

March 2026
σ̂PΛP̂. niski-p̂isimm
goose moon

otâcimow

Official Newsletter of Saulteau First Nations



welcome little ones!



**TINY FEET, STRONG ROOTS
HONORING OUR 2025 NEWBORNS**



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SFN ELECTION MARCH DATES

Nominations Meeting

March 30, 2026 @ SFN Cultural Centre

6pm - 8pm

In person nominations only

Candidates' Forum

April 1, 2026 6pm - 8pm

Governance Contacts

Niki Ghostkeeper
Manager of Governance
nghostkeeper@saulteau.com

Norma Gauthier
Indigenous Registry &
Membership
ngauthier@saulteau.com

Kayla Embree
SFN Communications
communications@saulteau.com

Tracy Laboucan - Carter
Policy Analyst & Grant Writer
tracylc@saulteau.com



**Has your Banking Info Changed?
Maybe You Changed Your Email?
Moved? Have a New Phone Number?**

Please ensure you keep your information up to date and accurate with our administrators!

If we don't have your correct email, mailing address, phone number, and banking info - you could be missing out!

Banking Info Changes - ap@saulteau.com
Contact Info Changes - communications@saulteau.com

Kassandra Grant
Director of Finance and Administration
kgrant@saulteau.com

Human Resources Contacts:

Job Opportunities
jobs@saulteau.com

Human Resources
hr@saulteau.com

Finance Contacts:

Member's Payable
ap@saulteau.com





WE ARE HIRING!



2026-06 Governance Executive Assistant

*Join our diverse and dedicated
team who care deeply about the
community we serve!*

Saulteau's Mission

Saulteau First Nations (SFN) strives to be the best-governed Nation, one that is proud, culturally strong, and self-sufficient. As stewards of the land, we will ensure that the best sustainable practices are followed, now and in the future. We remain proudly determined.

Job Purpose:

The Governance Executive Assistant provides confidential and professional administrative support to the Governance Department. This role supports the Communications Specialist, Indigenous Registry and Membership Administrator (IRA), and the Grant Writer/Policy Analyst, as well as general administrative functions for the department. The position requires strong organization, attention to detail, and the ability to manage multiple priorities while maintaining a high level of confidentiality.

Ideal Qualifications and Experience:

- Office Administration Certificate, or an equivalent combination of education and experience.
- Minimum of two (2) years of administrative experience, preferably supporting a department, manager, or executive team.
- Experience coordinating meetings, preparing documents, and maintaining records.
- Experience working in a First Nations organization or with Indigenous communities is an asset.
- Strong computer proficiency, including Microsoft Word, Excel, Outlook, and PowerPoint.
- Ability to provide a satisfactory Criminal Record Check
- Excellent written and verbal communication skills.
- High attention to detail, accuracy, and strong organizational skills.
- Ability to manage multiple priorities, meet deadlines, and work independently.
- Ability to maintain a high level of confidentiality in the handling of sensitive information.
- Strong ethical standards, integrity, and professionalism.
- Cultural awareness and sensitivity, with knowledge of Saulteau First Nations community and protocols as an asset.
- Understanding of governance processes, including policy development and Council procedures is an asset.
- Valid driver's licence and reliable vehicle may be required

VIEW THE FULL JOB DESCRIPTION & APPLY @ WWW.SAULTEAU.COM

OR

Send your Resume and Cover Letter to
jobs@saulteau.com by March 10, 2026

More Information:

 250-788-3955

 www.saulteau.com

*If you have the skills and
experience required, we
want to hear from you!*



Kassandra Grant
Director of Finance and
Administration
kgrant@saulteau.com

Human Resources Contacts:

Job Opporunities
jobs@saulteau.com

Human Resources
hr@saulteau.com

Finance Contacts:

Member's Payable
ap@saulteau.com

WE'RE HIRING!

COMMUNITY SUCCESSES & HIGHLIGHTS



In February, Colleen Totusek (Councilor) and Niki Ghostkeeper (Manager of Governance) travelled to Montreal for the National AFOA (Aboriginal Financial Officers Association) conference, which included a convocation ceremony for both of them. They graduated from the CIL (Certified Indigenous Leadership) program offered through AFOA. Congratulations Niki & Colleen!!



Happy Birthday Alycia Aird!
Love from
Jamie & Andee

Congratulations!
CHETWYND GIANTS
APHL TIER 2 CHAMPIONS!

Saulteau First Nations would like to congratulate the U15 Chetwynd Giants on winning the banner! We wish you luck at Provincials!

Happy Birthday Andee Gayle Gauthier!
20 looks beautiful on you
Love you so much
Mom xo

Happy Birthday Brax Man!
Lots of love from
Auntie Jamie &
Andee



Birthday Wishes!
Anniversary Celebrations!
Sobriety Birthdays!
Educational, Athletic, or Professional Achievements!
New Baby Announcements!
Wedding Well Wishes!

Celebrating in April 2026?
Please Email
communications@saulteau.com
by March 24, 2026 for inclusion
in next months Newsletter!

PINK SHIRT DAY FROM AROUND THE NATION



Be kind





CULTURE & HERITAGE:

CULTURE CAMP SUGGESTION MEETING
 WED, MARCH 18TH
 9:00 AM - 12:00 PM
 Culture Centre Training Room

Don't want to join the committee? Come out and let us know your ideas for this year's Culture Camp.

If you have any questions, please email Carlee at cwestgate@saulteau.com

LIGHT SNACKS PROVIDED

Culture Camp 2026 Location Voting

Deadline to vote - Wednesday, March 18th 2026



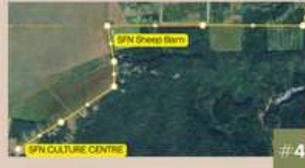
Carbon Lake
 • 1 hr drive from SFN Culture Centre



Moose Lake
 • 1 hr 14 minute drive from SFN Culture Centre



South Moberly Property
 • 10 minute drive from SFN Culture Centre



Vermunt RD & Moberly River
 • 15 - 20 minute drive from SFN Culture Centre

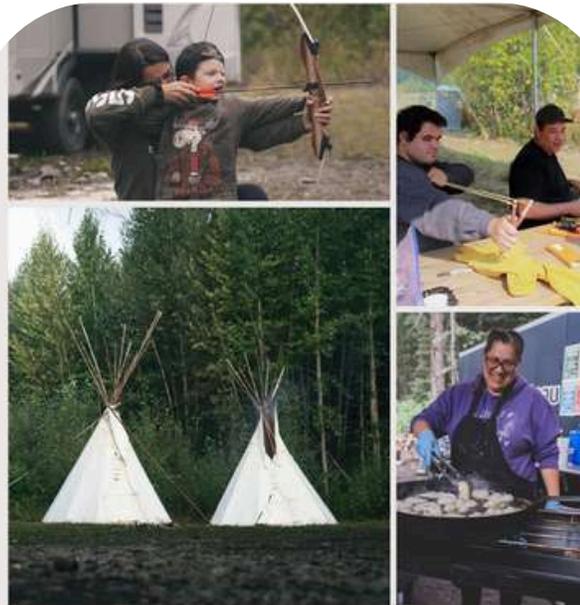
Please send your votes to Carlee at cwestgate@saulteau.com. You can also submit your vote through an online survey or stop into the Culture Centre to submit your vote at the front desk.

