

# SAULTEAU FIRST NATIONS NEWSLETTER

## OCTOBER 2023



### FEATURED COMMUNITY NEWS

## CELEBRATING 10 YEARS OF CARIBOU RESTORATION PARTNERSHIP

On September 22nd, the Nikanese Wah Tzee Stewardship Society, in partnership with the Yukon to Yellowstone Conservation Initiative, hosted a Community Celebration to mark 10 years of Caribou stewardship and recovery work. Attendees were treated to a dinner and presentations on the work being done by the Saulteau and West Moberly Caribou Guardians, and the evening featured Caribou Art by Caitlin Bodewitz and Brandon Cameron. To learn more about the Caribou Restoration Partnership go to <https://nature.ca/en/nature-inspiration-awards/finalists/nikanese-wahtzee-stewardship-society/>



Caitlin Bodewitz - 1 Less Cut Block, 1 More Caribou 24" x 72" Graphite Drawing and Silkscreen on Birchwood

Photos from the event submitted by Line Gugere

## SFN HEALTH FAIR A SUCCESS!



The Health Fair, hosted by the SFN Health Centre and West Moberly First Nation, took place on September 26th at the SFN Gym. There were approximately 70 people in attendance, and 9 vendors offering services such as Reiki, hypnotherapy, footcare, holistic & Traditional medicine, and offering information for attendees about SFN and West Moberly Health and Wellness programming. Thank you to the organizers for hosting a wonderful event!

# MEMBERS OF SAULTEAU FIRST NATIONS

## NEVER MISS AN UPDATE

### GET THE APP

The app uses state-of-the-art technology to notify SFN members of breaking news, documents, videos, and events, instantly delivered via push notifications.



### HOW TO GET THE APP

- 1 Scan the QR code above or visit the App Store or Google Play Store and Search 'Saulteau First Nations'
- 2 Tap 'Register' under 'Member Login'
- 3 Fill out your information and press 'Register'
- 4 Click the verification link in your email address

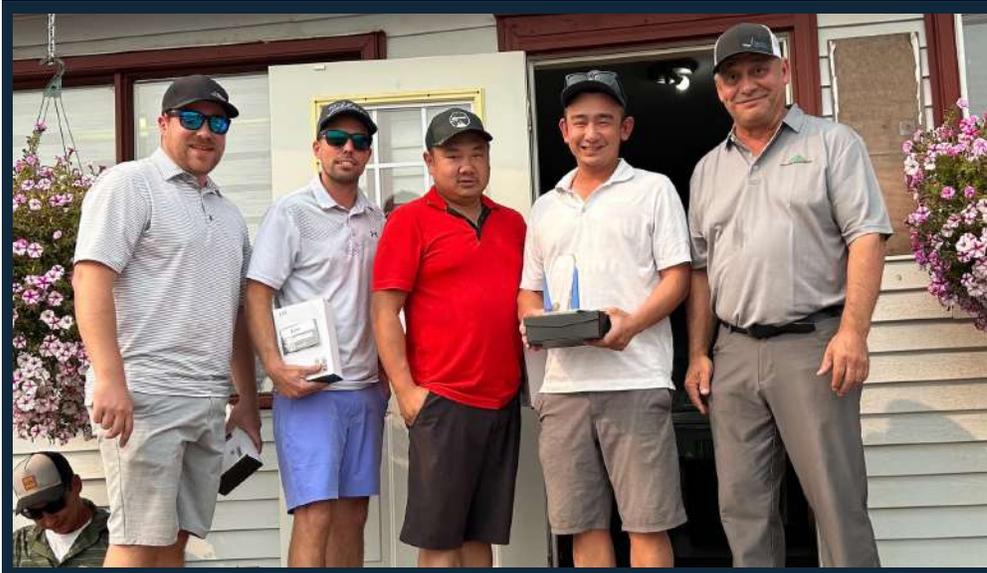


- NEWS
- EVENTS
- SURVEYS
- JOB OPENINGS

Download the free app today

# 2023 SFN GOLF TOURNAMENTS

## INDUSTRY TOURNAMENT RESULTS



**1ST PLACE – TECHMATION TEAM (DAVID VAN, DAVID CAWLEY, BRIAN SWAISLAND, STEVEN VAN)**

**2ND PLACE – SUREPOINT (TREVOR MUIR, STEVE SOLOSHY, DONN KIMM, SARAH CANNING)**

**3RD PLACE – CONUMA (KRISTEN GHOSTKEEPER, DUAYNE GHOSTKEEPER, RICK GHOSTKEEPER, RUDY PAQUETTE)**

**CALLAWAY 13 PIECE GOLF SET WON BY ANGUS GARNDER OF SECURIGUARD – DONATED BACK TO BAND MEMBER TOURNAMENT 50/50 - \$555 WON BY RONDA LALONDE.**

# MEMBER TOURNAMENT RESULTS



**1ST PLACE** - SHANKS A LOT (RICK GHOSTKEEPER, DALE BERG, LYNN MUNCH, BRAD FARNSWORTH)

**2ND PLACE** - FAIRWAY TO HEAVEN (ALLEN COURTOREILLE, BEN COURTOREILLE, FALON GAUTHIER, CORY NOSKIYE,)

**3RD PLACE** - SECOND TO NONE (RUDY PAQUETTE, DILLION PAQUETTE, RONALD SUPERNAULT, SHARLENE DESJARLAIS)

**CALLAWAY 13 PIECE GOLF SETS WON BY PENNY BERG AND FRED JAGER**

**50/50 - \$680 WON BY DILLION PAQUETTE**

# Thank You!

THE 2023 SFN INDUSTRY GOLF TOURNAMENT WAS A HUGE SUCCESS AND RAISED FUNDS FOR GREATER CONNECTIVITY INITIATIVES FOR THE SFN NATION, INCLUDING OUR VERY OWN SFN APP! THESE INITIATIVES WOULD NOT BE POSSIBLE WITHOUT THE GENEROUS SUPPORT OF OUR DONORS.

