

SAULTEAU FIRST NATIONS NEWSLETTER

SEPTEMBER 2023



FEATURED COMMUNITY NEWS SFN CULTURE CAMP!

Culture Camp took place over August 19-26 at Km 48 on Moberly Lake Rd. Participants enjoyed traditional activities such as hiking, berry picking, drum making, beading, tanning hides, and archery, and a wealth of delicious food prepared on-site. Thank you to Tylene, the facilitators and volunteers, and the Kitchen Staff for making Culture Camp 2023 a success!



*In person event @ SFN
Gym September 12th.*

2023

LETS TALK ABOUT WILLS AND ESTATE PLANNING

INSIGHTFUL DISCUSSION

10:00am-3pm Presentation
Light Lunch included at 12pm.

5:30pm -7pm Presentation-
supper to follow.

Opportunity to book a individual
session with Frontier Law at a
later date to work with your
schedule. Either in FSJ or at SFN

Contact for more information:

Norma Podolecki
Indian Registry Administrator
Patient Travel
npodolecki@saulteau.com
www.saulteau.com
T (250) 788.7283
C (250) 401-8341

Our Guest speaker and Attorney



COLLEEN BROWN

Colleen obtained her law degrees from the University of McGill in 1998, her undergraduate degree from the University of Alberta and a Masters of Science in Community and Regional Planning from the University of British Columbia. Colleen was called to the bar in New York State in 1999 and British Columbia in 2013 and opened Frontier Law in 2017. Colleen is a general practice solicitor with a particular interest in surface rights and the environment

www.frontierlawco.com



Band General

Wednesday
September 27th



Meeting will
be streamed
on Zoom

Open to
the SFN
Members

SFN BAND HALL GYM

5:30 DINNER

6:00 MEETING

Chief & Council want
to hear from the SFN
Membership. This
meeting will be an
Open Discussion with
no formal Agenda.

THE ZOOM LINK WILL BE EMAILED OUT TO ALL MEMBERS PRIOR TO THE MEETING AND WILL BE POSTED IN THE MEMBERS-ONLY PORTION OF THE WEBSITE UNDER "NEWS"

For Questions: communications@saulteau.com



FRONTIER LAW

Social Assistance Clients

Rights and Responsibilities of Applicants and Recipients

Applicants have the right to:

- Apply if they believe they are in need
- Have their information treated as personal and confidential
- Receive prompt, courteous and efficient service
- Receive all the assistance and benefits they are entitled to
- Appeal decisions concerning an application or provision of benefits

Applicants have the responsibility to:

- Disclose all information required to determine eligibility for assistance
- (if employable) Seek work/be available for work at all times and participate in employability programs and training
- Use all available resources and income to support themselves as a preferred alternative to social assistance
- Inform BSDW of changes in circumstance that may reflect eligibility

All new applicants and continuing recipients of Income Assistance are to search for, accept and continue seeking employment at all times. All clients are required to complete or demonstrate they have completed a satisfactory work search lasting three weeks. However, applicants who meet a certain criteria may be temporarily exempt from this requirement.

If you are a client and want to find out what criteria you fall under, please reach out to your BSDW (Band Social Development Worker) via phone or email to see if this applies to you.

Some examples of reasonable work search activities include but are not limited to:

- Preparing a resume.
- Searching for job openings.

- Telephone, email or face to face inquires with potential employers.
- Submitting applications or resumes for jobs.
- Responding to advertisements.
- Employment interviews.
- Accessing Employment Services such as meeting with the Nation's Employment & Training Officer or Work BC.
- Attending job search sessions or job fairs.
- Pursuing job shadowing opportunities and volunteering.
- Attending workshops on employment search.

Monthly Renewal Declaration

Reporting Requirements for recipients of income assistance, disability assistance and hardship assistance are required to report all or any employment income or other money received and any changes in their circumstances in addition to requesting further assistance each month.

Changes that **MUST** be reported by Recipients of income assistance, disability assistance and hardship assistance are required to report changes in their circumstances such as:

- address
- shelter/utility costs
- number of dependents
- changes in employability status
- whether they are attending school
- and any changes in assets

Monthly Declarations can be completed by phone, email or in person to the BSDW.

Note: Work search must be submitted with monthly declarations for applicants required to do so in order to continue eligibility.

**For any inquires related to Social Assistance please contact
Falon Gauthier Band Social Development Worker
fgauthier@saulteau.com T.250-788-7286 F. 236-364-2038
Office Hours Monday -Thursday 8am-4:30pm**

We strive to work with all community members to deliver a SERVICE that lives up to the name of the department
MEMBER SERVICES with EMPATHY, HUMILITY, TRUST and HONESTY!
Ka nesohkamatin (I will help you!)



Declarations Due	for the month of	Payment Date
January 9-12, 2023	February 2023	January 18, 2023
February 6-9, 2023	March 2023	February 15, 2023
March 13-16, 2023	April 2023	March 22, 2023
April 10-13, 2023	May 2023	April 19, 2023
May 8-11, 2023	June 2023	May 17, 2023
June 12-15, 2023	July 2023	June 21, 2023
July 10-13, 2023	August 2023	July 19, 2023
August 14-17, 2023	September 2023	August 23, 2023
September 11-14, 2023	October 2023	September 20, 2023
October 16-19, 2023	November 2023	October 25, 2023
November 13-16, 2023	December 2023	November 22, 2023
December 11-14, 2023	January 2024	December 20, 2023

The above dates are aligned with the BC Ministry of Social Development and Poverty Reduction payment dates. If required, there will be advanced notice for any changes to the dates above through newsletter or SFN social media outlets.

***Job search activity and other requests must be submitted with declarations for applicants required to do so.**

Please contact Falon Gauthier @ (250) 788-7286 or email fgauthier@saulteau.com for any questions or concerns.



SFN HEALTH CENTRE DAY TREATMENT SURVEY RESULTS

In July, 2023, The SFN Health Centre commissioned a survey to collect information on current and future programming. The results of the Survey are below.

51 PEOPLE RESPONDED TO THE SURVEY

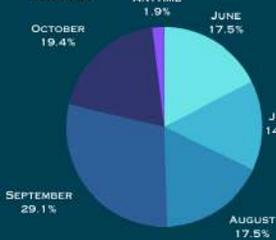
Question 1: If Saulteau offered a day treatment program in community would you be interested in attending?



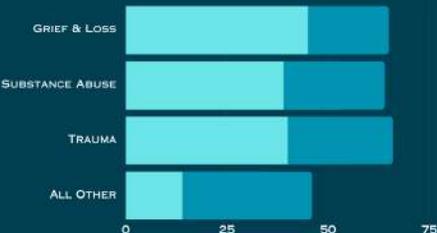
Question 2: What length of program would you be interested in attending?



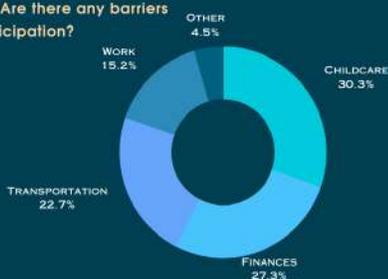
Question 3: When would you like to see this program offered?