WRAP a Rounds Workshop

This will be a TWO DAY long workshop from Mar 10th to Mar 11th from 5-7pm Cultural Centre upstairs (Music Room)

Register at:
 750-788-7370 ext. 2101
tpaquette@saulteau.com

5 spots ONLY



COME OUT AND JOIN THIS YEAR'S CULTURE CAMP COMMITTEE

WEDNESDAY, APRIL 15TH 2026 - 9:00 - 11:00 AM
 CULTURE CENTRE - TRAINING ROOM

IF YOU HAVE ANY QUESTIONS PLEASE EMAIL CARLEE AT [CWESTGATE@SAULTEAU.COM](mailto:cwestgate@saulteau.com)

Laurelle Watson
 Director of Programs & Services
lwatson@saulteau.com

Culture, Heritage & Recreation Contacts

Jamie Kristoffy
 Manager of Culture & Heritage
jkristoffy@saulteau.com

Carlee Westgate
 Community Events Coordinator
cwestgate@saulteau.com

Ethan Cameron
 Youth Support Coordinator
ecameron@saulteau.com

Candace Schmidt
 Rec Coordinator
cschmidt@saulteau.com

Kirsta Lindstrom
 Four Pillars Coordinator
KLindstrom@saulteau.com



CULTURE & HERITAGE:

SFN ELDER'S MARCH 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2: Elders Housing Meeting 10 am - 1 pm CC - Training Room Moose Nose Prep with MLCE	3: Community Lunch 12 pm Elders Lounge Moose Nose Soup with MLCE	4	5: Lunch 12 pm Bingo 12:30 pm Culture Center Gym	6: CLOSED	7
8	9: Movement Monday 10 am - 12 pm A	10: Community Lunch 12 pm Elders Lounge W	11: A	12: Elders Lunch 12 pm Bingo 12:30 pm SFN CC Gym Y	13: CLOSED	14
15	16: Movement Monday 10 am - 12 pm Harvest Moose Meat	17: Community Lunch 12 pm Elders Lounge Harvest Moose Meat	18: Harvest Moose Meat	19: Elders Lunch 12pm Bingo 12:30 pm SFN CC Gym	20: Elders Traditional Feast Day Outside	21
22	23: Movement Monday 10 am - 12 pm	24: Community Lunch 12 pm Elders Lounge	25	26: Elders Lunch 12 pm Bingo 12:30 pm SFN CC Gym	27: CLOSED	28
29	30: Movement Monday 10 am - 12 pm	31: Soup & Bannock 12 pm Elders Lounge				

Drop In Crafts/Beading Mondays



Snacks & Refreshments available

Under 10yrs must be accompanied by an adult

Join our Craft/Bead Drop In and discover the joy of creating beautiful, one-of-a-kind pieces! Learn from each other, have a good laugh and visit. Please bring in your projects you are working on and let's bead together.

Supplies available to start your creations.

- 📅 Mar, 2, 9, 23rd
- 🕒 5:00pm-7:00pm
- 📍 Cultural Centre will post on board where it will be.



March 2026

Proxly Determined

COMMUNITY DANCE PRACTICE

Saulteau Cultural Centre

Please Bring your outfit to show the new dancers

Dance Group Schedule:

- Mar 7th Start Regalia's for newbies
10-2pm
- Mar 4th Practice with outfits
4:30-5:30pm
- Mar 18th Practice with outfits
4:30-5:30pm
- Mar 21st Continue Regalia's
10-2pm





CULTURE & HERITAGE:

Saulteau
FIRST NATIONS

Spring Break SPORTS CAMP

MARCH 23-27
CULTURAL CENTRE

FOR AGES 6-18

SOCCER **BASKETBALL** **VOLLEYBALL** **+MORE!**

**Hosted by SFN
Members Zachary &
Mikayla Bay**

Why Join

- MULTI-SPORT TRAINING
- EXPERT COACHES
- TEAMWORK & CONFIDENCE
- LEARN NEW SPORTS
- WIN AMAZING PRIZES

Your child can participate in a thrilling lineup of sports activities, learn healthy living habits, build confidence, and gain a love for the world of sports!

Spots fill fast - Sign up today for a spring break they won't forget!

For more information & registration

CANDACE
CSCHMIDT@SAULTEAU.COM

ETHAN
ECAMERON@SAULTEAU.COM

Saulteau
FIRST NATIONS

Hide Scraping Workshop

With Northern Hide & Needle

You Will Learn:

over the course of two days you will learn how to properly prep and scrape rawhide with the talented experts at Northern Hide & Needle!

**Thurs-Fri
March 26th & 27th**

📍 Cultural Centre

REGISTRATION IS REQUIRED

sign up with Ethan Cameron
ecameron@saulteau.com
250-556-4167

10 Spots available for Youth ages 12-18



SFN Youth: Help Shape the Future of IR 169

WE WELCOME YOUR PARTICIPATION IN OUR COMMUNITY
VISIONING & INFORMATION SHARING OPPORTUNITY

Win a Door Prize!
Your name will be entered to win gift cards!

**Thursday,
March 5th
@ 5:00 - 7:00
PM**

Location: SFN Culture
and Rec Centre Gym

Topics Include:

- Future Land Designation Possibilities (protected areas and housing)
- Ideas and dreams
- What SFN should focus on etc.

Dinner provided!

Ethan Cameron
ecameron@saulteau.com



CULTURE & HERITAGE ARTIST IN RESIDENCE

The SFN Culture Centre team will highlight a local Artist in Residence every three months. This artists work will be showcased in our display cabinet with a bio of the artist and some background. We will also have them host at least one workshop per month of their residency so they have the opportunity to share their teachings and skills with the community. We are beyond excited to announce our first Artist in residence from March 2026-May 2026...



Tammy is a multifaceted artist who started painting in high school and has taught classes for over 15 years. She also now teaches moccasin and mitten classes. After COVID, she decided not to return to her office job and to pursue a career using her artistic abilities. She has enjoyed continued success creating her own small business, Cree-ative Concepts, which includes catering. This transition gave Tammy valuable time for reflection and renewal, leading to significant improvements in both her mental and physical well-being. Above all, her greatest joy comes from sharing her knowledge with others, empowering them to carry these skills forward and become future teachers themselves. Tammy is the keynote speaker for International Women's Day (March 08th) and would like to host a Mitten making workshop in early April.