## THE ALBATROSS \$5000+



## THE EAGLE \$3500+



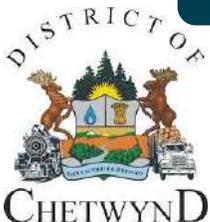
## THE BIRDIE \$2500+



## THE PAR \$1500+



## BREAKFAST, PRIZE, & TEE BOX SPONSORS



# SAULTEAU FIRST NATION



Policy Name:	Social Transportation Policy
Policy Owner:	Saulteau First Nations - Department of Member Services
Approval Date:	September 19 <sup>th</sup> , 2023
Authorization:	Chief and Council

## 1.1. PURPOSE AND INTENT

The Social Transportation policy has been developed to create procedures around enhancing community access to reliable social transportation systems, improving health outcomes and basic human needs, and maintaining effective communication for all Saulteau First Nations members by addressing service quality concerns.

## 1.2. SCOPE

This policy provides safe reliable transportation to Saulteau First Nations membership as per an establish schedule.

## 1.3. PROCEDURES

This service is for local transportation and cannot go outside the area that requires overnight layovers.

Schedule will be posted in departments & buildings, Facebook, newsletters, and on any other suitable media.

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## 1.4. REQUIREMENT

### ELIGIBILITY CRITERIA

It is the intent of Saulteau First Nations to provide procedures that will aid the transportation challenges for Saulteau First Nations members and community members per the following criteria.

- a) This transportation shall be accessible solely for registered Saulteau First Nations Band & Community Members.
- b) Band members living on or off the reserve shall have the right to access this transportation at no cost.
- c) Non-First Nations and SFN employees are not permitted to be transported in the social transit vehicle except during community events.
- d) Minors are not permitted to access the transit vehicle alone unless accompanied by a parent or guardian except in the case of youth community events. *(For the sake of this policy, minors are referred to individuals who are 17 years and under)*

### GENERAL REGULATIONS

#### Community Members

- a) This policy shall be adhered to strictly by all Saulteau First Nations Members & Community Members except otherwise stated by the Chief and Council.
- b) Members shall communicate expectations for community members' behavior and conduct while utilizing social transportation services; this shall include respect for drivers, fellow passengers, and the vehicle itself.
- c) Every member of the Saulteau First Nations community is required to follow the booking and scheduling procedures established by the membership department.
- d) Community members shall in no way abuse the schedules outlined by the Saulteau First Nations membership department.
- e) It is imperative for community members to maintain punctuality for pickups and drop-offs, including grace periods, to provide efficient service for all passengers.
- f) Community members must follow all applicable health and safety standards and general norms while travelling, including wearing seatbelts, not smoking in the vehicle, and any other safety and legal requirements.

## Social Transportation Driver

- a) Schedule will be fixed to ensure consistent and convenient transportation for Saulteau First Nations Members & Community Members.
- b) Adhere to designated pick up and drop off points-wait times at pick up and drop off points will be 15 minutes.
- c) Times for pick up and drop of points will be adhered to, the driver is not responsible if you miss the pickup times & points.
- d) Inclement weather and road conditions may cause cancellation of service for a temporary period to ensure safety of driver and passengers. This will be communicated as efficiently as possible to Saulteau First Nations Members & Community Members.
- e) Passengers are on a first come first serve basis for scheduled runs.

# Halloween Safety

## Did you know?



The most dangerous day of the year for child pedestrians\* is **Halloween**

On average, over **2 times** as many child pedestrians die on Halloween compared to other days



## Average Deaths per Day



## Halloween Safety Tips



Costumes should be made of fireproof fabric and include reflectors and bright colors

Costumes should not obstruct vision or movement



Bring flashlights or glow sticks to increase visibility

Adults should accompany children under 12. Children over 12 should go in groups and stick to familiar areas



Always cross at street corners, using traffic signals and crosswalks

Look left-right-left when crossing and keep eye contact with drivers to make sure they see you



Watch out for cars backing out of driveways

Have a safe and happy Halloween!



# Halloween Safety

## Did You Know?

The most dangerous day of the year for child pedestrians\* is Halloween

On average, over two times as many child pedestrians die on Halloween compared to other days

## Average Deaths Per Day (Laxton, 2012; Sperling, 2012)

Halloween: 5.5  
Other Days: 2.6

## Halloween Safety Tips

Costumes should be made of fireproof fabric and include reflectors and bright colors

Costumes should not obstruct vision or movement

Bring flashlights or glow sticks to increase visibility

Adults should accompany children under 12. Children over 12 should go in groups and stick to familiar areas

Always cross at street corners, using traffic signals and crosswalks

Look left-right-left when crossing and keep eye contact with drivers to make sure they see you

Watch out for cars backing out of driveways

## Have a safe and happy Halloween!

\*A child pedestrian is defined as a pedestrian under 18 for the purposes of this infographic

For more information:

<http://childrenssafetynetwork.org/infographics/halloween-safety>

For our blog post:

<http://childrenssafetynetwork.org/blog/pedestrian-injuries-true-terror-halloween>

## Sources:

Sperling, 2012: <http://www.multivu.com/mnr/56790-state-farm-halloween-pedestrian-child-safety>

Laxton, (2012):

[http://www.bestplaces.net/docs/studies/halloween\\_deadliest\\_da\\_y.aspx](http://www.bestplaces.net/docs/studies/halloween_deadliest_da_y.aspx)

\*A child pedestrian is defined as a pedestrian under 18 for the purposes of this infographic

For more information: [childrenssafetynetwork.org/infographics/halloween-safety](http://childrenssafetynetwork.org/infographics/halloween-safety)  
For our blog post: [childrenssafetynetwork.org/blog/pedestrian-injuries-true-terror-halloween](http://childrenssafetynetwork.org/blog/pedestrian-injuries-true-terror-halloween)

# Muskoti Learning Centre

## COURSES OFFERED

For the 2023 School Year!