Question 4: What topics are you interested in seeing covered in a day treatment program?



Question 5: Are there any barriers to your participation?



Thank you for your participation in this survey!

DAY TREATMENT NEXT STEPS

Between September and December, Saulteau will offer 4 workshops on topics identified of interest by community, with participation in workshops helping to inform a more substantive day treatment program. Each program will be facilitated by First Nations and allied mental health clinicians and traditional healers with support from community. We will work with individuals to advocate with their employer for time away from work to attend these healing programs and will help to navigate child care needs.

Mending Broken Hearts: Healing from Experiences of Grief and Loss

Facilitated by Traditional Healers from Tsow Tun Le Lum
Friday, September 29th to Monday, October 2nd

Healing Mind, Body and Spirit: Addressing Root Causes of Substance and Alcohol Use

Facilitated by Shakes the Dust Hope Consulting
Wednesday, November 1st to Sunday, November 5th

Life Promotion for First Nations Community: Suicide Prevention Training

Facilitated by Shakes the Dust Hope Consulting
Monday, November 6th to Wednesday, November 8th

HeartBeat Trauma Release Therapy: Healing Emotional, Spiritual and Mental Pain

Facilitated by Rosalien Stagg
Dates TBD (late November early December)

To register please contact the Mental Wellness and Substance Use Counsellor 250-401-7616. All programs will take place at the New Beginnings House.





First Nations Health Authority
Health through wellness

ENTER TO WIN

WHO CAN WIN

1. Children ages 0-7 and pregnant individuals
2. Caregivers of the children

HOW TO ENTER

1. Submit COHI consent form
2. Update yearly health history if already enrolled

SUBMIT TO

Form submission: _____

Contact: _____

Due date: _____



Did you know: Brushing your teeth twice a day is an important way to prevent gum disease and cavities.



First Nations Health Authority
Health through wellness

Confidential Medical History & Consent for:
**Dental Treatment & Participation in the
Children's Oral Health Initiative (COHI)**

CHILD'S LEGAL LAST NAME _____ CHILD'S LEGAL FIRST NAME _____

NAME CHILD COMMONLY GOES BY IF DIFFERENT FROM LEGAL NAME _____

DAY: _____ MONTH: _____ YEAR: _____
DATE OF BIRTH _____ GRADE _____

GENDER: MALE FEMALE

COMMUNITY _____ PHONE _____ REGISTRATION / STATUS NUMBER (10 DIGIT NUMBER) _____

PLEASE CIRCLE YES or NO AS IT APPLIES TO YOUR CHILD

1. Is your child under the care of a doctor for a medical problem? Yes No
If yes, what is the medical problem that is being treated?

2. Is your child taking any medications now? Yes No
If yes, what medications is he/she taking?

3. Has your child ever had to stay in the hospital or had a serious illness? Yes No
If yes, what was the problem or illness?

4. Does your child have ANY allergies, including allergies to drugs or medications,
i.e. penicillin, or allergies to wood resin or rosin? Yes No
If so, please name the allergies and/or drugs:

Does your child bleed excessively or bruise easily? Yes No

If he/she is cut or bruised, does it take a long time to heal? Yes No

Does your child have any of the following?

Heart disease	Yes	No	Epilepsy (seizures)	Yes	No
Heart murmur	Yes	No	Diabetes	Yes	No
Rheumatic Fever	Yes	No	Hepatitis (jaundice)	Yes	No
Scarlet Fever	Yes	No	Liver disease	Yes	No
Asthma	Yes	No	Lung disease	Yes	No
Hay fever	Yes	No	Pneumonia or TB	Yes	No
Fainting spells	Yes	No	HIV/AIDS	Yes	No
Sexually Transmitted Disease	Yes	No			

Has your child ever had local anaesthetic (freezing)? Yes No

If yes, did the freezing make them sick? Yes No

THIS PART OF THE CONSENT MUST BE READ AND SIGNED BY THE PARENT OR LEGAL GUARDIAN

I want my child to participate in the Children's Oral Health Initiative program, which includes fluoride varnish, sealants, and alternative restorative treatment (temporary fillings).

Yes No

Yes, I have read the description of COHI services which is attached to this consent form and understand the risks and benefits

I give permission for my child to receive treatment, in addition to COHI, as recommended by the dental therapist.

Yes No

COMMENTS

By signing below, I:

- Give my consent for the First Nations Health Authority to collect, use and disclose information about the children for the purposes of the Children's Oral Health Initiative and the Dental Therapy Program
- Give my consent for the band to release the child's registration/status number
- Understand that the personal information of the child is protected under the Personal Information Protection Act of BC or disclosed within the conditions set out in that Act
- Understand that dental program records and data information may be used by the First Nations Health Authority for management and administration purposes only directly related to the Children's Oral Health Initiative and the Dental Therapy Program
- Confirm that I have read and understand the content of the Consent Form
- Choose to give my consent voluntarily
- Understand that this consent will remain in effect while the child is participating in COHI or until it is withdrawn by a parent, guardian, or authorized representative of the child named in this form

NAME OF PARENT / LEGAL GUARDIAN / AUTHORIZED REPRESENTATIVE (PLEASE PRINT)

SIGNATURE OF PARENT / LEGAL GUARDIAN / AUTHORIZED REPRESENTATIVE

DATE (DAY / MONTH / YEAR)



First Nations Health Authority
Health through wellness

Children's Oral Health Initiative (COHI) Consent Form - Child

TO BE COMPLETED BY PARENT, LEGAL GUARDIAN OR AUTHORIZED REPRESENTATIVE

Grade _____

Please print the name of the child you are consenting to receive dental services:

CHILD'S LEGAL LAST NAME _____ CHILD'S LEGAL FIRST NAME _____

DAY: _____ MONTH: _____ YEAR: 20 _____

DATE OF BIRTH _____ REGISTRATION / STATUS NUMBER (10 DIGIT NUMBER) _____

Gender: MALE FEMALE Name of Child's Dentist: _____

HEALTH HISTORY OF THE CHILD NAMED ABOVE

Does the child have any heart problems?	YES	NO	DON'T KNOW
Does the child have any bleeding problems?	YES	NO	DON'T KNOW
Does the child have any allergies?	YES	NO	DON'T KNOW

If yes, please explain: _____

Does the child have any other health conditions?	YES	NO	DON'T KNOW
--	------------	-----------	-------------------

If yes, please explain: _____

By signing below, I _____

- A) give my consent for the child (named above) to receive any of the following dental services as recommended by the COHI dental therapist or dental hygienist:
 - screening
 - dental sealants
 - fluoride varnish
 - instruction on healthy dental habits
 - temporary fillings (ART/IST)
- B) confirm that I have read the description of these COHI services on the reverse of this form and understand the risks and benefits:
 - YES NO
- C) give my consent for the First Nations Health Authority to collect, use and disclose information about the child for the purposes of the Children's Oral Health Initiative;
- D) give my consent for the band to release the child's registration/status number;
- E) understand that the personal information of the child is protected under the *Personal Information Protection Act of BC* and the information may only be used or disclosed within the conditions set out in that Act;
- F) understand that dental program records and data information may be used by the First Nations Health Authority for management and administration purposes only directly related to the Children's Oral Health Initiative;
- G) choose to give my consent voluntarily;
- H) understand that this consent will remain in effect while the child is participating in COHI or until it is withdrawn by a parent, legal guardian or authorized representative of the above-named child.