Stay tuned for more information.

If you are interested in becoming an Artist in residence, please contact : Kirsta Lindstrom
@klindstrom@saulteau.com



CULTURE & HERITAGE:



In November 2025, attending Vancouver Indigenous Fashion Week sparked inspiration through the powerful talent, creativity, and cultural pride of Indigenous designers from across the country. That experience was a reminder that this same creativity lives within Saulteau First Nations.

On January 31, 2026, SFN proudly hosted our first-ever Fashion Show, featuring stunning collections by local designers Tammy Watson, Della Owens, Stella Gauthier, Allan Courtoreille, Bev Rohel, and Troy Armstrong. With the support of our models and local glam team, the runway came alive in a celebration of culture, artistry, and community pride.

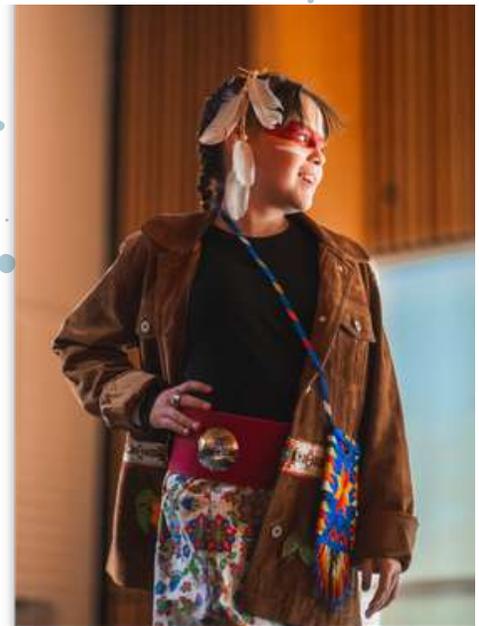
We are especially proud to congratulate SFN member Troy Armstrong of Hatfelt Moments, who has been invited to showcase his collection at Vancouver Indigenous Fashion Week 2026—an incredible achievement and a testament to the talent within our Nation.

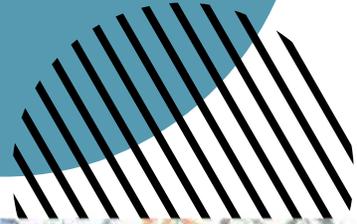
Due to the overwhelming success and positive community response, the SFN Fashion Show will now be an annual event. We encourage all designers, artists, and creatives to continue developing your work and prepare for next year—the runway is yours. A heartfelt thank-you to everyone who helped make this event such a success. When we come together to celebrate culture and creativity, we strengthen our community and carry our traditions forward.





CULTURE & HERITAGE:





2026 March *TRANSPORTATION CALENDAR*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02	03	04	05 DRIVER AWAY	06	07
08 Women's Day ♥	09	10 11:40am: Elders Soup & Bannock	11 10:40am: Vision Board Workshop @ Cultural Centre	12 11:40am: Elders Lunch & BINGO	13	14
15	16 Driver in FSJ: GOV Group	17 11:40am: Elders Soup & Bannock	18 10:00am: Chetwynd Shopping Day	19	20 Driver in FSJ: GOV Group	21
22	23 9:40am: Movement Monday @ Cultural Centre	24	25	26 11:40am: Elders Lunch & BINGO	27	28
29	30	31 8:30am: Dawson Creek Shopping Day				

CONTACT YOUR DRIVER, CARA @ 236-364-2016 TO ARRANGE FOR PICK UP. PLEASE NOTE THAT ALL TIMES POSTED ARE DEPARTURE AND RETURN TIMES. IT IS THE RESPONSIBILITY OF THE ATTENDEE TO BRING ALL ITEMS REQUIRED FOR ACTIVITIES, INCLUDING COSTS. BOOKING IS BASED ON A FIRST-COME FIRST-SERVED BASIS. ADVANCED BOOKING IS RECOMMENDED FOR MEDICAL OR DENTAL TRAVEL.





MARCH 2026

MUSKOTI ADULT EDUCATION EVENT CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Craft	4	5 ↓ ↓ ↓	6	7
8	9	10	11 ↙ ↘ ↘	12 Get any course work you want before spring break	13	14
15	16	17	MAE closed from March 16-27, 2026 for Spring Break			21
22	23	24	25	26	27	28
29	30 MAE Open	31				

Notes:
 MAE will be closed March 16-27, 2026 for Spring Break and will reopen on March 30, 2026.
 You can register with MAE to achieve Adult Dogwood or upgrade courses at any time in the school year.
 MAE offers after school homework help for students under 18. Contact us to register.

For more info, please phone (250-788-7368), email bconrad@saulteau.com, or check in the classroom - dates & times may vary

EDUCATION CONTACTS

Audrey Norris
 Post Secondary Education Lead
 anorris@saulteau.com

Brendon Conrad
 Adult Education Program Lead
 bconrad@saulteau.com

Cheri Koenig
 Secondary Education Lead (High School)
 ckoenig@saulteau.com

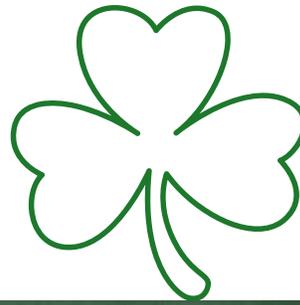
Cody Schlamp
 Primary Teacher/Principal
 cschlamp@saulteau.com

Ginette Lapierre
 Employment & Training Coordinator
 glapierre@saulteau.com

DAYCARE CONTACTS

Jerri Morine
 Manager of Childcare Center
 jmorine@saulteau.com

Melanie Nelson
 Daycare Supervisor
 mnelson@saulteau.com



MUSKOTI ADULT EDUCATION

After School Homework Help

Muskoti Adult Education offers after school homework help for SFN school students

Register at any time!

Available hours:
Monday -Thursday
3:00pm - 4:30pm

Get in contact with us:

MLC Teacher - Brendon Conrad

In Person: Stop by the MAE classroom

Email: bconrad@saulteau.com

Phone: 250-788-7368

MUSKOTI ADULT EDUCATION

MAE will be closed for Spring Break:
March 16-27, 2026

MAE will be open again:
Monday, March 30, 2026

Contact us or stop in the classroom to grab any course work you would like to work on during the break. 😊

📧 bconrad@saulteau.com 📞 250-788-7368







MUSKOTI ADULT EDUCATION

MAE works with SFN students to create their own unique course selection and work schedule

At MAE you can:

- ✓ Achieve Adult Dogwood or Dogwood Diploma Graduation
- ✓ Upgrade course grades on your highschool transcript
- ✓ Take new courses to add to your highschool transcript

Students will earn a \$1000 completion incentive for every earned credited course!