### Math Courses:

Math 11 A & W  
Math 11 Foundations  
**Math 11 Foundations\***  
Math 11 Pre-Calculus  
**Math 11 Pre-Calculus\***  
Math 12 A & W  
**Math 12 Pre-Calculus\***

### English Courses:

English Studies 11  
**English 11 First Peoples\***  
English Studies 12  
English 12 First Peoples  
**English 12 First Peoples\***

### Science Courses:

Science for Citizens 11  
**Chemistry 11\***  
**Life Science 11\***  
Earth Science 11  
**Physics 11\***  
**Physics 12\***  
Anatomy & Physiology 12  
**Anatomy & Physiology 12\***

**\*Connected Classroom course:**  
Online classroom session with  
a teacher. Daily attendance is  
required.

### Elective Courses:

Social Studies 11  
Tourism 11  
Career Life Connections 12  
Geography 12  
**BC First Peoples 12\***  
Contemporary Indigenous  
Studies 12  
Law 12  
Child Development 12  
Tourism 12  
Interpersonal & Family  
Relationships 12

Interested in achieving an Adult Dogwood, course upgrading, or just  
enhancing your education?

Check out the courses we offer at the Muskoti Learning Centre and  
contact us at any time during the school year to register!

Contact:  250 - 788 - 7368

Adult Education Teacher - Brendon Conrad  [bconrad@saulteau.com](mailto:bconrad@saulteau.com)

Adult Education Assistant - Hannah Movold  [hmovold@saulteau.com](mailto:hmovold@saulteau.com)

FOR RELEASE ON SEPTEMBER 19, 2023 at 8:30 am

## THIRTEEN WOMEN ARE FIRST-EVER TO ACHIEVE INDIGENOUS FINANCIAL MANAGEMENT CERTIFICATE THROUGH AFOA CANADA, AFOA BC AND LANGARA COLLEGE

**OTTAWA, Sept. 19, 2023** – AFOA Canada, AFOA British Columbia (AFOA BC) and Langara College are pleased to announce the first graduates from the Indigenous Financial Management Certificate. Thirteen women working in First Nations Governments across British Columbia achieved the certificate as part of the first-ever cohort of this program.

Students are recruited from Indigenous communities throughout B.C. to enroll in the program and complete all the course requirements to attain the certificate. They study fully accredited post-secondary accounting in combination with AFOA Canada's Indigenous content. The ultimate goal is to build financial capacity within Indigenous Governments and communities, to support their goal of self-determination. The program was announced in September 2021.

"These 13 incredible women were dedicated to their own professional development, while working in First Nations Governments and maintaining their family and community responsibilities," says Terry Goodtrack, President and CEO, AFOA Canada. "They created a supportive network amongst each other to uplift and encourage each other. We are incredibly humbled to be a part of this achievement."

"I am so incredibly proud of these women who persevered through the 18 months to get this done. They are truly a testament to the power of having a network of support around you to help you succeed" says Wendy Ham, Executive Director, AFOA BC "it was wonderful to be a part of their journey."

Dr. Paula Burns, President and CEO of Langara College noted "Langara College is very proud and honored to have played a role in this important endeavor. My most heartfelt congratulations to the students who have worked so hard to accomplish this. They have blazed a critically important path that can now be followed by many. My most sincere appreciation, also, to the supportive families and the many people who have worked so hard to make this a reality."

The Indigenous Financial Management Certificate is the first step towards the Certified Aboriginal Financial Manager (CAFM) designation. Students enrolled in this program may also further their





## MARKETING AND COMMUNICATIONS DEPARTMENT

1066 Somerset Street West, Suite 301

Ottawa, ON, Canada, K1Y 4T3

Telephone: (613) 722-5543

Fax: (613) 722-3467

Email: [communications@afoa.ca](mailto:communications@afoa.ca)

education by transferring several of these credits to Langara College or the Chartered Professional Accountant (CPA) program. AFOA Canada owns, administers, and awards the Certified Aboriginal Financial Manager (CAFM) designation.

Cohort 2 began in Fall of 2022 and [applications are currently being accepted for cohort 3](#). The deadline is September 30, 2023.

### **AFOA Canada**

Entering its 25th year as an Indigenous Institution, AFOA Canada is the center for excellence and innovation in Indigenous management, finance, and governance. It is the only organization in Canada that focuses on the capacity development and day-to-day needs of those Indigenous professionals who are working in all areas of management, finance, band administration, leadership, and program management. AFOA Canada's premise is that one of the keys to successful self-determination, creating a better life for Canada's Indigenous people and a better future for the next generation, lies in improving the management skills of those responsible for the stewardship of Indigenous resources.

### **AFOA BC**

Originally established in 1996, AFOA BC was founded in response to the need for a united voice for those working in the critical fields of Indigenous finance and administration in this province. AFOA BC subsequently played an instrumental role in creating the national organization AFOA Canada.

Together AFOA Canada and AFOA BC are recognized and certified to provide the latest in advanced Indigenous management, finance, and governance training, and continue to support Indigenous students to realize their dreams and goals.

### **Langara College – snəwəyət̓ leləm̓**

Langara College is located on the unceded traditional territory of the Musqueam First Nation. Langara was honoured to receive a name from Musqueam in their language, snəwəyət̓ leləm̓, which means house of teachings. Langara is one of BC's leading undergraduate post-secondary institutions providing University Studies, Career Studies, and Continuing Studies programs and courses to more than 23,000 students annually. Langara's accounting related courses are accredited as transfer credit to the Chartered Professional Accountants program of professional studies.

For more information, please contact:

Krysta Elliott

Capacity Development & Communications Manager

AFOA BC

Phone (604) 925-6370 ext. 7040

# ELDERS BINGO

Come for Bingo, Soup,  
and a discussion Elders  
Trip.