Parent, Legal Guardian or Authorized Representative, please print & sign your name with date & telephone number below:

LAST NAME OF PARENT, LEGAL GUARDIAN, AUTHORIZED REPRESENTATIVE / FIRST NAME OF PARENT, LEGAL GUARDIAN, AUTHORIZED REPRESENTATIVE

SIGNATURE OF PARENT, LEGAL GUARDIAN, AUTHORIZED REPRESENTATIVE

PHONE NUMBER

DATE (DAY / MONTH / YEAR)

DESIGNATED REPRESENTATIVE TRAINING

This FREE training allows participants to consider how they can best promote the safety and well-being of children while ensuring that their rights to culture and community are respected and upheld by the court.



Treaty 8 Tribal Association
10233 100 Ave | Fort St John

October 17-19, 2023

TO REGISTER SEND EMAIL TO:
dyoung@nenan.ca

Breakfast and Lunch provided.



A COLLABORATION BETWEEN NENAN DANE-ZAA DEH ZONA AND TREATY 8 TRIBAL ASSOCIATION



Linda Krystina Safe House
for Women and Children Escaping Violence

Community Outreach and Housing
available 24/7

Please call for more information and support
(250) 401-8079

srougeau@saulteau.com



Stay Connected with Indigenous Stories

Google and Meta are blocking Canadian news organizations on their platforms in response to the Online News Act (Bill C-18). The purpose of Bill C-18 is to “enhance fairness in Canadian digital news” by requiring Meta and Google to pay Canadian news publishers for content.

These changes have already affected your ability to read and engage with Indigenous news and storytelling from IndigiNews.

Stay connected with IndigiNews as we continue our work of amplifying under-represented stories in “Canadian” media.

Subscribe to our newsletter
indiginews.com



Follow us
@IndigiNewsMedia on Twitter
@IndigiNews on LinkedIn
@IndigiNews on Tiktok



Reflections on Jordan's Principle

A facilitated panel discussion with four guests on Jordan's Principle Delivery in your region.

Treaty 8 Tribal Association Large Boardroom
10233 100 Avenue

September 11, 2023

12:00 PM Opening and Lunch
1:00 PM Start
2:30 PM End
2:45 PM Close

Hosted by: Miah O'Neil-Simpson
Treaty 8 Tribal Association

Facilitators:
Jordan's Principle Enhanced Service Coordination Hub of BC

We look forward to seeing you there!

Event will be recorded and virtual.
For virtual details please contact us at jpsc@treaty8.bc.ca

IF YOUR CHILD IS ENTERING SCHOOL, DO THEY HAVE THEIR VACCINES?



BC Routine Immunization Schedule INFANTS & CHILDREN



Vaccine (Click on the vaccine name to view the vaccine HealthLinkBC file)	Child's Age					
	2 Months	4 Months	6 Months	12 Months	18 Months	Starting at 4 years (measles only)
DTaP-HB-IPV-Hib <small>(Diphtheria, tetanus, pertussis, Haemophilus B pertussis, pneumococcal conjugate type 9)</small>	✓	✓	✓			
Pneumococcal Conjugate¹	✓	✓		✓		
Rotavirus	✓	✓	✓			
Meningococcal C Conjugate	✓			✓		
MMR <small>(measles, mumps, rubella)</small>				✓		
Varicella¹ <small>(chickenpox)</small>				✓		
DTaP-IPV-Hib <small>(Diphtheria, tetanus, pertussis, Haemophilus B pertussis, pneumococcal conjugate type 9)</small>					✓	
Tdap-IPV <small>(tetanus, diphtheria, pertussis, polio)</small>						✓
MMRV² <small>(measles, mumps, rubella, varicella)</small>						✓
Influenza <small>(seasonal)</small>				✓	Annually for children 4 months to 4 years of age	
Hepatitis A¹ <small>(Hepatitis A virus infection)</small>			✓		✓	

This chart shows all the recommended vaccines for BC children and babies. Take a look at the far right hand column "kindergarten entry".

What vaccines should my child get before entering school?

- 2 needles
- These protect your child from Tetanus, diphtheria, whooping cough, polio, measles, mumps, rubella and chicken pox.

Where can my child get vaccinated?

- At Saulneau First Nations Health Center - Call 250 788-7371 to speak with Heather, Community Health Nurse, or
- At the Chetwynd Primary Care Clinic

Keeping track of your child's immunizations

- Records are kept in the computer records at the SFN Health Center
- Records are sent to the BC Public Health system and can be accessed by any BC clinic, nurse or doctor.
- You can request copies from Heather, the SFN Community Health Nurse any time you need these.

(adapted from <https://immunizebc.ca/what-vaccines-does-your-child-need-and-when> April 21, 2021)

OCTOBER 3RD TO 5TH, 2023
8:30 am - 4:00 pm

**AT THE SAULTEAU
FIRST NATIONS
HEALTH CENTRE**

SMUDGING AND CEDAR BRUSHING

CONTACT MELVA TO BOOK 250-788-7280



How to Use Hand Sanitizer the Right Way



Apply sanitizer to hands.

Cover all surfaces of hands.

Rub hands together until dry.



www.cdc.gov/handwashing



CS25806-A



What happens when you make a complaint?

THE QUALITY CARE COORDINATOR WILL SET UP AN INTAKE CALL TO DISCUSS:

- Your experience in more detail
- Your desired outcomes
- The next steps in the management of your complaint
- Support services

IF YOU WISH TO MAKE A FORMAL COMPLAINT

- ✓ We will help you write a letter to the regulatory college, health authority or specific FNHA department for review.
- ✓ We will keep you informed of the review timeline and offer you support services for your wholistic wellness.
- ✓ You *will* receive a written response from the organization addressing your experience directly.
- ✓ We can organize a Learning or Healing Circle.

IF YOU WISH TO HAVE YOUR EXPERIENCE DOCUMENTED AS FEEDBACK:

- ✓ We will document your experience in our complaints management system.
- ✓ We can share an anonymous letter to the organization where your care experience occurred.
- ✓ You *will not* receive a response from the organization addressing your experience.
- ✓ You may not feel ready to go through the formal complaint process yet. If you change your mind in a few months or a few years, we are here to support you.



NORTHERN REGION
First Nations Health Authority

What is a poor quality of health care experience?

First Nations people have the right to access a health care system that is free of racism and discrimination and to feel safe when accessing health care. This means individuals, families and communities are able to voice their perspectives, ask questions and be respected by health care professionals on their beliefs, behaviours and values. Clients and their families have the right to raise concerns and receive a timely response to their concerns, without fear of retribution or an impact on their health services and care.