Contact Us:
 Brendon Conrad - Adult Ed. Teacher
 250-788-7368
 bconrad@saulteau.com



We offer over 30 courses in Language Arts, Mathematics, Sciences, Social Studies, and other Electives!

If you are interested in continuing your education you can register with MAE at any time in the school year!

Our mission is to provide a high quality education with a healthy balance of curricular and cultural learning opportunities in a safe and inviting environment. We strive to prepare all students to become responsible citizens and lifelong learners who are ready to meet the challenges of the future.



MUSKOTI ADULT EDUCATION

TEXTBOOK RETURN CALL OUT



If you have a textbook from MAE that you are not using for a course, please drop it off in the classroom.

We are updating our textbook inventory so we can order more of the textbooks we are low on.

Thank you!

bconrad@saulteau.com 250-788-7368

MUSKOTI LEARNING CENTRE

HIGH SCHOOL EDUCATION & CAREER FAIR 2026



DATE
APRIL 2, 2026

TIME
10:30 AM - 2:00 PM

LOCATION
SFN CULTURE CENTRE

- ▶ Meet with universities, colleges, and industries to learn about education and career opportunities!
- ▶ Geared toward Grades 10-12, but everyone is welcome
- ▶ Lunch provided at 12:00pm
- ▶ Door prizes



CONTACT INFORMATION
 Contact Cheri Koenig:
ckoenig@saulteau.com
 250-788-7275

MUSKOTI ELEMENTARY SCHOOL



SUN	MON	TUE	WED	THU	FRI	SAT
1	2 PHE Gymnastics	3	4 Gymnastics	5 Pajama Day	6	7
8	9 PHE Gymnastics	10	11 PHE Gymnastics	12	13 End of Term 2	14
15	16	17 St. Patrick's Day	18	19	20	21
22	23	24	25	26	27	28
29 First day back March 30, 2026	30 PHE Gymnastics	31				



March 2026 niski-pîsim Goose Moon

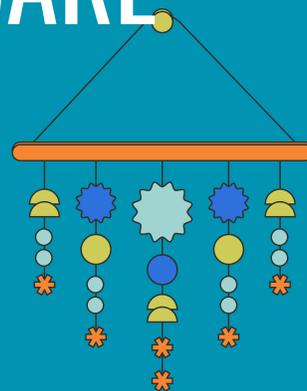
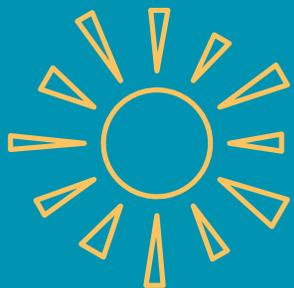
Do you or someone you know have a child turning four by December 31, 2026, or entering Kindergarten, Grade 1, 2, or 3 in September 2026? If so, please contact us for registration forms, or they can be found on our SFN website under Education and submitted to cschlamp@saulteau.com. Registration for full-day K4, Kindergarten, Grade 1, 2, or 3 opens January 30th for the following school year. We limit class sizes to provide the highest quality of education, so it is best to register early.

We have a strong cultural and language program that continues to flourish, nêhiawikiskinwahamâkosiwak (they learn Cree, Cree ways). We also offer units on skating, snowshoeing, swimming, gymnastics, and so much more for your students to learn. Our fieldtrips and local busing enhance our program.

If you have any questions, please feel free to contact our principal, Cody Schlamp, at 250-788-7361.

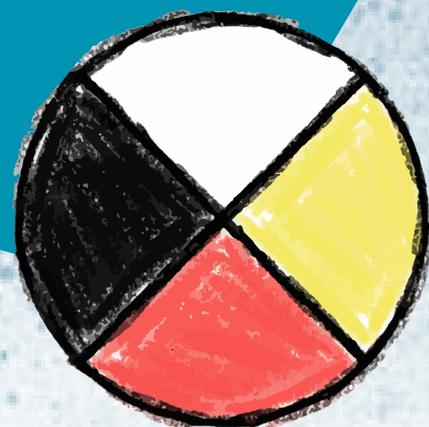
Education is critical, and the BC First Nations Schools are striving for excellence and achieving outstanding results for our students. kinanâskomitinân (we give thanks to you).

CREE-ATIVE WONDERS DAYCARE



Cree-ative Wonders Daycare has spots available in our infant/toddler program which is 0-3 years old and our preschool program which is 3-5 years old. We are open Monday to

Thursday 7:45-4:30, any further questions you can contact Melanie Nelson at 250-788-3911.





EMPLOYMENT & TRAINING



DID YOU KNOW?

Sharing Training and Program Opportunities

When I share programs or courses that I come across while scrolling on Facebook, it's for you. I want you to see what training and opportunities are happening around you.

These are shared to show the available opportunities.

Please do the following:

- Click on the post or flyer
- Read the details carefully
- Check who the contact person is
- Reach out directly to ask questions or register

If the course requires payment and you would like to use ISET funding, contact the Employment & Training Department before committing.

What is ISET Funding?

Indigenous Skills and Employment Training (ISET) is a federally funded program that supports Indigenous people to:

- Access training and education
- Gain skills and certifications
- Reduce barriers to employment
- Work toward meaningful jobs

Funding is based on your employment status and individual needs.