3RD  
OF  
OCTOBER

SAULTEAU FIRST  
NATIONS GYM 11:00  
AM

MORE INFORMATION

[cyoung@saulteau.com](mailto:cyoung@saulteau.com)

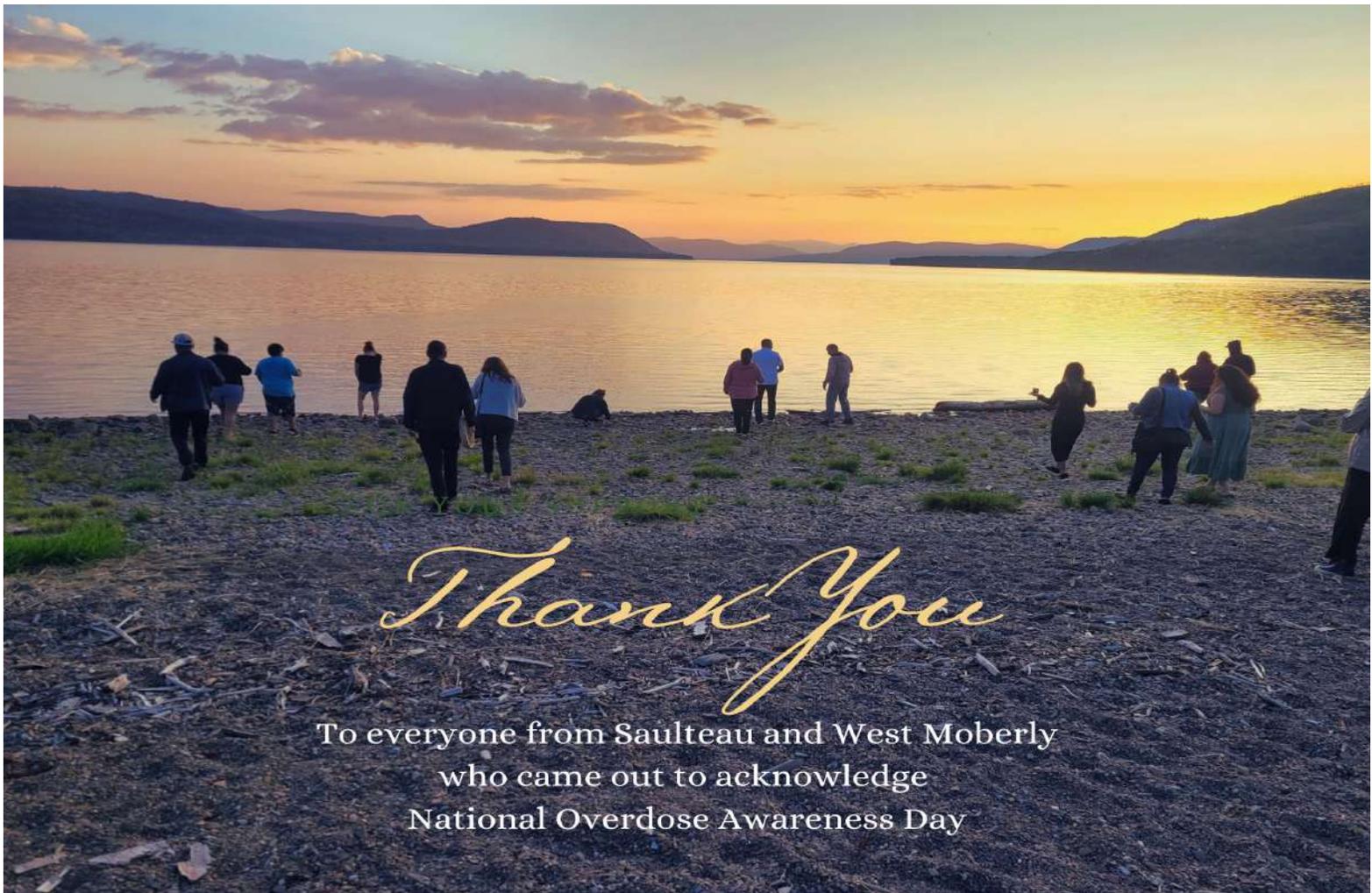


**BINGO**

17th of October 11:00 am

SAULTEAU GYM

Enjoy food, drinks, and friendly competition as you test your luck playing bingo! Prizes will be awarded for each win.



*Thank You*

To everyone from Saulteau and West Moberly  
who came out to acknowledge  
National Overdose Awareness Day

Land based lessons

# October 2023

## Dates to Note

SUN	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 ★	6	7
8	9	10	11	12 ★	13 ★	14
15	16	17	18	19 ★	20 ★	21
22	23	24	25	26 ★	27	28
29	30	31				

October 5th- Bear Grease making class

October 12th 5-9pm and 13th 8-5pm- PAL course @NBH

October 19th- Mens Hunt camp out. Leave 5-9pm meet at Cabin at Pem grounds. Stay over night and Hunt the 20th morning.

October 26th- Wall tent and TeePee raising followed by Pow wow movies 5-9 pm & NBH



# Bear Grease Class

## New Date

Come to New Beginings House to learn how to make Bear Grease  
**October 5th**  
**5:00 pm to 8:00 pm**



**OCT 12TH 5-9PM & OCT 13TH 8-5PM @ NBH**

PLEASE CALL TO REGISTER. 250-788-7258  
LIMITED SPACE AVAILBLE



# Men's campout and Hunt.

Oct 19/20th. Meet at cabin at Pem grounds 5pm Oct 19th.



Camping. Hunting. Knowledge sharing.

TO REGISTER PLEASE CALL  
250-788-7258 OR BEFORE OCTOBER 12TH

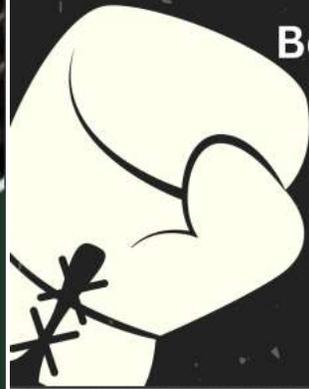
WHITE KNUCKLE ACADEMY

# TRAIN WITH US!



Men's Group  
Oct 24th.