WHAT DOES A POOR QUALITY OF HEALTH CARE EXPERIENCE LOOK LIKE?

- Culturally unsafe care
- Racism, discrimination and stereotyping when accessing health care
- Dismissive responses from health care professionals
- Lack of accountability from health care professionals
- Lack of communication from health care professionals
- Unreasonable delays
- Breaches of confidentiality

The First Nations Health Authority respects each First Nation's right to self-governance. Therefore, if we receive a complaint regarding community-led initiatives, we will refer the individual to the appropriate community pathway to have their concerns addressed.

QualityNorth@fnha.ca | 1-844-935-1044



NORTHERN REGION
First Nations Health Authority

How was your quality of care? Let FNHA know.

Program Vision: Health and wellness programs and services that are safe and accountable to BC First Nations.

Program Mission: In the spirit of program excellence and continuous quality improvement, this office will centre the voice and wisdom of BC First Nations by using their experiences to define, improve and ensure accountability for safe health care.

We are here to receive any feedback you have about the care you, your family members or your loved ones have received, and to provide a transparent process for responding to concerns you may have about your care or for passing on your compliments.



Why you might contact us:

- **Make a complaint:** Tell us if the care you received did not meet your expectations.
- **Share a compliment:** Let us know if you had a positive experience. We can pass on your positive feedback to the people and teams that made a difference in your care.
- **Ask a question:** Do you have a question about a program or service? Are you wanting more information about your health records? Feel free to reach out and we'd be happy to navigate you to the right people or information.

What happens when you contact us:

When you contact us by email or leaving us a voicemail, we will get in touch within two business days. Our Quality Care Coordinator will then give you a call to get more information about your experience.

**Contact the Quality Care
and Safety Office at:**

Toll-free line at: 1-844-935-1044

Email at: QualityNorth@fnha.ca

Scan here for more information



ELDERS GROUP
SEPTEMBER 5TH, 11:00
TO 1:00 IN THE GYM

Chair Stretches

With Starr



Kahkiyaw awiyak
Āstam, api ēkwa kiyam!

Easy beginner movements in a chair with calming breathing exercises will help release tension and stress, making you feel light and energized. Stay for some wihkasin lunch afterwards.

Elders Group Meeting

September 12th 11:00 am to 1:00 pm.

There will not be a Elders Group on September 19th as the Health Center is closed.



Come join us for Soup and Bannock. We will also be discussing the upcoming Elders Trip and future events.

COMING TO SAULTEAU SEPT 28

IRINA CIVIDINO
R. AC, R. TCMP,
DR. TCM (DIP)

1 HR SESSIONS

ACUPUNCTURE, ACUPRESSURE
GUA SHA, GLASS CUPPING



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Pacific Blue Cross
Sunlife, Canada Life
and many more...



1,000,000,000,000 germs can live in one gram of poop

(That's the weight of a paper clip!)

WASH YOUR HANDS after using the toilet



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention



Bear Grease Class

Come to New Beginings House to learn how to make Bear Grease
9 am to 5 pm
September 22nd
Lunch will be provided.



WASH YOUR HANDS!

- 1 Wet
- 2 Get Soap
- 3 Scrub
- 4 Rinse
- 5 Dry

Hands that look clean can still have icky germs!

www.cdc.gov/handwashing

CDC U.S. Department of Health and Human Services
Centers for Disease Control and Prevention



Canning Haskap Pie Filling



come to New Beginings house on September 7th 5:00pm to 8:00pm and learn how to can Haskap Pie Filling. Children welcome with supervision

Saulteau Health Center Closure



The Health Center will be closed from September 18th to 21st for Professional Developement.

The Health Center will reopen on September 23rd at 8:00 am.



“I don't need a Narcan kit because I don't use drugs and I don't hang around people who use drugs”

What about people who DON'T use drugs?
What about children?

- Opioids account for 52% of overdose deaths in young children
- 60% of these deaths happen in a child's home
- Young children and toddlers move quick and are always exploring
- Dangerous pills look like candy to a child.
- Pills can fall out of someone's pocket and be on your carpet, in the couch creases, in the yard or at a park.
- Do what you can to lock up medications safely.
- But be prepared for the worst case scenario.
- Always keep NARCAN in your home.
- Narcan is safe for babies and children
- You use the same dose as for an adult.



**NARCAN
SAVES
LIVES**

Grief and Loss Workshop at New Beginnings House

September 29th to October 2nd

Learn about grief, loss, and the mental and emotional impacts of losing a loved one. This workshop will also cover Indigenous beliefs and ceremonies, how to grieve in a healthy way, and what selfcare and support looks like.

Food and drinks will be provided. Space is limited. To sign up, please contact Melva at 250-788-7280

DIABETES PREVENTION GYM AND SWIM PASSES

The Health Center has Gym and Swim passes available starting September 1, 2023. Please come to the Health Center to fill out the paperwork. Passes are for on reserve members only.



Spreading germs is OUT. Handwashing is IN!



Handwashing is one of the most important things we can do to avoid getting sick and spreading germs to others.



Centers for Disease
Control and Prevention
National Center for Emerging
and Zoonotic Infectious Diseases

www.cdc.gov/handwashing

Jam and Salsa Canning Class

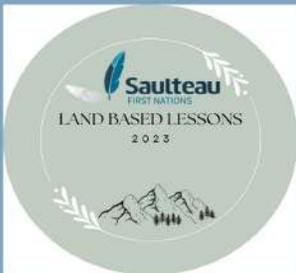


September 8th,
9 am to 5 pm at
New Begining
House

Come join us to learn how to make jam and salsa. Lunch will be provided. Children welcome with supervision



Jam and Salsa Canning Class
September 14th
5:00-8:00 pm
New Beginings House
Children welcome with supervision.



Jam and Salsa Class
New Beginings house
September 21st
5-8 pm.
Children welcome with supervision



HEATHER'S HEALTH HOUR

September 12, 2023
10 am

At the SFN Health Center

September's topic

Home canning safety

Come learn some safety tips for canning this season's bounty.

Enter to win a prize – This time it is a T'Fal Air Fryer

Choose a \$10 gift card each time you attend a session.



Home canning safety

Canning food allows us to save what we grow and pick while it is in season, and enjoy it later on. It can save money and provide security for our families. If these foods are not prepared or bottled properly they can make you very sick. Here are some safety tips to keep in mind during this canning season.

Health risks

Botulism is serious and sometimes fatal. Improper home canning can provide ideal conditions for it to grow. Botulism doesn't change the colour, odour or taste of food. Symptoms of botulism usually appear 12 to 36 hours after eating the contaminated food and can be very serious.

- nausea
- vomiting
- fatigue
- dizziness
- headache
- double vision
- dryness in the throat and nose

Symptoms will usually last two hours to 14 days but some can last longer. Pregnant people, children under age 5, the elderly and those with weakened immune systems are most at risk of serious outcomes.