ISET Funding Streams

ISET-EI

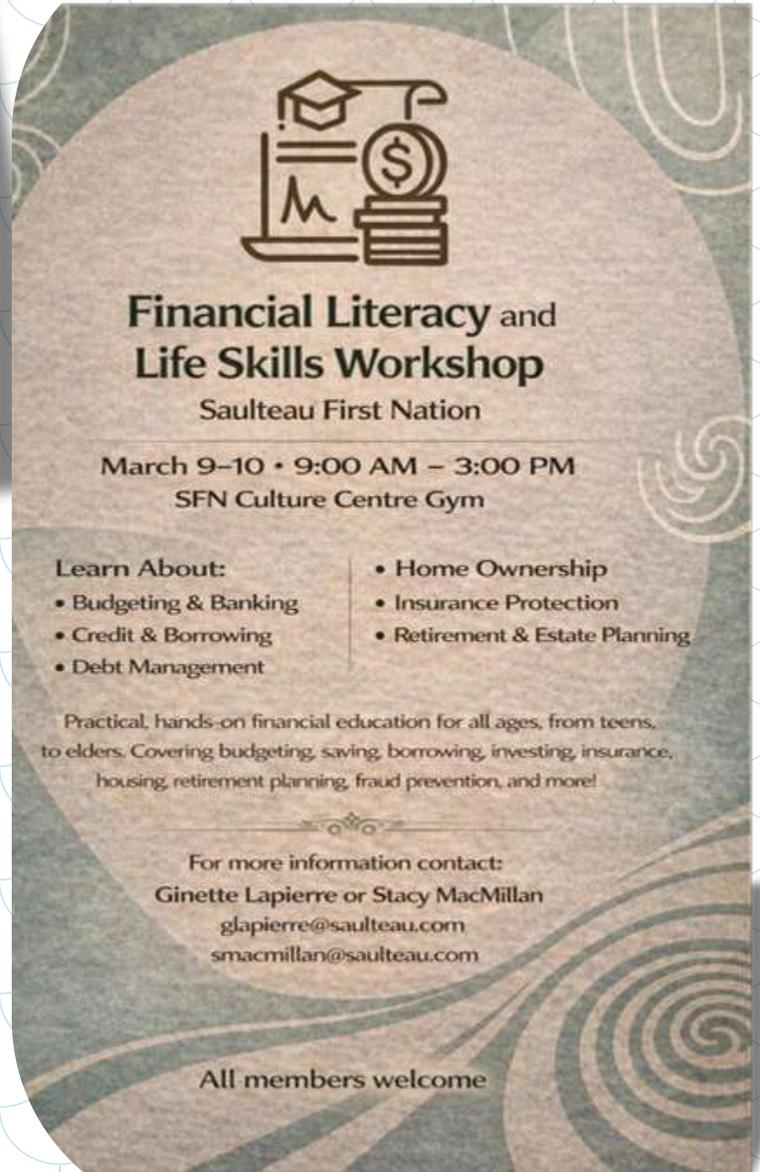
- For members currently receiving Employment Insurance
- Supports training while on EI
- May cover tuition, books, and required supports

ISET-CRF

- For members not receiving Employment Insurance
- Supports training, certifications, and job readiness
- May cover tuition, safety tickets, and related costs

Questions?

Contact the Employment & Training Department
We're here to help you choose the right path.



Financial Literacy and Life Skills Workshop

Saulteau First Nation

March 9-10 • 9:00 AM – 3:00 PM
SFN Culture Centre Gym

Learn About:

- Budgeting & Banking
- Credit & Borrowing
- Debt Management
- Home Ownership
- Insurance Protection
- Retirement & Estate Planning

Practical, hands-on financial education for all ages, from teens, to elders. Covering budgeting, saving, borrowing, investing, insurance, housing, retirement planning, fraud prevention, and more!

For more information contact:
Ginette Lapierre or Stacy MacMillan
glapierre@saulteau.com
smacmillan@saulteau.com

All members welcome





TREATY RIGHTS & ENVIRONMENTAL PROTECTION:

Saulteau First Nations

**MARCH
23**
@ 12-7
PM

**OPEN
HOUSE**

CULTURE
AND REC
CENTRE
GYM

Community Visioning & Information Sharing

Door prizes and chance to have your name entered in draw for 1 of 5 - \$100 Visa GC's!

Catered lunch - 12 noon

Open House 1-5 pm

Catered dinner - 5 pm

Presentations - 6 pm (Zoom option)

Department Collaboration:

Employment & Training, Skills & Development, TREP, Lands, Capital & Infrastructure, Housing, and OH&S

TREP CONTACTS:

Naomi Owens-Beek
Manager of TREP
nowens-beek@saulteau.com

Jessica Eastman
Guardian Supervisor
jeastman@saulteau.com

Tom Aird
Aboriginal Liaison
ttom.aird@saulteau.com

LANDS CONTACTS:

Mary Doyle
Lands Manager
mdoyle@saulteau.com

Jenine Campbell-Cove
Lands Planner
jcampbell-cove@saulteau.com

Brooke Walker
Lands Officer
bwalker@saulteau.com

ECONOMIC DEVELOPMENT



Saulteau First Nations Business Data Base



Saulteau First Nations Economic Development Department is creating a SFN Business Database. If you are a Member Owned Business that is registered and would like to be included in the database please email or call Tonia Richter trichther@saulteau.com 236-364-2008

Saulteau First Nations Economic Development Department is looking at hosting a casual meet and greet in March for all SFN Member Owned Businesses. Please email or call Tonia Richter if your interested in attending trichter@saulteau.com 236-384-2008

ECONOMICS CONTACTS

Justin Napoleon
Director of Economic Development
justin.napoleon@saulteau.com

Tonia Richter
Officer of Economic Development
trichter@saulteau.com

Join Us for Futurpreneur! Indigenous Entrepreneur Startup Program

Join us for an informative event about Futurpreneur and how we can support aspiring entrepreneurs in our community, providing valuable resources and networking opportunities
Supporting young Indigenous entrepreneurs aged 18-39 .



March 29th at 5:00pm at the Cultural Centre Training Room
Dinner provided @ 5:30pm
Please RSVP through the QR Code or email jeisert@futurpreneur.ca



INDIGENOUS ENTREPRENEUR STARTUP PROGRAM

FINANCING + MENTORSHIP + RESOURCES



futurpreneur



ASKI RECLAMATION LP :



WE ARE HIRING

- Director of Projects
- Project Administrator -
maternity leave coverage
- Field lead
- Field Technician - water
quality
- GIS Analyst

for the full job descriptions
visit our website :
www.askilp.ca/opportunities



ASKI RECLAMATION LP CONTACT:

Number
(250) 788-7255

Email
info@askilp.ca

Address
2194 Atooskee-Win
Road
Moberly Lake, BC
V0C 1X0

Send your resumes to :
jobs@askilp.ca



ASKI RECLAMATION LP :

Aski Reclamation Strengthening Operations

Mistahiya Development Corporation Communications Committee is committed to bringing news of our band owned companies to the Nation. This is an update for Aski Reclamation, Saulteau's environmental consulting company performing services for environmental monitoring and management, reclamation and restoration. Aski works in compliment to its sister companies 4Evergreen Resources and Twin Sisters Native Plant Nursery filling in the scopes and spaces our existing companies do not.

Over the past year, Aski's primary focus has been on stabilization and strengthening of its internal operations. Aski has completed a gap analysis to see where workflows, company processes and company organization can be better strengthened for long term growth and success. The second phase of the gap analysis is in works with a kick off for new Enterprise Resource Planning for faster turnaround time on invoicing, better resource tracking and billability and a live time view of project statuses to closely manage their projects. Further to this, the company is spending the winter focusing on clarifying team priorities and increasing their team capacity for project execution.

Aski's work plays an important role in ensuring Saulteau First Nations' economic development goals align with Saulteau's cultural and sustainable objectives. Reclamation work is more than business- it is working with industry, communities and government to address cumulative impacts with integrity and creating a landscape that can be accessed by our future generations meaningfully.