Meet at NBH 5pm  
Boxing class to follow



Boxing lessons

Contact Cory Noskie  
250-874-7333



Indian Residential School Survivors Society  
[www.irsss.ca](http://www.irsss.ca)

## VIRTUAL SUPPORT OPPORTUNITY

October 3 & 4, 2023  
1PM - 4PM & 6PM - 8PM

Join Zoom Meeting  
<https://fnha.zoom.us/j/3038099057>  
Meeting ID: 303 809 9057

Connect with IDS Coordinators for **DAY SCHOLARS** application,  
**FEDERAL INDIAN DAY SCHOOL & FIRST NATIONS** Drinking Water Settlement



Contact: Daniel Joe  
Indian Day School Coordinator  
B.C. Interior Region  
phone: 250-540-4716  
email: [danieljoe@irsss.ca](mailto:danieljoe@irsss.ca)

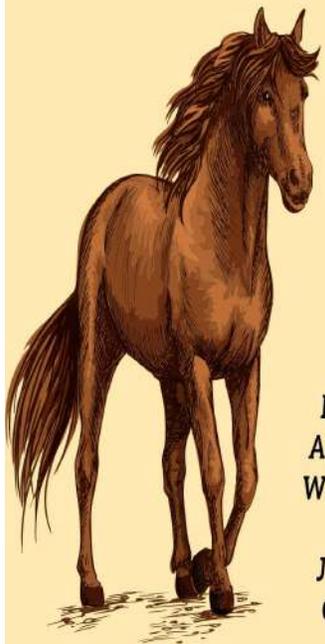


Contact: Rhianon Teegee  
Indian Day School Coordinator  
B.C. Fraser-Salish Region  
phone: 778-222-5963  
email: [rhianonteegee@irsss.ca](mailto:rhianonteegee@irsss.ca)



Contact: Leticia Racine  
Indian Day School Coordinator  
B.C. Northern Region  
phone: 778-708-3358  
email: [leticia Racine@irsss.ca](mailto:leticia Racine@irsss.ca)

**Day Scholar Application Deadline Oct. 4, 2023**



# HORSE LOOKING FOR PASTURE.

JACQUELINE IS LOOKING FOR A HOME FOR HER GELDING.

IT NEEDS EASY ACCESS TO WATER AND WILL PROVIDE HAY (PREFER IF WE CAN PURCHASE HAY FROM YOU)

JACKIE LIVES ON THE RESERVE ON ONION HILL AND WOULD LIKE TO VISIT HER HORSE DAILY.

Contact Ginette Lapierre 250-788-5711



TSOW-TUN LE LUM

Traditional Healing Team Visiting



OCTOBER 3RD TO 5TH, 2023

8:30 am - 4:00 pm

AT THE SAULTEAU FIRST NATIONS HEALTH CENTRE

SMUDGING AND CEDAR BRUSHING

CONTACT MELVA TO BOOK 250-788-7280

**Saulteau**  
FIRST NATIONS

**JOB FAIR**

OCTOBER 12TH, 2023

**"THIS IS YOUR CHANCE"**

WHERE: SFN GYMNASIUM  
TIME: 10AM-4PM

FOR FURTHER INFORMATION PLEASE CALL  
250-788-3955 EXT:8055

OR EMAIL  
JKRISTOFFY@SAULTEAU.COM

# ARCHERY

## Mens Group

# 10 OCTOBER

MEET AT PEMMICAN  
GROUND CABIN

# 5PM

- Supplies provided
- Dinner provided

Please Register  
250-874-7333



LOGO CONTEST for  
Restoration/ Reclamation Conference  
"Healing the Land"

\$ 500.00

**DEADLINE: Oct 31, 2023 4:00 PM**

Via email or TREP dept.

TREP department is asking our memberships to create a Logo for a Reclamation Conference to be held **October 2024**. The logo will be used on the conference website and communication material. The logo should be very simple as the logo will often be small in size on printed and online material. The logo does not need to include Saulteau's name as the conference may be hosted with partner First Nations in future years.

FOR MORE INFORMATION CONTACT: TEENA DEMEULEMEESTER @ 250-788-6912

Email: [tdemeulemeester@saulteau.com](mailto:tdemeulemeester@saulteau.com)

POSTED: September 26, 2023

POMEROY HOTEL AND CONFERENCE CENTRE  
FORT ST. JOHN presents  
**CONNECT!**  
Hosted by NENAS



We invite anyone who is looking to improve their working relationships with First Nations Communities to attend.

**THURSDAY, OCTOBER 5, 2023**

POMEROY HOTEL AND CONFERENCE CENTRE, FORT ST. JOHN

**TICKETS AVAILABLE ONLINE**  
at [nenas.org/connect](http://nenas.org/connect)

QUESTIONS? PHONE STACY AT 250.261.3497

**FIRST NATIONS COMMUNITY  
AND INDUSTRY FORUM**

**9am - 3pm Tickets: \$50**

Opportunity for our First Nations communities and industry partners to discuss what a meaningful connection consists of, and what steps industry can take to establish this relationship.

**APPRECIATION, AWARDS  
AND FUNDRAISING DINNER**

**5 - 11pm Tickets: \$125**

Cocktail Party, Appreciation and Awards Presentation, Dinner, Indigenous Marketplace, Silent Auction, 50/50 Ticket Draw.



EVENING ENTERTAINMENT  
SPECIAL OPENING GUEST  
Lawrence Wolf

THANK YOU TO OUR GENEROUS SPONSORS:



For over 30 years, NENAS, a non-profit organization, has been developing and delivering an extensive range of economic and social development programs. We offer holistic, wraparound services to our First Nations and Métis communities in British Columbia. Some of our services include employment and education assistance services, family and elder programs, and children's initiatives.

[nenas.org](http://nenas.org)



Fill in quick  
survey and  
win!



It's easy  
and free!