Before you start canning

Foods for canning are classified into two types: high-acid foods and low-acid foods. Each type needs to be prepared differently to prevent the growth of harmful bacteria. Before you start canning, you need to determine the acid level of the food.

- **High-acid foods (require a boiling water canner)** The natural acid in the food will prevent botulism bacteria from growing and the heating will kill most yeasts, moulds and bacteria that could be present.
- **Low-acid foods (require a pressure canner)** Tomatoes are a borderline high-acid food and need an acid, such as lemon juice or vinegar, to be added for safer canning. Mixtures of low and high acid foods, such as spaghetti sauce with meat, vegetables and tomatoes, are considered low-acid foods. The level of temperature needed to kill botulism bacteria for low-acid foods can only be reached by using a pressure canner.

	Examples
High Acid Foods	Low Acid Foods
Fruit	Most fresh vegetables except tomatoes
Jams, jellies, marmalades	Meat, and poultry
Fruit butters	Seafood - fish and shellfish
Pickles and sauerkraut	Soup and milk
Tomatoes with added lemon juice or vinegar	Spaghetti sauce with meat, vegetables and tomatoes



Serious health risks can include:

- respiratory failure
- paralysis
- death

Safety tips

If you have never done any canning before, ask an experienced friend or relative to show you how, take a home canning course, or read current books and magazines.

Cleaning

Keeping everything clean will help eliminate bacteria and reduce the risk of food related illness.

- **Wash your hands** with soap and warm water for at least 20 seconds.
- **Wash your fresh fruits and vegetables** gently under cool, running, drinkable water before preparing and eating them.
- Use one cutting board for produce, and a separate one for raw meat, poultry, fish and seafood.
- Sanitize countertops, cutting boards and utensils before and after preparing food. Use a kitchen sanitizer (following the directions on the container) or a bleach solution (5 ml household bleach to 750 ml of water), and rinse with water.

Cooking

- Use a boiling water canner or a pressure canner according to the acidity of the food.
- Add an acid, such as lemon juice or vinegar, to some foods to help increase the acidity of the food.
- Never change the processing times or pressure levels. Substitutions can affect the time the canned or bottled food requires in the boiling water canner or pressure canner and can allow the botulism bacteria to remain in the finished canned or bottled product.
- Check from time to time that cooking or heating temperatures are maintained.
- Make sure the steam pressure is being maintained.

Safe equipment and recipes

- Only use proper jars for home canning or bottling.
- Only use new self-sealing lids and make sure the sealing compound is not damaged.
- Do not reuse old lids, even if they appear to be in good condition.
- Use only current, tested home canning recipes.
- Never substitute the jar size or the amounts of ingredients that are recommended in the recipe.
- Fill the jar leaving the recommended space at the top.

Storing

- Label and date all home canned foods before you **store** them.
- Store them in a cool, dry place.
- Once the container has been opened, refrigerate leftovers.
- Once a container containing seafood or meat has been opened, refrigerate it immediately and throw it out no more than 3-4 days after opening.
- Use all canned or bottled foods within one year for best quality.
- If in doubt, throw it out!



Hunting Safety



- Treat every gun like it's loaded
- Bring first aid supplies
- Use appropriate equipment
- Tell someone where you're going and when you'll be back
- Protect your eyes and ears
- Wear orange so other hunters can be aware of you
- Watch for other drivers
- Ensure your vehicle is prepared



Mental Health and Wellness Committee

The next meeting of the SFN Health Centre's Mental Health and Wellness Committee will take place at 10am on Thursday, September 28th at the Aski Boardroom, 2194 Atooske-Win Road Moberly Lake, BC.

This meeting is open to all Saulteau community members and staff and will be co-chaired by councilors Juritha Owens and Colleen Totusek.

The committee's work aims at identifying and developing action based solutions to improve mental health in community.

Any questions can be directed to Mental Wellness and Substance Abuse Counsellor @ 250-401-7616.



 THE UNIVERSITY OF BRITISH COLUMBIA
Faculty of Medicine

UBC's

2023 MINI MED SCHOOLS

PRINCE GEORGE
September 16, 2023
at the University of Northern British Columbia

KELOWNA
September 23, 2023
at the University of British Columbia Okanagan

Our inaugural Mini Med School Pre-Admissions Workshops for **Indigenous and Black** pre-med students aren't just for those who are attending university — it's also for students in grades 11 and 12 who want to explore what it means to attend university and embark on a journey to becoming a healthcare professional.

FOR MORE INFORMATION & TO REGISTER ONLINE CLICK THE FOLLOWING LINK:

https://ubc.ca/qualtrics.com/jfe/form/SV_24r8HHk5Vvy91ly

DEADLINE FOR REGISTRATION IS SEPTEMBER 8, 2023



Muscle Rub
Salve Making
Class
5:00 to
8:00pm
September
28th
New
Beginnings
House



HAPPY
Birthday!
 —TO YOU—
**MOM/KOKUM
 &
 SIS/AUNTIE ALISA
 ON SEPTEMBER 19TH!**

Love Ashley, Cory, and Riel



SEPTEMBER



Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
3	4 Labour Day Statutory Holiday (STAT)	5 Non-Instructional Day (NID) Staff in school	6 First Day of School 10:45-2:00	7 First Full Day 8:45-3:00	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30 National day for Truth & Reconciliation



The Nikanêse Wah tzee Stewardship Society invites you to a

COMMUNITY EVENT

Friday, September 22nd, 4pm-8pm

Celebrating 10 years of caribou recovery work

Place to be determined

**Join us for a family-friendly evening of socializing,
art-viewing, and food - supper will be provided**

4 pm event begins

6 pm supper served

7 pm prizes and awards

8 pm event closes



SAULTEAU FIRST NATIONS AND
WEST MOBERLY FIRST NATIONS

HEALTH FAIR

REIKI-HYPNOTHERAPY-JENN CASEY-
HEARTCORE HEALING-ORCHIDS AND
MOONLIGHT HOLISTIC- FIRST NATIONS
HEALTH AUTHORITY-NORTHERN
HEALTH-PLUM COUNSELLING-DREA'S
FOOTCARE-SAULTEAU FIRST NATIONS
HEALTH CENTER-WEST MOBERLY FIRST
NATIONS

Tuesday September 26, 2023
10am - 7pm
Saulteau First Nations Gym



BC FIRST NATIONS
JUSTICE COUNCIL



INDIGENOUS WOMEN & 2SLGBTQQIA+ JUSTICE PLAN Community Engagement Sessions

Calling on Indigenous Women, Girls, 2SLGBTQQIA+, MMIWG2S+ Family and Survivors, Grassroots activists, service providers and community members.

BCFNJC wants to work to transform the justice system and we need your voice.