Aski is focused on building the Nations's capacity through employment opportunities, skill development and strengthening partnerships with other Nations and companies that will help the company continue to grow.

Since 2019 Aski has grown from a company of 5 staff to now in 2025 over 80 staff during peak field season. They provide services in all resource sectors of northeastern British Columbia including mining, oil and gas, hydroelectric, wind / green energy, ministry of transportation and forestry.

The progress happening at Aski is rooted in teamwork and a commitment to doing things the right way.

Aski Reclamation continues to build momentum and the improvements underway represent a strong step forward for the company and for Saulteau First Nations. We look forward to sharing more updates as Aski continues to grow. Watch for Aski's upcoming job postings from January - April 2026 for both key full time and seasonal roles.



Having Surgery Coming Up?



If you or a family member have surgery scheduled and would like **Home Care Nursing Support** after you return home, please reach out to **SFN Home & Community Care** ahead of time. You can also pick up a referral at the Health Centre.

This helps us:

- ✓ Set up Nursing Support before you're home
- ✓ Arrange an initial assessment if needed
- ✓ Make the transition home smoother and less stressful



Please contact SFN Home Care before your surgery or discharge:

SFN Home Care 250-788-7280

Available for community members living in Saulteau First Nations or West Moberly First Nations

Sarah Howes
Director of Health
sgayse@saulteau.com

HEALTH CONTACTS:

Ashely Gauthier
Operations Manager
SFN Health Centre
agauthier@saulteau.com

LINDA KRISTINA HOUSING SOCIETY CONTACTS:

Shari-Lyn Rougeau
Manager of LKHS
srougeau@saulteau.com

MENTAL HEALTH CONTACTS:

Annie Miller
Manager of Mental Health
amiller@saulteau.com

FAMILY SERVICES CONTACTS:

Jessa Coukell
Manager of Family Services
jcoukell@saulteau.com

HeartCore
Sound Healing
March 31st, 2026
New Beginnings House
Contact Melva 250-788-7280

Saulteau
FIRST NATIONS

Saulteau
FIRST NATIONS

Reflexology

March 11th
New Beginnings House

Experience the healing power of reflexology! This natural, non-invasive therapy stimulates specific pressure points on the feet, hands, and ears to promote relaxation, reduce stress, and support overall well-being. Whether you're seeking relief from tension, improved circulation, or a balanced mind and body, reflexology offers a soothing and effective way to enhance your health.

Book Now
Call the SFN Health Centre
250-788-7258
kmacdonald@saulteau.com



To Northern municipalities, First Nations communities, and RCMP detachments:

With the conclusion of British Columbia's decriminalization pilot on January 31, 2026, Northern Health and First Nations Health Authority would like to affirm our commitment to working with you to support the health and safety of people in Northern communities.

The change in provincial policy may have raised questions around harm reduction programs and service delivery. For clarity, Overdose Prevention Sites, drug checking services and all associated supports continue to operate under existing authorities. These services remain fully designated through the [Ministerial Order](#) and federal exemptions.

Above life-saving services are critical in addressing the ongoing public health emergency. Maintaining low-barrier access to these services is essential to ensuring people who use substances are not pushed further into isolation or unsafe environments and are connected to care.

We value opportunities to work with municipalities, First Nations communities and the RCMP to achieve positive health outcomes for Northern communities. We hope to advance with you a health-based approach to substance use and community safety, which are interconnected and complementary goals.

Thank you for the work you do every day to support the well-being of the people we collectively serve.

Sincerely,

Dr. Jong Kim, MD MSc FRCPC
Chief Medical Health Officer
Northern Health

Michelle Lawrence
Executive Director, Specialized
Services
Northern Health

Dr. Nel Wieman
Chief Medical Officer
First Nations Health Authority



TOXIC DRUG ALERT



Prince George, BC

Alert expires: March 12, 2026

DRUG CHARACTERISTICS

Substance

A green substance sold as "down".

Test results show high concentrations of para-fluorofentanyl (twice as strong as fentanyl).

Colour



Green

Response

Linked to sudden overdoses with prolonged sedation.

OVERDOSE SIGNS



Prince George OPS

Prince George Needle Exchange
 Address: 277 George St, Prince George
 Phone: 250-645-3810
 Hours: 7 days a week, 8:15 am to 12 pm, and 1:15 pm to 6:30 pm (OPS until 6:30 pm)
 Nursing services: 7 days a week, 8:15 am to 12 pm, open clinic hours from 1:15 pm to 6:30 pm
 Mobile Harm Reduction Supplies (wellness/outreach truck)
 7 days a week, 7 pm to 11 pm

Two Doors Down
 Address: 1126-3 Ave, Prince George
 Hours: Tuesday to Saturday, 8 am to 1 pm; Tuesday to Friday, 1 pm to 9 pm (Sample drop off available during OPS hours)
 Drug checking: Tuesday to Saturday, 12 pm to 4 pm

Have a safety plan:

- ✓ Don't use alone, use with someone you trust
- ✓ If alone, use the Lifeguard or BeSafe app
- ✓ When possible avoid mixing drugs or mixing drugs with alcohol
- ✓ Carry and know how to use naloxone
- ✓ Test a small amount and go slow
- ✓ Take into account a potential decrease in tolerance and isolation due to cold weather
- ✓ Call 9-1-1 or your local emergency number right away if someone overdoses





SAULTEAU FIRST NATIONS HOME CARE

OUR TEAM:

- ◆ Diane C, Homemaker
- ◆ Trinity G, Homemaker
- ◆ Kaylee L, HCA
- ◆ Elizabeth Y, HCA
- ◆ Echo M, HCA
- ◆ Layne L, LPN (casual)
- ◆ Lynn M, LPN

CONTACT:
Savannah N
Snorris@saulteau.com
250-788-7280

Available during SFN hours
Monday- Thursday 8am - 4:30pm



SAULTEAU FIRST NATIONS HOME CARE

WHAT IS HOME CARE NURSING?
SFN Home Care provides nursing and home support services to members in our community—helping them live independently and safely at home.

- ◆ support with bathing and showering
- ◆ medication education and administration
- ◆ wound care
- ◆ ongoing support with chronic disease (ex, diabetes, heart disease, arthritis etc)
- ◆ Palliative care
- ◆ Pre/post surgery care with referral

REFERRALS:
Located at Health Center
Savannah N
Snorris@saulteau.com
250-788-7280



Youth Life Skills Workshop

This 1 day workshop will give youth the tools to help guide them through life's daily challenges!

They will learn through the use of games, role playing, and simulations.