# WIN a DJI Mini 3

- Weighs Less than 249 g
- Tri-Directional Obstacle Sensing (Forward/Backward/Downward)
- Record Up to 4K/60fps Video and 4K/30fps HDR Video
- True Vertical Shooting
- Focus Track (Active Track, Spotlight, and Point of Interest)
- Active obstacle sensing and stable video transmission.
- Master Shots and Timelapse
- Live feed at distances of up to 12 km
- Value \$1 395.77



Go to [www.nenas.org](http://www.nenas.org)

Scroll down to

Careers in Land Conservation  
&  
Environmental Science Survey



Draw Date: Oct 3<sup>rd</sup> 2023 at 4:00 pm



# MERCHANTS OF THE WILD

Watch Saulteau member Ethan Cameron on the new season of Merchants of the Wild airing on APTN October 3rd & Streaming on APTN Lumi

"A vivid documentary series following 6 Indigenous adventurers spending 25 days paddling birch bark canoes through the Mi'kmaq territory of Kespukwitk. Together they learn Mi'kmaq teachings and language, as they face hardships to survive and complete a journey of self-discovery like no other."

Check your local listings for showtimes! #MOTW4



Oct 26th 5-9pm  
@ NBH

**TEEPEE RAISING & WALL TENT SET UP. FOLLOWED BY A POW WOW MOVIE NIGHT.**

ENJOY AN EVENING ON SHARING KNOWLEDGE AND LEARNING PROTOCOLO AROUND POW WOVES.

Land based Lessons is all about connecting with community, sharing knowledge and teachings while growing our tool kit.

Starting October 26th 2023, every class you attend with Land based lessons your name will be entered into win a Tee pee. Draw will be October 26th 2024.

Land based lessons are held every Thursday evening.

Soup and banock will be provided. Children are welcome with supervision.



# Women's Group

October 3rd 2023.  
**Meet at NBH**  
**5pm-8pm**



DYI fall Decor  
Snacks and refreshments provided

# WOMENS GROUP

**October 17th, 2023**  
**NBH 5pm-8pm**

DYI pumpkin fall crafts

Please RSVP to Corrina at 250-401-7741



# SFN Recreation October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Boot Camp 5-6:30pm	4	5 Boot Camp 5-6:30pm	6	7
8	9	10 Boot Camp 5-6:30pm	11	12 Boot Camp 5-6:30pm	13	14 Youth Athlete Volleyball Camp 10am-4pm
15 Youth Athlete Volleyball Camp 10am-4pm	16	17 Boot Camp 5-6:30pm	18	19 Boot Camp 5-6:30pm	20	21 Community Sports Night with WMFN 6PM-7:30
22	23	24 Boot Camp 5-6:30pm	25	26 Boot Camp 5-6:30pm	27	28
29	30	31 Boot Camp 5-6:30pm				

## PROGRAMS:

### Boot Camp

Let's put our physical health first! With personal trainer Elaine Webb, we can do that. She will assist in all levels of fitness with modifications to help build your strength up. This class is from October to the end of November. Tuesdays and Thursdays at SFN gym.

### Youth Athlete Volleyball Camp

With coach Julia Evans, we will learn to build up our volleyball skills! All youth welcome if you fill out the registration that is on the poster (thanks to ISPARC). Find poster on the "SFN Recreation" Facebook group or the "SFN Communications" Facebook group.

### Recreation Coordinator

Brooke Walker  
[bwalker@saulteau.com](mailto:bwalker@saulteau.com)  
 call 250-788-3955 ext. 9004  
 text 250-788-6269



**Saulteau First Nation  
Volleyball Camp**

**OCTOBER 14 & 15  
FROM 9.00 AM-5:00 PM**

1717 Boucher Lake Rd.  
Moberly Lake

Brooke walker  
250-788-9355

REGISTRATION



SFN RECREATION X WMFN RECREATION

# SPORTS NIGHT

come out for a night of sports fun!  
volleyball - basketball - etc...



**OCTOBER 21ST - 6 PM TO 7:30 PM  
SFN GYMNASIUM**

Contact for more information  
 Brooke Walker - [bwalker@saulteau.com](mailto:bwalker@saulteau.com)  
 Ethan Cameron - [reccoord2@westmo.org](mailto:reccoord2@westmo.org)

The Garbage Bins for  
SFN Residential Community  
Members will be here for a  
Limited Time!!!

Coming Sept. 22nd – Oct. 10th



Regular Yard Garbage - Bigger Bin

Metal Items – Smaller Bin

If Bin is Full, Please use another Location...

- Behind the Main SFN Bldg.
- Onion Ring Sub. Phase 2
- Beside Chief Paquette's House

(Lakeview Ph. 1)

Please Note:

All Bins will be Removed on

Oct. 10<sup>th</sup>, 2023



**NATIONAL  
DAY OF TRUTH &  
RECONCILIATION**

JOIN US ON **SEPTEMBER 30TH AT 12** AT THE ROYAL  
CANADIAN LEGION IN CHETWYND.  
COME TOGETHER TO HONOUR INDIAN RESIDENTIAL  
SCHOOL SURVIVORS AND OUR INDIGENOUS  
CHILDREN WHO DIDN'T COME HOME.

- LUNCH
- DRUMMING
- ART MURAL UNVEILING  
& MORE



**WEAR ORANGE IN SUPPORT**

*Please be courteous to your  
fellow community members and  
SFN Staff members who do not  
smoke - share the air, and clean  
up your butts!*



**NO SMOKING OR VAPING  
WITHIN 3 METERS /  
10 FEET OF DOORS, WINDOWS, AIR  
INTAKES, OR VENTILATION SYSTEMS OF  
THE SFN BUILDINGS AND FACILITIES.**

**FIRST  
CHRISTMAS  
COMMITTEE MEETING**



OCTOBER 3RD

SFN BAND HALL GYM

10:00 AM - 12:00 PM

PLEASE CONTACT CARLEE IF YOU'D BE  
INTERESTED IN TAKING MEETING MINUTES

CWESTGATE@SAULTEAU.COM

250-788-7271

# OCTOBER 2023

## MUSKOTI LEARNING CENTRE EVENT CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 SFN Closed in honour of Truth and Reconciliation Day	3	4 After School Club Every Wednesday 3:30 pm - 4:30 pm	5	6	7
8	9 Thanksgiving Day SFN Closed	10 Culture Day Every 2nd Tuesday	11 After School Club Every Wednesday 3:30 pm - 4:30 pm	12	13	14
15	16 Pugeesee Drum Making	17	18 After School Club Every Wednesday 3:30 pm - 4:30 pm	19	20	21
22	23	24 Culture Day Every 2nd Tuesday	25 After School Club Every Wednesday 3:30 pm - 4:30 pm	26 Birch Forest Walk	27	28
29	30	31				

### Notes:

If you are a Muskoti Learning Centre student interested in making a Pugeesee drum this month please contact us to reserve your materials!

