Apple iPhone and iPad, open the App Store and search for "Survey123" by ESRI.

OR

On your **Android device** (Samsung, HTC, LG, Motorola, Nexus and Sony Products), open the "Google Play Store" App and search for "Survey123" by ESRI.

2. Download the app, but do not open it yet.
3. Click on the following link.
<https://arcgis/DLHOO>
4. Follow the prompts.
5. You should now be viewing the survey form. For more information on the interactive map please read **Using The Interactive Map**, in this email.

APPLE USERS: For initial setup, a notification should pop up asking for the app to use your location services. Please accept this as it makes the map more functional.

If you have issues downloading or using the app for the Moose Winter Tick Survey 2021, please contact us at:

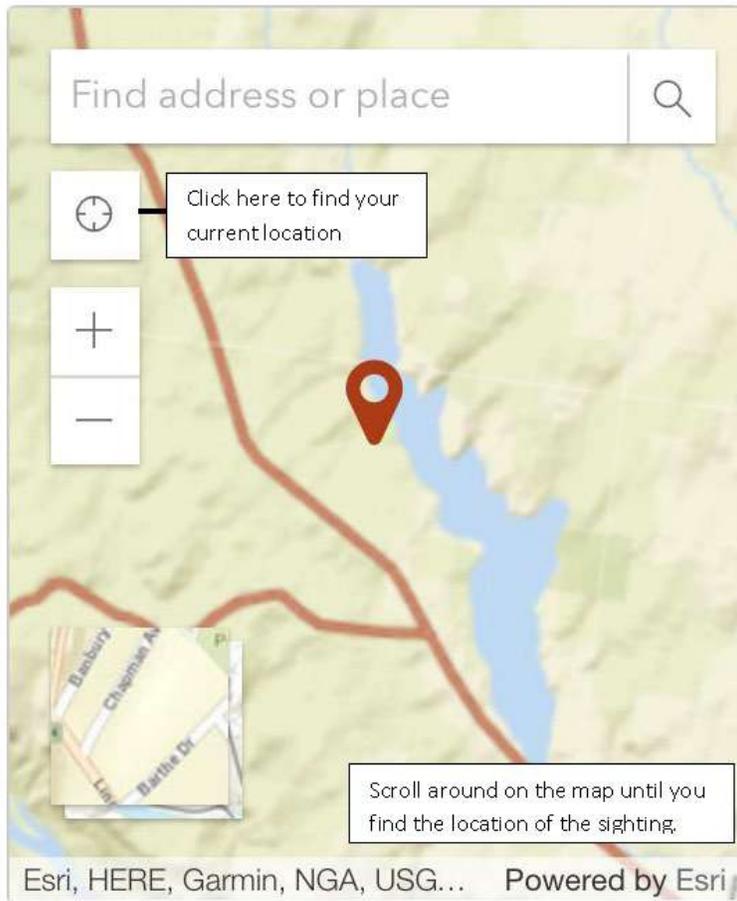
Phone: 250-787-6102

Email: FLNRMooseTickSurvey@gov.bc.ca

Using The Interactive Map

This is probably one of the best features about this app! Not only will it find your current location by pressing the target button, but you can also click on the map itself and move the pin around to the location the moose was spotted if filling out the form at a later time.

Location



Decimal Degrees

latitude (x.y °)

56.34511316

longitude (x.y °)

-121.0365201

Quarterly Report (3rd Quarter)

October to December 2020

The following is a re-cap of Lands Activities over the past quarter.

October

- New Office Building
 - TREP Staff relocate to new office building
 - TLC setup network (phones/computers)
 - Sort through old files
- Lands Budget Review
 - Estelle/Teena/Naomi/Ingrid/Mary
 - Review income/expenses for 1st/2nd quarter
 - Present to C&C/Estelle
- FNHA- Climate Change/Community Health Proposal
 - Compass review and discussion of proposal/history
- 2 Week Office Isolation Closure
 - Oct 20-Nov 3, 2020 (Work from Home)
- ISC – Capital Works (Oct 21, 2020)
 - Introductory meeting (new ISC Rep- Sam Quesnelle)
 - Discuss Capital Items:
(Admin Bldg, Insulation, Covid Re-structuring, Backup Generator, Subdivision Development)
- Virtual Comprehensive Community Planning Workshop (Oct 20-23, 2020)
 - Oct 20 – Introductory Session- Graphic Recording
 - Oct 21- CCP Basics
 - Oct 22 – Community Care Through Planning
 - Oct 23- Communications and Engagement
- Land Use Planning (Self Training)
 - Reading and Note Taking – Module 1
 - Land Use Planning (General Information)
 - Community Land Use Planning Toolkit
 - Introduction to Land Regimes Toolkit
 - Land Management Manual