Engagement Sessions include:

- **Lunch**
- **Review of the Indigenous Women's Justice Plan Guiding Draft**
- **Community-led Action Planning: How can BCFNJC help the community**

To **RSVP** or to learn more about these sessions and the Indigenous Women's Justice Plan, the guiding draft, and how you can participate visit our Community Engagement Calendar on our website bcfnjc.com/engagement-calendar/ or scan the **QR Code** or email:

women2s@bcfnjc.com

BC First Nations Justice Council
303 - 1979 Old Okanagan Hwy
Westbank BC
1-877-602-4858 (Toll-Free)
info@bcfnjc.com



bcfnjc.com | [@bcfnjc](https://www.instagram.com/bcfnjc)

	Prince Rupert Sept 11, 2023 12pm-4pm Indigenous Justice Centre
	Terrace Sept 12, 2023 12pm-4pm Kitselas Community Hall
	Hazelton Sept 13, 2023 12pm-4pm Gitanmaax Community Hall
	Burns Lake Sept 14, 2023 12pm-4pm Tzil Kaz Koh Gathering Place
	Fort St. John Sept 19, 2023 12pm-4pm Northern Grand Hotel
	Fort Nelson Sept 21, 2023 12pm-4pm Fort Nelson Friendship Centre

RSVP



BC FIRST NATIONS
JUSTICE COUNCIL



INDIGENOUS YOUTH JUSTICE Community Engagement Sessions

CALLING ALL INDIGENOUS YOUTH!
(Ages 12- 29+)

Please join our Indigenous Youth Justice Team this fall during one of our **Community Engagement Sessions**.

Be part of designing a Justice Plan for Indigenous Youth by Indigenous Youth.

Engagement Sessions include:

- **Dinner**
- **A sharing circle to share your experiences**
- **Collaboration to create plans for the future**

To **RSVP** or to learn more about these sessions and other **BCFNJC community engagements**, visit our Community Engagement Calendar on our website bcfnjc.com/engagement-calendar/ or scan the **QR Code** or email:

youth@bcfnjc.com

BC First Nations Justice Council
303 - 1979 Old Okanagan Hwy
Westbank BC
1-877-602-4858 (Toll-Free)
info@bcfnjc.com

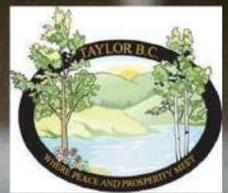


bcfnjc.com | [@bcfnjc](https://www.instagram.com/bcfnjc)

	Prince Rupert Sept 11, 2023 5pm-7pm Indigenous Justice Centre
	Terrace Sept 12, 2023 5pm-7pm Kitselas Community Hall
	Hazelton Sept 13, 2023 5pm-7pm Gitanmaax Community Hall
	Burns Lake Sept 14, 2023 5pm-7pm Tzil Kaz Koh Gathering Place
	Fort St. John Sept 19, 2023 5pm-7pm Northern Grand Hotel
	Fort Nelson Sept 21, 2023 5pm-7pm Fort Nelson Friendship Centre

RSVP





16th Annual Spirit of the Peace Competition Powwow September 1-3, 2023 9880 Cherry Avenue, Taylor, BC EVERYONE WELCOME

Grand Entry Times:
Friday 7PM, Saturday
1PM & 7PM, Sunday
1PM

Registration times:
Friday 4-6:30pm
Saturday 10am to 12:30pm

**MC's : Stan Isadore & Devin
Bellerose**
**Arena Directors: George Desjarlais
& Josh Matwiy**
Head Drum Judge- Farley Cardinal

**Buckskin & Tiny Tots daily
honorarium**
**Drum Split for non-competing
drums**

**Committee Specials
TBA**

This is a drug and alcohol free event

**Disclaimer: Spirit of the Peace
Powwow Society is not responsible for
any lost, stolen, or damage from your
attendance at the event**

Competition Categories:
Traditional, Jingle Fancy,
Grass, Chicken

- **Golden Age 55+
(combined)**
- **Adult (18-54)**
- **Teen (13-17)**
- **Junior (6-12)**

Drum Contest:
* **Minmum of 5 drummers**
* **Backup Singers Welcome**



**Men VS Teens
Grass Special
5000.00 payout
hosted by Jason
Dick**

**For more info contact Connie
Greyeyes 250-793-1468**

**Vendors contact Patsy
Greyeyes 250-793-0959**

Camping available on site

Call Out to Artists

DESIGN A MEN'S WELLNESS LOGO

- One (1) logo that is representative of Indigenous men's health
- The logo will be used for future FNHA Northern Region's men's health events
- Logo should showcase the culture and art from the diverse regions of northern BC
- Successful artist(s) will be paid \$2,000 for the logo

SUBMISSION REQUIREMENTS

- The logo is an original concept design created for this call out
- Design is submitted digitally, drafted to scale
- Include a written or oral video statement (MP4 or MOV format) about the design's story and context
- Provide information about the artist's experience
- Explain use of particular colours



NORTHERN REGION
First Nations Health Authority

Submit by September 7, 2023 to Carol.Whetter@fnha.ca

Notice to Members

September 2023

Saulteau Solar Project

Please note all homes selected for solar installs will need to complete EnerGuide home evaluations, a required step for Saulteau to receive a rebate for solar panels.

- **90 min evaluation - prior to solar install**
- **30 min evaluation - after solar install**



After the initial evaluation, **SUNSPEAR** will be in touch to schedule your home solar installation, typically 1-3 days before your installation.

For any questions relating to your home solar project, including to arrange specific installation times, please contact Project Coordinator **Cory Bigham**.

(778) 791.7828 | cory@sunspearmicrogrid.ca

NORTH WIND SUPPLIES



Your local Timberland Pro footwear and apparel dealer
EXCLUSIVE OFFER FOR SAULTEAU BAND MEMBERS ONLY!

Please be prepared to show status card as proof of Sauletau membership

From now until Sept. 29 receive **20% off** Timberland purchases*.

*Cash/Debit/Credit Card purchases only — cannot be processed on charge accounts

\$28
WAS: \$35

\$32
WAS: \$40

\$56
WAS: \$70

\$248
WAS: \$310

\$88
WAS: \$110

\$68
WAS: \$85

\$224
WAS: \$280

\$144
WAS: \$180

\$120
WAS: \$150

\$240
WAS: \$300

\$88
WAS: \$110

\$32
WAS: \$40

SAULTEAU FIRST NATION

WILDLAND FIREFIGHTER TRAINING S-100 COURSE



Interested in Signing Up?

There's no age limit or physical requirement for the S-100/S-185 course.

CONTACT
JGILBERT@SAULTEAU.COM
OR SEE JAMIE KRISTOFFY
AT THE BAND HALL TO SIGN UP!

BENEFITS TO PARTICIPANTS

- Can apply for their own cultural fire exemption which can be used for smoking meat and other uses.
- Path to a job in wildland firefighting.
- Asset for forestry and road construction jobs.
- Helps if they want to volunteer for the local fire department.
- Potentially could lead to having Sauletau's own fire crew if enough people are interested.