The Muskoti Learning Centre now has the weight room reserved for student use every Mon - Thu from 2:00 - 3:00 pm!

✧ For registered MLC students. For event times please phone (250-788-7368) or check in the classroom - dates & times may vary ✧

## MUSKOTI LEARNING CENTRE

# AFTER SCHOOL CLUB

GRADES 5-12

Every Wednesday  
3:30 pm to 4:30 pm

Outdoor Activities

Culture Sports

Snacks

250-788-7368 [bconrad@saulteau.com](mailto:bconrad@saulteau.com)

# SEASONAL SAFETY TIPS

Wet Leaves are very slippery - take care when hiking!

Please SLOW DOWN in the morning - kids are back in school and out walking or waiting for the bus!

Wildfires are still a risk! Be cautious when lighting fires.

Be mindful of animal attractants - anything smelly left outside can spark the curiosity of bears, mice, or other creatures!

FIRST NATIONS PRIMARY  
CARE CLINIC

# CULTURAL COMMITTEE MEETING

TOPICS OF DISCUSSION:  
CENTRE NAME  
BLESSING CEREMONY  
LOGO DESIGN

THURSDAY **OCT 5** 1-3 PM  
2023

NORTHERN LIGHTS COLLEGE

SFN RECREATION

# BOOT CAMP CLASSES

WITH  
INSTRUCTOR  
ELAINE  
WEBB



THE TIME TO START  
YOUR FITNESS  
JOURNEY IS NOW!

250-788-3955 OR 250-788-6269  
FOR QUESTIONS

WAIVER FORMS NEED TO BE SIGNED

STARTING OCTOBER  
3RD, 2023

TUESDAY'S &  
THURSDAY'S FROM  
5PM-6:30PM

@SFN GYM

**SIGN UP NOW!**

# CHAINSAW SAFETY TRAINING

NOV 1 & 2 2023

Hosted in  
community,  
materials & lunch  
provided!

To Register Contact Jaci Gilbert (jgilbert@saulteau.com)

## Community Wildfire Resiliency Planning Survey Action Plan

We recently surveyed community regarding their Wildfire Resiliency concerns - and we hear you! We are targetting the following actions over the next 6 months =

- Host Wildland Firefighter Training for Members
- Host More Community Meetings about Emergencies
  - Including education on what the plan is, how to prepare, and what would happen if we had to evacuate.
- Remove Danger Trees in Community
- Bring Back Cultural Burning
- Improve Notification for Emergency Events
- Communicate the Emergency Plan out to Community Members (Including Evacuation Plan)

Thank you for participating in our survey and please stay tuned for notices and invites to upcoming emergency preparedness events here in community!

# thank you!



## Community Support Fund

Thanks to the support of CN Rail, SFN was able to purchase an additional 4 AED units for use in community!

*AEDs can provide life-saving care for persons experiencing sudden cardiac arrest (heart attacks)!*



## Future Leaders and Knowledge Keepers Engagement Forum Youth (19-35) and Elders (65+)

**October 17-19 | Civic Centre, Prince George**

Come and share your needs,  
your solutions and your teachings.

**Registration opening soon.**

**Details coming to your Health Director.**

And join us to see the  
Snotty Nose Rez Kids  
live on  
Tuesday,  
October 17!



NORTHERN REGION  
First Nations Health Authority



# COLLABORATIVE GAME CHECKS

## OVERVIEW



- The survey collection took place between September and October.
- Technical staff, observers and biologists attended 11 road checks.
- Nine surveyors in total.



- In total 94 hunting groups were surveyed.
- The majority were in groups of 2-3.
- Representing 207 individual hunters.

### COMMENT

This survey provided an opportunity to meet the hunters and to create relationships.

## HUNTER'S INFORMATION



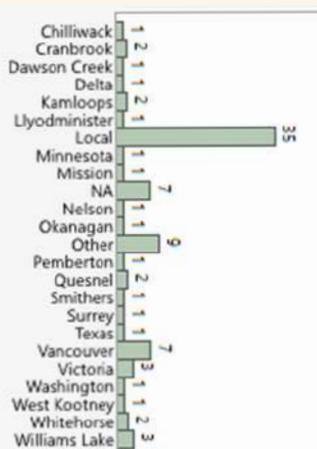
### Personal Identification

- 90 individuals identified themselves as Canadian.
- Three individuals identified themselves as international.
- One person identified himself as First Nation.



### Town of residency

- 35 groups identified themselves as local
- The rest had traveled at least 500km to hunt



## HUNTER'S INFO CONTINUED



### Weapons Used

- 80 respondents used rifle as the primary weapon for hunting.
- Compound Bow was the second weapon of choice(9 individuals).



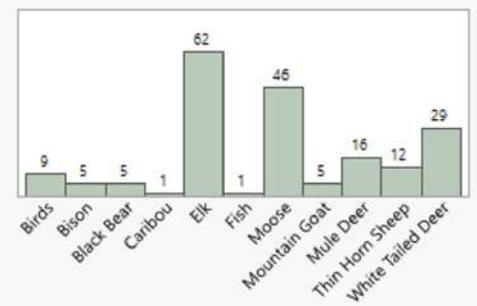
### Distance traveled from main road

- Over 50% traveled over 10km from the main road.
- 15 individuals preferred to not respond.