Activities are structured to reflect everyday life situations in a supportive setting allowing youth to integrate these new skills in a positive and successful way

To sign up please contact:
Shay: 250-874-9604
Tanisha: 250-788-3955 Ext. 1033

9 Years and up
SFN Band Hall
March 9th | 3:30PM-8PM
Food and drinks provided



Sarah Howes
Director of Health
showes@saulteau.com

SPRING BREAK Camp

MARCH 16TH-26TH
MONDAY-THURSDAY 8-4:30PM
MEALS & SNACKS PROVIDED

WE ASK THAT CHILDREN WITH DIETARY RESTRICTIONS TO PLEASE BRING THEIR OWN LUNCH

NEW BEGINNINGS HOUSE LIMITED SPOTS AVAILABLE

TO SIGN UP PLEASE CONTACT
TANISHA- TLLEWELLYN@SAULTEAU.COM OR 250-788-3955 EXT 1033
SHAY- SGARBITT@SAULTEAU.COM OR 250-874-9604



Transforming Anxiety: Youth Wellness Workshop

This 2 day workshop is a supportive space for youth to learn about stress and anxiety in a way that is gentle, respectful and grounded in culture

Together we will explore:

- How to body responds to stress
- How worries can be held and put down with care
- How some stress can be carried across generations
- How land, movement and ceremony support balance and wellbeing

March 7th and 8th 9:30AM-3PM
New Beginnings House
Food and drinks provided | 13 Years and up
Call for sign up:
Shay 250-874-9604 | Tanisha 250-788-3955 EXT. 1033





SAULTEAU MENTAL WELLNESS DEPARTMENT

DROP-IN COUNSELLING

MONDAYS 9AM TO 12 PM
WEDNESDAYS 1PM TO 4PM

5016 50TH AVE
UPSTAIRS



Wellbriety



Talking Circle

Starting Sunday at 1pm at the SFN
Mental Wellness Clinic
5016 50th Ave NE, Chetwynd BC VOC 1J0

What "Wellbriety" Means

The term "Wellbriety" combines wellness and sobriety. It goes beyond abstaining from substances; it is about becoming whole and balanced in all areas of life

- Honors Indigenous identity
- Promotes community-based healing
- Supports long-term recovery through spiritual and cultural reconnection

Contact Randie 250-401-8662 or rtestawich@saulteau.com

IFOT HEALING SESSIONS

A HOLISTIC LAND-BASED AND BODY-CENTRED THERAPEUTIC
APPROACH DESIGNED TO HEAL COMPLEX, INTERGENERATIONAL
AND VICARIOUS TRAUMA

FACILITATED BY TRACY LEACH (ST'AT'IMC NATION)

INDIGENOUS FOCUSING
ORIENTED THERAPY (IFOT)
HEALING SESSIONS

MONDAY, MARCH 11TH AND
TUESDAY, MARCH 12TH

LOCATION: SAULTEAU FIRST
NATIONS HEALTH CENTRE

SESSIONS AVAILABLE
BETWEEN 9AM AND 4PM



REGISTER WITH WINONA LETENDRE • 250-875-2622
WLETENDRE@SAULTEAU.COM

RANDOM ACTS OF KINDNESS MONTH

THE WORLD NEEDS MORE KINDESS AND IT STARTS WITH YOU!

DID YOU SEE ANYONE DOING SOMETHING NICE, JUST TO
BE A GOOD HUMAN?

DOES YOUR CO-WORKER GO OUT OF THEIR WAY TO BE
HELPFUL?

DID YOU SEE A YOUTH HELPING AN ELDER?

LET US KNOW! WE WILL PUT ALL THE NAMES IN A
RAFFLE FOR PRIZES/GIFTCARDS

SEND NOMINATIONS TO TDAVIDSON@SAULTEAU.COM
DATES FEB 15-MARCH15

MENTAL HEALTH & WELLNESS



Our First Mental Wellness Movement Challenge brought together 24 community members, and together we achieved an incredible 225 points! Every step, stretch, and moment of movement reflected our shared commitment to caring for ourselves. When we move our bodies, we nurture our mental wellness, strengthen our spirits, and support our overall health.

Let's continue to uplift each other and remember that even small moments of movement can make a powerful difference for our minds, bodies, and community.

2026

Vision Board Experience

 **Not just another workshop but an experience!!**
March 11, 2026
11am to 2pm
Lunch Provided
Location: Culture Center Gymnasium

Welcome, everyone! To Register Contact Randie via rtestawich@saulteau.com 250-401-8662

YOU ARE INVITED TO

Steeped in Strength

International Women's Day High Tea

SUNDAY, MARCH 8
ONE - THREE O'CLOCK

COME JOIN US FOR A SELECTION OF TEAS, HORS D'OEUVRES, KEYNOTE SPEAKER, AND GROUP CRAFT CELEBRATING THE WOMEN IN OUR COMMUNITY

AT THE SFN CULTURAL CENTER GYM
ALL WOMEN & YOUNG WOMEN WELCOME
AGES 15+

THE IWD 2026 GIVE TO GAIN CAMPAIGN ENCOURAGES A MINDSET OF GENEROSITY AND COLLABORATION.



Child-Centred Play Therapy Sessions

with Chantal Bernard, RCC
for children between the ages of 5 & 12

Play therapy is a child-centered therapeutic approach that uses creative play to help children express emotions, process experiences, and build coping skills in a safe and supportive environment.

March 2026 Session Availability:
Wednesdays 12pm to 5pm
Fridays 9am to 5pm

To register contact Winona Letendre 250-875-2622 or wletendre@saulteau.com





RELAX YOUR

MIND & SOUL

SOUND THERAPY

WITH RANDIE



WHERE: SFN CULTURE CENTER MUSIC
WHEN: TUESDAY MARCH 17, 2026 10AM TO 5 PM
CALL 250-401-8662 TO BOOK OR DROP IN



Harm Reduction Supplies Available for Pick Up or Drop Off

Sterile, free, tools to reduce the risk of injury,
disease transmission, and fatal overdoses among
people using substances.

Available for anonymous pick up at the Saulteau
Health Centre & Mental Wellness Clinic.