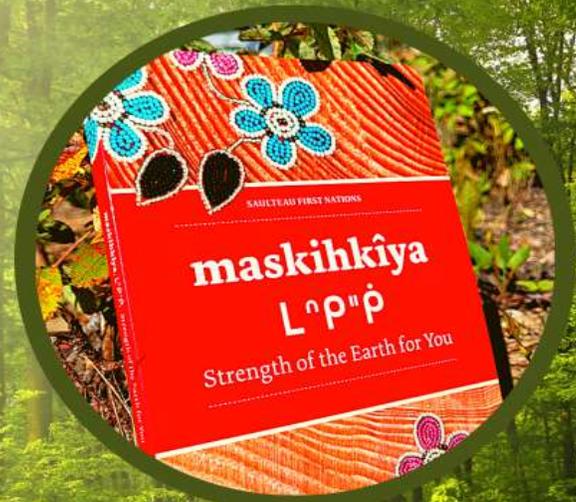
Carbon Lake Is Now Open!

Carbon Lake is OPEN from now until the end of September for overnight stays.

Please contact Sandra to fill out a form to book your time.

salexander@saulteau.com

Monday-Thursday



Ethnobotany Book Available

FOR MEMBERS ONLY
 ONE COPY PER HOUSEHOLD
 PICK UP AT THE TREP DEPARTMENT

Tānisi Saulteau community, family and friends,

In August, I was fortunate to be able to help with clean-up of the Carbon Dinosaur Tracks Site. A team of 3 Paleontologists from the Royal BC Museum and 3 Masters students attended to this site for roughly one week. For the last couple days, 2 volunteers from the Tumbler Ridge GeoPark team showed up and helped as well.

While at site, we cleaned up, took silicon moulds of some of the tracks, took rock samples to be analyzed at the RBCM, opened up new area tracks, took photographs of tracks to be converted to 3D models with software at the RBCM, laid out a grid for the site, did measurements of the tracks and did a complete site map.



Some interesting points to this site are:
...This site is possibly one of a kind for North America.
...There is a 4 toed meat-eater track here that has not been identified as yet. One of the students is doing his Masters Thesis on this dinosaur.
...Roughly 1/6 of the site is uncovered, so there are a lot of discoveries still to be made here. Had



Had chance to discuss the Tumbler GeoPark with the volunteers. Was remarkable to find out that they had 20,000 visitors to their site last year. With this site being so remote, was also a disturbing thought, as I couldn't imagine this many people attending to this site with no supervision or controls in place. This site was vandalized in 2021, by locals trying to steal some tracks.

If you see any polluting or poaching, please contact the RAPP line at 1-877-952-7277. If you are having trouble getting through, please contact me as follows. For any questions or concerns, please call me at 250-788-6442 (cell) or email tom.aird@saulteau.com and I will do my best to help you.

Kinanaskomitin,

Tom Aird
(250)788-6442 cell
tom.aird@saulteau.com

While working here we had site visitors every day. Did not expect this much visitor traffic.

Who We Are



T8TA-TARR

The Treaty 8 Tribal Association (T8TA) supports and provides advisory services to BC's Treaty 8 First Nations. The purpose is to achieve sustainable shared economic prosperity and create strong proud communities. We strive to do all of this; while preserving our cultural heritage and protecting the environment and our historic Treaty 8 Rights and interests.

Havlik Consulting Group

The Havlik Consulting Group (HCG) is a small firm with a focus on historical claims research and negotiations for our First Nations clients.

We are proud to have worked with T8TA-TARR for nearly 30 years, providing claims research and advisory services.



Interested? Contact Us:

Marlene Roy
Executive Director, T8TA
tarr@treaty8.bc.ca
<http://treaty8.bc.ca>

Morgan Chapman
Research Manager
Havlik Consulting Group
mchapman@thehavlikgroup.ca



Treaty 8 Tribal Association

Treaty and Aboriginal Rights Research

Community Interviews



Meet the Interview Team



Morgan Chapman



Cheyenne Smith



Alexa Heenan



Hannah Durrant



Julia Bristow

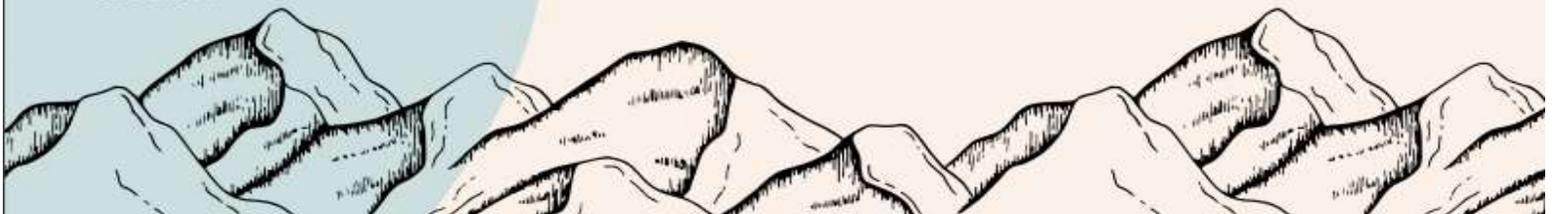
What is a Specific Claim?

- Specific Claims deal with past wrongs against First Nations
- These claims relate to the administration of land and other First Nation assets and to the fulfilment of historic treaties and other agreements
- They are separate and distinct from comprehensive land claims or modern treaties
- Intended as an alternative to court for First Nation historical grievances
- Most outstanding lawful obligations of the Federal Crown are eligible
- Claims must be at least 15 years old

Community Interviews

We want to hear from you! Our questions will focus on:

- Your understanding of your treaty rights under Treaty 8
- Personal or family stories about using your treaty rights
- How your treaty rights have been affected by outsiders
- How your way of life has changed since treaty
- Specific questions on your spiritual, cultural and/or religious practices



SFN DEPARTMENT HIGHLIGHT: PEOPLE & INFORMATION



Julie Romine - Manager of People & Information
Time Employed at Saulteau: 2 Years
Favourite Past-time: *I enjoy spending time at home with my husband and our animals, and surfing vacation deals.*
Coveted Superpower: *Curing Cancer*
Dream Travel Destination: *New Zealand*

Cat Karstens - HR Generalist
Time Employed at Saulteau: 20 Months
Favourite Past-time: *Being active, doing arts & crafts & spending time with my family & friends.*
Coveted Superpower: *Super Smart*
Dream Travel Destination: *Mauritius*



Rebecca Taylor - HR Recruiter
Time Employed at Saulteau: 2 Years
Favourite Past-time: *hiking, watching hockey (especially my son!) and spending time with family*
Coveted Superpower: *Teleportation*
Dream Travel Destination: *Japan*

Caitlin Vince - Communication Coordinator
Time Employed at Saulteau: *Since February 2023*
Favourite Past-time: *Spending time outdoors & hosting events!*
Coveted Superpower: *Flight*
Dream Travel Destination: *Bali & Indonesia*



Aislinn Gentles - OHS & Safety/Emergency Management Coordinator
Time Employed at Saulteau: *Since October 2022*
Favourite Past-time: *Reading, and anything on or near water.*
Coveted Superpower: *Ability to Freeze Time*
Dream Travel Destination: *Antarctica*

Jaci Gilbert - Emergency Program Assistant
Time Employed at Saulteau: 2 Months
Favourite Past-time: *I like to play sports mainly hockey and rugby and do general outdoor activities.*
Coveted Superpower: *Teleportation because I don't like driving*
Dream Travel Destination: *Australia to learn more about their cultural burning programs.*



COMMUNICATIONS



What Is SFN Communications?