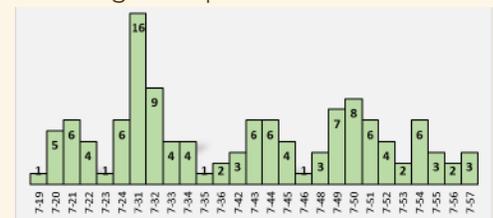
### Species Hunted

The primary species hunted was elk followed closely by moose.



### Wildlife Management units Hunted

Relatively equal distribution of hunting location was observed. However, equal distribution of survey collection is required to generate a meaningful response.



## FUTURE STEPS

- ✓ Collecting input from surveyors.
- ✓ Set up predetermined schedule for 2023.
- ✗ Redevelop the survey with the help of T8WWG and surveyors (surveyors draft ready).

# SFN DEPARTMENT HIGHLIGHT: ACCOUNTING & FINANCE



**Nathan Paquette - Manager of Accounting and Finance**  
Time employed at Saulteau: since May 2022  
Favorite past time: Travelling/camping with my husband and dogs  
Coveted superpower: Teleportation because driving long distances gets boring  
Dream travel destination: Fiji

**Charmaine Gilles - Accounting Supervisor**  
Time Employed at Saulteau: Since January 2023  
Favourite Past-time: Outdoor adventures and travel with my young kids.  
Coveted Superpower: Slow down time  
Dream Travel Destination: Bali



**Mary Doyle - Payroll & Benefits Administrator**  
Tim Employed at Saulteau: - 4.5 years  
Favourite past time - Family time, Outdoor Excursions  
Superpower – budgeting personal finances  
Dream Destination – Travel via Train throughout Europe

**Karin Ebersohn - Accounts Receivable & Revenue Analyst**  
Time Employed at Saulteau: Since February 2023  
Favourite Past-time: Hiking, horse riding, painting and spending time with my family  
Coveted Superpower: teleportation or invisibility  
Dream Travel Destination: Punta Cana or Sicily



**Adrianna Glover-General Finance Clerk**  
Time Employed at Saulteau: 2017-Now  
Favorite Past-time: Hiking, being by the lake & exploring new places.  
Coveted Superpower: Super Speed  
Dream Travel Destination: Italy

**Elisha Anderson - Accounts Payable Clerk**  
Time Employed at Saulteau: 7 Years  
Favourite Past-time: Being active, doing arts & crafts & spending time with my family & friends.  
Coveted Superpower: Teleportation  
Dream Travel Destination: Mauritius



**·Melissa Onwuliri – Finance Intern**  
TTime employed at Saulteau: May 2023  
Favorite past time: Hanging out with my girls (girls time out)  
Coveted superpower: Superhuman intelligence and invisibility  
Dream travel destination: Dubai

**Carla Karstens - General Finance Clerk**  
Time Employed at Saulteau: 2 Months  
Favorite Past-Time: Spending time with family and friends and being outdoors!  
Coveted Superpower: Shape Shifting  
Dream Travel Destination: Italy



## What Is SFN Accounting & Finance?

The Accounting & Finance Department Staff are responsible for ensuring the accounting records of Saulteau First Nations provide for accurate and timely financial statements and analysis. In addition, as Saulteau First Nations is a government office, the Manager is responsible for ensuring the Nation's accounting payroll transactions are in accordance with Public Sector Accounting Standards.



### What we do:

The accounting and finance department prepares and processes salaries paid to employees, then records transactions and makes reports. In addition, this department handles all incoming and outgoing monies, and all payments to the SFN Membership, as well as preparing all fiscal reports for the Nation. Each team member plays an important roll in managing the financial affairs of the Nation

### Why is it important?

It is significant for Chief & Council, Department Managers to know where their money is going and coming from so that they can be fiscally responsible in reporting to the SFN membership.. This Department, is key to the stewardship of the financial resources of SFN ensuring the long-term financial sustainability of the community to build a better future for the next generation.



## Department Career Opportunities

- New/Vacant – Accounting Technician
- New/Vacant – Band Member Payable Clerk



# SAULTEAU FIRST NATIONS JOB POSTINGS!

APPLY ONLINE TODAY! → [WWW.SAULTEAU.COM/EMPLOYMENT](http://WWW.SAULTEAU.COM/EMPLOYMENT)



## SFN CAREER OPPORTUNITIES

- HOME CARE NURSE
- CULTURAL AND PRE-KINDERGARTEN PROGRAMMER
- RFP - HAZARD RISK ANALYSIS CONTRACTOR
- LANDS OFFICER
- RECEPTIONIST - CASUAL ON CALL
- COMMUNITY HEALTH REPRESENTATIVE (CHR)
- HOMEMAKER (1 YEAR TERM)
- CASUAL ON-CALL CUSTODIAN
- EARLY CHILDHOOD EDUCATOR
- MANAGER, FAMILY SUPPORT SERVICES
- HEAD GROWER - TWIN SISTERS NATIVE PLANTS NURSERY



## 4EVERGREEN CAREER OPPORTUNITIES

- SENIOR ACCOUNTANT
- FINANCIAL CONTROLLER
- TRUCK MECHANIC
- HEAVY DUTY MECHANIC
- CONSTRUCTION SAFETY OFFICER
- CLASS 1 DRIVERS (LOG, COAL, LOWBED)
- EQUIPMENT OPERATORS (DOZERS, EXCAVATORS, BUNCHERS)



## ASKI RECLAMATION CAREER OPPORTUNITIES

- INTERMEDIATE OR SENIOR AQUATIC SPECIALIST



## NORTH WIND SUPPLIES CAREER OPPORTUNITIES



## MISTAHIYA CAREER OPPORTUNITIES

APPLY ONLINE TODAY! → [WWW.SAULTEAU.COM/EMPLOYMENT](http://WWW.SAULTEAU.COM/EMPLOYMENT)