Supplies can also be dropped off by calling or texting
Tanya at 250-875-1011 or email
tdavidson@saulteau.com



March mindfulness

9 am to 10 am Wednesday
Morning Mindful Meditations at the Chetwynd
SFN Wellness Clinic 5016-50th Ave NW



the practice of purposely bringing one's attention
in the present moment without judgment

For more information call Randie 250-401-8662
or email rtestawich@saulteau.com



LINDA KRYSTINA HOUSING SOCIETY

Saulteau First Nations Mental Wellness Department

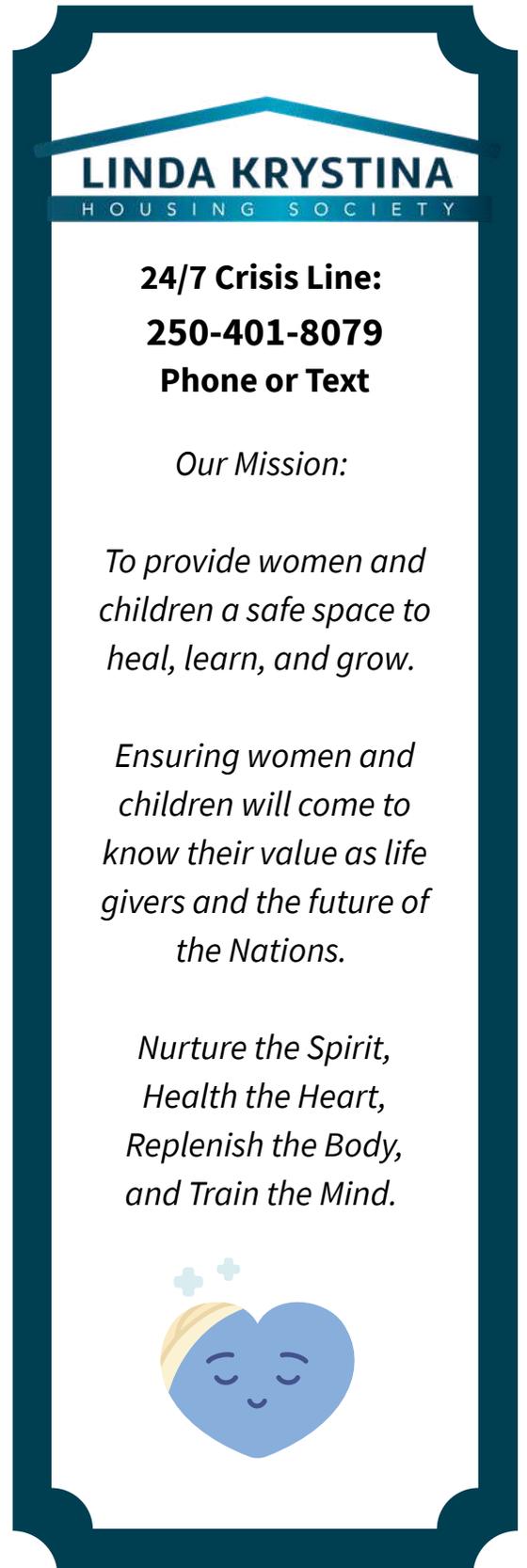
Spring Equinox

Create your own pressed flower suncatcher, set intentions, and enjoy light refreshments in a warm, welcoming space.

! SFN Mental Wellness Boardroom (Above IDA)
📅 Thursday, March 19th
🕒 5:00pm

Childcare available. (inside building) upon registration please indicate the number of children and their ages

****Limited spots available, please register with kdavis@saulteau.com or 250-401-7085****



LINDA KRYSTINA HOUSING SOCIETY

**24/7 Crisis Line:
250-401-8079
Phone or Text**

Our Mission:

To provide women and children a safe space to heal, learn, and grow.

Ensuring women and children will come to know their value as life givers and the future of the Nations.

*Nurture the Spirit,
Health the Heart,
Replenish the Body,
and Train the Mind.*



SFN Mental Wellness Dept.
5016 – 50th AVE NW
PO BOX 2186
Chetwynd, BC
V0C1J0

PH: 236-364-2009
FAX: 866-912-6585
EM: mentalhealth@saulteau.com

FAMILY SUPPORT SERVICES



YOUTH SUPPORT CONTACTS

Derek Wood
Youth Program Facilitator
dwood@saulteau.com

Robyn Bateman
Youth Facilitator
rbateman@saulteau.com



Monday - Friday
2:30 - 6:30

Looking for a safe, fun place to go after school?
Come hang out at the Trek Youth Centre.

What we offer:

- Hot Meals and Snacks
- Crafts and Creative Activities
- Games, Sports & Group Fun!
- A Welcoming Space to hang out and be yourself

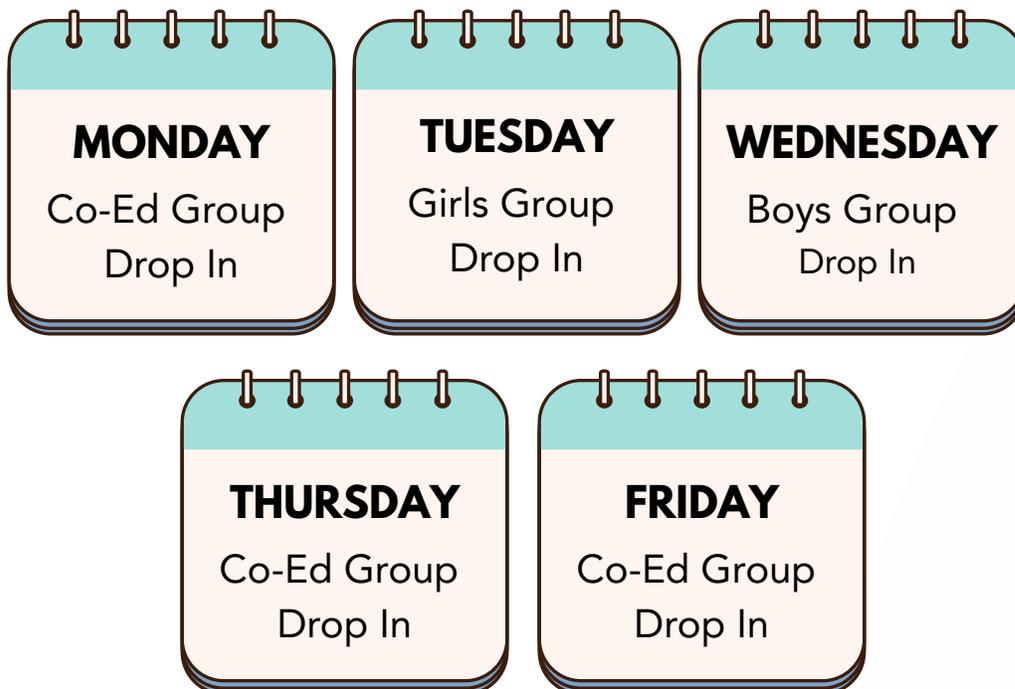
Ages 12- 18



If you want to know what we're up to - check out our weekly plans! Updates are regularly posted to the SFN website (under the events calendar) on the SFN Communications Facebook group, and within the SFN App!

The Trek Youth Centre, 5117 43a St. Chetwynd, BC

The Trek Youth Centre Offers Weekly Programming!



With occasional Special Events on Weekends!