The Communications Coordinator is the main link between Chief & Council, Staff, and the SFN Membership, as well as the general public.



What we do:

Manage and facilitate the social media accounts, update the SFN website, create posters for events & informational graphics, facilitate the audio visual for community meetings, create & distribute surveys, and curate & publish the monthly SFN Newsletter.

Why is it important?

Clear, concise, and accurate communication from Leadership and staff is important to the overall health of the SFN Community. The membership needs to be informed of the decisions that are being made that affect their every-day lives.



What's New:

We're working with our contracted website developer, Salt Media, to revamp the SFN website to make it more user-friendly for everyone. The new website will be hosted through WordPress and will be launching fall 2023!



The SFN App is under development with Kommunikit, an Indigenous-Owned, Canadian company that specializes in building Branded Apps for First Nation Communities. The SFN App will be downloadable on iOS and Android devices and will allow SFN Members to opt in to receiving notifications for job postings, events, and important emergency announcements (ie. wildfire alerts, evacuations etc.) - All sent directly to your phone! Launching soon.

HUMAN RESOURCES



What Is Human Resources?

The HR Team builds the capability and capacity of SFN by ensuring the work environment fosters personal and professional growth for all employees.



What we do:

The HR Team responds to internal and external HR related matters, maintains personnel records and confidential human resource files, works with finance to facilitate payroll & benefits, and assists managers in probationary reviews and provides internal policy advice.

Why is it important?

The HR Team is in charge of keeping employees safe, healthy, and satisfied. With proper HR management, workplace policies keep up with necessary protective measures and implementation and provide solutions to issues between team members, avoiding risk for the Nation and its employees.



What's New:

HR is working on HR Policy and procedure revisions to ensure our policies are in line with the Canadian Labour Code. Additionally, HR will be coordinating management and employee training on the policies as they are approved by Chief and Council.



HR RECRUITMENT



What Is SFN Recruitment?

We focus on finding the right applicants for the job and ensure that the onboarding process with the Nation is a positive and informative experience!



What we do:

Provides consistent, centralized support to Department Managers in the recruitment of new employees, creates job postings, assists Managers in assessing candidate suitability, facilitates the New Employee Orientation process, maintains confidential HR files, and ensures that SFN adheres to all Canadian Labour Code standards in hiring practices.

Why is it important?

The individuals who make up the SFN staff are the backbone of the community and the HR Recruiter is the key to finding and hiring those people. We connect the people to the positions that build the Nation!



What's New:

HR Recruitment is working on revisions to our New Employee Onboarding Process: standardizing and streamlining the orientation process and creating a cultural component to better welcome employees into the Nation's worksites.

OCCUPATIONAL HEALTH & SAFETY

What Is SFN OHS?

SFN OHS is the safety system implemented by Saulteau as an employer which safeguards the health and well-being of our employees. The OHS Coordinator is the primary point of contact for any employees' concerns regarding their health, safety, or well-being in the workplace.

What we do:

OHS maintains the health and safety program implemented in the SFN workplace – this includes development of policies, implementation of safe work practices and procedures, workplace safety inspections, incident investigations, and working with employees to address unique health and safety concerns.

Why is it important?

We want our workplace to be as safe and healthy as possible – we value our employees and all of the incredible work they do for the nation, and we want to ensure they can continue that important work without fear of incident, accident, illness, or injury in the workplace

What's New:

A full-time staff position dedicated to OHS was established in October 2022. SFN OHS is working hard at standardizing and completing the safety system needed for SFN workers and types of work. The very first SFN OHS Manual has been completed and will be rolled out to staff this fall. The OHS Coordinator has been working with each department to address safety concerns and work towards emergency planning. The OHS Coordinator has also been working with HR and staff to ensure that workplace injuries are investigated and reported appropriately to avoid recurrence, and to ensure that workers injured in the workplace make a safe and timely return to work.

EMERGENCY MANAGEMENT

What Is Emergency Management?

Emergency Management includes all the activities the nation can undertake in the planning, mitigation, response to, and recovery from emergencies which may effect our community – this considers emergencies such as natural disasters, epidemics, or any event which would prevent the community from maintaining normal day-to-day life.

What we do:

We plan for potential emergencies, in consideration of available traditional and historic knowledge and the most up to date information. We pursue and manage projects which help to improve the nations emergency response capabilities. We ensure that in the event of an emergency, the governance of the nation is prepared to deal with the unique demands of an emergency in terms of operational needs, logistics, planning requirements, and financial organization.

Why is it important?

In the event of an emergency, we want to ensure we are as prepared as possible to assist both community members and the governance of SFN in functioning throughout the emergency. It is important to plan ahead and organize our response to give the community the best chance possible in remaining resilient, in making a safe and timely return to community, and in protecting the traditional lands, values, and cultural practices of SFN.

What's New:

We are currently managing active projects related to increasing internal resources, internal planning and data collection, and finalization of the SFN Emergency Management Plan. Highlights include –

- Acquisition of EOC Equipment & Training
- Acquisition of ESS Mobile Trailers & Training
- A community evacuation plan was created and finalized in March 2023.
- A Cultural Safety review of the Emergency Management Plan
- Heat Risk Mapping Project
- Hazard, Risk, & Vulnerabilities Assessment

SAULTEAU FIRST NATIONS JOB POSTINGS!

APPLY ONLINE TODAY! → WWW.SAULTEAU.COM/EMPLOYMENT



SFN CAREER OPPORTUNITIES

- LANDS OFFICER
- COMMUNITY EVENTS COORDINATOR
- RECEPTIONIST - CASUAL ON CALL
- FINANCIAL AND BUDGET ANALYST - 18 MONTH TERM
- HOMEMAKER (1 YEAR TERM)
- COMMUNITY HEALTH REPRESENTATIVE (CHR)
- CASUAL ON-CALL CUSTODIAN
- SOCIAL TRANSPORTATION DRIVER
- GROUNDS MAINTENANCE LEAD
- EARLY CHILDHOOD EDUCATOR



4EVERGREEN CAREER OPPORTUNITIES

- SENIOR ACCOUNTANT
- FINANCIAL CONTROLLER
- TRUCK MECHANIC
- HEAVY DUTY MECHANIC
- CONSTRUCTION SAFETY OFFICER
- CLASS 1 DRIVERS (LOG, COAL, LOWBED)
- EQUIPMENT OPERATORS (DOZERS, EXCAVATORS, BUNCHERS)



ASKI RECLAMATION CAREER OPPORTUNITIES

- INTERMEDIATE OR SENIOR AQUATIC SPECIALIST



NORTH WIND SUPPLIES CAREER OPPORTUNITIES



MISTAHIYA CAREER OPPORTUNITIES

APPLY ONLINE TODAY! → WWW.SAULTEAU.COM/EMPLOYMENT