November

- 2020-2021 Lands Workplan (Revisions Required- Updated)
- 2019-2020 Annual Lands Report
 - incorporate quarterly report data
 - report required for auditors/membership
- Ice Rink Development
 - Recreation Department Coordinated (Megan Campbell)
 - Assist with Site Selection
- Land Use Project Management Planning Workshop
 - Virtual Workshop presented by **Environmental Project Management & Sustainability Solutions**
 - Nov 10-Dec 3/20 (Every Tuesday and Thursday- 11am-2pm)
 - Define a project and the 5 phases of its life cycle
 - Explain a Project Proposal and a Project Charter
 - Define the SMARTS Objective of a project
 - Create a DBS/WBS
 - Build a Precedence Network Diagram
 - Determine the Critical Path of a project
 - Identify key aspects of a Stakeholder Management & Risk Assessment
- ISC- Bill S-3 Discussion Webinar
 - 2015 Descheneaux Case (provisions of the Indian Act violated equality rights)
 - Responses: Legislative amendments (Bill S-3) Amend the Indian Act
 - came into force December 2019
 - Removal of 1951 cut off (sex-based inequalities) ie: women marrying non-aboriginal men
 - Amendment affects category/numbering system (*category amendments)
 - * 6(1)c to 6(1)(a.1)
 - * 6(1)(c.3) to 6(1)(a.2)
 - Identified remaining inequalities:
 - Enfranchisement
 - Scrip
 - Second Generation cut off
 - Voluntary Deregistration
 - Section 10 Membership issues
- “Kind to Your Mind” - Indigenous Focused Free Webinar – (Nov 18/20)
 - energetic and supportive approach to mental wellness.

December

- “Resiliency and Rising” – Community Slideshow Project
 - Solicit request for pictures from Community (Poster/Emails/FB Messenger)
 - Work with Jesse (communications) in collaboration of project
 - Project debut- December 17/20

- First Nations Market Housing Fund- Capacity Development Funding
 - Funding application to assist in CCP Update
 - submitted Dec 17/20
- Community Grocery and Gift Delivery (December 9/20)
 - sort and organize groceries
 - Delivery
- Rapid Housing Initiative (Housing)
 - assist housing in preparing lot coordinates for selected locations in Onion Hill Subdivision
- First Nations Land Advisory Board
 - arrange zoom call between Chief Louie, C&C, James Hickling, Jackie Brown
 - Meeting scheduled for December 21st
 - **LABRC support SFN in their application for Framework Agreement**
 - **James H forwarded letter on behalf of SFN to ISC Lands Modernization Dept.**
- Groundwork Indigenous Land Laws Research Program
 - introductory zoom call scheduled for January 21/21 (UVIC, T8TA, C&C, Lands)
- Lands Workplan for 4th quarter
 - Update priority projects for the New Year (4th quarter)
- Hamper Pickup/Delivery for SFN- Dec 19th/20th
- BC Hydro Cabin
 - Arrange zoom meeting with TREP team/Estelle to discuss future site of gifted Cabin
 - Team selected Carbon Lake Lodge as permanent location
 - Cabin is geared more for seasonal use

Moving Forward: 4th Quarter Workplan Projects

- **Land Advisory Board- Approval and Development of SFN Land Code**
- **Comprehensive Community Plan (CCP) – Update**
 - **Funding application via First Nations Market Housing Fund**
- **Community Land Use Plan – Update**
- **Economic Development Land Use Planning**
- **Indigenous Land Laws Research- UVIC/T8TA**
- **Organics Diversion (Organic Waste Processing Facility- On-reserve)**
- **Cemetery Planning Group (Lakeview, Hillside Locations)**
- **Lot Applications**

Should you wish to discuss any of the aforementioned, please feel free to contact me via email: mdoyle@saulteau.com or tel: 236-364-2012

Happy New Year!!

ASKI RECLAMATION LP

CALLING ALL BAND MEMBER OWNED BUSINESSES

*We are looking to update our list of
available businesses for subcontracts*

**PLEASE SEND AN EMAIL TO
INFO@ASKILP.CA WITH THE FOLLOWING
INFORMATION**

- Company Name
- Company Representative
- Contact Information
- List of Services
- Location of Services
- Business and WCB Number

By submitting this information you are not guaranteed work, this is just to gain an updated idea of what services are available within the Nation. Aski Reclamation will follow the Subcontracting Policy as approved by Mistahiya Development Corporation and SFN Chief and Council

Fibre Internet



Saulteau First Nations

Fibre to the Home

Payments

- All payments are made at Saulteau First Nations reception.
- Due to the current global conditions, we do require an appointment to come make payments.
- Please call (250) 788-3955 to book an appointment.

Support

- For support with SFN FTTH, please call +1 (888) 622-2879
- Saulteau First Nations cannot override billing.

Cancellation

- Customers wishing to cancel their services must provide a written or emailed cancellation request to reception.
- This information must include: name, phone number, physical address, along with the cancellation request.
- Customers who stop paying their bills are still being charged until this request is received.
- Any monies owing at the end of cancellation are still to be paid.

Note: In order to be reconnected to services, balance owed must be paid as well as a \$150 reconnection fee.



Employment Opportunities



Here are some open positions available with Saulteau First Nations.

For more information about these available positions, or for any future employment opportunities, please visit our website.

Available Positions:

- Crisis Intake & Support Worker - Safe House
- Natural Resource Sector Aboriginal Liaison
- Referral Technician - Forestry
- Health Centre Manager
- Teachers Assistant & Cultural Programmer
- Weekend Driver
- Equipment Operator/Labourer
- Asset Administrator
- Occupational Health and Safety Specialist

Submit your resume by email to HR@saulteau.com

www.saulteau.com/employment

Chief & Council



Justin Napoleon

Chief

Davis Family Councillor
jnapoleon@saulteau.com
(250) 788-7271

Ken Cameron

Courtoreille Family Councillor
kcameron@saulteau.com
(250) 788-7265

Rudy Paquette

Desjarlais Family Councillor
rpaquette@saulteau.com
(250) 788-7270

Juritha Owens

Napoleon Family Councillor
jowens@saulteau.com
(250) 788-7269

Falon Gauthier

Gauthier Family Councillor
fgauthier@saulteau.com
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